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www.plainvilleshometownconnection.com

### **CT Motor Cars and Coaches**



CT Motor Cars and Coaches, a Plainville based company, has just completed a 26,000 square foot facility at 90 Town Line Road. They were formerly located on Whiting Street. Having outgrown their facility there, they mounted a search to relocate to a larger facility. They insisted on staying in Plainville. The project was made possible with cooperation received from the Economic Development Agency, the Planning and Zoning Commission and Farmington Bank. Shown in photo (left to right Kathy Pugliese Chair of Plainville Town Council, owners Don and Maureen Mikolajcik, Trish Tomlinson V.P. Community Development Farmington Bank and John Patrick, President Farmington Bank.

The facility is a state of the art luxury motor coach sales and service center that will draw its customers from across the northeast as well as along the eastern seaboard and points in the midwest.

The owners are having an open house in lieu of a grand opening, which will likely occur next year. The owners, Donald and Maureen Mikolajcik are very excited and have reported that business is already coming in at a brisk rate.

# Connect.....

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# **Bountiful Basket Contest Will**Take Place in October

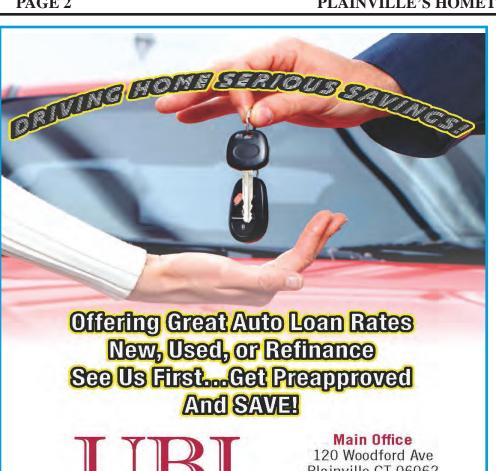


The Plainville Communuity Fund Bountiful Basket Contest has been rescheduled. The raffle sale and drawing was postponed due to the rained out Downtown Block Party on September 13th. The Community Fund committee will be selling raffle tickets at Gnazzo's Food Center Tuesday, October 14th and Wednesday, October 15th from 8:00 a.m. to 9:00 p.m. The raffle drawing will be October 15th at 6:00 p.m. For questions regarding raffle, please call Robin Poulos at 860-747-2386.

### It's Pumpkin Picking Time!!!











Plainville CT 06062

#### **Branch Location** 40 Chamberlain Hwy

Kensington CT 06037





### **Downtown Block Party** Rained Out!!



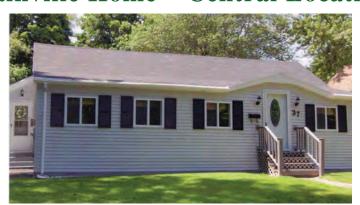
The committee for Plainville Police Association wishes to thank you all for your

financial support. The funds are

used for Scholarships for future Policemen.

### FOR SALE BY OWNER

Plainville Home ~ Central Location



Completely remodeled L-Ranch for sale on quiet, central location. Home includes 2 bedroom - potential for 4 bedrooms. 1 1/2 baths, kitchen updated with porcelein tile in kitchen and baths. Level lot, with fenced in yard. This home has plenty of storage inside including an outside shed. Bonus for those swimmers - 15'x30' oval above ground pool. 200+ square feet of patio in back yard. This must see house has newer mechanicals and roof - in move in condition. Asking price \$169,900 - call for a visit 860-205-0479.



# 320 Mike's Where the Son Shines!

320 Farmington Avenue

(Rte. 10) Plainville, CT

Phone: (860) 793-2811

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**MECHANICAL SERVICES** 

"TRY OUR SERVICES & SAVE \$\$\$"

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BBB





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#### PLAINVILLE HOMETOWN CONNECTION

W. Copeland

Wanda, Life with Wanda

Mary Ziccardi, History

FAVES & RAVES by Lisa

Sally Miller, Short Stories Linda Coveney, Healthy Behaviors

Manager: Marie Cassidy

Ezio Capozzi, Publicity & Coach

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Deb Hardy Accounts Jeanne Shugrue Copy Writers Helen Bergenty

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Bill Brayne serves All Plainville Schools with the

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Do you have a family member or friend in the Armed Service? Did you know that they could receive the **Hometown Connection FREE each month?** 

Just e-mail their name and address to:

HMTNN@COMCAST.NET or Mail to:

**Hometown Connection** 27 Sherman Street Plainville, CT 06062

### ~ ADVERTISING ~

To place your advertisement contact us:

TEL: (860) 747-4119 FAX: (860)747-0042 **SUBMISSIONS:** 

#### Postal Address

Plainville Community News, Inc. 27 Sherman Street Plainville, CT 06062-0387

EMAIL: hmtnn@comcast.net

**OUR WEBSITE:** Complete Paper

www.plainvilleshometownconnection.com All contributions, news items and advertisements may be dropped off in the box at 27 Sherman Street or sent to the above email address.

#### **Legal Advisor**

Attorney Thomas A. Wurz 132 East Street, Plainville, CT

This paper is published monthly as a service to the citizens of Plainville, Connecticut by Plainville Community News, Inc. It is a non-profit, 501C, all volunteer group of residents who are interested in informing our citizens of community activities and local news. All positive contributions are welcome and will be printed subject to the approval of the staff on a space available

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Give someone who lives out of Town, State or Country a gift that lasts all year.

### A Subscription to the **Hometown Connection for ONLY:**

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Make check payable to:

**Hometown Connection** Mail to:

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### ~ ADVERTISING ~

**Business Card Ads \$25.00** 

to place your Business Card ad, just e-mail it to us & we will send you an invoice, OR......for Display Ads and Rates Call:

> Joanne Edman, Frank Macri, Dolly Chamberlin, Deb Hardy Marie Cassidy or Helen Bergenty

**Plainville's Hometown Connections** 27 Sherman Street

Deadline for submission is the 15th of every month. Call us for a quote on your special advertisements. Tabloid Size Paper (11 x 17). Printed ten times a year. Each issue is mailed FREE to every Plainville household & business. Circulation is 9,500.

Plainville, CT 06062

### **NEXT ISSUE WILL BE**

**November** 

**DEADLINE IS:** 

October 15th

"HAVE A SAFE Halloween" From Our Entire Staff!

### **Notice from the Town Clerk:**

All Plainville residents 17 years and older are invited to become voters. Come to the Town Clerks office during Town business hours to register.If you turn 18 years old by November you will be eligible to vote.

### **Dates to Remember**

**October 3rd-Yom Kipper Begins** October 12th- Columbus Day (Observed) October 13th October 24th -United Nations Day Friday October 31st -Halloween





# Gnazzo's

73 East Street, Plainville, CT Phone (860) 747-8758 FAX (860-747-8463

"Where you will always find the Freshest and Finest Grocery Needs"

~ Gnazzo's Catering Center ~ Satisfies All Your Party Planning Needs!

You can count on us for a small gathering, a large family reunion, an after funeral lunch or your club functions.

"We will deliver to your door, right on time!"

# plainville

Here are some of your favorite places, people or things around town to rave about this month!

{JOE raves}

My son's team needed shirts; I stopped in Embroidery Works next to Pagliacci's on East Street. The prices were right and the service great. I would recommend this local shop to every one of my friends.

{Kristin Faves}

LAST MONTH I RAVED ABOUT THE SPECIAL CAKES FROM BOLO BAKERY. I FAILED TO MENTION THE **DELICIOUS BREAKFAST OUR FAMILY ENJOYS EVERY** SATURDAY MORNING. THE LUNCHEONS ARE GREAT ALSO!!

Email your "fave or rave" in today to be in the November issue. Praise your contractor for doing a good job or tell us about your favorite restaurant, store, or service you received by a professional. Phone 860-747-4119 ~ Thank you.

Email your faves and raves to share it with everyone! Let's hear what you have to say, we need your comments! plainvillefavesandraves@gmail.com

Sponsored by: the Plainville Hometown Connection

### Robert E. Lee, Town Manager's Report to Town Council

### Town Council Meeting September 8, 2014

(Excerpts of the report)

#### Small Business Loan – CAPS L&P, LLC

• The Economic Development Agency has recommended a \$40,000 small business loan to be made from the EDA Fund to CAPS (L&P) also known as AMP Radio Network of Plainville. The interest rate for the loan will be the Federal Home Loan Rate, plus 1% with a minimum rate of two percent. The loan will be repaid back over a three year period and it is fully secured. There is an item under New Business regarding this recommendation.

#### **Sewer Rate Discussion**

- Tighe & Bond has completed the Sewer Rate Study Report. They reviewed historical data, developed a computerized rate model to assist in evaluating options, projected some rate model results, and then made some comparisons with surrounding communities. The Study also projects the potential impact for phosphorus removal improvements that will have to be made to comply with the federal and state mandates that the Town will be facing in the next several years.
- A special meeting to review the results of the Sewer Rate Study Report is scheduled for Monday, September 22nd at 7:00 pm in the Plainville Library Community Room. This will be a special meeting and is open to the public.

#### High School Turf Field – Grant Agreement

• The \$950,000 grant to install a turf field at Plainville High School is being awarded to the Town. The grant will be coordinated through the Department of Energy & Environmental Protection. In order to access the grant the Town Council must pass a resolution and the Town must enter into a Personal Services Agreement with D.E.E.P.

#### Tax Sale Results

- A tax sale on three properties was held on August 20th. As a result a total of \$65,950.29 in back tax payments was received from Attorney Cohen last week.
- Two other properties paid their back taxes in full before the tax sale date. Those two properties paid a total of \$25,841.51 bringing the total tax sale amount of \$91,791.80 for the first round of collections that was authorized by the Town Council last March.
- The three properties that were auctioned still have six months to pay their delinquent taxes in full and eliminate losing their properties to the high bidders. Two of these properties need extensive renovation in order for them to become occupied. The bidders for these two properties have indicated that it is their intent to rehabilitate them if they end up owning the properties.

#### Safe Routes to Schools Project Update

- This project is pretty much complete except for the stamping of the crosswalks and some clean-up work. The original grant was for \$412,488. The total project cost is expected to be approximately \$356,000 leaving a balance of almost \$55,000.
- I want to thank John Bossi and Mike Perry for all of the work they did to design the proposed project and to oversee the construction.

#### Bid 2015-08 Crack Patching

 The Public Works Department is recommending crack patching be performed on several streets. Those streets are: Broad Street between Whiting and Bohemia, Ledge Road from Woodford to View Street,

- Metacomet Road, Pinnacle Drive, Sachem Road, Ivy Drive and Weatherstone Ridge.
- Crack patching is necessary to prevent water from seeping under the road surface that can lead to the degradation of the pavement during the winter months.
- The estimated cost of the crack patching of these streets is \$50,099 and would be performed by Sealcoating, Inc. of Braintree, Massachusetts. Sealcoating, Inc. is on the state low bid list for this work. The money would come from the Town Aid Road account which is funded by the State. The Town Aid Road account is also used to purchased winter materials as well as helping to supplement some paving operations when money is available. If this recommendation is approved, it is estimated that the fund will have a balance of approximately \$200,000 at the completion of the 2015 winter season.

#### Replacement of Fire Department Logging Recorder System – Self-Insurance Fund

- Sometime in July, the logging recorder for the Fire Department was damaged and needs to be repaired or replaced. A power surge occurred, possibly due to a lightning strike that seriously damaged the equipment. It is recommended that a new unit be purchased because the current unit is no longer being manufactured and the new unit has a lot more capability. The cost of a new unit is \$9,339. The cost to repair the unit is \$4,031. This is a difference of a little over \$4,000.
- The cost to either repair or purchase the logging recorder will be funded through the Self Insurance Trust Fund. The Self Insurance Trust Fund was established by Ordinance in 1988 for the purpose of funding uninsurable liabilities, deductibles, and such other liabilities as from time to time the Town Council decides that it is in the best interest of the Town not to contract for insurance coverage. All payments from the Fund shall only be made after approval by the Town Council. The current balance in the Self Insurance Trust Fund is a little higher than \$750.000.
- The cost of the equipment replacement is less than the Towns' deductible for this type of damage.
- There is an item under New Business regarding appropriating \$9,339 from the Trust Fund to purchase the new logging recorder for the Fire Department.

#### Bid 2015-09 Roadway Pick-Up Trucks

- The Capital Improvement Plan has \$56,000 appropriated for the replacement of two pick-up trucks used by the Roadways Superintendent and Foremen. The State Bid price to replace the two vehicles is \$59,981 or \$3,981 over the budgeted amount. The reason for the overage is that the original estimate anticipated that the two trucks would be traded in. It was subsequently determined that the trucks should be used to replace other vehicles within the staff fleet.
- There are sufficient funds from other completed projects within the Capital Improvement Budget that could be transferred to cover the \$3,981 overage.
- There is an item under New Business that would award the purchase of two pick-up trucks from Northwest Hills Chevrolet of Torrington in the amount of \$59,981.

#### **Old Linden Street School Update**

 During the recent Public Hearing on the Old Linden Street School demolition project, a developer proposed the idea of renovating the

- building to accommodate senior housing. While no specific information has been provided since that meeting, I requested feedback from the Superintendent of Schools, the Police Chief, and the Town Planner regarding the concept.
- Dr. Jeff Kitching, Superintendent of Schools expressed a "number of potential concerns with any plans moving forward that would include the private use or habitation" of Old Linden. His primary concern is "the safety and security of the students, staff and parents". "Of particular concern would be controlling visitation to residents throughout the school day. The security at the Linden Street School as it is currently structured would be significantly compromised".
- Police Chief Matt Catania expressed similar concerns as well. He stated that "this configuration represents numerous security issues for the school campus which need to be thoroughly examined". He went on to say that the "close proximity of the proposed residential area to a working school, invites numerous concerns related to: school traffic patterns, school bus drop-off and pick-up points, parents driving students to and from school, elderly residents driving in and around the area, visitors of the residents driving in and around the area, visitors of the residents coming and going, deliveries being made, and police, fire and ambulance responding to the area, etc."
- He further stated that the "close proximity of faculty, residents, and students on campus would make it nearly impossible to separate and differentiate between who is on the grounds legitimately, who lives next door, and who is there to seize an opportunity to be near young school children for nefarious purposes".
- Mark DeVoe, Director of Planning & Development indicated that the proposed use would require a zone change. Even if the zone change was approved, the proposal would exceed the requirements within the current regulations regarding building lot coverage, building height, unit density (far exceeds what is currently allowed), and parking requirements (36 units would require 72 parking spaces) and side yard requirements.
- Mr. DeVoe went on to conclude that the "concept as presented does not comply with the majority of existing zoning requirements for the proposed use".
- There certainly is need for senior housing in Plainville. Unfortunately, putting senior housing in the Old Linden Street School immediately adjacent to an occupied elementary school that already has significant traffic and parking problems is ill conceived and poses a number of significant challenges.
- I did receive a call from Mr. Lazarus on Friday requesting a meeting to discuss the issues of concern regarding his preliminary proposal. A meeting is being arranged with Dr. Kitching, Chief Catania, Mark DeVoe and I to go over the numerous concerns to give him the opportunity to see if he would like to continue with a more formal proposal.

Happenings by Shirley Osle, Assistant Town Manager on Page 5



### TOWN OF PLAINVILLE HAPPENINGS

#### TOWN COUNCIL MEETING

September 8, 2014

By Shirley Osle, Assistant Town Manager

- The Plainville Family Resource Network's Play & Learn groups began on September 22 with the following schedule:
- Monday, Tuesday, and Wednesday's from 9:30 - 11:00am and Monday evenings 6:00 -7:15pm. They offer many other programs and resources for Plainville families and invite all those who are interested to "like" Plainville Family Resource Network on facebook for current program information or contact them at 860-793-6304.
- The Farmers' Market's last day was September 12, 2014 at Plainville High School.
- The Plainville Downtown Blok Party will be held this year on September 13 from 4pm to 9pm
- The Prudence Crandall Center is asking for help to spread the word about the warning signs of domestic violence by participating in "Let's Talk" day on Saturday October 18. Volunteer teams will be formed to hand out materials on the warning signs - along with a helpline number - to participating businesses to spread awareness. The event will begin at 10 a.m. at Prudence Crandall Center at 594 Burritt Street in New Britain, and should end by noon. A few hours of your time could save a life. Prudence Crandall also is seeking businesses to volunteer to display its materials. If there are any questions that can be answered, please contact Megan Bernardini at 860-225-5187 or mbernardini@ prudencecrandall.org.
- IPad Class: Instructor Peter Freeman will be teaching an IPad basics class at the Senior Center on Wednesdays, until October 8. This class is offered at a cost of \$15.00 per person and limited to 10 people. This six week course will cover the basics of using your IPad, purchasing "Apps", surfing the internet and much more. Sign-up. Call the Senior Center for more information.
- AARP Driver Safety: Tuesday, October 21 from 9:30a.m. -1:30 p.m. This course covers the effects of aging on driving, local hazards, accident prevention measures and more. Upon competition of this course, your insurance company must give you a discount of at least 5% on your auto insurance. Call the Senior Center for more information and to sign-up.
- Outdoor Adventure Club: The Plainville Senior Center's Outdoor Adventure Club is hosting a walk/ hike at Sessions Woods in Bristol. This 2.6 mile walk along Beaver Pond Trail has separate paths to an observation tower and waterfall along with nest boxes that attract songbirds and other wildlife. Call the Senior Center for more information or to sign-up.

### **Transfer Station**

Dominick Moschini, Superintendent of Roadways

The Transfer Station on Granger Lane is open for the season.

Hours of operation 8:00 AM to 3:00 PM

~ SATURDAY'S ONLY ~

Plainville residents must show identification.

There is a fee for disposal.

If you have any questions, please call Public Works at 860-793-0221 ext 208 from 8:00AM to 4:00 PM Monday thru Wednesday

Thursday 8:00 AM to 7:00 PM and Friday, 8:00 AM to 12:00 PM

# Plainville Chamber of Commerce Joins Central Connecticut Chambers of Commerce

Strategic alliance to broaden the growth of the business community and economic development opportunities.

Plainville & Bristel CT August 28, 2014. The

Plainville & Bristol, CT. August 28, 2014 – The leadership of the Plainville Chamber of Commerce and the Central Connecticut Chambers of Commerce signed a three-year agreement on August 28, 2014 by which the Plainville Chamber of Commerce (PCOC) has become an affiliate member of the regional Central Connecticut Chambers of Commerce (CCCC).

This affiliation extends the Plainville Chamber of Commerce membership's reach to over 1400 businesses within the region. As a CCCC member, the Plainville Chamber of Commerce joins the Greater Bristol Chamber of Commerce, Plymouth/Terryville Chamber of Commerce, Farmington Chamber of Commerce, Wolcott Chamber of Commerce, Bloomfield Chamber of Commerce, Burlington Chamber of Commerce and the New England Spring and MetalStamping Association (NESMA) in promoting and fostering the economic and social development of the region.

The agreement also provides additional participation opportunities for Plainville Chamber Members in a shared CCCC Board Directors, Legislative Affairs Committee, Membership Services Committee, Economic Development Committee and several networking, community-service, leadership development, business development and social events, activities and publications.

Under the terms of the agreement, as with the other Central CT Chamber affiliates, the Plainville Chamber of Commerce, with 160 members, maintains its own independent status, governance structure and operation, while sharing in regional committees, events and efforts. While the opportunities for the Plainville Chamber of Commerce members increase, the Membership fee remains the same. The PCOC will continue to offer its signature local fund raising events that include the Golf Outing, Pizza Feud and Tip a Man events.

Plainville Chamber Chairperson, Kathleen Aubrey-Bergonzi stated: "The Plainville Chamber's decision to join the Central Connecticut affiliation was based on the many strengths and resources we anticipate this action will bring to our members. We believe this affiliation will increase our members' visibility, promotion, education, leadership and networking opportunities and will give the Plainville business community an even stronger voice in the political and economic arena."

Jim Albert, President and Chief Executive Officer of the Central Connecticut Chambers of Commerce stated, "We are very pleased to have the Plainville Chamber of Commerce join our regional affiliation and look forward to adding their voice and participation in efforts to improve the economic and social strength of our region and the state.

The Plainville Chamber of Commerce is located at the Municipal Building, 1 Central Square, Plainville. Maureen Saverick, Operations Manager, staffs the office. Those interested in joining the PCOC can call her at 860-747-6867.

Businesses and other local Chambers of Commerce located across the region can contact the Central Connecticut Chambers of Commerce at 860-584-4718 for further membership and affiliation information.

You are invited to Plainville Library
"Meet the Candidates"

31st State Senate & 22nd State House

October 28th~7 pm

### October is Liver Awareness Month

FARMINGTON, CT The American Red Cross encourages eligible donors to give blood during Liver Awareness Month this October.

According to the American Liver Foundation,

According to the American Liver Foundation, more than 6,000 liver transplants are performed each year in the U.S., making it the second most common transplant. Liver transplant patients may require in excess of 30 pints of blood during surgery. Volunteer donors are the only source of blood for those in need of transfusions during surgery.

Donors with all blood types are currently needed, especially those with types O negative, A negative and B negative. All those who attempt to donate blood during October will be eligible to win a \$5,000 Visa gift card, courtesy of Suburban Propane.

To make an appointment to donate blood, eligible donors are encouraged to download the new Red Cross Blood Donor App from app stores or text BLOODAPP to 90999 to receive a download link, visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767). More information on liver disease and ways to help protect against liver disease is available at liverfoundation.org.

#### **Upcoming blood donation opportunities:**

American Red Cross Farmington Blood Donation Center 209 Farmington Avenue, Plainville

10/9/2014: 8:30 a.m. - 1:30 p.m. Loureiro Engineering 100 Northwest Drive 10/9/2014: 1:30 p.m. - 6:30 p.m. United Methodist Church 56 Redstone Hill Plainville, CT

# **Law Offices of Bruce Morris**

19 Farmstead Lane

**Plainville, CT 06062-1411** 

Phone (860) 747-5549 Fax: (860) 747-5540

email: lobm1@comcast.net

### UNABLE TO ATTEND TOWN COUNCIL MEETINGS?

If you have an issue you would like to discuss with the Council or a Councilor, just call 860-793-0221 ext. 205.

Leave your name and phone number and ask for a Councilor to contact you.

"They are Here to Serve You"

# TOWN OF PLAINVILLE MUNICIPAL OFFICES CLOSED

The Municipal Center, Library and Senior Center will be closed Monday, October 13, 2014 in observance of Columbus Day All municipal offices will open again on Tuesday, October 14. Please note: the weekly refuse collection will be delayed one day for the entire week.

### **Pugliese Endorsed by** The Independent Party of Connecticut

Kathy Pugliese, Republican candidate for the 22nd District has been endorsed by the Independent Party

The Independent Party has been established to provide all Connecticut residents an alternative political organization dedicated to ensuring open, honest government, with realistic objectives. The party provides assurance that it will strive to protect all of Connecticut's assets; improve and maintain them through a continuing, rigorous plan of action designed to enhance the economic well being of all Connecticut residents.

The Independent Party is committed to succeed in returning Connecticut to the esteemed position it once enjoyed through the proper usage of all its resources and economic potential.

Pugliese noted, "I am honored to be recognized by the Independent Party of CT. Their commitment of returning Connecticut to an "esteemed position" among our states is essential and most certainly

### Information for Servicemen, Prospective Servicemen, and Veterans

Below are two links to websites designed to aid civilians, servicemen, and veterans further their educations, careers, and lives.

The first link focuses on aiding female veterans make their transition back to civilian life:

#### www.graceafterfire.org

The second link is for people with questions about joining ROTC for the scholarship opportunities, and/ or for those who are looking to take full advantage of the military's academic benefits and scholarships:

### www.bestcolleges.com/resources

Please consider sharing this message Facebook Twitter More... CONNECT Connect with me on Facebook! My Videos on YouTube Stay Up-To-Date With My News Feed Visit My Photo Gallery - Budget News

Sent by:

**State Senator Jason Welch 300 Capitol Avenue** 

Hartford, CT. 06106 Senator Welch represents the towns of: Bristol, Harwinton, Plainville, Plymouth and Thomaston

### This is big.....

Moments ago, the Supreme Court ruled to protect our First Amendment right to free speech and religious

This is a clear and decisive defeat against ObamaCare, and a victory for the rights of all Americans.

The central issue of the case brought by Hobby Lobby and other family businesses was whether the federal government can coerce Americans to violate their deeply held religious beliefs. President Obama unconstitutionally demanded that businesses and organizations with deeply held religious beliefs give up on their principles for a misguided one-size-fits-all health care policy.

Thankfully, the Court has upheld the proper limits on the government's power — and struck a blow to ObamaCare's intrusive mandate.

This is a significant blow to ObamaCare. The Court ruled against Obama's intrusive and misguided ObamaCare mandate and in favor of personal liberty.

Americans deserve a health care system that allows them to make the right choices for themselves, gives them more freedom, and comes nowhere close to encroaching on their First Amendment rights.

# Purple Tomatoes by: Mary Ziccardi

My late friend and classmate, Walter Majsak and I had a tomato growing contest for many years.

I grew my own plants from seed. I like the Burpee Bucks County Tomato. I always gave Walter a few of my plants which he planted in the sandy soil in his back yard.

I grew up on a farm and I know the technique for gardening. Walter did not. He simply put the plants in the ground and let them grow at will. They didn't look too robust but he thought they were beautiful.

I know that plants must be fed, the same as any living thing and there are so many ways to enrich the soil for healthy and productive plants.

He thought himself the champion until one year Father Perell of OLM grew an enormous tomato. It was publicized and Walter gave up and grew Morning Glories instead. I have found literature on Purple Tomatoes that

came from a program at Oregon State University that

have high levels of antioxidants and are really purple. They may even be as black as an eggplant. It has been named Indigo Rose. It began in 1960 when two breeders, one from Bulgaria and one from the United States, crossed

cultivated tomatoes with a wild species from Chile and the Galapagos Islands. These tomatoes are not Indigo Rose must be allowed to fully ripen. It is easy

to harvest too soon because the visual clues will not be there. They are ripe when the color changes from shiny blue purple to a dull purple brown. The bottoms will turn from green to red when ripe.

The tomato must be exposed to sunlight. If it is shaded, the purple pigment will not develop.

The tomato is the fourth most popular vegetable, behind potatoes, lettuce and onions.

Seed Company catalogues that carry Indigo Rose include Territorial, Nichol's, High Moving and Johnny's.

> I can't wait for next Spring! Walter would be delighted!!

### Plainville Recreation Dept.

Registration for the Recreation Department's fall programs started in September. The Recreation Office is open Monday through Wednesday from 8:00 a.m. to 4:00 p.m., Thursday from 8:00 a.m. to 7:00 p.m. and Friday from 8:00 a.m. to noon. Fee payment must accompany registration for programs carrying a charge. Programs with insufficient enrollment are subject to cancellation. Recreation programs are offered for youth and adults.

Youth programs include pillo polo grades 1-5, exploratory Spanish ages 5 & 6, toddle time ages 2 & 3, kidz-r-size ages 3-5, mommy & me yoga for kids ages 1-6, recreation basketball grades 3-9, recreation basketball grades k-2, gymnastics ages 1-6, youth/ modern dance grades k-8, swim team ages 4 & up, jr. lifeguarding ages 11-14, parent & child aquatics ages 6 mos. to 5 and red cross swim instruction PCA through Level 6.

Adult classes include swim instruction, water aerobics, co-ed volleyball, yoga, adult fitness, men's basketball, Plainville Wind Ensemble, men's over 30 basketball, dog obedience, jewelry making program and zumba. For further information please contact the Recreation Office at 860-747-6022.

### **200th Anniversary** of the National Anthem

**September 14, 2014** 

by Patriot Steve B.

Our National Anthem fills our hearts with patriotic pride. God has blessed our country - He is on our side. We celebrate this 200th Anniversary on this glorious day. Liberty, Freedom, and Justice are permanently on display.

The National Anthem has contributed to the growth of our Inspiration, from 13 original colonies to a grand 50 state modern nation. We participate in this celebration in Mid September, honoring our founders and heroes, who we will We pay our respects to the fallen soldiers for doing their

patriotic chore, for defending freedom domestically, and in foreign war. The great course of self government and individual liberty, through sacrifice and struggle, has achieved remarkable prosperity.

America has survived many trials, war, and tribulations. Our nation endures, persists, succeeds, beyond our

### A WASHINGTON DISGRACE By David Eads, USMC 1971-1973

U.S. Army Major General Harold Greene was buried at Arlington National Cemetery with full military honors, including a caisson, two escort platoons, casket team, firing party, colors team, and a caparisoned horse. The U.S. Army band, "Pershing's Own," played softly as the funeral procession made its way down the long hill past the rows of simple white gravestones to bring General Greene to his final resting place.

The grave side service began with a few words, followed by a 13-gun salute. The Major General's widow, Dr. Susan Myers, was seated in the front row. To her right was their son 1st Lt. Matthew Greene, his daughter Amelia Greene, followed by Major General Greene's father, also Harold Greene.

After three rifle volleys and the playing of "Taps," the American flag, once placed on the Major General's casket, was carefully folded as the band played "American the Beautiful." U.S. Army Chief of Staff General Ray Odierno presented the flag to his widow, and additional flags to his children and father.

General Greene, 55, became the highest-ranking fatality in the war in Afghanistan after an Afghan military police officer opened fire on Aug. 5th, 2014. SOME PEOPLE WERE MISSING: NO President; NO Vice President; NO Secretary of State; NO Secretary of Defense. It WAS confirmed, however, that President Obama was playing golf at the time of the funeral.

Two-star Major General Harold Greene was killed in Afghanistan August 8, 2014, while serving his country in pride for 34 years. As of 1972, he was the highest ranking officer in the military killed in action since the Vietnam War. President Obama has not mentioned anything in regards to this highly decorated soldier, yet he spoke highly of Robin Williams who committed suicide. General Greene was buried August 14 in the Arlington National Cemetery. Neither the President, Vice President, Secretary of State, nor Secretary of Defense attended the funeral. President Obama was on vacation, playing golf at Martha's Vineyard. No flags were ordered to half mast, yet they were for Whitney Houston who also committed suicide.

I find this all very offensive and disrespectful to the veterans who have served our great country. But then again, why does this not surprise me!

### What did Presidents Hoover, Truman, and Eisenhower have in common?

Back during the great depression, Herbert Hoover ordered the deportation of ALL illegal aliens in order to make jobs available to American citizens that desperately needed

Harry Truman deported over two million illegal aliens after WWII to create jobs for returning veterans. In 1954 **Dwight Eisenhower** deported 13 million illegal

It was done so WWII and Korean War veterans would have

The program was called Operation Wetback.

a better chance at jobs. It took two years, but they deported them! Now, if they could deport the illegal aliens back then, they could surely do it today.

If you have doubts about the veracity of this information, enter Operation Wetback into your favorite search engine and confirm it for yourself. Why, you might ask, can't they do this today? Actually the answer is quite simple. Hoover, Truman, and Eisenhower were men of honor, not untrustworthy politicians looking for votes from the illegals!

Reminder: Don't forget to pay your taxes - 12 to 20 million illegal aliens - are depending on it ... and that's why they all VOTE for the incumbent thieves!!!

### From My Balcony

By Jeannette Hinkson

Well, it is an election year, or don't I have to tell you. Just look around. Politicians that are in office are finding funding for all the things that need fixing and even some that don't. Some of the things they are spending money on are a waste, like ripping out the athletic fields and putting in artificial turf to the tune of just under one million dollars. No matter what you are told, THIS IS NOT **FREE MONEY.** It is a loan that you, the taxpayers of Plainville, will have to pay back over the next twenty years. Another outrageous expenditure is the cross walk and island in front of the middle school. I never knew we had such a mass crossing in that location. Then, on a state level, we have a seven million dollar bus way from New Britain to Hartford. Isn't that a piece of work? Maybe, we can just ride the bus to visit those family members that are buried in the cemetery the bus way has invaded. Boy, Gov. Malloy sure comes up with some great ideas. The demolition of the Old Linden Street School is the next thing our leaders have on our plate for a cost of some 2.5 million. A buyer came forward but was turned down after a meeting with our town manager. Just where are we going to get all this money? Can't we find someone that wants to save us money, not spend it before we make it? Grants and bond money comes out of our pockets, and those that we have elected just don't seem to get it or care. Many of them operate on our dime and after talking to a recently retired employee of our town, they stated they couldn't believe how much it costs for gas. They had been getting their gas at town expense for years. Welcome to our world! The people we have elected in the past just go along, day after day, thinking up things and ways to spend our money. They also make laws that make it harder and harder for the businesses and the people they are supposed to represent to keep their heads above water. **FACT**: More people leave Connecticut every year than move here! Why not go after those cable providers that keep raising their rates and feed us old re-runs in the name of good TV. There are no regulations on what they are providing, or how much they can charge. I have found, from experience, if you complain you may as well move because you will get the ... you know what end of the stick.

A big thing is gun control. I love the sign at a Newington business that reads, "GUNS FOR THE GOOD GUYS." Making laws that prohibit the average person from owning a gun will not stop those that want to kill someone from doing so. Will we next take away knives, rocks, bats, gas, and anti-freeze, pillow off of our bed, or any other thing that can be used to kill someone? Maybe we should tie every ones hands behind their back so they can't strangle anyone. It was once written the reason the mainland of the United States was never invaded during World War II was because the Japanese would have invaded California, and the Japanese knew the people of California in the late 1930's were still part of the old west, and every man, woman, and child had and knew how to use a gun. It is still legal to carry a gun, strapped to your hip, in Arizona. At five, I had my first gun. It was only a Red Rider BB gun, and I could have shot out my eye, but I didn't. At seven, I had a twenty-two, but I was taught how to handle a weapon. I still have guns, and if needed, I would use them to protect family, friends, and neighbors. Perhaps, if more homes had guns, criminals would think first before they break in or harm anyone. Just put a sign in front of your home that says, "I support the NRA." If the Gov. wants to ban guns, why does he have armed security around him? After one of the most heinous crimes ever committed in our country, our legislators voted to abolish the death penalty in our state. Why should we support these people, put a roof over their heads, feed them, provide free medical care, free housing, along with a free education if they want it, while the rest of us have to pay for all those things The politicians we now have in office just don't get it. I wish a candidate could be sued for the false statements that are made against an opponent and the false statements and promises they make when they are running. Oh, I forgot, everything is fair in love, war, and politics. Remember, you run the country, not the ones you send to Hartford and Washington! Out with the old in with the new...and where it goes nobody knows.

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### Kathy Pugliese Endorsed by the CCDL

2014 Connecticut Endorsements- CCDL Executive Committee

The Connecticut Citizens Defense League is a non-partisan, grassroots organization devoted to advocating rights affirmed by the Constitutions of the United States of America and the State of Connecticut.

As our group and our members look forward to the election this November, we are faced with a stark choice for the leadership of our State. The CCDL Executive Board votes to endorse the following candidates for office that we feel best represent the interests of Connecticut gun owners and our desire to preserve the Second Amendment of the Constitution of the United States and Article One, Section 15 of the Connecticut State Constitution, along with the leadership abilities to move Connecticut forward. We recognize that not all members of CCDL nor all Connecticut gun owners will agree with these endorsements and we fully support everyone's individual right to vote for the candidates of their own choosing. After carefully considering all of these issues, the CCDL Executive Board endorses Tom Foley and Heather Somers, for the Office of Governor and Lt. Governor. Governor Dannel Malloy has a proven track record of supporting anti-rights legislation and has vilified and ostracized Connecticut gun owners throughout his term. It is time for him to be to be replaced. We strongly believe that the team of Tom Foley and Heather Somers will take Connecticut in a new direction that is so desperately needed.

We also endorse the candidates below for statewide offices and the General Assembly. As with our endorsement for Governor/Lt. Governor, we feel these candidates will help steer Connecticut in the right direction. CCDL reserves the right to endorse other candidates as they are vetted by the Executive Board.

CT House 22nd District Kathy Pugliese Atty.General Kie Westby Sec.Of State Peter Lumaj U.S. House 5th District Mark Greenberg

### Building Independence Together: Wheeler Regional Family YMCA hosts Paralympics Day

The Wheeler Regional Family YMCA will host Paralympics Day October 19 with activities to showcase its innovative Adaptive Sports and Fitness Program, and to give members of the community the opportunity to connect with Y partners who specialize in working with people with disabilities. The Adaptive Sports and Fitness Program offers people with disabilities, including those who have suffered traumatic injury or an illness compromising their physical ability, the opportunity to improve all aspects of their physical and mental condition. Paralympics Day will be held at the Wheeler Regional Family YMCA, 149 Farmington Avenue, Plainville from 11:00 a.m. to 2:00 p.m.

Demonstrations at the event include Wheelchair Rugby with The Gaylord Jammers' Quad Rugby, Wheel Chair Basketball with the Hospital for Special Care Spokebenders, and volleyball facilitated by the Wheeler Y. There will also be racing chairs available to try out! Gaylord Hospital, Oak Hill, Achilles, Advanced Wheels, The Hospital for Special Care, and other local organizations that work with persons with disabilities will be at the event.

Major support for the Adaptive Fitness and Sports program was provided by The Hartford, which contributed \$50,000 to expand the number of individuals with physical disabilities served at both the Wheeler and Wilson-Gray YMCA branches.

Working in cooperation with Gaylord Hospital, a recognized expert in the field of rehabilitation, YMCA staff help patients begin the recovery process to prevent further physical deterioration. The Adaptive Sports Program provides expanded services beyond the Hospital's care. The athletes receive the physical training and personal support necessary to compete in appropriate athletic competitions.

Anyone looking to get involved in this program, either as a participant or a volunteer, can contact April Rodrigues at april.rodrigues@ghymca.org. Participants in the program can get involved in a variety of activities including, but not limited to, being paired with a volunteer guide to participate in triathlons, exercise at the Wheeler Regional Family YMCA with a certified trainer, play seated volleyball at the Wheeler Regional family YMCA, and more! (Excerpts from News release)



### **NORTON TRUST GRANTS AVAILABLE**

Plainville - The Elizabeth H. Norton Trust Fund will again this year accept applications for grants to help non-profit organizations and groups that promote the wellbeing of the citizens of Plainville and vicinity.

2014 application forms may be obtained at the Plainville Municipal Center and the Plainville Public Library. It is important not to use application forms from previous years as the form and submittal instructions have been revised.

The complete application package must be submitted via U.S. mail and post-marked by Friday, October 24, 2014. Approved grants will be distributed in December 2014.

If you have any questions, please contact the Grants Committee at Norton.trust.info@gmail.com.

### **Norton Park Walking Path**

Improvement to walking path, thanks to the Rotary Club, the Plainville Community Fund, Tilcon, Roadways, and Buildings and Grounds.

What a terrific and impressive joint community project!!! Thanks to all that contributed.

From: the Town Council

### AARP News.....

(Hartford, CT) -- How livable is your community? As New England celebrated "Connecticut Day" at the Big E, a new AARP survey of Connecticut residents age 40 and older finds a lot to like about living in Connecticut, as well as areas that need improvement to help residents remain in their homes and communities

The new report: Road to Livability, found that the vast majority of those surveyed rate their communities well in terms of a place to live as they age, and in the types and availability of services that can help them remain independent (such as transportation and home health services). AARP's report also found that nearly two-thirds of residents surveyed had no plans to move out of Connecticut in the next ten years.

According to AARP State Director, Nora Duncan, "Most residents we surveyed are deeply rooted in their communities, having lived there for more than 20 years, and feel it is important to remain in their communities as they age. Access to affordable housing and utilities, alternate transportation and other services, as well as safe and walkable streets is extremely important to ensuring that all residents can stay in the homes they love and remain independent as they age."

Despite the generally high ratings from residents, the survey identifies several areas that present challenges. At least half of all Connecticut residents age 40 and older indicate that high property taxes and utility bills are the top two issues they face in their communities. About one-third say a lack of affordable housing is problematic. Transportation and walkability issues, such as streets needing repair, and public transportation that is too far away or difficult to navigate are also major problems for many Connecticut residents.

Nearly seven in ten adults age 40 and older living in Connecticut say that it is extremely or very important to them that services to aid independent living as one ages be made available in their community. Moreover, these residents say agefriendly communities should be a top or high priority for elected officials in the state.

"With Election Day approaching, these issues take on even greater importance as voters assess how well their communities meet their needs for the long-term. State and local officials all have a role to play in making our communities more livable. AARP looks forward to working with our elected representatives in 2014 to ensure that residents have access to the services and supports they need to comfortably age in place, right here in Connecticut."

AARP Connecticut commissioned a telephone survey of 1,000 Connecticut residents age 40 and older to learn about their communities and services that are available to help older residents age in place. This report highlights results from residents interviewed between March 26 and April 6, 2014. The data in this report has been weighted by age and gender to reflect the Connecticut population age 40 and older. The survey has a margin of error of  $\pm 3.2$  percent.

Access the full survey results online at: http://www. aarp.org/livable-communities/tool-kits-resources/ info-2014/connecticut-livable-communities-survey.

**Associate State Director, Communications AARP Connecticut** 21 Oak Street, Suite 104, Hartford, CT, 06106-8003

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### Bountiful Basket Contest

Downtown Block Party Rained Out Septembewr 13th Basket Contest Will be held at Gnazzo's Food Center Tuesday, October 14th & Wednesday, October 14th Tuesday, 8 a.m. to 9 p.m. &

Wednesday 8 a.m. to Drawing at 6 pm



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### Life With Wanda

Nothing is funny lately and one of the things that really gets my goat is those telemarketer calls. They usually call just as you are sitting down to lunch or dinner. You answer the phone; there is a pause and then a recording. I have decided instead of getting angry with these people perhaps I could have some fun. Lately, I have been getting recorded call a company and the recording states, "The FBI reports there is a break-in in your area every thirty seconds. If you allow us to put a sign in your yard, we will install a security system free of charge." Now, I figured our town is only nine square miles and our police must be real busy if they are investigating a break-in every thirty seconds. I pushed 0 and said I would love a free security system and the woman said they would send someone out to explain how everything worked and all she needed was my address. I gave her the address of the police station. I looked up the addresses of the police departments in several towns and I hope everyone gets a free security system. When I get a call from a cell phone provider telling me how much money they can save me and what great service they can provide I just keep yelling, HELLO, HELLO, HELLO and then I add, in my best recording voice; I say "The party you has reached is hearing impaired so you will have to contact a state agency for any offers for this person you might provide." They hang up. When an insurance company calls I tell them I just totaled my car and got my fourth DUI so I won't be driving for a year or so. If they ask for my husband I say he passed away. I hope after a while they take my name off their list. I called the number that is provided so these people won't call any more and I think they sold off my number to the telemarketers. Only in America! I wonder if people in India get calls from Americans selling stuff and they can't understand what is being

# Plainville Knights of Columbus To Gather for Communion Breakfast

On Sunday, October 12, 2014, the Plainville Knights of Columbus will gather for a communion breakfast. All members and catholic men are invited to gather for mass at 8:30 am and then partake in a full breakfast together at the OLM monthly breakfast at the Parish Center following the service. Cost for the breakfast is \$4.00 per person.

The Knights of Columbus, the largest Catholic lay organization in the world has more than 1.7 million members in over 14,000 local councils made up of men enjoying fellowship in service to their church and community.



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Dear Editor,

Connecticut is moving in the wrong direction. Taxes are too high, the state is not friendly to business and borrowing is out of control. All of this has resulted in an April 2014 Gallup poll that finds almost 50% of residents would leave Connecticut if they could. We need new leadership, from Governor all the way down to our State Representatives. **Kathy Pugliese** is a proven leader, and will help get the state back on track. Please support Kathy for State Representative on November 4th. We simply cannot stand still. To achieve real change, we must first elect new leadership.

Scott and Andrea Saunders

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### **Letters to the Editor for the November Issue**

All Letters must be submitted by October 15th No exceptions, please limit words to 150.

All letters must be e-mailed to:

hmtnn@comcast.net



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# Independent Voter For Kathy SIGNS ARE IN ...

### By: Nancy Guimond

I am an Unaffiliated/Independent voter and we need a change in Hartford. Last month I wrote a "Letter to the Editor" explaining how & why I am for Kathy, I will repeat a few.

- Here in Connecticut we pay the highest taxes in the Country, no wonder businesses and people are leaving as soon as they can make the move.
- We cannot afford to send the same politicians to Hartford who voted for higher taxes, and also borrow money (Bonds) to run the State. I believe all the grants that are given to the Towns are also on the Credit Card.

I am encouraging all Independent voters to come together to support "Kathy Pugliese for the 22 District" We can't change anything in Connecticut if we don't make a change in Hartford now!!

A group of Independent voters got together and I joined them to work to save Connecticut. Our lawn signs are in, "Independent Voter for Kathy".

To get your sign stop at her Headquarters at 2 East Main Street (Downtown Plainville) any afternoon after 1 p.m. or Saturday mornings after 10 am or call 860-747-3905 it is an answer machine. Sorry, about an answer machine but we all have to work (to pay our taxes), leave your name, phone and address. The sign will be delivered.

### An Open Letter to All Voters:

### From Sharon McLaughlin, for State Comptroller

The recent report from TruthinAccounting.org puts Connecticut in last place as the state with the highest amount of taxpayer burden in the entire United States (http://www.truthinaccounting.org/library/doclib/2013-FSOS.pdf). According to the numbers in the report, Connecticut taxpayers would EACH need to provide \$48,100 to negate the accumulated debt (http://www.truthinaccounting.org/library/doclib/2013-FSOS.pdf). McLaughlin says, "We must stop playing games with the numbers, and face what we owe. We will not be able to correct these issues until we are honest about our spending, and until lawmakers stop acting as if they have an open checkbook with no restrictions. This unbridled spending is fiscally irresponsible and it is time for a new team of fiscal conservatives to come into the state and clean up the mess that the spendaholics have created."

The Republican Team is ready to dig into our spending issues and work to restore prosperity to our state.

Sharon for a Better CT www.sharonforabetterct.com

### MICHALIK ANNOUNCES FALL CAMPAIGN KICK-OFF EVENT WITH U.S SENATOR RICHARD BLUMENTHAL

Rob Michalik announced that the kick-off of his fall campaign for State Senate was held at 430 North Main Street in Bristol on Saturday, September, 13th. U.S Senator Richard Blumenthal was on hand for the event, as well as other local Democratic candidates on the November ballot.

"I look forward to having residents from all five towns in the 31st senate district – Bristol, Harwinton, Plainville, Plymouth, and Thomaston – join me in working together to ensure a better future for our community," said Michalik. "Anyone who wishes to help with the campaign, or simply to learn about our plans to strengthen the middle-class and grow the economy, are welcome to stop by our campaign headquarters."

"Rob is an ardent advocate for consumer rights and growing our economy. He will be a strong voice for the people of the 31st district," said Senator Blumenthal. "With his experience, particularly in economic development, he has the background and qualifications to serve his constituents well. I am excited to join with him and other local candidates for this kick-off event."



### **AAA Speaks Out:**

### **More Crashes and Convictions for Teens that Skip Driver Ed**

While vehicle crashes remain the leading cause of death for teens, fewer new drivers are participating in what used to be considered a rite of passage – driver education. New research from the AAA Foundation for Traffic Safety reveals that teens that skip this important step are involved in more crashes and receive more traffic convictions compared to their peers that participated in driver education.

This research confirms what conventional wisdom tells us – driver education makes a difference," said AAA Driving School Manager Steve Rourke. "Despite recent declines in participation, the overwhelming majority of Americans believe new drivers should take part in this critical step of the learning-to-drive process."

This study assessed examples of U.S. and Canadian driver education programs

using a variety of evaluation methods including surveys, driver's licensing tests, driver simulators and the review of driving records. The results revealed that several key differences exist between teens who receive driver education and those who do not, including:

• Driver education is associated with a lower incidence of both crashes and

- Driver education is associated with a lower incidence of both crashes and convictions reducing crashes by 4.3 percent and convictions by nearly 40 percent.
   Teens that completed driver education not only scored higher on the driving
- exam; they also demonstrated modest increases in knowledge over their peers who did not take any formal training.

  In Connecticut, new learner's permit holders under age 18 must complete at
- least 40 hours of behind-the-wheel training before applying for their driver's license. They also must attend, at a minimum, an eight-hour safe driving course. In addition, parents or legal guardians of 16- and 17-year-olds are required to complete a two-hour class with the permit holder concerning teen driving laws.
- To help parents select a quality driving school, AAA offers these tips:
- Ask friends and neighbors. Seek recommendations and ask why people selected a particular driving school.
- Call and visit several schools. Ask to see classrooms and observe part of a course.
   Classrooms should be clean, orderly and set up to conduct sessions.
- Ensure classroom and behind-the-wheel sessions are integrated. Classroom time should consist of a structured lesson plan that includes risk prevention and fundamentals of defensive driving practices. Behind-the-wheel sessions should correspond with the classroom lesson plan to reinforce and demonstrate practical usage of concepts.
- Check references and complaints. Check with the Better Business Bureau for any complaints against a school. Ask for references of previous students and parents who can be contacted regarding their experiences with the school.

With more than 20 driving school locations in Greater Hartford and eastern Connecticut, AAA is committed to helping teens stay safe on the roads. AAA and the AAA Foundation have also developed comprehensive online resources including TeenDriving.AAA.com, a state-specific website to help parents navigate the learning-to-drive process and the StartSmart Online Parent Session, a two-hour webinar that explains the licensing process and parents' role.

AAA provides travel, insurance, financial, and automotive-related services to 54 million people nationwide and is located locally at 17 Farmington Avenue in Plainville. For more information about AAA, members and non-members can go online to AAA.com or call 860-236-3261.

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# Plainville Republican Town Committee Headquarters

The PRTC recently opened their Downtown Headquarters with candidates Peter Lamaj, Secretary of the State and

Mark Greenberg, 5th District Congress they joined Kathy Pugliese, 22nd District candidate for State Representative.

The Headquarters will be open daily from 1:30 pm or (when you see the door open) stop in to pick up any lawn signs you want. You may call 860-747-3905, leave your name and address, we will deliver your signs also for Absentee Ballots leave your name and phone number. Any questions or if you would like to volunteer to help make a "CHANGE" Call 860-302-3783. Helen Bergenty, Chairman of PRTC.

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### **WCSU Names Dean's List**

By Sherri Hill

Western Connecticut State University has named the following students to the Dean's List for spring 2014: Plainville: Emilee Tabora, Management

Western Connecticut State University offers outstanding faculty in a range of quality academic programs. Our diverse university community provides students an enriching and supportive environment that takes advantage of the unique cultural offerings of Western Connecticut and New York. Our vision: To be an affordable public university with the characteristics of New England's best small private universities.

# **BOE Seeking Nominations** for Wall of Honor

The Board of Education is seeking nominations for the Memorial Wall of Honor, a permanent tribute to honor individuals who have contributed significant volunteer service to the educational community.

Those nominees must have 20 or more years of significant educational community service contributions, sustained the quality of life or had a positive impact on the liver of Plainville students, created opportunities for students through new facilities or programs and must be a Plainville resident during the time the nominee provided educational community service, has not been previously honored by other actions of the town, such as facilities named in their honor or memorial, candidate must be deceased and was a positive role model and exemplified high moral character.

Requests to nominate an individual must be made in writing on an approved nomination form. The form is available on the Plainville Community Schools website or via email by contacting Joan Calistro at: calistro@plainvilleschools.org. Deadline is October 31, 2014.

# Plainville Youth Soccer "Kicks Off" fall Season





Plainville Youth Soccer sponsored opening day activities for players, parents and coaches Saturday, September 20th at Norton Park. The park was busy with much activity.

### Middle School of Plainville Sponsored Workshop for 7th and 8th Grade Students

The Middle School of Plainville is in it's fourth year of offering grade level assemblies and workshops that teach students about the roles played in name-calling and bullying behaviours. The September 23rd workshop entitled "Bystander to Ally" prepares students for greater leadership roles at the Middle School and enhance their strategies to interrupt and challenge name-calling and bullying

# October 2014 Bulletin "Board"

by Andrea Saunders, Chairperson

Highlights from the September 2014 BOE Meeting:

- **1.** The Superintendent discussed the successful opening of school plus the addition of 66 more students in the district.
- **2.** The Board discussed the possibility of senior housing in the he Old Linden Street school. The consensus was that this would not be an appropriate use of the building due to security concerns for students and faculty.
- **3.** PHS Principal, Mr. LePage presented a new schedule change for all students.
- **4.** The Board voted in favor of moving forward with the PHS Synthetic Turf Project based on a \$950,000 bond granted to Plainville by the state. This will now be forwarded to the Town Council for approval.
- **5.** The close out of FY 2014 will return a surplus of \$24,614 to the Town.





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### Wheeler School Playscape Ribbon Cutting



### Wheeler School PTO Officers pictured cutting the Ribbon for the Playscape.

Helping with the Ribbon Cutting are Sandra Hergott, Secretry, Tina Autunno, President, Kim Shumbo, Vice President, Erin Borra, Treasurer (cutting the ribbon) and Samantha Miller, Coordinator of Fundraising. Students on the Playscape in the background didn't waste any time enjoying the new equipment.



### Volunteers Needed

The Plainville Community School District is looking for volunteers to serve as classroom helpers, tutors, mentors and Reading Partners. If you are interested and have an hour a week to share with a student, please call Volunteer Coordinator Sue Bradley, at 860-793-3210 x212.

### Linden Street School Hosts "Town Meeting"



Students and staff at Linden Street School participated in the school's first "Town Meeting" of the year on September 8th. During the meeting, the school community reviewed behavorial expectations, were introduced to their new "buddy bench" in the outside play area, and ended with a group "flash dance!" Linden Principal Paula Eshoo and Wellness Tutor Alicia Palmisano review information with students and staff during the Town Meeting

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### MIDDLE SCHOOL GETS READY TO "READ, RIGHT, RUN!"



The Middle School of Plainville students and staff will have an additional opportunity to read, exercise and do good deeds, as part of the "Read, Right, Run" program coordinated by Library Information Teacher Joyce Lynch. According to Lynch, the program encompasses three themes underscored regularly at the Middle School - - reading, community, and health. The goal of Read, Right, Run is to promote reading for pleasure, encourage participants to do kind deeds, support physical fitness, and foster perseverance, independence, and personal responsibility. The theme of the program is a "marathon." As such, student and staff participants will pledge to read 26 books, run 26 miles and do 26 "right deeds" in 26 weeks. Participants may also opt to complete a "half-marathon", a 10k, or a 5k, adjusting the number of items to complete in each category.

The Read Right Run Challenge will run from October 1, 2014 through April 1, 2015. Fleet Feet Sports will kick-off the official start of the program on October 6, with a running clinic for all participants.

To ensure participants stay on track, students will check in with designated faculty members every three weeks. During those check-ins, students may participate in a number of planned physical fitness activities led by instructors from the Wheeler Regional YMCA. Each participant will receive a t-shirt designed by Leah Wachtelhausen, a string bag with a variety of items, and a pedometer. Successful finishers will earn a medal to be presented at a ceremony on April 2.

"We are fortunate to have the support of numerous local companies who have generously provided financial assistance and other donations for this initiative including: the Plainville Community Fund at Main Street Community Foundation, Healthy Plainville, GE, the Wheeler Regional YMCA, Fleet Feet Sports, Gnazzo's Food Center, Farmer Joe's Gardens, the local McDonald's Restaurant, and Staples," noted Lynch

### PHS Faculty Member Attends UConn Spanish Summer Institute

Plainville High School World Language Department faculty member Joanne Choquette opted for extended learning over her summer vacation, participating in the University of Connecticut's Spanish Summer Institute, sponsored by the Uconn Early College Experience Program. The three day professional development institute was held on the main UConn campus in Storrs in August.

of The United States of America.

### **Animal Control Officer Gabby Paciotti with Cooper Theariault-Dinielli** a Plainville Animal lover

Over forty years ago a young girl from New Britain learned the location of some stolen goods the Plainville police were looking for and contacted the then Chief of Police, Frank Roche. With her help the stolen loot was recovered, and Chief Roche said, "If you ever need anything give me a call." Some years later she took him up on the offer and became an employee of the town of Plainville in the year 1978. Her name is Gabby Paciotti, and she took on the job of dog catcher for the Town of Plainville. The title has changed from Dog Catcher to Dog Warden and now to Animal Control Officer. Her employment moved from being a Town of Plainville employee to a member of the Plainville Police Department. Through rain, sleet, hail, and snow, she has braved every element to rescue lost, stolen, abused, or unwanted pets. She has risked her life to rescue animals and even crawled across thin ice to save a dog that had fallen into frigid waters. She has been faced with taking animals from owners that were mistreating them and has found homes for countless dogs that were unwanted. The hardest part of the



job is breaking the news to a senior citizen or child that their beloved pet has met with an accident, or has disappeared and can't be found. Shortly after getting her job Gabby, as she is known to all her friends, was called to Bohemia Street where it seems a vicious dog was attacking children waiting for the school bus. Several children had sought refuge in a neighbor's home, while two children had climbed on top of a vehicle. As the neighbor described it, Gabby drove up, open the door of her truck and yelled, "Come on boy", and the "vicious" dog ran over, jumped into her truck and away she went. When E.F. Hutton speaks, humans listen, I guess when Gabby speaks, everyone listens. It is a fact Gabby has chased bears, captured sheep on the run, and done it all without a gun. Although Gabby is a trained marksman, she does not carry a gun. Some years ago a former Town

Monday

Day

Manager decided she didn't need one so she goes out with little more than a stick with a rope on the end to face a fierce animal, or an irate pet owner. With the invention of a non lethal weapon she, like all police officers, carry a Taser. On most days she answers more calls than a police officer and files mountains of paper work covering town and state regulations. When it is necessary she has the help of her fellow officers and in turn, she has been there to help officers gain access to the home of a suspect getting them to open the door under the guise of "the animal control officer has some questions about their dog." Climbing through brush to get a stray dog in the heat of summer, or trudging through waist deep snow on a freezing winter's day to complete a rescue, is all in a day's work for Gabby. I asked if she found her job stressful, and she said it was not just stressful but very sad when she can do nothing to relieve the pain of an animal that is killed or injured and has to be put down. The people of Plainville have come to know Gabby as a dedicated worker and a true friend to those of the four-legged world. We know some day Gabby will decide to retire, but in the meantime when you see her in her little white truck... give a wave of appreciation, She will appreciate it. Gabby Paciotti is married to retired New Britain Police Lieutenant Robert Paciotti, and they have one daughter, Michelle. Good job, Gabby, and thanks from everyone in Plainville for almost 38 years of service. We would be lost without you!

### ALL IN A DAYS WORK



John Bossi, Mike Perry and a Plainville Police Officer oversee the work being done by the company installing decorative sidewalks on Northwest Drive in front of the Middle and Tofflon Schools. Slow down, watch the bumps!

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### **Sherlock Holmes Radio Play** at Library

By: Peter Chase, Library Director

Actors from the East Haddam Stage Company will present "Adventure of the Speckled Band" featuring detective Sherlock Holmes on Tuesday, October 21 at 7:00 p.m. at the Plainville Public Library. Step back in time and become part of the "studio audience". The play is sponsored by the Plainville Historical Society and the Library.

The production is William Gillette's actual 1930 radio script of one of the first Sherlock Holmes dramas ever broadcast via radio. This 'sketch' as Gillette called it was originally written by Edith Meiser but extensively edited by Gillette himself. He knew Sherlock like no other actor at that time, having created and played the detective for many years on stages all over the world. He would go on to do at least two other radio broadcasts portraying England's most famous sleuth (1933 and 1935). Sherlock Holmes and the Adventure of the Speckled Band was originally broadcast in NY City on October 20th 1930. This mystery drama production features 4 actors portraying 7 characters, and of course it includes sound effects! With an introduction by EHSCO's Producing Artistic Director, Kandie Carle, the presentation runs one hour, including Q &A with the audience. The program is free, call the Plainville Public Library at 860-793-1446 for more information.

### **Author Joins Book Discussion**

Local author, Matthew Dicks will join the Friends of the Plainville Public Library Book Group when they discuss his book, "Unexpectedly Milo" on Tuesday, October 28 at 7:00 p.m. at the library.

Stumbling on a video confession detailing a decadeold missing-persons cold case, the neurotic Milo embarks on a madcap journey to solve the mystery, which enables unexpected personal revelations.

The program is free and open to the public. Extra copies of the book are available at the library

### Movie Based on Best Selling Novel at Library

A film based on John Green's best selling novel, "The Fault in our Stars", will be shown at the Plainville Public Library on Thursday, October 9 at 2:30 p.m. The series, sponsored by the Friends of the Library, shows films recently released in DVD format.

It features two teenagers, Hazel and Gus, who share an acerbic wit, a disdain for the conventional, and a love that sweeps them on a journey. Their relationship is all the more miraculous given that Hazel's other constant companion is an oxygen tank, Gus jokes about his prosthetic leg, and they met and fell in love at a cancer support group.

The program is FREE!

### "Four Hands" Piano Concert at Library

Musicians from the New Britain Symphony will give a "Four Hands" piano concert on Thursday, October 30 at 7:00 p.m. at the library.

The lecture – demonstration will include mostly original works by the great composers for four hands piano, including the Carnival of the Animals by Saint Seans.

Piano four hands is a term for a specific kind of duet for a single piano with two players.

The program was provided by the New Britain Symphony Education Committee and designed to bring musical education to adults and children.

### Writers Group Forms at Library

A group for aspiring writers will be formed at the Plainville Public Library, led by Chuck Radda, a retired Plainville High School teacher and author. Radda also recently started a publishing company, "Lefora", with two friends. The writing group will meet for 5 consecutive Mondays at the library starting on October 27 and going through November 24. There is a \$10.00 fee to attend all 5 sessions. The fee is payable on registration for the group.

The purpose of the course is not instruct people how to write, but instead to work with those who want to polish the skills they already have and provide an atmosphere for them to do so. As such there will not be lessons so much as there will be writing practices that will then be shared with the group in a non-judgmental, comfortable setting. Since all writing is creative writing, there will be no limitations: fiction, memoir, poetry – any genre short of a research assignment for another course ... unless you are willing to share your grade with the rest of the group. The course is limited to college age writers and older.

To register for the group, visit the library at 56 E. Main St., Plainville. For more details call the library at 860-793-1446.

### **Big Deals**

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### Grace Lutheran Church ~222 Farmington Avenue

Apple Fritter and Tag Sale Saturday October 18th, 2014

9:00 a.m. - 2:00 p.m.

Delicious Apple Fritters and Various Tag Sale Items for sale. Join us for some great bargains!

**ATTENTION CLASS** of

> **1946 PHS**

68th

Reunion

Luncheon Wednesday October 22nd Confetti's Rt. 10 11 am Social

12 pm Lunch

\$25.00

**Questions** Call Don at

860-229-5930 or

Mail Check to:

Don Dalena

138 Overhill Ave.

**New Britain CT** 06053

# 20 23

### CLUES ACROSS 1. OUTMODED

- 6. STRIKES
- 17. PEOPLED
- 18. INITIALS OF NBC WEATHER HOST
- 19. ATOMIC #28 20. DOCTOR 21. SMALL TIME UNIT
- (ABBR.) 22. 4TH TONE OF SCALE
- 23. DINES
- 25. RATES OF MOVEMENT 27. IMMATURE NEWT
- 28 OF I
- 29. KICK OUT

- 30. POUCHLIKE STRUCTURE 32. BREW
- 33. OH, GOD! 35. SHELL LINING
- 37. LADIES UNDERGAR-
- MENTS
- 38. AN OPEN WAY FOR
- TRAVEL 39. PASSENGER
- 41. PLATE 42. ACTOR AFFLECK
- 43. 1/100 OF A YEN 45. SCIENTIFIC WORKPLACE 46. 60 MINUTES (ABBR.)
- 48. STRAGGLE
- 1 SPEAKER'S PLATFORM 2. INDICATES POSITION MOVES THROUGH WATER
- 4. HISTORICAL REGION OF

49. PLATE MADE OF SILVER OR GOLD

54. HERMIONE'S BOYFRIEND

55. D'ONOFRIO'S LAW &

63. K. HEPBURN'S ALMA

66. "KING RAT" ACTOR

67. ACADEMY FIRST YEAR

51. MAINS

ORDER

56. 10TH STATE 57. DO AGAIN PREFIX

58. JAGGED CUT 62. AIR FORCE

MATER

GEORGE

53. GREAT BRITAIN

- 5. COUNTRY CODE FOR ADDIS ABABA
- 6. BALL STRIKER
- 7. EAST NORTHEAST
- 8. FORM A SUM 9. 7TH MUSICAL TONE

11. CATHOLIC SISTERS

12. PURIM VILLAIN

- 10. HARNESSED HORSE (BIT)
- 55. SMALL PRISON ROOM 58. LIQUEFIED NATURAL GAS

13. INVESTS IN LITTLE

15. SHRED CHEESE

PAPER TABLET

FOR THEM
34. GALLIVANT

36. ROMAINE

24. GAZING INTENTLY

26. DIEGO, FRANCISCO, ANSFI MO

27. OTOLOGICAL PAIN

29. PEDESTAL SUPPORTS 31. ISLANDS ARE NAMED

37. LUX PALM BEACH HOTEL

40. RIBBED FABRIC 41. CBS NEWSMAN RATHER

42. BOOK JACKET REVIEW

50. PRESSURE UNIT (MM HG)

44 BRAIDED RIVER OF

45. ATOM SMASHER

51. MOVE SIDEWAYS

52. FREE FROM RISK

**POLAND** 

47. DEVASTATE

14. PRONGS

- 59. DOCTORS' GROUP 60. UC BERKELEY
- 61. UPPERMOST PART 64. THOU
- 65. STUART LITTLE'S AUTHOR WHITE
- Answer on page 29

# What's Going On...

St. Anthony's Society Of Our Lady of Mercy

# Pasta Supper

Saturday, October 4th 4:30-6:30pm Parish Center 19 South Canal St.

Adults (13 & up) \$8.00 Children (5-12) \$5.00 Children (under 5) FREE

Pasta, Meatballs, Salad, Bread, Dessert \* Beverages BYOB - Wine or Beer

### CRAFTERS WANTED

Our Lady of Mercy Christmas Boutique and Craft Fair

Fri., Nov. 7, 11-5 Sat, Nov. 8, 9-3

860-747-6825 for more information

### **CPOA** of Plainville

(Citizens & Property Owners Association)
CPOA is a local voice on all town issues.

We strongly urge voter turnout on all voting issues, including election of town officials and voting on any issues concerning our tax dollar\$\$\$\$'s!

We meet the first tuesday of every month at the Plainville Public Library downstairs, at 7 P.M..

The next meeting will be October 7th.

Newcomers are always welcome!!

Plainville
Community
Fund
Bountiful
Basket
Contest

The Basket
Contest was to
Take place at the
Downtown
Block Party in
September
"RAINED OUT"
THE CONTEST WILL TAKE
PLACE AT

# GNAZZO'S FOOD CENTER

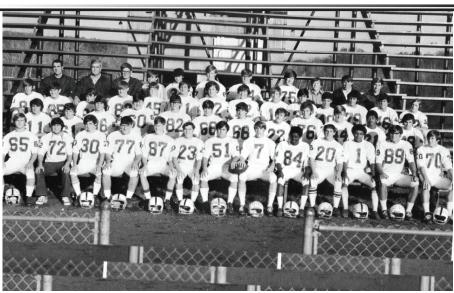
Tickets available
Tuesday, October 14th
8 am to 9 pm
Wednesday, October 15th
8 am Drawing at 6 pm
For Information call
Robyn Poulos
860-747-2386

# Plainville Sports Hall of Fame ~ Athletic Induction Banquet ~

Saturday, October 4th -Nuchie's Restaurant

Tickets \$45.00

Available at the Dental Offices of Dr. Rusty Camp or Dr. Michael Lantiere



1971 Class M CIAC Merit Award Champion Football Team

The 1971 Blue Devil football team ended a 23 year jinx by beating "arch rival" Southington 18-14 to end the season with a 8-2 record and the Class M CIAC Merit Award Championship. The team was lead by co captains Vinny Pitts and Jeff Palmer. The team had several individual honorees: ALL STATE - Jeff Palmer and Vet Mason. All CVC Offense- Jeff Palmer and Vet Mason. ALL CVC Defense - Paul St. Pierre and Bobo Spencer. Honorable mention Offense-Vinny Pitts, Paul St. Pierre, John Buckler, John Kavanaugh, Mike Hansen and Bob Moreau. Honorable Mention Defense- Vet Mason, Jeff Palmer, Vinny Pitts, Joe Majsak and Gary Gagnier. Palmer and Mason were also selected to play in the 1972 Nutmeg Bowl game. The traditional Thanksgiving Day game was postponed due to snow and played at Southington High School on Saturday November 27, 1971 before more than 5,000 fans who witnessed an exciting game that was not decided until Joe Majsak sacked Southington quarterback Dave Greenleaf for a loss as the time ran out to secure the victory. Looking back at the CVC schedule that included Simsbury, Rockville, Middletown, Bloomfield, Woodrow Wilson, Glastonbury, Windsor, Newington and Southington makes one realize that the Blue Devils were always in the role of "David" vs. Goliath, yet the Devils never backed down and always made themselves proud on the way to an 8-2 record and the CIAC Class M Merit Award (also known as) State Champion. The Hartford Courant summed it up when they said that the longest jinx in state history has come to an end with the Devils victory over Southington, their first since Truman bested Dewey for the Presidency in 1948. Coach Jim Lynch called it the greatest win in Plainville football history. None of the more than 5,000 in attendance nor anyone in Plainville will argue that statement.

#### Plainville United Methodist Church

**56 Red Stone Hill** is having their annual

### **Roast Pork Dinner**

Saturday, October 4 th

The dinner will be served

4:30 to 6:30 pm

and will feature glazed roast pork with fresh potatoes and vegetables, assorted breads and apple crisp for dessert.

There will be a silent gift basket auction
Tickets are \$12 for adults
\$6 for children

4 and under are FREE!

Reservations are strongly suggested by calling the church office at 860-747-2328.

### MOHEGAN SUN CASINO TUESDAY OCTOBER 14

# \$21 per person

Leaving Our Lady of Mercy parking lot at 8:00 Leaving Casino at 4:15 Bonus package included For reservation, contact Sally at 860-747-1732

(seats must be paid for prior to trip)
Trip associated with AARP Chapter 4146
We meet the 3rd Wednesday of every month
Sept – June @ 1:00

at the Plainville Public Library lower level.

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### **Craft Fair**

Saturday, November 8th, 9AM-3PM.
Reserve your table now!
Tables are \$15 each; call for an application today! For more information or to obtain an application please call
Marlene 860-223-8668 or
Helen 860-827-0433 or
Pat 860-225-3057
Thank you, we appreciate your support

# What's Going On...

Save This Date!!!!
Saturday, November 1st
10:00 a.m. - 3:00 P.M.
Holiday Craft Fair
Plainville Senior Center
200 East Street

\*Crafts\* Outside\*Vendors\*

\*Raffles\* Bake Sale\*

\*Grandma's Cookie House\*

\*Crafters Cafe\*

Plainville Friends of the Library

### Book Sale

### Semi-Annual

Friday, October 3rd
6 to 8 PM
Addmission \$3.00
On Saturday, October 4th
10 AM to 3 PM
No Admission Fee
Bag Book Sale
2-3 PM on Saturday

There is a large selection of books on many subjects, both in paperback and hardcover. You will find a good selection at good prices.

Most of the books were donated to the library for the sale. Prices range from \$1.00 for hard cover books and tapes to \$.50 for paperbacks. In addition, the final hour of the sale is \$3.00 per bag of books. All the proceeds go to benefit the library and were used in part to sponsor the summer reading club for children.

Mark your calendars!!



Send Letters, News & etc. to:

hmtnn@comcast.net Thank You!

### Lions Club of Plainville Fall Pancake Breakfast Sunday, October 5

Our Lady of Mercy Parish Center 19 South Canal Street

from 8 A.M. to noon

Tickets are \$6 per person Children under 7 years admitted FREE of charge

We will be serving pancakes, French toast, strawberries, sugar-free and regular surup, orange juice, regular and chocolate milk. And, of course, a very special visit from

### Rocky Rock Cat! and Door Prizes as well!!

Flease bring your unused eye glasses and hearing aids. We collect your donations of these items and send them to Lions International where they are distributed to third-world countries. Respectfully Submitted, William Gaughan Lions Club of Flainville, Fresident

> 860-747-6023 wgaughan@samobile.net

### "All You Can Eat" BREAKFAST

O.L.M. PARISH CENTER

19 S. CANAL STREET Sunday, October 12th 8 am to 10:30 am Donation \$4.00 adults Children \$1.00 Under 6 FREE

K of C Members Will Be Our Guests Kids Corner~Halloween Surprise

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### SCRATCH and PECK

By: LEESHA

This will probably be my last issue reporting on the history of churches in Plainville. I believe there are 17 in all. The others did not respond to my phone messages and letters. If I hear from them, I will gladly



write of their histories and stories. If not, next month's issue will be a surprise...mostly to me! If any of you dear readers have an idea for a topic of interest, I would like to hear from you. Please contact me at: 860-747-1067, or by e-mail: robertalalama@yahoo.com

THE FAITH BIBLE CHURCH: The Faith Bible Church, located at 168 Unionville Avenue in Plainville at the Northwest Drive corner, began 1902 when John Purdy, a Roman Catholic, found Jesus Christ as his Lord at the Plainville Campgrounds in Southington. John had a desire to start Bible studies, and a small group of Christians began to attend, and the church began to grow. They called themselves the "Advent Christian Church of Plainville" with a goal of letting people know that Jesus Christ was coming again, known as "The Second Advent." The church moved from Broad Street to the Northwest corner in 1960 with the mission of reaching people for Jesus Christ. The mission continues following the Great commission of Jesus "Go, and make disciples..." (Matthew 28:19-20).

The Reverend Doctor Jim Caron came to Philadelphia, PA, in 1984, originally from Northern Maine. Dr. Caron, a former Roman Catholic, having been strung out on drugs, followed the call of God to study the Bible. He pursued a three-year intensive ministry seminary degree at Westminster Theological Seminary in 1980. He was ordained in 1986 and later received his doctorates degree in preaching. In commenting on the church, he says, "We are neither a catholic church, nor a protestant church, but a Christian church to help people understand the Bible. The Bible is not hard to understand, but needs to be understood in its ancient culture and applied for the relevant needs of people today."

The church underwent drastic renovations in 2005, and after 6 months in the construction project, the general contractor defrauded the church of \$226,000. Struggling financially, and through prayer and faith of the people of God, the facilities were completed and dedicated in 2007 with many miracles of God's faithfulness and provisions, with many miraculous donations from people and corporations in the community. Today, the beautiful structure at the Northwest Drive corner adds beauty to our community and welcomes people to help them find their spiritual needs.

Faith Bible Church, under the leadership of Dr. Caron for 30 years, continues to spread the Gospel of Jesus Christ and teach people to follows Jesus and live by the Word. "The church is the pillar of the truth, and must continue to proclaim the truth. Knowing that we live in a politically correct world with no tolerance for truth and Christianity, the task of the church must continue in its course to guard the truth. We cannot compromise the truth, knowing that we will all stand before the Lord someday on Judgement Day to give an account of ourselves and our ministry." The mission of the church stands to this day: "Knowing that God is a merciful, kind, gracious, and loving God who punishes and judges sin. He judged and punished His Son Jesus Christ, so that we may be reconciled in a relationship with God the Father, through faith in His Son, by the regeneration power and work and person of the Holy Spirit." This is our message and hope for all to come to know Jesus Christ as their Lord.

### **Notary Public ~ Helen Bergenty**

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"Happy Halloween"

TEA PARTY PATRIOTS

By Gene

The Patriot Group Tea Party meets every Tuesday from 5:00 - 6:00 on Queen Street in front of Starbucks, Rte. 10, Southington, CT Please join us!

### "WAKE UP AMERICA"

Does "Caliphate" mean convert or die?

It's not an earthquake. It is a stampede on you, feel the earth shaking? Who in the world is Jihad Pilot Adnan Shukeijumah? Who is he?

Also, be aware of the "Lame Duck" session between Nov. 4th and the new congress Jan. 3rd, 2015 - just like retiring Democrats passed Obamacare and they no longer had to worry about being held accountable to voters. R.I.N.O. Republicans in office will probably do the same thing to increase spending, collaborate on Amnesty and grab some pork barrel requests for themselves.

Be aware of the lame duck get together. Obama will have nothing to lose after

the November election. He'll almost certainly throw caution to the wind and legalize these 6 million illegals - unless we try to stop them in November and by granting amnesty, Obama will then fulfill his promise and encourage even more to come. Is he an amateur or a sly fox?

I don't care if you are a registered Republican, Democrat, Liberal, or Conservative Independent - any party affiliation. I hope you will VOTE based on your views on the issues and how the candidate's views are in line with your views. DON'T be a party line voter. Be a "wise" voter. This is your country, and "We the People" should be in charge.

**Agenda 21**, or the new term they are trying to incorporate (*sustainable development*). To call us "extremists" "fear Mongers", and "far right"---"it's time to call out the conspiracy theorists." This agenda is bad. It demands "politicians who spread information about Agenda 21 and its effects need to be shamed by other politicians, by editorial boards and other commentators and by the citizenry at large." These are pretty strong words. Apparently, they are getting desperate to stop us. Taken from the Patriot News (*copy*) a Grassroots newspaper. (*September Volume 5 Edition 11*)

Who is a more dangerous race-card hustler than Al Sharpton? Can it be cirEredloH? (Spelled backward)?

The Koran: "There is for you an excellent example to follow in Abraham and those with him, when they said to their people: "We are clear of you and of whatever ye worship besides Allah: we have rejected you and there has arisen, between us and you, enmity and hatred forever, unless ye believe in Allah and Him alone" *Qur'an 60:4* 

Don't think that offering a positive vision and new policies is the key to winning elections. Of course, sometimes, as in the midterms this fall, the Democrats have screwed us up so big that they are practically handing the Republicans a victory. Just don't count on it for 2014 and 2016. So get out and vote November 4th --RIGHT!

"In October 1917, we parted with the old world, rejecting it once and for all. We are moving toward a new world of Communism. We shall never return. And when the fruit is ripe it will fall" (Mikhail Gorbachev)

# Center Cafe

Check out the Center Cafe at
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### Living Healthy Chemical Free Donna Ziccardi Gross

### **Fruit Should Come From**



Nature... Not From A Chemical Lab

A couple weeks ago, Jeff and I made our weekly visit to Costco. Not only is it a very interesting

place, but they give out FREE samples too! Too bad I refuse to eat most of them. But I make sure I have my fun.

That week, a nice man was handing out FREE "Fruit By the Foot", Strawberry flavored, from none other than Betty Crocker, manufactured by the General, General Mills. People were lining up like Sheep to get their "fruit"....including Jeff. I do not know how "Betty" can get away with calling it "Fruit" when it looked like 12 inches of a plastic looking substance which reminded me of fly-paper, except it was pink in color and people were unquestioningly gobbling it down like it was manna.

I sauntered over to the table and picked up the colorful box it came in and read the ingredients. It was advertised as real fruit, good source of Vitamin C and naturally flavored. I started reading the ingredients: pears from concentrate. Concentrate is NOT fruit, it is sugar syrup that has been heated to the point where all the nutrients have been boiled out, plus, chemicals and artificial flavorings have to be added to make it palatable. You know, taste good.

Then I found listed sugar, maltodextrin, corn syrup and partially hydrogenated cottonseed oil. All Genetically Modified ingredients that can hardly be associated with "Fruit". The box said fortified with Vitamin C. Vitamin C was listed but in the form of Ascorbic Acid, which is an artificial form of vitamin C that does not come from food but is manufactured in a laboratory.

The rest of the genetically Modified ingredients in "Fruit by the Foot" are Citric Acid, Acetylated Monoglyceride, Sodium Citrate, Malic Acid, Xanthan Gum, Locust Bean Gum, Potassium Citrate, Natural Flavors and Color (Yellow 5, Red 40, Blue 1) Now I ask you...does this sound like fruit to you?

But the one ingredient listed that was so concerning it made Jeff promptly get out of line was carrageenan. Carrageenan comes from Red Seaweed and is found in many foods and beverages and especially dairy products such as milk, cottage cheese and milk substitutes. It is even found in infant formula, deli meats and cheeses. If you are a beer drinker, chances are you are drinking carrageenan. It is found in

many organic products so what is the problem, you might ask? The problem is carrageenan produces irritation and inflammation to the digestive tract. This triggers an immune response similar to salmonella. This immune response causes inflammation which can lead to ulcers and bleeding in the intestines. But what is more important, this inflammation is being connected to gastrointestinal cancer in lab rats, along with ulcerative colitis, intestinal lesions, colon cancer and other diseases like diabetes. It is also proven that inflammation is the root cause of heart disease, alzheimer's and Parkinson's Disease as well.

The World Health Organization's International Agency for Research on Cancer and the National Research Council of the United States both have determined that carrageenan is a carcinogen – a substance that causes cancer. And the FDA allows it in your food and drink. Why?

Carrageenan has no nutritional value, so why is it used? Well, first of all, it is cheap. But logistically it is used in liquid and beverage products to keep ingredients from separating. It is also added in foods like yogurt, chocolate, soymilk, and even ice cream to give the foods a thicker consistency and to make low-fat versions taste fuller.

Researchers have been linking carrageenan to gastro intestinal disease since the 1960's. If carrageenan is so dangerous why is it still being used? I don't know. Why don't you ask the FDA? The Cornacopia Institute has recently launched a Nation wide petition urging the FDA to ban it from our food supply. While organic foods ban the use of GMOs, chemical pesticides, and toxic synthetic additives, the program does allow carrageenan. The U.S. Department of Agriculture's National Organic Standards Board isn't set to vote on removing it from organics for four more years.

But you do not have to wait for government agencies to act in your best interest. YOU have the power. Please become informed. The law requires the listing of carrageenan in food, so please read your labels and avoid all food and beverages that contain carrageenan. So many informed consumers from coast to coast are refusing to by products containing carrageenan so much so that food manufacturers are falling all over themselves to remove it from their products. Companies like Stonyfield Farm, So Delicious, Eden Foods, and Oregon Ice Cream. Not because they care about you. But because they are feeling the hit in their "bottom line".

If they cared, they would not use it in the first place. As for "Fruit by the Foot"?.....Shame on you Betty! People want to Live Healthy Chemical Free.....my blog

Living healthy Chemical Free at www.livechemicalfree.blogspot. com. All comments are welcome!

# TIM HERBST'S 100 DAY REFORM PLAN: LEADING CT TO A BETTER FINANCIAL FUTURE BY EXAMPLE

Hartford, CT - Tim Herbst, Republican candidate for State Treasurer, presented his 100 Day Reform Plan for the Office of State Treasurer at the State Capitol Building. Tim's plan includes legislative, communication and administrative reforms that will make the State Treasurer more accountable to Connecticut residents and retirees.

"Connecticut is borrowing too much, spending too much and taxing too much," said Herbst. "I made the decision to run for state treasurer because I cannot sit back and watch the Denise Nappier and the Hartford bureaucrats kick the can - at the same time they spend what taxpayers cannot afford."

As the First Selectman of Trumbull, Tim Herbst has a proven record of reform. Tackling decades of mismanagement, Tim and his administration lowered taxes, secured the town's pension system, and improved financial ratings with S&P, Moody's and others.

"I started on day one as First Selectman, leading by example; refusing to accept a town pension, cutting my own salary and reducing my own office budget by 22 percent," said Herbst. "To emphasize and articulate the dire financial condition of our state's current pension system, I will begin by refusing the state employee pension as treasurer."

Tim plans to lead and advocate for every family in Connecticut as State Treasurer. With so much at stake for all Connecticut residents, especially retirees with state pensions, we cannot afford another 4 years of status quo.

Connecticut is paying the price for continued abuse and mismanagement - and Tim Herbst has a plan to dig us out of the hole we're in.



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### Healthy-Behaviors

By: Linda Coveney, Certified Health Coach, AADP

### What Scares You!

Is it monsters that hide under your bed or howling sounds of banshees during the Full Moon? How about those Halloween Trick or Treaters that might not be too happy if you run out of treats on October 31?

Fear is one of the Five Natural Emotions: Grief, Anger, Envy, Fear, and Love. These emotions have both positive and negative aspects. They can move a person to achieve goals or they can be destructive and cause a person to do things he/she may regret in the long run.

#### Here are some of the common fears people have:

-Claustrophobia -Flying -Public Speaking -Loneliness -Snakes and Spiders -Dying

-Heights

When we are afraid, our body reacts in a flight or fight manner. While opinions differ on the matter, they favor it not being possible to be frightened to death, despite the number of times our mothers reinforced this by saying, "you scared me to death". Good tactic to keep us in line.

Public speaking used to be one of my biggest fears. In school, I'd rather get a bad grade on a book report than spend one more minute in the front of the room. However, that didn't stop me from volunteering to bring in my accordion and treating the class to a few of my favorite tunes.

I remember the first time I had to give a presentation at work. I was actually hoping for a terrible disease to hit me that would prevent me from showing up. I had to pay the rent; but if I didn't, I might have just stayed home or quit my job—that's how bad it was. When there was no way out, I found that I didn't die, no one laughed, and with practice, public speaking became one of my favorite things to do. I know I'm not alone in this. According to many sources, many people prefer death to speaking in public. By facing my fears, it opened up my life to opportunities that might not have been available otherwise. I was also lucky to get some support of people who believed in me and attended courses to increase my confidence.

My wake up call for health was influenced by the fear of growing old and not having the energy and vitality to experience life fully. After putting in 60 - hour work weeks for decades, it just didn't seem fair that I might end up as an observer and not a participant in the rest of my life. Of course, as I made the changes in healthy diet and lifestyle, I had to face the fear of giving up the foods that I used as an emotional crutch. Taking a slow approach of adding in foods that I enjoyed and listening to what my body told me it really craved to feel and think better was the path that helped me achieve success.

How often do we want to make changes, but we hold ourselves back? Have you ever heard anyone say, "I'm afraid if I eat too many fruits and vegetables, I may get really fit and I'll become very happy – What will my friends think?" Yet, despite all the information that supports this change, we resist. Moving out of our comfort zone is not always easy, but it is possible with support and determination.

Health coaching and wellness workshops are designed not just to provide knowledge, but to address what really is getting in the way of you taking the positive steps to achieve your healthy, happy life.

So what scares you about changing your diet or making lifestyle changes that support good health? Fear is a survival mechanism when there is a threat of pain or danger. It is only harmful when it paralyzes you and causes inaction. Instead of getting paralyzed, conquer your fears and use them to push you beyond your limits. Using this emotion can awaken hidden resources you didn't even know were there. Find the support you need to help you in this quest.

In addition to her own business, Healthy-Behaviors, Linda also teaches at the Vital Life Center in Plainville. On November 15, 2014, she will be facilitating a workshop at Vital Life Center on Greens, Goals and Groceries for Brighter Health. This first Eating for Energy and Vitality workshop will cover the importance of eating your greens and how to save your hard earned greens in the process. Additionally, you will have a chance to explore what is getting in your in the way of making important shifts so you can have the life that you deserve.

Linda can help deliver organizational wellness and individual and team development programs that deliver results for both the employer and employee. You can reach her through www.healthy-behaviors.com or lindacoveney@healthy-behaviors.com.

Let her know what topics you would like to hear about in our next edition.



Linda Coveney is an AADP Certified Health Coach who

provides one-one coaching and group wellness programs.

Her advice and articles are not meant to replace a one-onone relationship with a qualified health care professional, and they are not intended as medical advice. You can reach her through www.healthy-behaviors.com or lindacoveney@ healthy-behaviors.com.

Winter is around the corner~Check with your Doctor about a Flu Shot!!!



### "I.T. Jim's" . . . .

### Fall 2014 Smartphone Guide

It seems as though every year about this time Apple fires up the smartphone world. In today's market, all of the best phones have very similar features.

Here is a brief summary of the latest models with a focus on what differentiates them from the competition.

Apple introduced two new phones in September with the iPhone 6 and iPhone 6+. The iPhone 6 sports a 4.7" display while the iPhone 6+ screen is 5.5". Compare that to the 4" display of last year's model and you have larger and higher quality display that finally catches up with those of the current array of Android and Microsoft based phones.

As usual Apple upgraded the hardware and improved the cameras with great new features. They also caught up with Android phones and included Near Field Communication (NFC) which, along with their fingerprint security allows users to make purchases at stores simply by touching your phone to the payment terminal. With this they also introduced Apple Pay which is a system for making credit card payments.

The new iPhones also include an operating system update that adds a bunch of new features including health and fitness apps, new functionality for Siri, updated iCloud functionality, and alternative keyboards (Look out for the Swiftkey keyboard) The good news is that iOS8 is compatible with iPhone 4s, 5, 5s, and 5c as well as iPad 2, Retina (3), Air (4), and Mini (with Retina display). The iPhone 6 starts at \$199 with contract, the 6+ starts at \$299 with contract. Both are available on all of the major carriers.

#### There are a wide variety of Android devices available this fall. Here are the best of the batch:

The HTC One M8 came out earlier in 2014, but is still among the best available Android smartphones out there. It has a 5" screen and has a sturdy metal frame. The screen is extremely sharp, the cameras are high quality and loaded with cool features. My favorite feature of the One M8 is the front facing speakers. Most phones have speakers on the back or bottom. The HTC One M8 starts at \$200 and is available on all of the major carriers.

The Motorola Moto X (2014) should be available on all carriers except Sprint by the time this article is published. Early reviews say that this device with its 5.2" screen is one of the best phones out there. It has all of the best features of the other phones mentioned here. With AT&T and Verizon, these phones should be customizable. You can choose the appearance of the back cover as well as the color of the trim pieces. The best part is that this phone is expected to start at \$99 on contract.

The LG G3 is another premier smartphone. It has an incredible 5.5" screen, probably it's best feature. A major differentiator is that the physical buttons are on the back of the phone below the camera. It has a plastic case with a "brushed metal" appearance and is comfortable in the hand. The G3 is \$200 on contract and is available on all of the major carriers.

Don't be too quick to dismiss Windows Phones. They have excellent full featured smart phones that are easy to use. Its only drawback is that is lacks a good number of apps that are available on Android and iPhone. There are a couple of really good Windows Phones out there.

HTC One M8 for Windows is newly released and packs all of the same performance and quality of the Android version in the same metal frame. It's worth a look at \$149 and should be available on all major carriers.

The Nokia Lumia Windows Phones are all really good. The models and choices vary among the different carriers but they all sport fantastic camera and perform well with Windows Phone. They typically are available for free up to \$200 under contract with all carriers except Verizon.

If you have any questions about this article or have suggestions for future articles please email me at jim.phc@gmail.com

### Wheeler to Host Informational Session for **Prospective Foster Parents**

October 14, 3-5 p.m., 88 East Street, Plainville, CT

Wheeler Clinic will offer an informational session for prospective foster parents on October 14 at 88 East Street, Plainville, CT from 3:00 p.m. to 5:00 p.m. This no-obligation event provides information about Wheeler's foster care program. Mature adults who are single or married, working or at home, are encouraged to become foster parents. Those who are interested can stop by the session to learn about foster care without making a commitment of any kind. Wheeler's team of experts coordinates services for youth from diverse backgrounds with the goal of providing a nurturing home and a structured environment. Families are part of a team of professionals and are provided with financial support and training to ensure they are well-equipped to meet the needs of youth in their care. About Wheeler Clinic's Foster Care Program

Wheeler Clinic's Foster Care program, funded by the Department of Children and Families, provides 24-hour support to families and youth. The lives of these youth have been disrupted for reasons including neglect, abuse and abandonment. Wheeler Clinic's program provides a higher level of care and resources, including supports to meet their needs and help them heal from trauma. For information, call 860.793.7277, or email FosterCarePrograms@Wheelerclinic.org.

#### Letter to the Editor....

Joseph (Joe) Pugliese served as Plainville's State Representative for four terms between 1969 and 1979. He was as proud of this service for Plainville as he was of his military service in WW2 or any other aspect of his life. He would be extremely proud that his niece by marriage, Kathy Pugliese, is running for the very seat that he held because Kathy is known for her dedicated service to the entire town.

With the passing of each member of the greatest generation we lose an understanding of our past and who we are as a people. Like a person with dementia our society is forgetting the reasons why we live as we do. Society is drifting away from trusted values because our collective memories are fading.

The secret to Joe's political success as Plainville's State Representative is that he knew that he worked for all of the people. He did not judge an idea by the political party of the introducer or by how much campaign funds the party bosses could funnel into his campaign. He believed that a good idea should be supported. He said "When a politician consistently votes along party lines they work for the party leadership and not the people." Joe believed that no one party has all of the good ideas and some of the best ideas are by people who are not affiliated with a political party. People responded by returning him to office and by the warm reception that he received throughout the town.

Joe was a proud member of the Greatest Generation. His khaki army pants were worn thin by the time he put them away. He believed people could accomplish great things when we come together and he drew on this throughout his career. His efforts helped to make Colebrook Flood Control Project a reality as well as the purchase of Paderewski Park, converting the old police station into a senior center and he saw the interstate come through town as a member of the House transportation Committee.

We remember standing with him near the Nike missile site on Pinnacle Rock and looking across Plainville toward Redstone Hill. The Nike site was being proposed as the site for the new Tunxis Community College. We could hear the motors from Tinty's Race track give sound to the colors of the sunset. He spoke of how the hard wood trees were cleared from the Trumbull farm below us and of the fire wood given away to the town's people in the depths of the depression. Joe clearly believed in the lessons of community before party. This is a legacy of the greatest generation and should not be allowed to be forgotten because it would have to be relearned.

Values that Joe exemplified, those of the greatest generation should be remembered and shared because Plainville is a creation in progress and everyone contributes to the shape of its future. We ask you to honor Joe's service to Plainville by supporting Kathy Pugliese as the next State Representative for the 22nd District. We are confident Kathy will continue to work for the best interest of all, very much as our Dad did during his service as State Representative. Sincerely, Joe, Tom & Allan Pugliese

### Meet the Candidate..... The last trip around town

I've spent the last 3 weekends walking the streets of Plainville and it has left me with confidence that this effort isn't the long-shot many may believe it is. By the time of this publication, I will have covered over 50% of the streets in town and gotten pamphlets to around 1,000 homes. I look forward to finishing up the rest of the district over the month of October, and invite you to visit my website www. rickbroderick22ct.com for the neighborhoods I still have left to visit, and when I plan on being in those areas.

I continue to find that no matter the party affiliation, the disappointment and frustration with the management of the people's money by our leaders isn't exclusive to any one group. The desire to see our government operate in a more efficient manner is shared by all and I hope to continue the effort to show that I would be the candidate to stand up for those ideas.

Term Limits, honest budgets that don't take tax money from one designated fund and use it to fund our deficits, and transparency of the public/private partnerships, our 3 key elements to my platform. Visit www.rickbroderick22ct. com for more details about what these views entail.

Thank you to The Plainville Hometown Connection for giving me this opportunity to write in their publication over the last 4 months.

**Rick Broderick II Unaffiliated Candidate 22nd State Rep.** 



### **Young at Heart** Sr. Center News

#### **AARP DRIVER SAFETY**

An AARP Driver Safety Class will be held at the Plainville Senior Center, 200 East Street, on Tuesday, October 21 from 9:30 a.m.-1:30 p.m.

This course covers the effects of aging and medication on driving, local hazards, accident prevention measures and more. Films and discussions will be presented and a driver's manual provided. No written test required. Upon completion of the course, an insurance company must give a discount of at least 5% on auto insurance.

The cost for the class is \$15.00 for AARP members, providing a membership number and \$20.00 for other attendees. Please bring a bag lunch if you wish. Registration has begun.

#### FREE BLOOD PRESSURE CLINIC AT PLAINVILLE SENIOR CENTER

Walk-in Blood Pressure Clinics scheduled at the Plainville Senior Center, 200 East Street, October 9th from 1:00-2:00 p.m. and October 27th from 1:00-1:30p.m. The October 27th Blood Pressure Clinics will be conducted by the Senior Centers APRN, Georgia Sterpka. The October 9th Blood Pressure Clinic will be sponsored by Central Connecticut Senior Health Services. No appointment is necessary.

#### SENIOR CENTER BAND JAM

The Plainville Senior Center, 200 East Street has a live band every Thursday from 2:30-4:30 p.m. Come down and dance or just sit back and enjoy the music. The band plays all of the favorite standard classics and more. Call the Senior Center, 860-747-5728, for more information.

#### HOLIDAY CRAFT FAIR

The annual Holiday Craft fair will be held at the Senior Center on Saturday, November 1st from 10:00 a.m. – 3:00 p.m. Come down to the Senior Center to see an abundance of crafts, outside vendors, raffles, Grandma's Cookie House and a bake sale. Check out our Center Café which will be serving soup, hot dogs

We are looking for volunteers to help us with several different things leading up to the craft fair. Volunteers are needed to help sell tickets for our quilt raffle at different locations during the month of October. We also need a variety of baked goods for our bake sale. Feel free to bring items for the bake sale on October 31st or before 10:00 a.m. on November 1st or come join other members of the Senior Center on October 31st at 9:00a.m to bake a variety of goodies

We are still accepting craft vendor applications. Vendor space is \$35.00; contact the Senior Center for an application. Donations of nonperishable food items are now being accepted for the fair's Food Raffle, as well as hand-made craft items.

#### FREE HOLIDAY CARD WORKSHOP

Join us and our very own volunteer member Diane Sperry to learn how to create your own personalized holiday cards using simple materials. Samples are on display in the Senior Center showcase. Space is limited to 15 students and Senior Center members only. Sign-up will begin on October 2. Call the Senior Center for more information.

#### BE A GRANDPARENT HOUDINI

Learn to perform some magic tricks and wow the kids during the holidays! You'll learn 4 easy magic tricks and get to take home a magic wand. This class is instructed by Tom O'Brien who has been delighting audiences with his unique blend of magic and comedy for the past 20 years. Come enjoy this free program that is sure to make you a hit with the grandkids! Signup begins, October 2.

#### RAGTIME THE MUSICAL TRIP

On Sunday, November 2nd, 2014 the Senior Center will be going to the Warner Theater in Torrington, CT to see the widely proclaimed musical, Ragtime. This sweeping portrait of early 20th century America tells the story of three seemingly unconnected families and how they wind their way through uppermiddle class New Rochelle to Harlem and Tin Pan Alley to the immigrant melting pot of Lower East Side. Colorful characters, Tony-winning musical scores, and heart wrenching lyrics make this musical an unforgettable experience for all. This trip is open

to the public and also includes a preshow luncheon at La Cupola Ristorante in Litchfield, CT with includes salad, pasta, vegetables, dessert, coffee and a choice of Chicken Marsala or Tilapia Piccatta. Cost for the trip is \$85.00 per person. The bus will depart from the Plainville Senior Center at 8:00 a.m. and return at approximately 5:30 p.m. Call the Senior Center for more information or stop by Monday thru Friday 9:15-12:00 p.m. to sign-up.

#### SOFT CHEESE MAKING CLASS

On Wednesday, October 22nd at 2:00 p.m. the Plainville Senior Center will be offering a soft cheese making workshop. Instructor Rosemary Aldridge will show you how easy it is to make your own soft cheese. You will make lemon-herb spread, a camembert style, and mozzarella. All supplies will be provided. The cost of this class is \$6.00 and is limited to 6 senior center members only. Sign-up begins Tuesday, October 7th between 9:15 a.m. and 4:00 p.m. at the Senior Center. GODIVA CHOCOLATE RAFFLE

The Plainville Senior Center is holding a Godiva Chocolate Raffle. The 36-piece assorted gold chocolate box is filled with an irresistible assortment of fine Godiva Belgian chocolates. Inside you will find luscious pralines, velvety ganaches, creamy caramels, and delicious nuts and fruits in milk, dark, and white chocolate. This box which retails for \$50.00 is being raffled off on Thursday, October 23rd at 3:30 p.m. Come down to the Senior Center to purchase tickets at \$1.00 each. All proceeds will benefit Dial-A-Ride

Call the Senior Center for more information (860)747-

#### METABOLIC SYNDROME PROGRAM

Has your doctor told you that you may be at risk for heart disease, stroke or diabetes? Metabolic syndrome is a cluster of conditions including high blood sugar, excess body fat, and increased blood pressure. Come to the Senior Center on Thursday, October 9th at 11:00 a.m. to see the informational program "Are You at Risk for Metabolic Syndrome: Heart Disease, Stoke or Diabetes" lead by diabetes educator Miles Everett, RN, RD. Sign-up for this free event begins on October, 2nd; call the Senior Center for more information.

### **AARP Releases Nonpartisan Voter Guides**

Voters Can View State and Federal Candidates Own Words on Issues Related to Financial Security, Caregiving and More

- Today the nonpartisan AARP released voter guides featuring positions from Congressional, Gubernatorial and state legislative candidates – in their own words – on critical issues including Social Security, Medicare, financial security, caregiving and affordable utilities. Voters of all ages may view the voter guides at www.aarp.org/yourvote.

"AARP wants to make sure our members and all voters know what the candidates are saying - and not saying – about key issues that matter to them and their families," said AARP State Director, Nora Duncan. "Our nonpartisan voter guides help voters cut through the political clutter and pressure candidates to share their views on issues critical to older adults and their families before Election Day.

AARP's federal guide poses three questions on Social Security, Medicare, and Financial Security to candidates in all 471 federal races:

How would you protect Social Security for today's seniors and strengthen it for future

generations?

- How would you put Medicare on stronger financial ground and protect today's seniors and future retirees from the burden of rising health costs?
- How would you help Americans save so they can secure their future and live independently as they

The responses, which appear alongside AARP principles on each issue, consist of publicly available information and excerpts from candidate campaign sources. Voters can enter their address to see responses from general election candidates in their specific races for seats in the Senate and the House of Representatives. Visitors to www.aarp.org/yourvote can also contact the campaigns with their comments or questions and find out where they can vote in their

In Connecticut, voter guides are also available for the gubernatorial and other state legislative races. Questions pertain to state issues that matter to older residents including caregiving, financial security, affordable utilities and reliable telecommunications. An index of all races across the nation in AARP's voter guides is located here.

The nonpartisan AARP does not support, oppose, or contribute to any candidates for elected office.

AARP is a nonprofit, nonpartisan organization, with a membership of nearly 38 million, that helps people turn their goals and dreams into real possibilities, strengthens communities and fights for the issues that matter most to families such as healthcare, employment and income security, retirement planning, affordable utilities and protection from financial abuse. We advocate for individuals in the marketplace by selecting products and services of high quality and value to carry the AARP name as well as help our members obtain discounts on a wide range of products, travel, and services. A trusted source for lifestyle tips, news and educational information, AARP produces AARP The Magazine, the world's largest circulation magazine; AARP Bulletin; www.aarp.org; AARP TV & Radio; AARP Books; and AARP en Español, a Spanishlanguage website addressing the interests and needs of Hispanics. AARP does not endorse candidates for public office or make contributions to political campaigns or candidates. The AARP Foundation is an affiliated charity that provides security, protection, and empowerment to older persons in need with support from thousands of volunteers, donors, and sponsors. AARP has staffed offices in all 50 states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands. Learn more at www.aarp.org.



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Another very successful golf outing ~ Many thanks to Kevin DiMinno for the photos. Great day of golfing, food and raffle prizes for the benefit of the Chamber scholarship program.



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**Berarducci Realtors** is celebrating their 10 year anniversary in their NEW location at 36 Whiting Street in Plainville! We are all so excited to be in downtown Plainville! This move will allow us more space and better exposure in order to continue to grow.

Berarducci Realtors, LLC was founded by Rebecca Berarducci in October of 2004. Being disenchanted with a few other companies she worked for, she opened her company at her dining room table. Soon, a few other agents came to work for her, and they needed some real office space! They found a small office space on the 2nd floor at 49 Broad Street, but soon outgrew that as well. A larger, first floor office came available on Pine Street in Plainville, where they ran the business for almost 7 years. Now at 36 Whiting Street, they feel they have settled into a place where they can stay! Berarducci Realtors, LLC has continually grown into the busy company that it is today. The Company motto, "Where Integrity Matters" is the foundation of what she builds upon. (Agents must believe and apply that motto both professionally and personally in order to work at Berarducci Realtors.) Her philosophy is paying off.

The group of 12 Realtors (now with room for more) are unsurpassed in their love of the business. It shows in their dedication to their clients. It shows in their caring and in their professionalism. "Put any one of my Realtors to work for you, whether buying or selling, and you will see for yourself" said Berarducci. "I am so very proud to have such a wonderful group to work with every day; we are like a big happy family."

Stop in and say hi and share in our excitement of our new location! And, of course, if you are in the need of any real estate assistance, we are happy to oblige!

By the way, a HUGE thank you to GLENN PETIT for helping us make a smooth transition to 36 Whiting Street!



Lisa Torres



Susan Cassile



Danielle Livorsi

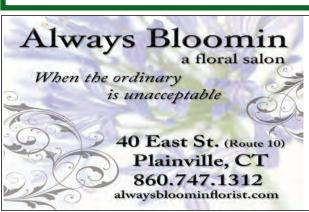


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This page will appear monthly in partnership between The Hometown Connection and the Plainville Chamber of Commerce.

For more information on the Plainville Chamber of Commerce, please contact the Chamber office at 1 Central Square or Phone 860-747-6867.

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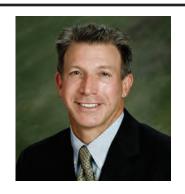




This article brought to you in the interest of better....

# Dental Health

by: David R. Edelson, D.M.D.



First reported more than 200 years ago, dental erosion still continues to be a major concern for dentists and consumers. Twenty decades ago, studies reported dental erosion occurred because of industrial hazards, specifically when workers were exposed to acidic aerosols. In recent years, everyday foods and drinks such as lemons, pickles, sodas and sugary, starchy goods have been associated with tooth erosion. People now also need to be aware of another danger that causes permanent and severe loss of tooth structure, acid refluxinduced erosion, a condition that occurs when stomach contents reflux into the mouth, according to a study that appeared in the March/April 2009 issue of General Dentistry, the Academy of General Dentistry's (AGD) clinical, peer-reviewed journal.

According to the U.S. Department of Health and Human Services, more than seven million people suffer from severe acid reflux. However, patients often are not aware of the damage that reflux-induced erosion has caused to their teeth until it has reached an advanced stage of destruction.

The potential of hydrogen, or pH, is a standard way to measure the acidity of a substance. It is measured on a scale of 0 to 14. A lower pH means that a solution contains more acid. The higher the pH, the more alkaline (or non-acidic) the solution.

Dental enamel begins to dissolve at a pH of 5.5. Because stomach acid has an extremely low pH of 2.0, it has the potential to cause significant chemical erosion.

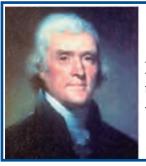
Certain foods, beverages and habits are known to cause acid reflux and as preventive measure, individuals should be aware of the products they consume. Spicy, fatty, fried foods, citric fruits and beverages and dairy products can lead to acid reflux.

In addition to taking the steps necessary to establish a healthier eating lifestyle when visiting a general dentist, it's important to make him or her aware of any medical conditions and medical history in general.

In some cases, other medical conditions, not directly related to your oral health, may be the cause for problems associated in the mouth. Treating refluxinduced erosion without treating and preventing the medical condition that causes the erosion may only lead to more severe problems for your oral health in the future.

#### If Acid Reflux-Induced Erosion is Diagnosed:

- Avoid eating acidic foods and foods that can cause acid reflux (tomatoes, citric fruits, spicy & fried foods, fatty meats, dairy, chocolate and caffeine are all culprits)
- Avoid brushing for 60 minutes after reflux episodes
- Rinse mouth with water after reflux episodes
- Take a sugar-free antacid and let it dissolve in the mouth
- Chew xylitol gum or other sugarless gums, lozenges or candies



### **Thomas Jefferson's Corner**

Friendship is but another name for an alliance with the follies and the misfortunes of others. Our own share of miseries is sufficient: why enter then as volunteers into those of another?

Thomas Jefferson

To submit pictures and stories that you would like to share with our Readers:

E-Mail to: hmtnn@comcast.net

or Mail to:

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## HALLOWEEN PARTY





Magician **Chick Kelman** Beginning at 4:00 PM

**COSTUME JUDGING** FOR PRE SCHOOLERS THROUGH GRADES 5 **BEGINNING AT 4:15 P.M.** 

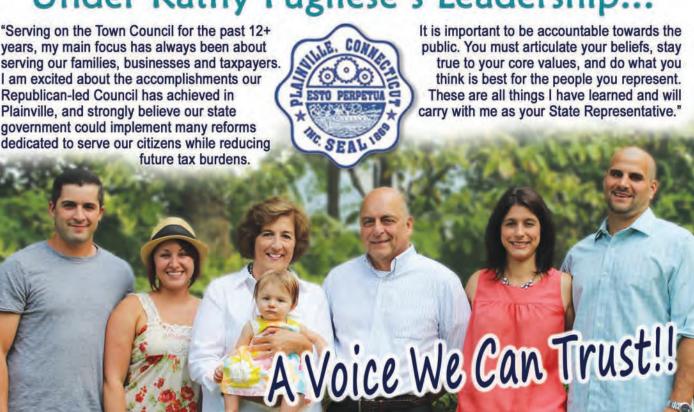
Refreshments will be served after judging.

Party will end with a PARADE led by musicians from the Middle School at **Approx. 5:00 P.M.** 



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Q. How much will the final cost be to demolish the old Linden Street School?

A. The 2 Million cost is both a State Grant and the Town of Plainville both will be bonded. Final cost will depend on how much interest will be charged.

Q. Another month and I still don't have any questions for you because I know "ALL THE ANSWERS" Just wanted to say Hi!!

To submit questions: Call 860-747-4119, E-mail hmtnn@aol.com, write to Hometown Connection, 27 Sherman St, Plainville, CT 06062 or drop them at the office.

Deadline for submitting questions is the 15th of each month. Thank you for the above questions. Keep them coming!!

To the person that knows all the answers please let me know who you are, in case I need help!

### "Have a Fun & Safe Halloween" Thanks, Bill Brayne

### Michalik: Investments in Career Training and Holding the Line on Taxes and Spending are Key to Job Growth

Senate Candidate Eyes New Job Numbers and Acknowledges More Work Needs to be Done

State Senate candidate Rob Michalik released the following statement

"Though the private sector grew jobs for the seventh consecutive month and unemployment remained unchanged, Connecticut's economy actually shed 3,600 non-farm jobs in August. These numbers are disappointing, to say the least. We have to do better.

To me, there can be no sustainable recovery from the latest downturn in the economy unless we strengthen our middle class. That requires creating more good-paying jobs. When I am in the Senate, I'll use my experience in economic development to fight to hold the line on spending and taxes, reduce the regulatory burden on businesses, and make higher education and job training more affordable. With finite resources and some tough decisions ahead, it won't be easy, but I am confident that we can position Connecticut for strong economic growth and job creation once again."

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27 EAST STREET (RT 10)

PLAINVILLE, CT 06062

TEL: 860-793-0060 FAX: 860-793-8634 There is a New Priest in Town.....

The Rev. Dr. William Hardwick has been serving as Missional Priest at Church of Our Saviour for the past month. He is one of a handful of clergy in the Episcopal Diocese of Connecticut with this title.

According to Hardwick, "missional priest" is a term being used in the Episcopal Church in Connecticut to describe someone called by a parish to help it find new life and vitality. The Task of a Missional priest is to assist a congregation to re-imagine and re-engage its mission of restoration and reconciliation in new and life-giving ways.

The Church of Our Saviour has been a fixture in the Plainville community since 1860. It is part of the Episcopal Church in Connecticut, a consortium of 168 parishes under the leadership of Bishops Ian Douglas, James Curry and Laura Aherns. Also known as the Episcopal Diocese of Connecticut, it is one of over 100 domestic and overseas dioceses

( a geographic areas) in The Episcopal Church of the United States.

Dr. Hardwick states that he is both excited and challenged by his new position. "The members of the Church of Our Saviour are a committed and engaged community of people who are eager to move into the future in innovative and creative ways," he said recently. "I look forward to helping the church expand its outreach to the local community, extending God's love to all."

The Vestry (the church Board of Directors) has adopted the goal of making Church of Our Saviour more visible in the Plainville area. It is planning several activities in the next few months to which the public is invited. Upcoming events include a five week course beginning Thursday, September 18 entitled "Embracing An Alternate Orthodoxy (featuring video by the Rev Richard Rohr, OFM), the Blessing of Animals on Sunday October 5 and Octoberfest on Friday October 17. More information is available at the church office.

Dr. Hardwick has served parishes in Connecticut and California for over twenty years. Previously he taught Theology in high schools and colleges in New York, Iowa, Wisconsin and California. His academic interests include Scripture, Liturgy and Spirituality.

He enthusiastically said, "Everyone is invited to join us for worship on Sundays at 10:00 AM. Whoever you are and wherever you are on your spiritual journey, you are always welcome at Church of Our Saviour."

Church of Our Saviour is located at 115 West Main Street in Plainville.

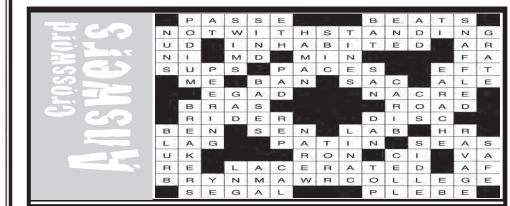
### Bill Hardwick+ Missional Priest, Church of Our Saviour

Upcoming events include a five week course that began Thursday, September 18th entitled "Embracing An Alternate Orthodoxy (featuring video by the Rev Richard Rohr, OFM). Each session will begin at 6:00pm and end by 7:30. Registration can be done by contacting the church office at 860-747-3109. A participants workbook is required at a cost of \$12.00 each and a light supper will be available at cost

The Blessing of the Animals in honor of Saint Francis of Assisi will be on Sunday October 5th during the regular Sunday Worship Service at 10:00am. "All things bright and beautiful, all creatures great and small. All things wise and wonderful, the good Lord made them all.\*" So bring your pet/companions to be honored and blessed.\*from the 1982 Episcopal Hymnal with words by Cecil Frances Alexander (1818--1995)

Our complete church directory is on page 37.

Laurie Barnhart
Parish Administrator
Church of Our Saviour-Episcopal
115 West Main St.
Plainville, CT 06062
860-747-3109=heb0522@comcast.net



#### **Tim HERBST:**

### Nappier's Priorities are Out of Balance

The Herbst Headquarters was flooded with phone calls and emails from people who received a push poll asking very offensive and convoluted questions about the State Treasurer's race.

"How can a campaign ignore the media, dodge debate requests and avoid the public, but can find the time to organize and execute such abhorrent and toxic political activities," said Tim Herbst, Republican candidate for State Treasurer.

Meanwhile, incumbent State Treasurer Denise Nappier refuses to debate the issues and defend her failed record to Connecticut residents and state teachers and retirees.

"What's most disturbing is that she is using taxpayer dollars to employ shady political tactics to run a smear campaign, including attacks against my own mother, but she refuses to address me in public to defend her failed record and talk about the issues," said Herbst.

"An \$80 billion unfunded pension liability, a pension fund that analysts say will be bankrupt by 2019, and a leading CPA saying that Connecticut is in worse financial state than Detroit," said Herbst. "These are the issues she should be addressing."

"I think voters are tired of politics as usual in Hartford, and these are exactly the kind of tactics they've had enough of," said Herbst. "The polls show voters believe Connecticut is headed down the wrong track and as an executive officer of the state, she has been part of the problem in Hartford."

"It's clear she doesn't want to defend her record, and she doesn't have the fortitude to meet me in public debate, so she is going to engage in back room political games because it's all she knows," concluded Herbst.

The push poll was conducted by a firm called Goodwin Simon Strategic Research, a paid consulting firm out of California, who touts their left-leaning client list, which includes Connecticut Senate Democrats and State Treasurer.

These paid calls were being made from a paid phone bank using a New Haven phone extension. Callers asked a series of questions, many times referring to the current State Treasurer as "Dennis" as opposed to "Denise," showing immediately their lack of connection to the state or the race directly.

As the push poll continued, the questions became inappropriate and misleading. One question implying that voters' opinions of Tim Herbst's mother, who serves her community as the unanimously elected chair of the Board of Education, would affect their vote in November.

Tim Herbst has served as Trumbull's First Selectman since 2009 and has worked tirelessly since his first day in public office to lower taxes, address an unfunded pension, as well as cut his own salary and refuse a town pension to get the town finances back on track. He leads by example, and was raised by two hard-working teachers who instilled in him the value of being a honest steward of his community.

To Submit
Class Reunion
Announcements or
Pictures of Your
Reunion

Email to: hmtnn@comcast.

net
Mail to:

Hometown Connection 27 Sherman St., Plainville

### **OCTOBER BIRTHDAYS**

"HAPPY & HEALTHY BIRTHDAY TO ALL!"

3RD SUSAN MCLAUGHLIN 5TH KAREN JEANNE MORRIS

7TH ANDREA SAUNDERS

8TH JACKIE CIANCHETTI

SARA ZDUNCZYK 10TH ART SCREEN

11TH ROBERT (BOB) DEBLOIS

13TH CHRISTINA TUFTS

17TH JOANNE BOUTWELL 18TH SOPHIE MILLER

21ST LAURA SYCZ

22ND ROBERT BERUBE

24TH JOHN HAMM

25TH RYAN KLAPPRODT

26TH SUSAM ABRAM

28TH JUSTIN ABRAM 30TH DAVE LAURIE

OIII DAVE LAURIE

TO SUBMIT BIRTHDAY, ANNIVERSARY, ENGAGEMENT OR WEDDING ANNOUNCEMENTS

E-MAIL TO: HMTNN@COMCAST.NET OR MAIL TO: HOMETOWN CONNECTION 27 SHERMAN STREET, PLAINVILLE, CT

Everyone that calls in

always asks this question "What is the cost?"

Believe it or not it is Free.

FOR BIRTHDAYS CALL: 860-747-4119

AND LEAVE THE MESSAGE ON THE ANSWER MACHINE, PLEASE SPELL THE NAMES.

You may also bring your announcements to the office, if we are not in, there is a drop off box on the porch.

Deadline 15TH OF EACH MONTH

### "THANK YOU"

PS: If you want to announce your own Birthday and/or Anniversary, just call....

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your Tag Sale, please help keep
Plainville clean.
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860-747-4119 Ask for Janice

Coming to Town Watch for it at The Red Zone West Main Street

# TASTE BUZZ...... <u>Turkey Soup</u>

1 cup diced cooked turkey

3 cups of turkey broth

1/4 cup butter

1/2 cup chopped onion

1 teaspoon curry powder

1 cup diced potatoes

1 cup diced carrots

1/2 cup diced celery

1 cup string beans

1 tablespoon minced parsley

2 cups cream

2 tablespoons flour

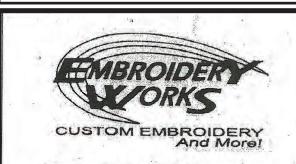
Melt the butter in a casserole on top of the stove and cook the onion until it is transparent. Stir in the curry powder and cook a minute longer.

Stir in the potatoes, carrots, celery, and broth and bring to boil. Transfer to 350 degree oven and bake 10 to 15 minutes.

Stir in string beans, turkey and parsley and continue baking about 15 minutes.

Combine cream and flour and stir until well blended.

You can substitute with Chicken Submitted by Avis Flanders



Plainville, CT 06062
Next to Pagliacci's
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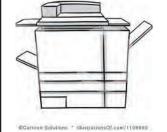
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### From the Desk of....

### THOMAS A. WURZ, **ESQUIRE**

### FAMILY VIOLENCE IN CONNECTICUT

There has been a media explosion in the past few weeks regarding NFL players involved in domestic abuse and child abuse cases. These incidents have put the NFL under the microscope for not only their policies, but also for what are their true priorities. Here in Connecticut the legislature has been quite active since the mid-1980's defining and reshaping family violence law. Given today's climate, I thought a review of the Nutmeg state's law would be appropriate.

Connecticut law defines "family violence" as an incident between family or household members that either causes physical injury or creates fear that physical injury is about to occur. Verbal abuse or argument is not considered family violence unless there is present danger and the likelihood that physical violence will occur. The discipline of minor children by parents or guardians is not considered family violence unless abuse occurs.

Family violence is not a separate criminal offense. Crimes that may be charged as a family violence offense include assault, kidnapping, and sexual assault. Those who engage in violence against a spouse or family member can be charged with a misdemeanor or a felony depending on the facts of the case. "Family or household members" are spouses, former spouses, parents and their children; people age 18 or older related by blood or marriage; people age 16 or older either living together or who have lived together; people who have a child together whether or not they are or have been married or have lived together; and people in, or who were recently in, a dating relationship (CGS § 46b-38a).

There is a Pretrial Family Violence Education program for people who are charged with family violence crimes. A defendant can ask the court to place him or her in the program. If placed in the program, the defendant is released to the custody of a family violence intervention unit for up to two years under such condition as the court orders. If the defendant successfully completes the program, the charges will be dismissed. If the defendant violates the program's conditions, he or she will be brought to trial. In order to qualify for the program the following conditions must be present.

1. The crime charged must not be more serious than a misdemeanor, or if there is good cause, a class D felony. For example, anyone charged with first-degree assault or risk of injury to a minor is ineligible.

- 2. The defendant must not have previously participated in the program.
- 3. The defendant must not have been convicted of, or accepted accelerated rehabilitation for, a family violence crime committed after October 1, 1986.
- 4. The court must notify the victim of the defendant's request for the program and, if possible, give the victim an opportunity to be heard. The defendant must, if he or she is able, pay a \$200 fee to the court to participate in the program

For further reading, the information contained in this article was presented in the OLR Research Report dated October 2, 2009. Certainly as time passes the law and requirements of the family violence diversionary program will be altered. So, stay tuned for future articles regarding this topic or be sure to contact a licensed attorney if this topic pertains to you.



#### **Attorney Thomas A. Wurz**

is an associate of his father Attorney Theodore J. Wurz, LLC in the law office of Attorney Richard Witt at 132 East Street. Attorney Wurz is a graduate of Avon Old Farms School in 2001, Providence College in May 2005 on the Dean's list and Juris Doctor Program at Western New England College School of Lawin May 2009. He was admitted to the Connecticut Bar and U.S. Federal Court in 2010. His activities and interests are Secretary of Sports Entertainment Law Club at WNEC and is a Special Olympics



### **AN OPEN HOUSE!!**

SEE PAGE 35 FOR MORE INFORMATION





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### PLAINVILLE HAPPENINGS AROUND TOWN....

# **American Legion Post**



Lou Mandeville, Financial Agent for American Legion Post 33 baseball in Plainville, CT is presented with a \$1,000.00 check from Garth Herrick. Mr. Herrick is the Permittee at Post 33. Post 33 has sponsored Legion Baseball for nearly 50 years!

For more information on this subject, you may contact Garth Herrick at Post 33 after 11: AM. Their phone number is 860-747-9074.

#### CROSS STATE BIKE RIDERS STOP IN PLAINVILLE

For the last two years the FVTC has sponsored a ride bisecting the state on the Farmington Canal Heritage Trail to bring attention to the two remaining gaps in the trail that encompass part of Cheshire and all of Plainville. The ride was a repeat of



another in June 2013, when then Commissioner of CT Department of Energy and Environmental Protection, Dan Esty rode with the group and said he hoped to be back in a year to announce progress made on closing this gap. In his place, Bruce Donald, president of Farmington Valley Trails Council and chairman of the CT Greenways Council lauded progress in Cheshire and

Farmington, and pledged the full effort of the FVTC to fill the gap in Southington and Plainville. He acknowledged that it is, by far, the most challenging part of the 80 mile trail that will run from New Haven to Northampton, MA, and will likely result in unique solutions that will make Plainville one of the more intriguing sections to use.

"We want to be known as the town that filled the last gap in the Farmington Canal Heritage Trail" said Plainville Town Council Chair, Kathy Pugliese. "Let us know what we can do to help make this happen" added Scott Saunders, Council Vice-Chair. The 30 riders who were gathered today for a rest break on their ride from New Haven to Southwick, MA cheered appreciatively as they munched bananas and energy bars. It was the second rest break for the group just over half way along in the 56 mile ride. Ahead there was lunch waiting in Simsbury, and a bus in Southwick to return tired cyclists to New Haven.

The stop was staffed by the Plainville Greenway Alliance, the group of local citizens advocating for completion of the trail in town. They encouraged cyclists to follow progress by "liking" the PGA on Facebook, and to work with local, state and federal officials to find the funding required for preliminary design of optional routes.

















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### **A Special Fall Day**

Sally Miller



When I woke this morning, the leaves had begun to turn colors and it brought back memories of a special day.

When I was about 7 years old, I woke to the familiar smell of the "good to the very last drop" coffee. As I entered the kitchen, I heard Bob Steele say 'check your clocks' and then he played the chime. Gram stood by the stove in her blue bathrobe with the rope belt. Her two

silver braids hung loosely over her shoulders. She reached for me and gave me hug as I nestled my nose in her neck and got a whiff of ivory soap, and love. Her robe was slightly rough but the contrast of her soft hair gave me a wonderful feeling. I sat at the cold enamel table and gram poured me a cup of milk with a shot of the last drop stuff that I was not suppose to have. How warm, cozy and wonderful I felt. The familiar smells, the warmth of the stove and the love that was at the table gave me a feeling beyond explanation. My grandmother and I loved each other unconditionally and as we sat there with Bob Steele giving the morning traffic and weather, the scene of familiarity and family was set

As it began to get light outside, Gram pulled up the shade and the splendor of the fall morning with the palettes of colored foliage took my breath away. The trees seemed to have changed their garments while I wasn't looking. Throughout the summer, they had all worn green as if in a special organization. Now they appeared separate and awesome.

The tree outside the window had golden leaves so warm with brown tones that it was mesmerizing. There were also trees so golden that it looked as if the sun had spent hours dropping liquid gold on them.

Later that morning gram and I took a walk and what we saw was a wonderful mirage of color. The colorful trees were dancing in the breeze to attract our attention.

We saw trees with leaves the color of raspberries persimmon, burgundy and lemons. Some were the color of pumpkins, peaches, oranges, pears and sweet potatoes. The pine trees held their green color against the mosaic magnificence of the maples and oaks. A few of the leaves fell as if to say, notice me first. As we walked and talked, I was old enough to know how lucky I was to have this time with my grandmother. How excited I was to walk with her and to view the awesome umbrella of color provided by Mother Nature. As our walk ended, a slight breeze danced around us and picked up leaves, and carried them over the meadows as if they were children in play. When I see the ground covered with the quilt of fall colors, my eyes mist with the splendor and wonderful memories of that day so long ago.

Sometimes I forget to stop and take in the magnificence of the magnitude of colors that are given us to soothe our souls. This year I will take extra time to embrace the colors of fall and appreciate the purple mountains majesty. I will stop and marvel over the rainbow of trees reflected in lakes, streams, and rivers.







### New! BRG Referral Program

BRG Donates 10% to the Non-Profit when you have new business with BRG. Please mention this non-profit so we may help them!

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email: erapacky@bebefit-resource-group.com

BRG Benefit Resource Group, LLC BRG Management Solutions, LLC R&R Rapacky & Rapacky, LLC

### **IT'S ABOUT TIME!!!**



An excavator, a backhoe and a roll-off container are seen on New Britain Avenue where demolition of the old buildings on the Chung property will soon begin. A representative said just a few loose ends need to be taken care of and away we go...Hurray!!!

### **Saint Anthony Society**

The St. Anthony's Society held their Pot Luck meeting in September. The Installation of Officers for the 2014-2015 year. Elaine Osipowicz, President, Joan Sartori, Vice President, Rita Dewyea, Treasure, Janice Brayne, Assistant Treasurer, Claire Camp, Secretary, Barbara Bordeau, Cheer/Sympathy, Valera Palamio/ Kathy Egria, Social.

### "Cookie Walk"

St Anthony's Society of Our Lady of Mercy Church will hold their Annual "Cookie Walk" on Saturday October 25th at the 4:00 pm Mass and Sunday October 26th at the 8:30 and 10:30 am Masses. The donation of \$5.00 will be appreciated. Cookies are all Homemade. Thank you.

# Senior Center ~ TAG SALE ~







### 2015 PHS/YMCA PROJECT GRADUATION



Project Graduation is an All-Night drug and alcohol-free graduation party held in partnership with the Plainville YMCA to provide a safe, funfilled night for the Senior Class. The Party is full of activities, prizes and tons of food held every year as a way to congratulate the seniors for their years of hard work!

**Project Graduation Upcoming Events:** 

Meeting-October 1, 2014 - 7:00PM @ YMCA

Vote for the 2015 Project Graduation Theme!

<u>Dine to Donate at Friendly's, Plainville -Tuesday</u>
<u>October 21, 2014</u>

Dine at Friendly's & 20% of you check supports Project Graduation.

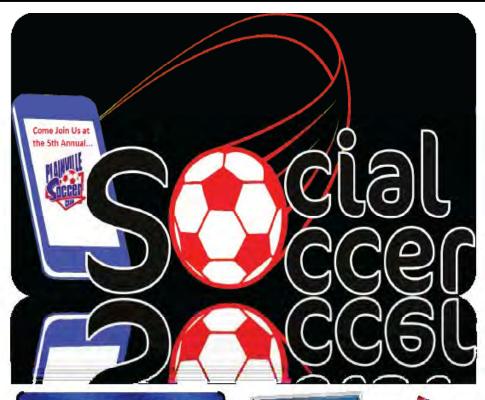
Contact Inna Masco - 860-205-9911 for Friendly's vouchers.

<u>Taste Books</u>: Purchase a 2014/2015 Taste Book to get great deals on dining and activities in Hartford County. Contact Myra Cameron 860-919-9252.

Hip Hop Dance Class for a Cause: Sunday November 2, 2014 4:00-5:30PM @YMCA: United Rhythms Dance Studio will teach a Hip Hop class for all ages. Get your "Groove On" & support Project Graduation. Contact Inna Masco 860-205-9911 for Hip Hop tickets.

Future Meetings Wednesday's

7:00PM @ YMCA: 11/5/14, 12/3/14, 1/7/15



Saturday, November 15, 2014
VFW Hall- Northwest Drive, Plainville
7:00 pm to midnight
\$20 per person or \$30 per couple

Come join as for an evening of dancing during our 5<sup>th</sup> Annual Sideline Soccer Social to benefit the

Plainville Soccer Club.

- Adults OnlyBYOB
- > Raffles
- > Silent Auction
- > Last Man Standing
- > DJ Entertainment
- Snacks/Soda to be provided



# All Voters

Plainville-Farmington & New Britain

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FAIRFIELD INN BY MARRIOTT 400 NEW BRITAIN AVENUE, PLAINVILLE, CT

# Friday, October 17th 5:00 pm to 9:00 pm **FREE Appetizers & Wine**

If you are not a registered voter and want a say about your future~ Join us ~Pick up a Mail-In Voter form to become a voter before the November 4th Election and come meet the candidates that will work for you for a change.

For more information and/or questions call 860-747-3905 Leave name & phone number- We will return your call.

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### ~ Gerald L. "Jerry" Bard ~





64, of Plainville, passed away with his family by his side after a and hard fought battle

courageous and hard fought battle with cancer, on Saturday, August 30, 2014.

Born in Frenchville, Maine on November 8, 1949, Jerry was

one of three children to the late Nazaire and Annette (Belanger) Bard. Raised in Maine, he settled in Connecticut shortly before enlisting in the U.S. Army at the age of 19. He married the love of his life, Judy (Collin) that same year, with whom he shared 45 years of marriage and proudly raised a family of three. Jerry leaves a legacy of hard work and dedication at the Town of Plainville Roadways Department where he worked for close to thirty years, and leaves many friends and coworkers whom he greatly missed this past year. He had a love for travelling, having many future plans upon his retirement, and enjoyed deep sea fishing. Above all, he was a devoted husband, father, grandfather, and friend, who could be called upon to help out whenever needed. He will be missed dearly, and remembered for his strength, courage, and never ending sense of humor.

In addition to his wife, Judy, he leaves his children, Danny Bard of Farmington, Dean Bard of Wolcott and Tina Bard of Plainville; his adored grandchildren, Kaitlyn, Hailey, Tyler, Dean, and Alexandra; his sister, Doris Richard, brother, Carl Bard, several nieces and nephews; and two of his dearest friends, Paul Listro and Jean Tanguay.

Funeral services in celebration of Jerry's life were held from Bailey Funeral Home, 48 Broad St, Plainville, followed by a Mass of Christian Burial at Our Lady of Mercy Church. Committal services with military honors followed at St. Thomas Cemetery, Southington. In lieu of flowers, Jerry may be remembered with contributions to the American Cancer Society at www.donate.cancer.org



#### ~ Michael P. Bochan ~

96, of New Britain, formerly of Plainville, passed away on Tuesday, August 26, 2014 at the Hospital of Central Connecticut, New Britain.

Born and raised in New Britain on August 12, 1918, he was one of seven children to

the late Michael and Sophie (Percak) Bochan. He worked in the manufacturing industry for most of his career, moving to New York for sixteen years, and moved back to Connecticut upon his retirement. Michael maintained a very active and independent lifestyle, and was a longtime member and volunteer at the Plainville Senior Center, where he enjoyed playing pool, cards, and BINGO, and leaves many friends. He enjoyed watching golf, had a love for the ocean, and truly believed a trip to the beach could heal anything. He will be greatly missed, leaving many cherished memories.

He is survived by his daughters, Cynthia Healy and her husband, Tom, Loretta Tabor, and Kathleen Alderman and her husband, Ray, all of Plainville; his son-in-law, Brian Daly; eleven grandchildren, seven great-grandchildren, and 3 great-great grandchildren; his brother, Walter Bochan of Southington, and many nieces and nephews. He was predeceased by his daughter, Jean Daly; his grandson, Glen Grey, brothers, Peter, Frank and Edward, and sisters, Anne Wasik and Mary Chitz.

Michael's family extends their appreciation to the staff at the Jerome Home for the wonderful care and friendships made during his residency there.

Funeral services in celebration of Michael's life were held at Bailey Funeral Home, 48 Broad St, Plainville. Committal services followed at St. Joseph Cemetery. For online expressions of sympathy, please visit:www.bailey-funeralhome.com

### **OBITUARIES**

### ~ William B. Chamberlin, Jr. ~





86, of Plainville, passed away peacefully at his home, surrounded

by his family, on Thursday, September 18, 2014.

Born in Bristol on January 19, 1928, he was one of five children to the late William and Dorothy (Osgood) Chamberlin. Raised in

Plainville, he was a 1945 graduate of Plainville High School. Bill went on to serve his country in the U.S. Navy, receiving an honorable discharge in 1947. He married Alice "Dolly" (Eaton) in 1949, with whom he shared 65 years of marriage and raised two devoted daughters. He retired from Olson Brothers, Inc. in 1993, and was appointed Deputy Fire Marshal in 1966, serving the Town of Plainville as Fire Marshal from 1979 until his retirement in 2000. Bill has a history with the Bailey family spanning over 60 years and four generations, from working at the funeral home at the age of 15 and assisting with the tragic circus fire in Hartford, to returning as a funeral assistant until his retirement in 2009. Bill volunteered for the Plainville Fire Department from 1961-1993, serving in various capacities, including 1st Lieutenant, Captain, 2nd Assistant Chief and 1st Assistant Chief from 1975-1979 and was instrumental in starting the first annual Hot Air Balloon Festival 30 years ago in honor of the department's 100th anniversary. He was a member and Past Master of the Frederick-Franklin Lodge of Masons, and was presented with the Paul Harris Award for his many contributions to the Plainville Rotary Club.

In addition to his wife, Dolly, he leaves his daughters, Pamela and Sande of Plainville, his brother, Arthur, and sisters, Ruth Kershner and Dot Smith, all of Texas; and several nieces and nephews.

A Masonic service and funeral services in celebration of Bill's life were held at Bailey Funeral Home, 48 Broad St, Plainville. Committal services followed at West Cemetery. Those who wish may remember Bill with donations to the Plainville Fire Company Scholarship Fund, 177 West Main St, or the Plainville Community Fund, PO Box 156, Plainville.

For online expressions of sympathy, please visit: www.bailey-funeralhome.com

#### ~ Stephen J. Lachapelle ~



21, of Plainville, passed away with his loving family by his side, on Thursday, August 28, 2014 at Yale New Haven Hospital.

Born in New Haven on May 21, 1993, he was one of three sons to Andrew and Nancy (Morris) Lachapelle. Stephen was a 2011 graduate of Plainville High School, and was currently in his

senior year at Central Connecticut State University, from where he planned to pursue a career in elementary education. A sports enthusiast, he enjoyed playing golf, tennis and basketball, and cheering on his favorite teams, the New York Giants, New York Rangers, New York Knicks, and Tampa Bay Rays. He spent much of his time outdoors, going running or hiking and appreciating the nature surrounding him. He will be greatly missed and remembered most by his family and many friends for his infectious love for life and passion for making others laugh with his tremendous sense of humor.

In addition to his parents, he leaves his brothers, Michael of Denver, CO and Gregory of Washington, DC; his grandparents, Andrew and Theresa Lachapelle of Southington and Robert and Catherine Morris of Homosassa, FL; and many aunts, uncles, and cousins.

A memorial service in celebration of Stephen's life was held at Bailey Funeral Home, 48 Broad St, Plainville. In lieu of flowers, Stephen may be remembered with contributions to the Yale New Haven Children's Hospital, Office of Development, PO Box 1849, New Haven, CT 065008 or at www. givetoynhh.org For online expressions of sympathy, please visit www.bailey-funeralhome.com.

#### ~ Steven Maichack ~





89, of New Britain, formerly of Plainville, passed away on Monday,

September 01, 2014. He was the beloved husband of Kula (Papoutsakis) Maichack, with whom he shared 51 years of marriage.

Born in Curtisville, PA on June 15, 1925, he was one of four children to the late Nicholas and Mary (Dragon) Maichack. A longtime resident of Plainville, he enlisted in the U.S. Navy at the age of 17, proudly serving his country during W.W II aboard the USS Phoenix, for which he received numerous awards. Prior to his retirement, he worked as a mortician and was a well- known self-employed painter for many years. He was a member of St. George Greek Orthodox Church in New Britain.

I n addition to his wife, Kula, he leaves his two granddaughters, Melissa Maichack of Norwich and Morgan Maichack of New Haven; his great-granddaughter Iliana; two sisters-in-law, Mary Maichack of Plainville and Ester Douglas and her husband, John of Bethlehem, PA; along with several nieces, nephews and cousins. He was predeceased by his daughter, Catherine Maichack, brothers, John and Metro Maichack, and his sister, Rose Chupick.

Funeral services in celebration of Steven's life will be held on Friday at 10 a.m. at St. George Greek Orthodox Church, 301 West Main St., New Britain. Visitation will be held at the church one hour prior to the service, from 9 a.m. to 10 a.m. Committal services with full Military Honors will follow at St. Cyril Cemetery, Terryville. In lieu of flowers, contributions may be made to St. George Church. Bailey Funeral Home, Plainville is assisting the family with arrangements. For online expressions of sympathy, please visit www.bailey-funeralhome.com.





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### HOMETOWN RELIGIOUS DIRECTORY

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Morning Worship Service 11:00 am

Junior Church ages 4- 8 6:30 pm

Evening Worship Service
Wednesday 7:00 pm
Bible Study and Prayer
For more information about the church

visit our website @ cobplainville.org

# Can there be rest and peace for my soul?

Many individuals in this world today are restless. Why? Because everyone is searching for something that will bring satisfaction, peace and rest to the soul.

Some think that friends will provide this, maybe money, or perhaps prestige or fame. Unfortunately it is soon discovered that none of these things will bring contentment, peace and rest to the soul. So what will bring these things? I'm glad you asked! Listen to the invitation the Lord Jesus gave in Matthew 11:28-30 "Come unto me, all ye that labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart, and ye shall find rest unto your souls. For my yoke is easy, and my burden is light"

What precious words! Have you come to the Lord Jesus for rest? He is the only One that can give you eternal rest. He died on the cross in your place that you might live. He shed His blood as payment for your sin and He rose again victoriously. Jesus offers to whosoever eternal rest if they would come unto Him for salvation. It is one thing to believe that Jesus died and rose again and that He is the Savior but Jesus invites you to COME. Receive the salvation He offers to you by coming to Him as a humble beggar. You cannot offer Him anything for we have nothing to offer. All our righteousness is as filthy rags the Prophet Isaiah reminds us. Come to Him as a child asking Him to come into your life to be your Savior and He will give rest unto your soul!

### PLAINVILLE UNITED METHODIST CHURCH

56 Red Stone Hill Plainville, Connecticut 06062 REV. RUSSELL G. WALDMANN, PASTOR

Church (860)747-2328
Parsonage (860)747-2592
Email: plainvillunited@sbcglobal.net

### OCTOBER SCHEDULE

SUNDAY SERVICES CHURCH SCHOOL

Pre-K to High School: 9:00 AM WORSHIP TIME 10:00AM

REGULAR EVENTS

Tuesday Ladies.... Tuesdays, 9:30 AM Boy Scouts......Tuesday, 7 PM AA.....Sun., Mon. & Wed., 7 PM Al-Anon.....Mondays, 7 PM

#### SPECIAL EVENTS PUMC ROAST PORK DINNER:

Saturday, October 4, 4:30 to 6:30 PM Tickets are \$12 Adult, \$6 Child, 4 & Under Free.

> There will be a Silent Gift Basket Auction. Reservations suggested, please call 860-747-2328.

# WORLD COMMUNION SUNDAY WORSHIP WITH

HOLY COMMUNION: Sunday, October 5, 10 AM

AMERICAN RED CROSS BLOOD DRIVE:

Thursday, October 9, 1:30 ~ 6:30 PM Call 1-800-733-2767 or go to www.redcrossblood.org

#### **CHOIR REHEARSAL:**

Sundays, October 5, 12, 19, & 26, Following Worship



### FIRST BIBLE BAPTIST CHURCH

12 Granger Lane • Plainville, CT 06062 "Where the BIBLE makes the difference"

Sunday School - 10:00 AM Sunday Morning Service - 11:00 AM Sunday Evening Service - 6:00 PM Wednesday Evening Service - 7:00 PM • Nursery & Deaf interpreting provided for all services •

- Deaf and Teen Ministry Master Club for children •
- Kings Bible Institute (Tues. Wed. Thurs.) Reformers Unanimous (Addictions Program) Every Friday 7:00 PM www.fbbc-ct.org

Live streaming every service 860-793-1155

Thomas Benson — Pastor — Helmut Getto — Associate Pastor



### **FAITH BIBLE CHURCH**

168 Unionville Avenue Plainville, CT 06062 860-747-5209

Rev. Dr. Jim Caron, Pastor Web: www.faithbiblect.com

### An Evangelical Church For Your Spiritual Growth

<u>Sunday Worship</u>: 11:00 a.m. (Junior Church for ages 4-12 & Nursery

Available for 1 month to 4 years)

Tuesday Morning Bible Study 10:00 a.m. "The Gospel of John"

Every 2nd Tuesday of the Month 6:00 p.m. Ladies Group

Wednesday Night Bible Study 7:00 p.m.

New Study: "Angels and Demons"

Thursday Night Youth Bible Study 7:00 p.m.

New Study: Maturing in the Christian Faith: A Look at Doctrine

#### 860-747-5209

Call the church for info/questions and church prayer line/ FAX (747-5011)

Call us for your requests (confidential)



### THE EPISCOPAL CHURCH CHURCH OF OUR SAVIOUR

115 West Main Street Plainville, CT 06062 860-747-3109

#### SUNDAY WORSHIP

Holy Communion 10:00 am Church School 10:00 am Nursery Care during the service Followed by coffee hour

Holy Communion Thursdays~12:00pm OFFICE HOURS

Wednesday – Friday 9:00am -1:00pm **PARISH PROGRAMS** 

**Daughters of the King Chapter** 

# 3rd Saturday of the month 10:30am Twelve Step Programs

Every Tuesday NA 7:30pm Every Thursday AA 7:30pm Every Saturday Women's AA 9:00am

Every Saturday of the Month 9:30 am

Ample Parking in rear of Church

#### HOMETOWN RELIGIOUS DIRECTORY

### **OUR LADY OF MERCY ROMAN CATHOLIC CHURCH**

94 BROAD STREET, PLAINVILLE, CT 06062

REV. JOHN BRINSMADE, PASTOR ROBERT BERUBE, DEACON

#### PARISH/CEMETERY OFFICE

19 S. CANAL STREET

OFFICE HOURS: MON. TO FRI. 9 AM TO 4 PM

### PHONE 860-747-6825

FAX 860-747-5407

\*\*\*\*\*\*\*\*\*\*

SATURDAY VIGIL MASS 4:00 PM SUNDAY 8:30 AM & 10:30 AM \*\*\*\*\*\*\*\*\*\*\*

WEEKDAY LITURGY **MONDAY TO SATURDAY 8:00 AM** NO MASS ON WEDNESDAYS **ROSARY BEFORE MORNING MASS** \*\*\*\*\*\*\*\*\*

#### **Sacrament of Matrimony**

Couples should make arrangements at least 6 months in advance. Dates and times can be arranged only after speaking with one of the parish clergy.

\*\*\*\*\*\*\*\*\*

### Our Lady of Mercy is now on Facebook!

www.Facebook.com/Our Lady of Mercy ChurchCT MEET OUR STAFF AND LEARN SOME CATHOLIC TEACHINGS & HISTORY.

THE LIST OF OUR ONGOING EVENTS

#### PAGE IS CONSTANTLY BEING UPDATED.

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**ALL YOU CAN EAT** MONTHLY BREAKFAST **OCTOBER 12TH** 

### **Holy Trinity Anglican Church** 18 East Main Street

Sunday Worship ~ 9 AM **Sunday School** 

beginning in September **Prayer & Healing Service** 

Tues. Sept.23rd-7PM **Eucharist Wed. 9:30 AM** 

**Bible Study** 

**Wednesday Evening** 

September 3rd - 7 PM

Led by Rev. Stephen Brewer on "Covenants of the Bible"

860-747-1426

Rev. Donald Helmandollar, Rector

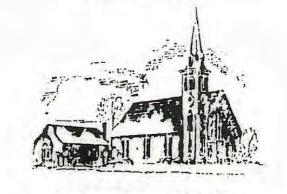
Website www.holytrinityanglican.net

**EMAIL:** 

HolyTrinity@Anglican Church.comcastbiz.net

#### THE CONGREGATIONAL CHURCH OF PLAINVILLE

A Congregation of the United Church of Christ Plainville, CT 130 West Main Street Phone 747-1901



### ALL WELCOME

Rev. Dr. Claire W. Bamberg Minister

Email: Congregational94686@sbcglobal.net Website: www.uccplainville.org

### WORSHIP AND CHURCH SCHOOL

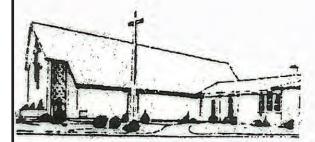
Every Sunday: 10:00 a.m. Coffee Hour: 11:15 a.m. The Sacrament of Holy Communion celebrated the first Sunday of each month THE PLAINVILLE THRIFT SHOP

Phone 747-2418 Open Wednesday & Thursday 10:00 a.m. to 4:00 p.m.

Saturday 9:30 a.m. to 12 noon

### Grace Lutheran Church

222 Farmington Ave. Plainville, CT 06062 Phone: 747-5191 The Rev. Stephen Brisson, Pastor



Worship with Holy Communion every Sunday at 9:00 AM

Learning Hour for all ages following worship

Various Learning and Fellowship activities offered during the week

Visit us at www.graceinplainville.org Or better yet, join us on Sunday!



### **NEW COVENANT** APOSTOLIC CHURCH

139 New Britain Avenue P.O. Box 551 Plainville, CT 06062 Suffragan Bishop- George M. Green, Pastor Elder Joseph Green, Associate Minister

Phone 860-747-3128 Church

#### Residence & FAX 860-224-9409 ~ SCHEDULE OF WORSHIP~

SUNDAY: Sunday School @ 10:45 a.m. Morning Worship @ 12:00 Noon TUESDAY: Prayer & Deliverance-7:00pm Bible Class @ 7:45 p.m. THURSDAYS: 1st Evangelistic Service 2nd Pastor's Care~ 3rd Missionary Service

#### **MONTHLY SERVICES**

4th Men's Ministry~5th Youth Service

1st Sunday – Fellowship Day 2nd Sunday – Family and Friend's Day 3rd Sunday – Building Fund Day 4th Sunday – Pastor's Care Day 5th Sunday - Communion & Youth Day We welcome everyone to our services. Come, bring a friend and enjoy Jesus with us.

### **REDEEMER'S** A.M.C. ZION CHURCH

110 Whiting Street, Plainville, CT 06062 Rev. Elvin Clayton, Pastor

#### Phone: 860-747-1808 WORSHIP SERVICES

Sunday School 9:00-9:40 a.m. Praise & Worship 9:45-10:00 a.m. 10:00 a.m. Church Service **BIBLE STUDY** 

11:00 a.m. & 7:00 p.m Wednesday

**BOARD MEETINGS** Senior Ushers (1st Sat before 1st Sun) 11:00 a.m. Gladys Floyd Missionary Society

(2nd Sun after service) Deaconess Board (3rd Sun) Lay Council (1st & 3rd Sat) 9:30 a.m. Christian Education (3rd Tues) 7:00 p.m. 9:30 a.m. Men's Meeting (2nd/4th Sat) 1:00-4:00 p.m. PEP (Every Sat) Trustee/Steward (2nd Sat of Aug., Oct., Dec., Feb. & Apr. at 9:30 a.m. and 2nd Mon. of

Sept., Nov., Jan., Mar. & May 16

6:30 p.m. CHOIR PRACTICE 5:00 p.m. Senior (Sat before 1st Sun) 5:00 p.m. Jubilee (Sat before 2nd/4th Sun) Mass/Youth choirs

(Mon. after 1st/2nd Sun) 7:00 p.m.

### PLAINVILLE SEVENTH DAY ADVENTIST CHURCH

97 Broad Street

Church Phone **860-747-5867** Pastor 1-646-522-3471

E-mail:plainvillesda@gmail.com

jacksonsg5@sbcglobal.net Pastor Franklin Jackson

### **Saturday Morning**

Bible School @ 9:30 a.m. Worship Service @ 11:00 a.m. FREE lunch after service Wednesday Evening Family Prayer Meeting @ 6:30 p.m.

The Lord Jesus Christ loves you ...John 3:16

### HAPPY HALLOWEEN



Russel LaChew sits outside the kennel nursery and it is no "Trick or Treat." Rusty just fathered 18, yes eighteen more Golden Retriever puppies the first week of September and if you haven't ordered one as yet call 860-209-7035. We think he ordered a Superman costume for Halloween.

### VCA Old Canal Animal Hospital

"Where your pets health is our top priority and excellent service is our goal!!!"

860-747-2759

"Free First Exams" to NEW Clients

49 East Main Street, Plainville www.vcaoldcanal.com



Amy Gentile, Professional Pet Stylist 793-8609 • 98 Whiting Street, Plainville

"Specializing in Hand Scissoring" \$5.00 Nail Clipping Offer expires 10/31/14

Amy's offer: \$10 off full service grooming for new clientel

Amy's Pampered Pawlor now uses all natural "Nature's Specialty" shampoos and conditioners, which are safe for dogs, puppies, cats and kittens.

 $(860) 793-8609 \sim 98$  Whiting Street

# Pet Page

"By: Cathy, The Pet Spa at Twin City"

### **Problem Cat or Good Cat?**



For the many of you who have a cat, or two or more – do you have a good cat or a problem cat? If your answer is "problem cat", let's see if we can't help you change that to "good cat".

The most common problem behavior in cats appears to be scratching furniture, rugs or woodwork, and the damage this causes. Scratching is a natural behavior in cats that removes the outer sheath from their nails as well as marking their territory with special glands on their paw pads. This doesn't mean you have to let your cat destroy your things.

The first thing you need to pay attention to is the textures and the position your cat prefers for scratching, because this will help you choose a scratching post that your cat will use. A cat that likes carpet will like a carpet-covered post, while a cat that like nubby surfaces like upholstered furniture will prefer sisal or open cardboard scratching posts. Also, does your cat like to stretch upwards with paws above the head while scratching? If your answer is "yes", you need to get a vertical scratching post that's tall enough to let your cat stretch while scratching, or one that mounts on a door or wall. If your cat likes to scratch on horizontal surfaces, you need a horizontal scratcher. Of course, it must be covered with a material your cat likes to scratch.

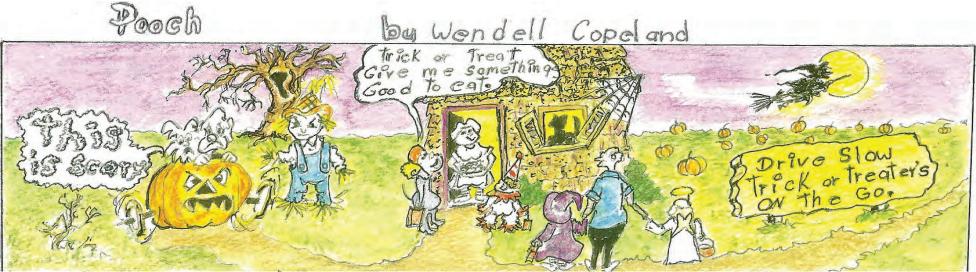
What if a cat doesn't start to use a scratching post immediately? Sometimes placing the post near your cat's favorite scratching place is all you need to do. Once your cat is using the post, you can gradually move it to the location you want. Other "tricks" to get your cat interested in the scratcher are putting a toy or treat on top, or putting catnip on or around it.

Of course, keeping your cat's nails trimmed, either by yourself or by a professional, will minimize any scratching damage. The use of soft plastic claw covers will prevent any damage from scratching. These covers are very effective, but do require that your cat allow his or her feet to be handled for more than just a quick nail trim. The covers, when properly applied, will last from 4 to 12 weeks.

In the past, many cats were declawed to prevent damage from scratching activity. Today this is less commonly done as more people realize that this is serious surgery – because of the way a cat's nail grows from the bone, it would be the same as removing the last bone of each of your fingers at the last joint. If you think this is necessary for your cat in your particular situation, talk to your veterinarian.

Next month we'll continue with another problem behavior in cats.





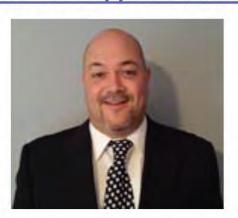


CONNECT • CONSULT • COMPARE



# News!

### In Home Appointments



### Dean Cochrane

I will come to your home and spend as much time as you need to make sure you are receiving the value you deserve.

Call me for an appointment.

My Direct Line - 860-479-3885

### Start Saving On Your Insurance Today!

- Call one of our professional agents
- · Contact Dean Cochrane for an in home visit
- · Quote yourself on our website
- Stop in our downtown office

Auto & Home, Recreational, Commercial, Financial Services

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Plainville, CT 06062





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