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## J. Timothy's Wings Featured on Food Network's "Top 5"



The Staff of J. Timothy's of Plainville are happy to share the news that the National Food Network named them in the **"Top 5" for Best Wings!**

Pictured left to right, back row:

Erik Wichert--Head Chef

James Buckwell

Reno Ouellet--Beverage Manager

Kevin Anderson

Greg Gardner--General Manager

Edwin Torres--Supervisor

Front row:

HeatherLanza--Supervisor

Elaina DiVeriere

KeriJakubowski

Milena Filipkowski

*See Story on Page 6*

### Take a peek . . . .



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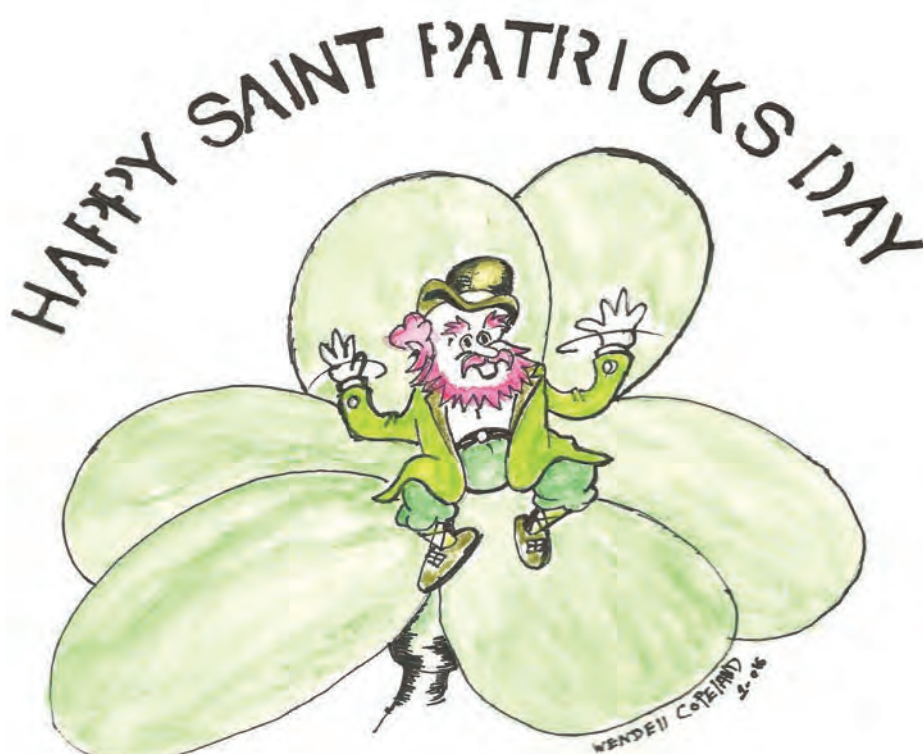
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Bill Brayne serves All Plainville Schools with the delivery of "The Hometown Connection"  
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Plainville, CT 06062-0387  
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All contributions, news items and advertisements may be dropped off in the box at 27 Sherman Street or sent to the above email address.

**Legal Advisor**  
Attorney Thomas A. Wurz  
132 East Street, Plainville, CT

This paper is published monthly as a service to the citizens of Plainville, Connecticut by Plainville Community News, Inc. It is a non-profit, 501C, all volunteer group of residents who are interested in informing our citizens of community activities and local news. All positive contributions are welcome and will be printed subject to the approval of the staff on a space available basis.

**Dates to Remember**  
**MARCH**  
**Daylight Saving-Sun. 13th**  
**St Patrick's Day-Thurs. 17th**  
**Palm Sunday-Sun. 20th**  
**1st Day of Spring-Sun. 20th**  
**Good Friday- Fri. 25th**  
**Easter-Sun. 27th**  
**Your Anniversary & Spouses Birthday!**

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Deadline for submission is the 15th of every month.  
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Tabloid Size Paper (11 x 17). Printed ten times a year.  
Each issue is mailed FREE to every Plainville household & business. Circulation is 9,500.

**NEXT ISSUE WILL BE**  
**APRIL**  
**DEADLINE IS:**  
**March 15th**  
**Happy St Patrrick's Day**  
**To All!!!**  
**From Our Entire Volunteer Staff!**

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**P-l-a-i-n-v-i-l-l-e**  
**faves and raves**

*Here are some of your favorite places, people or things around town to rave about this month!*

**{ Jean faves }**  

I fave Bolo's extra large donuts and the delicious SHRIMP Rolls (just put them in the Microwave few a few seconds) and they are to die for, but of course everything at Bolo's is out of this world. I treat myself and my family at least once a week by shopping there.

**{ Jake raves }**  

Last week I had to have my car Emission Tested and as I was driving on East Street near the Southington Town Line, I spotted the Central Connecticut Tire & Service. I had just read the Hometown Connection and saw a little ad on the Locator Page about them doing the testing. I stopped in, they were able to do the test right then (they must have had a cancellation) Regardless of the reason, The friendly service was like a breath of fresh air. Thank you Central Connecticut.

Email your "fave or rave" in today to be in the April issue. Praise your contractor for doing a good job or tell us about your favorite restaurant, store, or service you received by a professional.  
Phone 860-747-4119 ~ Thank you!!

**Email your faves and raves to share it with everyone!**  
**Let's hear what you have to say, we need your comments!**  
**plainvillefavesandraves@gmail.com**

Sponsored by: the Plainville Hometown Connection



# Town Manager Robert E. Lee

## Report to the Town Council

### February 16, 2016

#### Discussion of Town Council Rules and Procedures

- At your last meeting Town Council members discussed amending the Agenda to eliminate the 30 minute time limit for Public Comments. This would allow for all public comments to occur at one time during the meeting right after the Report of the Town Manager and before the Council takes action on any New or Old Business.

#### Vehicle Auction

- Dave Emery, Superintendent of Buildings & Grounds is seeking permission to sell at auction three town vehicles that need repairs and are no longer needed as part of the Town fleet. The vehicles include a small pick-up truck, an old police car and an administrative vehicle.

There is an item under New Business regarding this recommendation.

#### Landfill Closure Update

- In December the Town Council held a work session to discuss the plans to close the landfill as part of the Stewardship Permit that was executed several years ago with the Department of Energy & Environmental Protection. The Town’s consultant, Tighe & Bond, is seeking approval to continue preparing the landfill closure and permitting documents so that impacted soils can be brought in to defray the cost of the closure.
- The intent of the proposed work is to refine

volumetric, grading and operational details sufficient to submit to CTDEEP for their formal review. This information will also allow for CTDEEP to consider approval to use the impacted soils to grade and shape the final surface of the landfill in an effort to generate sufficient revenue to offset the landfill closure construction and post closure maintenance costs.

- To date, the Town Council has authorized Tighe & Bond to proceed with Task Orders 1-7. These Task Orders totaled \$82,400 and approximately 94% has been completed to date.
- Tighe & Bond is proposing authorization to move forward with Task Orders 8-12 that total \$69,000. These tasks include: 2016 Groundwater Monitoring (\$17,500) which is subcontracted to LEA; Market Survey & Development of Landfill Pro-Forma Model (\$27,000); Ecological Receptor Exposure Pathway Scoping Checklist (\$6,000); Data Gap Analysis/Work Plan (\$8,500) and Project Support (\$10,000). All of these tasks order, with the exception of the Groundwater Monitoring, are expected to be completed by the end of June.
- Future Task Orders include Landfill Plans & Specifications and Soil Acceptance & Monitoring Plan. These two task orders are estimated to cost \$77,000, however, the authorization to proceed with these task orders are not being requested at this time.
- James Olsen and Dana Huff are here this evening to answer any questions that you may have about the proposed task orders and the progress of the project.
- There is an item under New Business regarding the proposed Task Orders 8-12 totaling \$69,000..

## HAPPENINGS

### PLAINVILLE HISTORICAL SOCIETY

The Plainville Historical Society On Pierce Street is open to residents on Monday & Wednesday from 9:00am 12:00pm. Stop in and visit the Gift Shop

#### Dr. Martin Luther King, Jr.

- Speaker: Gail Williams and the Rev. Ralph Lord Roy presented via video his experiences with Dr. Martin Luther King Jr. in 1962.

### PLAINVILLE SENIOR CENTER

- AARP Driver Safety** was held in February. It was open to AARP members and others
- Blood Pressure Screenings**
- Walk in Blood Pressure Clinics are was held at the Plainville Senior Center in February. Open to Senior Center members only.

Respectfully submitted,  
*Scott William Colby Jr.*  
*Town Manager Intern*



# Young at Heart: Plainville Senior Center Happenings

#### QUESTIONS FOR THE SOCIAL WORKER

- Stephanie Soucy, Plainville Senior Center Outreach Coordinator, will be available to answer questions on a “walk-in basis” (no appointment needed) on Mondays, March 7 and March 21 from 12:30-1:30 p.m. Stephanie will be available to answer questions about Medicare, Medicaid, Medicare Part D, Medicare Savings Program, Housing Options, Alzheimer’s Help, Caregiving, Homecare, etc. No registration is necessary for these one-on-one meetings. This program is open to residents of Plainville, 60 years of age or older or their caregivers. Call the Senior Center, 860-747-5728, for more information.

#### GRANDPARENTS RAISING GRANDCHILDREN

- If you are a grandparent or relative who is raising a grandchild, niece or nephew, you are not alone. Millions of children are living in grandparent-headed households. Join us for our Grandparents/ Relatives Raising Grandchildren informational and support meeting, Tuesday, March 8 at 11:00 a.m. Open to grandparents or relatives raising children of any age, birth to high school. Share resources, ideas, struggles, joys and more with others who are raising their grandchildren. Funding for the program is made possible in part by the Older Americans Act through the North Central Area Agency on Aging. Call the Senior Center to sign-up (860)747-5728.

#### JANUARY 2016 BOWLERS OF THE MONTH

- The Plainville Senior Center Bowling League announced that Diane Deshaies and Albert Deshaies won the title of Bowlers of the Month for November 2015; Carter Casida, Mary Ann Frederickson and Lola Wishart won the title of Bowlers of the Month for

December 2015. The Plainville Senior Center Bowling League meets at Laurel Lanes, 136 New Britain Avenue, Plainville, on Mondays at 12:30 p.m. The cost is \$9.00 per person, per week and includes three games of bowling, open bowling discount card, automatic scoring, and free weekly beverage.

- Bowlers of all abilities, including beginners, are welcome to join this fun league. To receive more information or to join the league, contact Frank Robinson, Bowling League President, at 860-747-2918.

#### CAREGIVING CONNECTION

- Caregiving Connection is a support group for caregivers from all surrounding towns. Come join friends on March 15 at 10:00 a.m. and take a break from the winter doldrums. We have all had days when caregiving has depleted our energy and patience and our song is a sad song. March is a month of promise. Caregivers from all towns are welcome. Please call Bette at the Senior Center if you have any questions or concerns at 860-747-5728.

### NUTMEG TV SCHEDULE PLAINVILLE TOWN COUNCIL and BOARD OF EDUCATION MEETINGS

\*\*\*\*\***Board of Education**\*\*\*\*\*  
Educational Channel #95

Sunday: 12 am & 12 pm Monday: 12am, 3am, 6am,  
9am, 12 noon, 3pm, 6pm, 9pm Sat: 12 am & 12 pm  
\*\*Town Council: Government Channel\*\*  
Comcast #96 & ATT #99  
Sunday: 12am & 6pm Thursday: noon, 3am, 6am,  
9am, 12 noon, 3pm, 6pm, 9pm; Saturday: 9am

## Introducing a New Column About Elder Law

**Attorney Daniel O. Tully** concentrates his practice in the field of Elder Law with emphasis on Estate Planning and Medicaid Law. His trained, professional staff provides personalized service with Medicaid Planning, Elder Law Issues and Estate Planning.

*The good news is we’re all living longer....the bad news is they forgot to tell our money?*

Most people are shocked to find out that the leading cause of financial failure for Americans over 65 is not stocks, bonds, real estate or any investment-related threat but instead it’s the cost of care outside the hospital--either at home or in a nursing home.

**No one plans on becoming ill.** And yet statistics say that more than 40% of us will need some kind of long term care.

You’ve insured your health, your car and your home. Why take the risk of losing it all if you can protect your savings and your family against the only major involuntary risk you have left.

You will have a lot of questions about your retirement, this column by Attorney Tully each month will help to give you some of the answers.

**Q. What can be done if someone is already in a nursing home? Is it too late?**

**A. No. Even for someone in a nursing home, the careful use of EXCEPTIONS and some ASSET TRANSFERS properly timed and other strategies and measures can:**

**A substantial part, or all of one’s estate and Assure continued access to the best available care.**

**Attorney Tully is the Partner of the law firm Kilbourne & Tully, P.C. for more information call (860)583-1341**



## Board Of Education 2016 March Bulletin Board

Upcoming dates regarding the 2016-2017 BOE Budget Development and Approval Timeline:

\*March 7 (Mon.) Town Manager/Superintendent present budget to Council, 7:30 PM, Council Chambers

\*March 10 (Thurs.) Town Manager/Superintendent present budget at Public Hearing, 7 PM, Council Chambers

\*March 14 (Mon.) Regular BOE Meeting, 7 PM, PHS Cafeteria

\*TBD March/April Council Budget Work session(s), Council Chambers

\*TBD March/April Hearing on the BOE and Town Budget, Council Chambers

\*Week of April 4 BOE Workshop on Budget Adjustments (If Necessary)

\*April 18 (Mon.) Regular BOE Meeting, 7 PM, PHS Cafeteria

\*April 26 (Tues.) All Day Budget Vote, Fire House, 6:00 AM to 8:00 PM

\*TBD Town Council Meeting to review budget (if 2nd referendum)

Happenings at the February Board meeting:

Cenergistic, an energy conversation company, awarded all 5 Plainville Schools the EPA's Energy Star Award. This is an honor only given to the most energy efficient buildings. In the 3 ½ years that the Plainville Community Schools has partnered with Cenergistic the district has redirected \$1,066,000 in energy savings back into programs and services for our students.

The Board appointed Rosa Perez to Director of Curriculum, Instruction and Assessment. She will replace Dr. Linda Van Wagenen who retires in June.

The Board also appointed Leanne Gmeindel to Supervisor of Special Education Instruction. She will replace Anne Walsh who also retires in June.

The 2016-2017 BOE budget was approved at an increase of 1.48% over the current year.

The Board accepted Dr. Jeff Kitching's letter of resignation as Superintendent of Schools. He will be leaving the district after 5 years to pursue a great opportunity as Executive Director of Education Connection in Litchfield. The Board is currently in the process of looking for his replacement.

*That's the news for now. See you in April!*  
**Andrea Saunders**



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## Town of Plainville Public Information Session

The Town Council will be hosting a Public Information Session on Thursday, March 3, 2016 on the TILCON Proposal for Special Legislation to extend their quarry operation in Plainville. The Public Information Session will be held in the Council Chambers in the Municipal Center beginning at 6:00 pm.

TILCON representatives will present their plans and discuss the benefits to Plainville. Benefits to Plainville include moving the potential quarrying operation further away from existing homes, preserving open space, creating a 1,000 foot buffer from quarrying operations and TILCON transferring over 150 acres to the Town of Plainville.

There will be opportunities to ask questions and to comment on the proposed legislation.

Town residents are encouraged to attend this Public Information Session on Thursday, March 3, 2016 in the Municipal Center beginning at 6:00 pm. Any questions about this event can be directed to Robert Lee, Town manager at 860-793-0221 ext. 201.

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Plainville Food Pantry & Pet Shelter

**Notary Public ~ Helen Bergenty**

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**Our Office or Your Home**

**UNABLE TO ATTEND  
TOWN COUNCIL MEETINGS?**

If you have an issue you would like to discuss with the Council or a Councilor, just call 860-793-0221 ext. 205. Leave your name and phone number and ask for a Councilor to contact you.

*They are here to serve you!*



## J. Timothy's Wings Featured on Food Network's "Top 5"

By Leanne Griffin

The famous chicken wings at J. Timothy's Taverne have caught the attention of BuzzFeed, Thrillist and The Daily Meal – and as of Wednesday night, they'd earned a place in the spotlight on the Food Network.

The Plainville restaurant, known for its unique wing preparation (fried, sauced, fried, then sauced again) was featured on "Top 5," a countdown-style program hosted by Geoffrey Zakarian and Sunny Anderson. Wednesday's episode showcased some of the best and most decadent bar food in the United States.

J. Timothy's came in at #5, joining a list that included bratwurst, Irish nachos, baby back ribs and "animal-style" frites at establishments in Milwaukee, Seattle, Cleveland and Arlington, Texas. During the episode, executive chef Tim Osuch demonstrated the behind-the-scenes work, including the frying process and some secrets to the restaurant's recipes for wing sauce and blue cheese dressing.

General manager Greg Gardner said the network shot the segment at the restaurant back in October, and because of the countdown nature of the program, they had to keep the appearance secret until airtime.

The national TV exposure "means the world to us," he said. "It's an affirmation of everything we've been doing for 35 years here."

As restaurant legend goes, the dirt wings get their moniker from a guest who played on the restaurant's softball team years ago. His nickname was Dirt "as in, older than dirt," said Gardner, and his wings would get cold as he spent time socializing around the bar. He'd ask the cooks to throw the wings into the fryer again, which created the now-renowned crispy, caramelized texture.

"All the regulars [hopped] on board and started doing it," Gardner said. "The dirt style, that's what sets them apart and gives us all the accolades. They're double-fried, double-dipped, double-good... but double-bad for you."

The TV honor comes just days before J. Timothy's biggest weekend of the year. The restaurant expects to sell more than nine tons of the famed wings for Super Bowl 50, taking pre-orders well in advance and assigning time slots for pickup. On Sunday, they'll sell them only by the bucket - a serving of 35 to 40 wings, weighing in at about 6 1/2 pounds. "I think wing orders are going to be unprecedented this year," Gardner said.

In recent years, the restaurant has also become a destination for craft beer, with a particular focus on local breweries as Connecticut's scene has grown exponentially. "Craft beer is a whole other audience, and wings and beer go together," Gardner said.

The staff continues to be humbled by the national recognition. "For a little town like Plainville...it's a great compliment all the way around, for years of hard work," Gardner said. "It's so unusual for a small business like ours. For us, it's a big kick. It's such a gas. We're all enjoying it."

The episode will re-air Feb. 20 at 6:30 p.m. J. Timothy's Taverne is at 143 New Britain Avenue. 860-747-6813, jtimothys.com.

## Celebrate Red Cross Month by giving blood in March

During Red Cross Month in March, the American Red Cross encourages eligible donors to join in its lifesaving mission by giving blood.

Since 1943, every U.S. president has designated March as Red Cross Month to recognize how the Red Cross helps people down the street, across the country and around the world.

The Red Cross depends on blood donor heroes across the nation to collect enough blood to meet the needs of patients at approximately 2,600 hospitals nationwide. Donors of all blood types are needed to help accident and burn victims, patients undergoing organ transplants, those receiving cancer treatments and others who rely on blood products.

To donate Blood in Plainville:

**At The American Legion Post #33  
7 Race Ave., Plainville  
Sunday, March 6th  
9:00 am to 2:00 pm**

or

Make an appointment to become a hero to patients in need by downloading the free

Red Cross Blood Donor App, visiting  
redcrossblood.org or calling

1-800-RED CROSS (1-800-733-2767)

## Rapid Raceway Celebrates 13th Anniversary In Plainville

Rapid Raceway offers weekly racing, Birthday and Race Parties. Rental time is 15 minutes, 1/2 hour or 1 hour, we also offer group rates.

If you have never seen the track, you can go to Google Maps on Rapid Raceways and take a virtual tour.

Rapid Raceway stocks parts to build and maintain the Slot Cars.

Owner Dawn Raducha invites you to visit his Raceway on the internet:

**www.RapidRaceways.com or  
Call 860-793-1888 to set up a personal tour.**



**Happy  
Easter**

## Life With Wanda



Sometime my mind gets a little out of control and it spills over into my sleep. As we get on in years the small things we used to take for granted seem to take all the strength we can muster.

The senior community will relate to the things I speak of. I find manufacturers have come up with many things seniors can buy to make life a little easier.

They have those devices should you fall and can't get up, you just push a button and somehow they know when you fall and help comes. What a great idea but, take the other day when I knocked my glasses off my night stand during the night and when I got up in the morning, I had to get down on the floor to reach under my bed to retrieve them. The problem was when I tried to get up I just couldn't do it and there was no way I was going to call for medical help to get me up off of the floor. It might have taken a while and a lot of effort but I pulled myself up on a chair, but that took about thirty minutes. Now, that was my workout for the day.

This situation prompted me to come up with an idea for an invention. "Just remember you heard it here first."

Why doesn't someone make something like a folding table that is motorized to go up and down so you could lay on it, lower yourself to the floor, reach under a bed or chair and with your handy grabber they gave you with that lift chair, pick up what you need and then it can return you to a standing level.

I know someone that fell lately and even though there was someone home the person that fell was too heavy for them to lift, so they had to call someone to come from across town to help. My invention would have solved that problem. I have had dreams of those chairs that lift you up and what if they malfunction and pitch you face first on the floor? They better give you one of those medical alert buttons when you buy the chair so you can yell, "That damn chair just pitched me on the floor and I can't get up." With my new invention, I could call and say; "Never mind, I've fallen but I can get up by myself, thank you!"

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## Planning for Pequabuck River Kicks Off in Public Presentation

On Wednesday, March 9, the Farmington River Watershed Association (FRWA) will host a public informational session in Bristol about a new project underway to develop a “watershed based plan” for the Pequabuck River basin. As noted by FRWA’s Executive Director, Eileen Fielding, there are several reasons to do an updated plan. “The Pequabuck Valley has beautiful upper reaches and tributaries. And the main stem of the Pequabuck runs through built-up, paved areas where rain and snowmelt flush contaminated water into the river. A plan can guide us in protecting the good spots and finding remedies where there are pollution problems.” An additional reason for the plan is financial. Fielding adds, “This type of plan is required by the U.S. Environmental Protection Agency before certain kinds of funding can be requested for projects along the Pequabuck River. A completed plan could make it easier for towns or agencies to get help for projects to reduce polluted stormwater runoff.”

Many partners are involved, including representatives from the towns along the river, the Pequabuck River Watershed Association, the Connecticut River Watershed Council, and Trout Unlimited. The planning is funded in part by the CT Dept. of Energy and Environmental Protection through a U.S. Environmental Protection Agency Clean Water Act Section 319 Nonpoint Source Grant. The project will examine the whole Pequabuck drainage area, including Poland River and Coppermine Brook. Portions of the waterways are not meeting their “designated uses” because of pollution problems. The study seeks to identify sources of pollution, and develop a plan for protecting and improving water quality. Technical work is being handled by Princeton Hydro Engineering, with assistance from all partners.

According to Michael Martin, environmental scientist at Princeton Hydro, “It’s important for local people to know about the project and share their thoughts at an early stage. The March 9 presentation will show where we are in the process, and what the plan will focus on. We also want to hear from people, so it’s a two-way exchange of information about the river.”

All are invited to attend at 7 PM on March 9 in Room 3 of Bristol Public Library, 5 High Street. More information is available on the FRWA website, [www.frwa.org](http://www.frwa.org), or by contacting Aimee Petras, [apetras@frwa.org](mailto:apetras@frwa.org) or 860-658-4442 x201.

## State Sentor Henri Martin, 31 District Announced:

At noon on Tuesday, Feb. 23, a public hearing was held at the Legislative Office Building on a resolution to honor America’s fallen soldiers.

**Referred to Committee on VETERANS' AFFAIRS**  
**Introduced by:(VA)**

### RESOLUTION HONORING AMERICA'S FALLEN SOLDIERS

Resolved by this Assembly:

**WHEREAS**, some 1.4 million American members of the armed forces have given their lives in various wars in defense of freedom; and

**WHEREAS**, the State of Connecticut and the nation as a whole should honor their service and sacrifice in perpetuity; and

**WHEREAS**, the highest salute our nation can bestow on our military or public officials, including the President of the United States, is formally known as the "Twenty-One Gun Salute"; and

**WHEREAS**, Americans who have given their lives in defense of the nation should be honored in a manner commensurate in dignity with the "Twenty-One Gun Salute"; and

**WHEREAS**, observing a twenty-one-second moment of silence is an appropriate way to honor our fallen soldiers; and

**WHEREAS**, out of the thirty-one million, five hundred thirty-six thousand seconds in a calendar year, two hundred fifty-two seconds should be utilized to honor Americans who have given their lives defending freedom to observe a twenty-one-second moment of silence each month and, in doing so, help this generation and future generations understand and respect the sacrifice made by these brave soldiers.

**NOW, THEREFORE, BE IT RESOLVED**, that the Connecticut General Assembly encourages the citizens of this state to honor, on the twenty-first day of each month, those who have fallen in military service to our nation during times of war by flying the United States flag at half-staff and pausing for a twenty-one-second moment of silence in remembrance of their heroic sacrifice.

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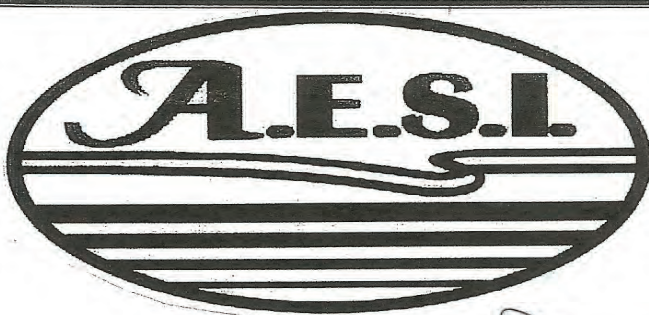
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### Letters to the Editor for the April Edition

All Letters must be submitted by March 15th No exceptions, please limit words to 300 All letters must have your name , address & phone number The volunteer staff reserves the right not to publish letters and the right to edit all letters E-mail to: **[hmtnn@comcast.net](mailto:hmtnn@comcast.net)** If you don’t have a computer you may mail to: Hometown Connection, 27 Sherman Street, Plainville, CT 06062 Must be received by the 15th of the month we are getting short on space each month.



*In Case you missed this.....*

# HOME KIT Anti Theft Dots

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## Get Involved..... It is rewarding to Volunteer

The Plainville Town Councilors announced the following openings on the Town Boards & Commissions. Contact the Councilors by calling Lisa Metayer 860-793-0221 Ext.#205 for a Board or Commission application that would be of interest to you or leave a message for a Councilor for more information.

### VACANCIES WITHIN BOARDS AND COMMISSIONS:

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- CONSERVATION COMMISSION
- CLEAN ENERGY TASK FORCE
- INLAND WETLANDS COMMISSION
- PLANNING & ZONING COMMISSION
- RECYCLING & SOLID WASTE COMMISSION
- ZONING BOARD OF APPEALS

\*\*\*\*\*  
You may secure an application at the Town Manager's office,  
1 Central Square, upper floor.  
The Municipal Center is open:  
Monday to Wednesday 8 a.m. to 4 p.m.  
Thursday 8 a.m. to 7 p.m.  
Friday 8 a. m. to noon

Interested in joining

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Chess Club

Contact Peter Gladis  
Peterglad@aol.com

## From the Desk Of: Chief Matthew Catania

### ORDINANCE PROHIBITING ALL-NIGHT PARKING BE IT ENACTED

by the Town of Plainville and Town Meeting Duly Assembled: SECTION 1. It shall be unlawful from December 1 to April 1 for the owner or operator of a motor vehicle to allow such vehicle to stand on any street in the Town of Plainville for more than (1) one hour between the hours of Twelve (12) midnight and six (6) A.M. on any given day. SECTION 2. The Director of Public Works, or his designated agent, may direct the removal of any vehicle parked in violation of Section 1 of this ordinance. SECTION 3. Any violator of this parking ordinance shall be fined \$50.00 for each offense, and, in addition, shall pay for the towing, moving, parking and storage of any vehicle removed in accordance with this ordinance. Approved at Special Town Meeting February 27, 1959 Amended by Town Council June 19, 1978. II-05-1

## Almost Home & The Town

As of this writing six dogs and six cats remained homeless from the shelters closing in December. The closing took place after complaints of crowded and dirty conditions were made about the shelter. Animal Control Officer Donna Weinhofer oversaw the veterinary care and placement of the animals to local shelters. Judge James Abrams stated "The animals have had it tough enough and I want to get the adoptions done with before we state pointing fingers" Many Almost Home supporters have apologized to the Town Manager and Town Councilors for their abusive comments.



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Thank  
You!**

TRANSFER STATION

From Desk Of:  
Dominick Moschini,  
Superintendent of Roadways

The Transfer Station on Granger Lane will be open for the season on

Saturday, April 2, 2016.

The hours of operation are  
8:00 AM to 3:00 PM.  
SATURDAY'S ONLY.

Plainville residents must show identification. There is a fee for disposal.

If you have any questions, please call Public Works at 860-793-0221 ext 208 from  
8:00AM to 4:00 PM  
Monday thru Wednesday,  
Thursday, 8:00 AM to 7:00 PM  
and  
Friday, 8:00 AM to 12:00 PM.

2016-17 Proposed Town Budget

The proposed Town Budget will be presented at the Town Council March 7th meeting.

Andrea Saunders, Chair of the Board of Education reported the board will present a 1.48 percent increase.

Chairwoman Saunders also reported the board established a search committee for a replacement of the Superintendent of Schools. Superintendent Jeffrey Kitching will step down on April 18th.

Town Manager Robert E. Lee stated "Our budget will be based on the current state aid proposed to municipalities by the Governor. He said that he met with state leaders on both sides of the aisle who said they don't want to touch state aid to municipalities. Town Manager Lee added the town had settled on the B of E final bottom line for the budget figures and that he thinks the public will be "pleased".

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# AARP: COST-EFFECTIVE HOME CARE, FAMILY RESPITE

## MUST BE A BUDGET PRIORITY

### Encouraged That Gov. Malloy Identifies These as ‘Core Services’

HARTFORD —AARP Connecticut, on behalf of more than 600,000 Connecticut members age 50+, is encouraged that today’s announcement by the Malloy Administration identified ‘promoting and supporting [an individual’s] choice to live with dignity in one’s own home and community’ as a critical core service in the state.

New data released this week supports home care and family respite as prudent economic investments. The report by Health Management Associates shows that delivering home care and family caregiver respite is three times more cost-effective than taxpayer funded, institutional care, and that 88 percent of seniors prefer to age in their own community as long as they are able. The report, Home- and Community-Based Services in Connecticut are Cost-Effective Investments, also reveals that an estimated 459,000 unpaid family caregivers support loved ones in Connecticut, providing 427 million hours of care with an economic value to the state of \$5.93 billion.

AARP Connecticut urges the Governor and state legislators to support independent living options for seniors, including full funding of the Connecticut Home Care Program for Elders (CHCPE) and Alzheimer’s respite care offered under the Statewide Respite Care Program. These programs ensure seniors and family caregivers have access to the best resources in the community, including home care and adult day care.

AARP will work with the Governor and legislators in both parties to spark new solutions so more people may choose how they live and age,” said AARP Connecticut State Director Nora Duncan.

The Connecticut state budget must:

Preserve and enhance funding for cost-effective programs, like the Connecticut Home Care Program for Elders, and Alzheimer’s respite care, which allow thousands of frail elders to access affordable, high quality services at home and maintain their independence;

Pursue strategic initiatives that increase the number of older people who receive home- and community-based services by streamlining eligibility, expanding Connecticut’s long-term services infrastructure, and securing additional federal reimbursements for home-care services.

*Submitted by” Plainville Chapter #4156, Sally Miller President.  
The Chapter meets on the 3rd Wednesday of each month at the  
First Bible Church, Unionville Ave. at 1:00 P.M.  
All National AARP members are welcome to join the  
Chapter’s meetings as our guests. “Looking forward to meet you!”*

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# The Looney-acy of Arrogance

*By: J.R. Romano*  
*Connecticut Republican State Party Chairman*

Senate President Martin Looney recently published an op-ed calling on business leaders to get Republicans to stop posturing and come to the table to fix Connecticut’s fiscal issues.

***Senator, you are joking right?***

In a state where the Connecticut Democrat Party has had control of the legislature for more than 30 years and the Governor’s office for the last 6, you want to blame Republicans for lack of cooperation?

That is like being the CEO blaming the person who answers the phone at the front desk for the company going under. Because honestly Senator, that is all the Republicans have been doing -- answering the calls of struggling families and businesses who are being crippled by high taxes, the high cost of doing business and lack of opportunity under Democrat control in Connecticut.

You have pushed and supported every tax, new fee, every increase in spending. People are struggling in this state because of you and your failing policies. The Republican attempts to curb your voracious appetite for raising revenue and make long term solutions have fallen on deaf ears.

Our population is shrinking, we have lost a fortune 5 company, the demand for social services like food stamps are on the rise. Yet, you beat your chest like Connecticut is thriving. Your arrogance is breathtaking. You creatively talk about Republican “NO” votes on things like property tax relief, but fail to mention the bill included the 2nd largest tax increase in state history. You mention Jackson Labs but fail to mention that it cost the state 970k per new job. That type of irresponsible thinking has put Connecticut in peril.

And now that we are in peril, you are calling on Republicans to vote “YES”. What have you given us to vote “YES” on, exactly? More failure that you and your leadership represent? More spending and creative ways to bleed every family and business in this state dry?

Senator Looney, our fiscal house is crumbling, our pension funds are depleted, our bonding capabilities are nearly exhausted and the Republican Party is standing on the principle that enough is enough. Too many businesses and families are leaving Connecticut because of the Democrat budget fiasco and lack of long term solutions.

Senator, what you really want is capitulation -- not participation. You are trying to shame Republicans into doing the wrong thing for our state.

You and your party have created a big mess in this state, and now you want Republicans to put blood on our hands for your fiscal and leadership blunders? As Chairman of the Republican Party, I’m happy to stand up and say “NO” to that.



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# Candidates and Constitutional Issues

By: Francis Rexford Cooley

As the candidates for President present their policy positions to the American voting public and the press covers the campaign like a horse race two major candidates: one Republican, one Democrat would raise serious Constitutional issues should either be nominated and win the Presidency. These issues could easily plunge the nation into a Constitutional Crisis.

Texas Senator Ted Cruz was born on 22 December 1970 in Calgary, Alberta in the country of Canada. Since his mother was born in Delaware and had United States citizenship Ted Cruz was automatically naturalized under Section 301 (g) of the Immigration and Naturalization Act. However the United States Constitution states “No person except a natural born Citizen, or a Citizen of the United States, at the time of the adoption of this Constitution, shall be eligible to the Office of President; neither shall any person be eligible to that Office who shall not have attained to the Age of thirty-five Years, and been fourteen Years a Resident of the United States.” (Article II, Section 1 [5]). Congress is granted the power, “To establish a uniform Rule of Naturalization,” in the Constitution (Article I, Section 8 [4]). As the Founders chose to use two distinct terms “Natural Born” and “Naturalization” in the body of the Constitution it must be assumed they considered the two types of citizenship distinct with only “natural born citizen[s]” eligible for the Office of President.

The two previous candidates nominated for President not born in a State were both born in United States Territories: Barry Goldwater born in 1909 in the Territory of Arizona and John McCain born in 1936 in the Panama Canal Zone. The Territory of Arizona became the State of Arizona in 1912. The Panama Canal Zone was under United States control as an overseas Territory from 1903 until 1979 when the territory was put under joint control of the United States and Panama until the full transfer of authority to Panama in 1999. In both cases Barry Goldwater and John McCain were considered “natural born citizens” and eligible to assume the Office of President if they had won their respective elections. Such a status does not apply to Senator Cruz. His nomination and election would invariably lead to the issue going to the Supreme Court of the United States and a Constitutional crisis.

Former Secretary of State Hillary Clinton’s conduct as Secretary of State raises its own legal and Constitutional issues. The controversies surrounding Sec. Clinton’s conduct with regard to her use of private email and a private email server for official State Department business, including hundreds of with classified material according to numerous media outlets, has raised the specter of a criminal indictment. Similarly issues with foreign donations to the Clinton Foundation and Sec. Clinton’s fundraising activities for the Clinton Foundation during her term as Sec. of State have been raised as well. While Sec. Clinton may well be spared indictment by the Obama Administration’s Justice Department should she be elected President she may very well face Impeachment for actions take prior to her election as President Nixon did in 1974 for conduct that originated prior to his 1972 re-election and Vice-President Agnew would have faced had he not resigned as part of his plea bargain to tax evasion charges and avoid bribery charges stemming from his time as Governor of Maryland.

Would a Republican House spare Sec. Clinton impeachment for her misconduct as Secretary of State? Would a Republican Senate vote to acquit? Though she might survive a bruising Impeachment battle could Sec. Clinton effectively govern with such a Sword of Damocles hanging over her head? How would the Supreme Court rule on the issue of Sen. Cruz’ eligibility to be President? In either case both candidates almost essentially assure a Constitutional crisis if either is elected that would define their Presidencies no matter how long or brief.

***\*Francis Rexford Cooley teaches History at Paier College of Art.***

# “I.T. Jim’s” ....



## Should Phone Makers Open Back Doors for Government?

In February, a California Magistrate ordered Apple to help the FBI hack into an iPhone belonging to one of the San Bernardino Islamic extremist terrorists. Unlike what many have perceived from the media reports, Apple is not being forced to hack the phone themselves. They are being asked to help prevent the phone from automatically erasing itself so that the FBI can continue to try to unlock the phone.

To clarify, Apple’s iPhone has a self-destruct feature that automatically erases the content on a phone after a certain number of attempts to unlock it have failed. The FBI wants to bypass the self-destruct so they can continue to try unlocking the phone themselves. The magistrate also left open the possibility that if Apple cannot do this, they could respond to the court explaining why it cannot be done.

According to media reports, the phone is property of the terrorist’s employer, the County of San Bernardino. As an IT manager myself, I wonder why the county itself, as owner of the phone cannot gain access to it. If an employer purchases a phone for one if it’s employees for work, that employer should own the rights to its content. I would expect to have full access to its content should the person have his or her employment terminated. In practicality, this may not be possible if the county IT department did not make provisions to maintain access after an employee is terminated.

Media and opponents of this are claiming that the FBI is asking for a “god key” to access any device. I’m not sure I see it that way. They just want Apple to prevent the phone from automatically erasing. That’s it. The FBI itself is attempting to gain access to the protected information, not Apple. Which in and of itself is unsettling.

I am conflicted on this issue. On one hand I want our government to be able to extract as much intelligence as they can to protect the American citizens. Terrorists including Islamic extremists are taking advantage of secure technology to communicate and advance their murderous agendas. On the other hand, I don’t want the government to invade my privacy. Weakening the security of our personal private information on our phones and computers makes us all more vulnerable to cyber threats including identity theft.

In this particular instance, there is the grey area that I mentioned about the ownership of the phone and the owners’ rights to the data on it no matter who is using it. I personally believe the county of San Bernardino California has the right to gain access to that phone. Unfortunately, the reality is that their IT department probably did not adequately prepare for this eventuality, allowing the employee to create his own identity on the device instead of a company identity for that employee. The county also may not have set a policy determining the limits of an employee’s privacy on a county owned device.

In any matter, this is a precedent setting moment that can determine our future privacy limitations as American citizens. I expect this will make its way to the Supreme Court. With the court politically divided 4 to 4 with the loss of Supreme Court Justice Antonin Scalia, and amidst the craziness of a Presidential election year, I am very interested where this matter falls.

I really would love to hear from you with ideas for future columns or your response to my opinions expressed in this month’s column. Please email me at [jim-phc@gmail.com](mailto:jim-phc@gmail.com) with ideas and suggestions.

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# Manafort Low Bid

On Friday, February 19, 2016 bids were opened for the demolition of Old Linden Street School. Five bids were received. (see attached) The low bid was submitted by Manafort Brothers, Inc. of Plainville with a base bid of \$1,535,000. The next highest bidder was Weise Construction, Inc. of Norwich, CT in the amount of \$1,792,000.

On Monday, February 22, 2016, the Capital Projects Building Committee reviewed the bids and has recommended that the contract be awarded to Manafort Brothers, Inc. of Plainville in the amount of \$1,761,000. This amount includes the Base Bid plus Alternate 1. Alternate 1 would construct a parent drop-off and parking area and provide an outline of the current building footprint. The project has also budgeted \$262,315 for design and construction administration services. Coupled with the recommendation of the Building Committee, the current anticipated expenses total \$2,023,315.

The FY16 Town Budget included a project budget authorization in the amount of \$2,635,813 for the demolition of Old Linden. As it stands right now, the project is under budget by \$612,498. In addition, the local share of the project (after state reimbursement) is also under budget in excess of \$300,000.

The Town Council has scheduled a Special Meeting for this evening (Tuesday, February 23rd) at 6:00 pm to act on the recommendation of the Building Committee to award the contract to Manafort Brother, Inc. in the amount of \$1,761,000. The reason for the Special meeting is because there is a tight timeline to perform work over the next couple of months and especially during the April vacation (week of April 17th) when Old Linden will be physically separated from the existing school. The demolition of the school will occur over the summer months. If you have any questions, please contact me. Robert E. Lee, TOWN MANAGER 860-793-0221 EXT. 201

## CHECK IT OUT...

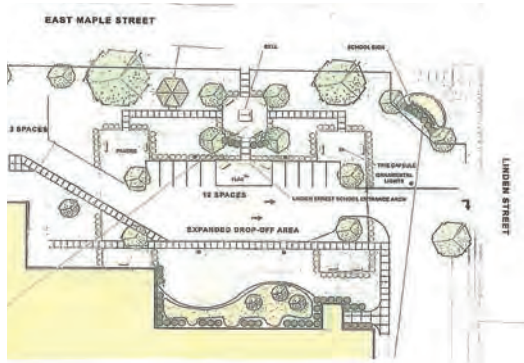
Rich Ireland made a video of the stunning mural on the wall opposite the Principal’s office. You can find it on Facebook, click on the PLAINVILLE TALKS page. Nan Eberhardt has done some fascinating research on the mural and will fill us in on its artist and literary basis soon.

## LINDEN CORNER

WE ARE HERE!!!

History - Nature - Conservation

Ask the Linden Project Committee  
Submit your Historical Questions  
Ask Nan and Rose



In depth articles on the artifacts - Pictures - Progress notes from the site - Interviews  
The “Linden Corner” will be dedicated to reporting and discussing progress involving the Old Linden Street School project. Keep watching!!!

Did You Know? Do You Remember?

Plainville Historical Center 29 Pierce Street, Plainville, CT 06062  
Phone 860-747-6577

## \*\*\*\*\*THE FISH POND\*\*\*\*\*

So many of Linden’s kindergarten alumni recall the fish pond, the committee felt it should be addressed. We have been unable to secure a picture of it and request, if anyone has one, would you please allow us to copy it for publication?

There seemed to be some conflicting images of the famous fish pond, so I contacted my “go to” person for information about such things—Mary Ziccardi.

She told me that she remembers it vividly. We figured out that she went to Kindergarten at Linden in the fall of 1931, that would be soon after the first addition to the original 1924 building. Yes, she says there was an actual pond filled with water in the kindergarten and two large fish lived in it. It was made completely of bricks. She recalls that it was placed in front of a semi-circular window and the sun shining on the water made it sparkle. It was, by a 5 year old’s reckoning, about 6’ in diameter. It was round (or maybe hexagonal) and there was a bubbler in the center to circulate the

water that came from faucets inside the 2’ high brick wall that surrounded it. Boys from the class were selected by the teacher to be in charge of feeding the fish and that responsibility was considered to be quite an honor.

Once, on a very rare occasion, the teacher left the room to go to the Principal’s office. Mary says that Walt Majsak and another boy (she does not recall who) took off their shoes and socks and were wading in the pool, to the horror of Miss Cordan when she returned. Mary recalls that they were banished to an adjacent room and made to stand against the wall with their hands over their heads for, what seemed to her, a very long time.

Mary recalls the pond being empty, perhaps at the end of the term, but in her adult perspective she wonders if the fish may have died from over feeding.

Please feel free to comment or add your memory.

Janice Eisenhauer

THE NEXT MEETING OF THE COMMITTEE--  
WILL BE FRIDAY MARCH 4 AT 2 PM AT  
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## Students Rock Award Winners Announced



Plainville High School students Jamilex Rosado-Rivera, Daniel Costantini

and Robert Ryan have been named recipients of the high school's Students Rock Award. In seeking a way to honor students who "do the right thing every day," the Plainville High School Mentoring Committee, comprised of high school faculty members and led by fellow faculty member Maria Colangelo, created the Students Rock Award during the 2009-10 school year. According to the nomination guidelines created by the committee, students to be considered for the award must assume responsibility for their behavior, contribute to the school and community, and appreciate the benefits of a physically, emotionally and socially healthy lifestyle. Jamilex Rosado-Rivera, a senior, was nominated by Plainville High School faculty and staff members Michele Tavernier, Cindy Birdsall, Kelly Brasile, Alfred Lesage, and Ken Fusco. Daniel Costantini, a senior was nominated by high school faculty and staff members Deb Seibert, Maria Fazio Colangelo, Eileen Hebert, Kerry Patterson, and Jeri Lynn Turkowitz. Robert Ryan, a junior, was nominated by high school faculty and staff members Jeri Lynn Turkowitz, Deb Mosebach, Lena Pietri, Paris Godbout, and Donna Schwartz. Rosado-Rivera, Costantini, Ryan, and their families were honored on February 17 at a high school faculty meeting.

## PHS Hosts National Mentoring Month



In recognition of National Mentoring Month, Plainville High School hosted a student assembly on January 29th for the +KIK (Positive Kids Influencing Kids) and Devil's Advocate Peer Mentoring Program. Tony Collins, a retired NFL Patriots player, was the guest motivational speaker. He spoke to the peer mentoring groups and student body about making right choices in life and what mentoring and being a leader means to fellow peers. This event was made possible by a grant from the Governor's Prevention Partnership and the Connecticut Mentoring Fund.

## DISTRICT ENERGY CONSERVATION PROGRAM ACHIEVES SAVINGS MILESTONE & ENERGY STAR CERTIFICATION



*From Left: Superintendent of Schools Dr. Jeffrey Kitching, Cenergistic Vice President Paul Hamman, Plainville Community Schools Energy Specialist Lynn Davis, Plainville Board of Education Chair Andrea Saunders, Plainville Community Schools Maintainer Mike Dixon and Plainville Community Schools Director of Facilities Steve Busel*

Plainville Community Schools has achieved over \$1,066,000 in cost savings in 3.5 years, since partnering with Cenergistic, a national energy conservation company, according to Superintendent of Schools, Dr. Jeffrey Kitching. In addition, all five district school buildings have recently earned EPA's ENERGY STAR Certification. This recognition is presented to the most energy efficient buildings in the country. "Reaching this savings mark and receiving this recognition from ENERGY STAR is a significant milestone. Plainville Community Schools has achieved success by consistently implementing the organizational behavior-based approach to energy conservation and maintaining productive efforts at all levels of the organization. The Superintendent and Board, along with administration, faculty and staff members are to be commended for clearly fulfilling their commitment to being good stewards of the taxpayers' money and the environment," said Dr. William S. Spears, Chairman and Founder of Cenergistic.

## UNIFIED SPORTS PROGRAM THRIVES IN PLAINVILLE!



The Unified Sports Basketball Program at Plainville High School

continues to build momentum after becoming reenergized in 2014 following a decade long hiatus, while this year, the elementary schools in Plainville will also launch a Unified Sports program. Unified Sports seeks to join students with and without disabilities to participate in a variety of athletic events. The program began in 1992 under a partnership between the Connecticut Association of Schools and Special Olympics Connecticut to expand athletic opportunities for students of all abilities. According to Unified Program Coach and Plainville High School Faculty Member Cindy Birdsall, participation in the Unified Basketball Program began at the high school in the 1990s as a collaboration with what was then known as the "Best Buddies" program at the high school that paired special needs students with role model peers at school.

## PLAINVILLE COMMUNITY SCHOOLS KINDERGARTEN REGISTRATION INFORMATION

Children who will be five (5) years old on or before January 1, 2017 are eligible for kindergarten (full day program) in September, 2016.

To obtain materials for kindergarten registration, please contact one of the following elementary schools, beginning March 1, 2016, between the hours of 9:00 am. to 3:00 pm:

Linden Street School: (860) 793-3270  
Louis Toffolon School: (860) 793-3280  
Frank T. Wheeler School: (860) 793-3290

## Key Administrative Changes Announced

Ms. Rosa M. Pérez, currently an assistant principal at Plainville High School, has been named Director of Curriculum, Instruction and Assessment, and Leanne Gmeindl, currently the Special Education Instructional Leader and a reading specialist at the Middle School of Plainville, has been named Supervisor of Special Education Instruction, according to Superintendent of Schools, Dr. Jeffrey Kitching. Pérez will replace current Director of Curriculum, Instruction and Assessment, Dr. Linda Van Wagenen, who will retire in June. Gmeindl will replace current Supervisor of Special Education Instruction, Anne Walsh, who will retire in June. "These are critical administrative positions for our school district, so I am thrilled we have the opportunity to promote such highly qualified and respected professionals from within. It is a testament to the district and our personnel," said Superintendent Kitching.

## Toffolon Sponsors Candy Drive



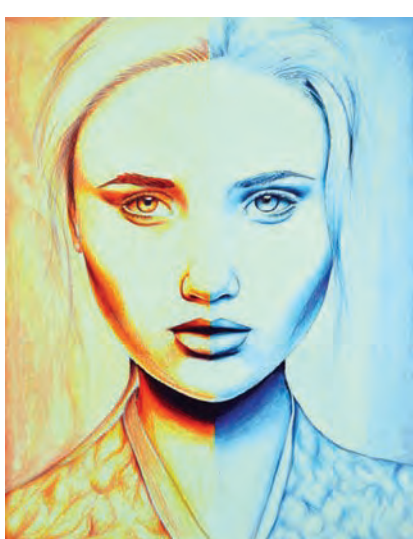
Members of the Louis Toffolon Elementary School Student Council held a successful candy drive to send to Veterans and troops overseas. Following Halloween, students and their families donated candy from their trick or treat bags. The students counted close to 11,000 pieces of donated candy that weighed several hundred pounds. The Plainville Community Food Pantry and a local volunteer organization assisted in delivering the treats.

*I Pledge Allegiance to the Flag....*





# Plainville High School Students Receive Honors in 2016 Annual Connecticut Scholastic Art Awards Program



*Amanda Michaud -- Grade 11  
Silver Key Award  
Drawing and Illustration*



*Katie Schmidt -- Grade 11  
Silver Key Award  
Drawing and Illustration*



*Kaylee Roux -- Grade 12  
Honorable Mention Award  
Ceramics*



*Lauren Yorski -- Grade 12  
Silver Key Award  
Ceramics*

Five Plainville High School students were recently selected to receive honors in the 2016 Annual Connecticut Scholastic Art Awards program, in the areas of Drawing, Ceramics and Painting. The artwork was recently on exhibit at the Silpe Gallery, located on the University of Hartford campus. The 2016 Connecticut Regional Scholastic Art Awards exhibition features select work from over 130 participating public and private Connecticut schools in grades 7-12. Student artwork is juried by professional

artists and university art faculty and is selected on merit for inclusion in a statewide art exhibition held at the Hartford Art School. Beyond the honor of being selected for this high quality exhibit, students may be awarded Gold or Silver keys and Honorable Mention Awards in each of 17 media categories. The Connecticut Art Education Association and the Hartford Art School at the University of Hartford sponsor the exhibition. The following award winners represented Plainville High School.



*Isabella Fil -- Grade 12  
Silver Key Award  
Drawing and Illustration*

-D-

B

-K-

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with other offers or prior purchases. Expires 3/31/16

Of The United States of America



# 7th Annual Connie Wilson Collins Exceptional Women Concert

Queen Ann Nzinga Center, Inc. hosts its 7th Annual Connie Wilson Collins Exceptional Women Concert honoring outstanding women from the Greater Plainville, Bristol and New Britain community on March 19. The noteworthy women will be honored with poetry, dance, tributes and live musical performances from Nzinga’s Daughters and others.



Photo; Betty Harris, in purple, with backup singers Savannah Freitas, left of Plainville, Aaleya Hardy, of Bristol, Dayna Snell and Dillyn Caruso, of Plainville, before a recent performance at Bridge Street Live in Collinsville.

***The celebration will honor: Sue Bradley and Tabitha Wazorko-Manafort, of Plainville; Kendra Morales and Karen Vibert of Bristol; and Nicole Sanders, Ph.D., Rhona Cohen and Brenda Torres, of New Britain.*** Author, renowned speaker and past ‘Exceptional Woman’ recipient Lorna Little, of West Hartford, will serve as master of ceremonies. **Story on page 19**

# Svendgard-Joyce Wedding



Mr. and Mrs. Paul W. Vicinus Jr. Of Plainville are pleased to announce the marriage of their daughter **Brittany Elizabeth Svendgard to Matthew Joyce** son of Vallie Klein and Matthew Joyce, Sr. She is also the daughter of Mr. And Mrs. Gregory Svendgard of Land O'Lakes, Fl. Brittany is a graduate of Southern CT State University in New Haven and is a part-time elementary teacher. Matt is a professional baseball player and graduated from the University of Tampa. The marriage was performed by Paul Vicinus, Jr. on Saturday, January 23, 2016 at Bella Collina in Montverde, FL. The best man was Geoff Strickland and Matron of honor Krista (Corriveau) Vermeersch of Plainville. Groomsmen were Ryan Loveridge, Brandon Vicinus, Steve Miller, Matthew

Carlson, Justin Klein, and Bo Fischer. Bridal attendants were Danielle Joyce, Gina Memoli, Noelle Corriveau, Teresa Davis, Lauren Giordano, and Maria Giacobbe. Mr. and Mrs. Joyce will travel to Dubai, Thailand, and the Maldives before returning to their home in Tampa, FL. Grandparents are James Svendgard of Fla, Patricia Klein of Fla, Mr. And Mrs Paul W Vicinus Sr and Joan B. Sartori of Plainville.

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# 10<sup>th</sup> Anniversary

The Plainville  
Community Fund

Join the  
Celebration

on May 1st, 2016  
1:00 to 5:00 pm

## SAVE THE DATE!!!

BYRON TREDO  
"ROAST"

with Master of Ceremony  
~ AL TERZI ~

The Farmington Club



Our Lady of Mercy

K of C Hosting

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Sunday, March 13th—8:00 am to 10:30 am

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Donation for adults \$4.00, Children \$1.00

Children under 6 FREE

“Kid’s Corner”

St. Patrick’s Day & Easter Crafts

Open to the Public

Any questions please

contact Bill Brayne 860-729-7397

P.H.S. Class of 1986 Reunion

Plainville High School Class of 1986 will be having its 30th reunion at Testa's in Southington on April 30, 2016.

The reunion committee is searching for the following classmates:

Silvana Alfonso, Gary Andrews, Glenn Arnold

Laurie Ann Champagne, Donna Cote

Izabella Dudzik, Johanna Gorneault

Richard Hamilton, Kimberly Hogan

Alicia Jones,Roxanne Kane, Olivette Moore

Daniel Nadeau, Ronald Nimro, Holly Santacroe

Rachel Sunderland,Jeffrey Thibeault

Michael Varrato,Alex Walker

You may email any questions or information to

Debstohl@yahoo.com.

What's going on ? Check Here.....

Easter Pierogi

& Butter Lamb Sale

St. Lucian’s Residence

532 Burritt Street, New Britain

860-223-2123

Saturday, March 19th

8:00 am to 1:00 pm

Easter Butter Lambs, Pierogi, Babka, Golabki, Sauerkraut, Polish Style Soups & Polish Pastry

Exit 36 off 1-84 (Slater Rd. Exit) at end of Exit turn Right at 1st stop sign turn Left, at 2nd light turn left, just past next light is St. Lucian’s Resudence.

6th Annual

Pizza Feud of Plainville

Hosted by:

Plainville Chamber of Commerce

Monday, March 14th

5:30-7:45 pm

VFW - 7 Northwest Drive, Plainville

Admission Fee: \$10.00

The categories to be judged by a panel:

Best Cheese, Best Veggie, Best Meat

Best Speciality, Best Creative,

Best Buffalo Chicken

Overall determined by the People

COME VOTE FOR YOUR FAVORITE PIZZA!

DJ BB PRO will provide entertainment, 50/50 raffle and a cash bar is available.

This event is open to the public!!

Bring your family, friends, co-workers and children (Children 5 and under - \$5.00)

For additional information please call the Plainville Chamber of Commerce

at 860-747-6867

42nd Annual

Rotary Penny Sale

Saturday, April 9th

Plainville High School

Mark your Calendars

Rotary Club information on page 19



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Does an Elephant Truly Never Forget?

Scientists and reseachers over the years found it to be true:

elephants do have exceptional long-term memories.

Crossword

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
	20			21						22				
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47	48	49					50					51	52	
53						54					55			56
57						58					59			
60						61					62			

CLUES ACROSS

1. AFRAID FEELING

5. CAUSE TO BE EMBARRASSED

10. A GROUP OF HUNTING ANIMALS

14. AT SOME PRIOR TIME

15. PAPIER-\_\_\_\_, ART MATERIAL

16. DISNEY'S "\_\_\_\_ AND STITCH"

17. COLLEGE ARMY

18. ESSENTIAL OIL FROM FLOWERS

19. SOLO VOCAL PIECE

20. "BODYGUARD'S" FEMALE STAR

23. LIZ'S 3RD HUSBAND MIKE

24. A WEAPONS EMPLACEMENT

25. VAST DESERT IN N AFRICA

28. FASTEN BY SEWING

32. ORGANIC COMPOUND

33. COOPER'S HAWK (ABBR.)

34. IMMERSE IN A LIQUID

35. A BEATNIK'S ABODE

36. UTTER SOUNDS

38. USED ESP. OF DRY VEGETATION

39. LIVE IN

42. METRIC LINEAR UNITS

44. INDIAN FROCK

46. STAND FOR A COFFIN

47. THE GREAT EMANCIPATOR

53. BROWN COAT MIXED WITH GRAY OR WHITE

54. LIGHTLY FRY

55. NEW YORKER FILM CRITIC PAULINE

57. EUROPEAN SEA EAGLE

58. LASIOCAMPIDAE

59. ANOTHER NAME FOR IRISH GAELIC

60. DROOPS

61. CLAIRVOYANTS

62. PHONOGRAPH RECORD

CLUES DOWN

1. ON BEHALF OF

2. ENOUGH (ARCHAIC)

3. ADRENOCORTICOTROPIN

4. PUBLIC RECITATION

5. "GUNSMOKE" ACTRESS BLAKE

6. WAITED WITH \_\_\_\_ BREATH

7. \_\_\_\_-BREAKY HEART

8. SACCO AND VANZETTI

ARTIST BEN

9. THOSE WHO INSPIRE OTHERS

10. CAPABLE OF BEING SHAPED

11. CARDINAL COMPASS POINT (SCOT.)

12. TV ADVERTISING AWARD

13. ZEN BUDDIST RIDDLE

21. HILL (CELTIC)

22. UNIVERSAL STANDARD TIME

25. PASSOVER FEAST AND CEREMONY

26. ZANZIBAR COPAL

27. NE ARIZONA PUEBLO PEOPLE

29. PITH HELMET

30. SMALL TROUT-LIKE FISH

31. GREEK HELL

37. HERBAL TEAS

38. STRUCK A GOLF BALL

40. DASH

41. REMOVES WRITING

42. COAL LABORERS

43. OLD WORLD, NEW

45. MENTAL REPRESENTATION

46. SOMEONE WHO BITES

47. GREEK GOD OF WAR

48. ALBANIAN WORD FOR SNOW

49. RESOUNDED

50. SOLO RACING SLED

51. GULL SUBORDER

52. CRIMEFIGHTER ELLIOT

56. ALBANIAN MONETARY UNIT

Answer on page 30



# What's going on? Check Here.....

## Benefit Holistic Fair

**April 2, Saturday  
in Plainville at  
The LOOP**

**311 East Street (Rt10) on  
April 2—Saturday, 12–4pm**

15 Vendors, including but not limited to:

Readers, Tai Chi, Chair Massage, Healers, Custom Jewelry, Essential Oils, Personal Care Products, Natural Supplements, Hypnotherapy, Natural Soaps & Candles, Organic Skin care, Angelic Stones, and more.....

\* over 20 items valued at over \$300.00

**\*FREE RAFFLE\***

The event is a fundraiser for the Plainville Food & Pet Pantry

## To all members of PHS Class of 1966!

Our plans are continuing to move forward and we are hearing from several classmates, however, there are still more to be heard from! Our next planning meeting is scheduled for

**March 2nd at 7:00 p.m.  
at the Plainville Fire House.**

Anyone is welcome to attend. If you have contact information of any classmates or want more information contact:

David.laurie@snet.net

janeprior48@hotmail.com (Laz)

or Gwferreira@aol.com (Woerz)

## March Library Activities

The monthly movie for March will be shown **Thursday, March 10th** at 1:00pm and Saturday, March 26th at 1:30pm in the Peter F. Chase Auditorium. The film takes place during the Cold War as an American lawyer must defend a Soviet spy in court and then help the CIA facilitate an exchange with the Soviets. Based on true events, this movie is rated PG-13 and runs 142 minutes.

The **Wednesday Night Book Club** meets the third Wednesday of each month (**March 16th**) at 7pm. The Friends Book Club meets the first Tuesday of each month (March 1st) at 7pm. Both books are available at the Plainville Library Circulation Desk. New members are always welcome.

The Plainville Public Library will present a performance by the **New Britain Symphony** with vocals, flutes, and harps on **Thursday, March 24th** at 7pm in the Peter F. Chase Auditorium.

The **Friends of the Plainville Public Library book sale** will be Friday, April 8th from 6-8pm and Saturday, April 9th from 10am-3pm in the Peter F. Chase Auditorium. There is a \$3.00 per family admission charge for the Friday night sale. Saturday is free admission and the final hour of the sale will be a "bag sale" where customers can fill up an entire bag of items for a set price. All of the proceeds from the sale will go toward improving the library. Prices range from \$.50 for paperbacks to \$1.00 for hardcover books. There will also be DVDs, CDs, and audiobooks for sale.

For more information about any events being held at the Plainville Public Library please call the Library at 860-793-1446 or visit us at

[www.plainvillelibrary.org](http://www.plainvillelibrary.org)

*It is surely better to pardon too  
much than to condemn too much.*

## Children's Library March Events.

Registration for each person can be done in person or by calling 860-793-1450:

APPetizers, for caregivers and children 6 and under  
**Wednesdays March 9th and 23rd, 10:30 AM**  
Caregivers and children will explore new apps each week and learn about how to safely incorporate technology into children's lives. Tech-splorers, for kids in grades 4+

**Thursday March 10, 6:00 PM**

We'll use our iPads to explore creative apps. This session will be traditional versus tech art. Which will you prefer? LEGO® Challenge, all ages

**Every Thursday at 4:30**

Each week we'll feature a different theme so you can create something incredible with our LEGO® bricks. While creations won't go home, we'll take pictures and display everyone's masterpieces each week at the library.

**Plainville/Farmington Chess Club, grades K-12**

**Wednesdays, March 1- March 30 6:00 - 7:30**

Students in grades K-12 are invited to the Plainville and Farmington libraries for club play and lessons on the game of chess with Chess Instructor and Tournament Coach Alexander Lumelsky. Schedule is as follows:

March 2 - Farmington Library

March 9 - Plainville Library

March 16 - Plainville Library

March 23 - Plainville Library

March 30 - Farmington Library

**Dinner Movie Theater - The Good Dinosaur**

**March 22 - 6:00 pm**

Bring your dinner and a blanket and enjoy a movie in our auditorium.

**Flying Fingers Knit & Crochet Circle, All Ages**

**Fridays at 4:00**

Come learn to knit or crochet, or bring your current project.

**Mo Willems Party, All ages**

**Friday, March 18, 1:30**

It's a day off from school, so come and celebrate one of our favorite authors, Mo Willems! We'll share several of his hilarious stories (starring Elephant & Piggie, Pigeon, and more) and enjoy fun games and activities for each.

*Ericka Bajrami, Children's Librarian*

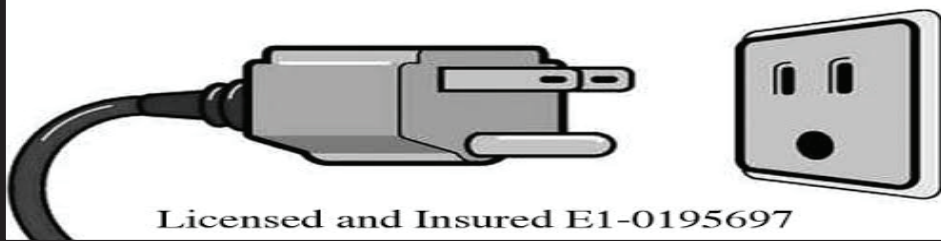
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## Dog Obedience Classes

The Plainville Recreation Department will be sponsoring Dog Obedience classes. The first class will be held without the dog on **Saturday, April 2nd from 9:00 - 10:00 a.m.**

The remaining six classes with dog will be held on Saturdays at 9:00 - 10:00 a.m. All classes are held at Norton Park. The classes teach basic dog obedience behavior and control as well as insight on behavior problems for ages 6 months and up. All vaccinations must be current. To register or for further information please contact the Recreation

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# LIVING HEALTHY CHEMICAL FREE

By:  
**Donna Ziccardi**

## What's that SMELL???

Fragrance! It's everywhere and in everything. I stopped going to Big Y because the chemical fragrance smell from their restroom air fresheners have saturated the store and is now imbedded in the food. When I raise a washed organic apple to my mouth, I do not want to smell bathroom air freshener and I do not want to taste it, either. Defeats the purpose of purchasing organic. I go to Whole Foods and their quality and variety of organics are better and the prices are actually cheaper.

Now I can almost hear some people say, what's she complaining about now? What could be wrong with a little perfume smell? Plenty! For starters, studies now show consumer scented products to be carcinogenic and known hormone disrupters, as cited by the President's Cancer Panel headed by renowned Dr. Anne C. Steinemann, PhD, professor of civil and environmental engineering, professor of public affairs at the University of Washington; plus other studies too numerous to mention here.

I would hope we all know what carcinogenic means, the Big "C", but let me explain a hormone disrupter. A hormone disruptor is a chemical that enters the body and wreaks havoc with your endocrine system, causing diseases such as diabetes, obesity, cancer, thyroid problems, insomnia, growth disorders and sexual dysfunction. It also interferes with the way

your heart beats, your bones grow, and the ability to make a baby.

Fragrances are also neurotoxins, interfering with brain functions causing brain fog, inability to concentrate, irritability, tremors, headaches and in some people seizures. "Fragrance" not only triggers asthma attacks but it is now on record as a known cause of asthma and breathing problems. Scented products are responsible for overloading the body with toxins causing joint pain, muscle aches and spasms, skin disorders (rashes) and eye and vision problems.

Other complaints reported by breathing air filled with fragrance are exhaustion, weakness, hay fever symptoms, dizziness, confusion, swollen lymph glands, heart palpitations, nausea, stomach cramps, vomiting, neuromotor dysfunction, and even loss of consciousness. Babies and children are even more vulnerable to these negative health reactions than are adults. The elderly and people trying to recover from cancer and other serious illnesses are particularly at risk when exposed.

Right now it is calculated that 30% (95 Million adults and children), or more, of the population is adversely effected by coming into contact with fragrances. Experts estimate this number to be higher as people and doctors are not linking the use of scented products to the illnesses being treated. In other words, we are making ourselves sick by the products we buy and consume; because it's trendy. How nice to "belong" and "fit in".

Unfortunately, if you choose not to use products with "fragrances", you are not safe. The problem arises when you come into contact with other people who smell like a walking toxic waste dump, spreading the deadly fumes into the air for others to breathe. This selfish air pollution is such a major problem now that it has been given the status of "second hand fragrance pollution". If you live on a street where people use scented laundry detergent and dryer sheets that are vented outside, this is now being considered a public health crisis and responsible communities are

outlawing the use of scented dryer sheets altogether. But!...we live in a "hurray for me, the hell with you" society and in the words of an ignorant person... "why blame me because you are sick."

Now that people are becoming sick and have even died due to their exposure to "fragrance", authorities are looking into this public health risk and conclude that fragrances in consumer products are toxic and harmful to EVERYONE! So you see, we have been "played", once again, by the Hegelian Dialectic....Problem, Reaction, Solution. Create the problem; brainwash people into thinking they NEED hazardous chemicals in their consumer products "to be cool". Reaction; people getting sick and dying. Solution; mandatory ban on these combinations of petro chemicals and coal tars and other carcinogenic chemicals that are protected by law from being listed on the label.

Second hand "Fragrance Pollution" is now considered to be more harmful and deadly than breathing in second hand cigarette smoke. And just like cigarette addiction, people are now considered "addicted" to using scented consumer products. You see people, you have been "played", all for the sake of the bottom line and monetary celebrations in the "board room". Talk about Human Sacrifice! Are you feeling very "special" now?

In the words of my "Alter Ego", Roxie Jones... "Don't get mad, Don't get even, Just Wait!.....and in the meantime, choose to live healthy chemical free.....

*Please visit my blog at [www.livechemicalfree.blogspot.com](http://www.livechemicalfree.blogspot.com) where you will find more articles on the adverse health effects of fragrance and what Bureaucrats plan to do about this wide spread health epidemic.*

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## GE and Imagine Nation Unveil Connecticut's First-Ever Makerspace for Early Learners

**WHAT:** GE and Imagine Nation A Museum Early Learning Center held on Tuesday, February 16 as they unveil the GE Makers Lab – the first-ever makerspace for early learners in Connecticut dedicated to nurturing young children's interest in invention, innovation and manufacturing. Makerspaces bring together manufacturing equipment, community and education for the purpose of enabling individuals to design, prototype and create manufactured works. They represent a new phenomenon being adopted by today's manufacturing leaders – including GE.

**Plainville, CT-based** GE engineers collaborated with the Imagine Nation team to conceptualize and design the GE Makers Lab. Early learners will not only learn about the technology changing the way today's makers and engineers invent and create, but will be able to make their own prototypes using the tools equipped in the lab:

**3D printer:** The 3D printers, controlled by the latest in engineering design software, will allow visitors to quickly and easily transform their designs into real prototypes before their eyes. Similar industrial printers can now create in metals and ceramics making the future of designing parts easier than ever before.

**Laser cutter:** A laser cutter can slice precise and intricate details through just about any material. Architects use it to speed up model-making, fashion designers cut patterns on clothes, and industrial designers now leverage it for intricate part creation.

**Magnetic whiteboard:** Early learners can dream up and sketch ideas on the whiteboard before beginning the design and prototyping process.

**Audio/Visual learning aids:** Throughout the makerspace, early learners can watch videos, see graphics and read other educational materials that explore what's happening now and what's changing the future of manufacturing around the world.

**The GE Makers Lab** will be unveiled as part of Imagine Nation's annual-Engineer's Day celebration. More than 20 local GE engineers will lead hands-on activities that introduce kids to the fun and challenge of engineering, such as making batteries out of lemons, constructing parachutes and testing them in a wind tunnel and designing egg drop structures.

**ABOUT:** GE is the world's Digital Industrial Company, transforming industry with software-defined machines and solutions that are connected, responsive and predictive. As part of its Garages program, GE has set up makerspaces around the globe to allow individuals to explore new tools, skills and software defining the future of manufacturing. At Garages, participants have worked with technical experts and partners to learn more about advanced manufacturing processes, and bring their wildest ideas to life.

**Imagine Nation** – A Museum Early Learning Center is operated by the Boys & Girls Club of Bristol Family Center and is an innovative integration of a preschool program and children's museum. Our Early Learning Center features a NAEYC-accredited school readiness program, leading the way in early childhood education. One hundred and twenty six families from various cultural and socioeconomic backgrounds are served every day. Inspiration and investigation flourish at Imagine Nation, featuring three floors of twelve interactive Museum Studios.

## Ask the Brayne...

Q. I would like to know the cost to resettle a refugee in the United States I'm very interested because I understand Connecticut is welcoming the refugees that the President is trying to bring to America.

A. *If the Illegal Immigrant is over 65, they can apply for SSI and Medicaid and get more than a woman on Social Security, who worked from 1944 until 2004. She is only getting \$791 per month because she was born in 1924 and there's a 'catch 22' (notch) for her. It is interesting that the Federal Government provides a single refugee with a monthly allowance of \$1,890. Each can also obtain an additional \$580 in Social Assistance, for a total of \$2,470 a month. This compares to a single pensioner, who after contributing to the growth and development of America for 40 to 50 years, can only receive a monthly maximum of \$1,012 in Old Age Pension and Guaranteed Income Supplement. Maybe our Pensioners should apply as Refugees!*

More information at: [www.nationalreview.com/article/425901/refugee-resettlement-united-states](http://www.nationalreview.com/article/425901/refugee-resettlement-united-states)

Q. What is the connection of Bunny Rabbits & Colored Eggs at Easter?

A. *Easter is celebrated in commemoration of the Resurrection of Jesus Christ. Making it a joyous Christian holiday, and it is linked with spring's arrival. Spring and Easter are symbols of new life. The egg is a symbol of fertility and new life. Eggs were forbidden food during lent in the olden days, people were happy at the end of lent to again eat them on Easter.*

*The rabbit (hare) is also part of celebrating spring. The hare is associated with the moon because they came out to eat at night. The hare stood for renewal of life and for fertility. Christians took it over and linked the two with Easter. Wearing new clothes on Easter Sunday is symbolic of off with the old and the beginning of the new.*

Q. How do I submit questions to you?

A. *To submit questions:* Call 860-747-4119, E-mail [hmttn@comcast.net](mailto:hmttn@comcast.net), write to Hometown Connection, 27 Sherman St, Plainville, CT 06062 or drop them at the office.

*Deadline for submitting questions is the 15th of each month.*

*Thank you for the above questions. Keep them coming!!*

*Happy St. Patrick Day & Easter to All!!!*

*Questions were easy this month.*

*I will be looking for yours for the next issue in April!*

*Thanks, Bill Brayne*

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# Are We Stupid???

*I asked a friend what he thought of Donald Trump’s statement about closing our doors to Muslims and this was the reply I received.*

## Are we stupid?!?!?!?

The war started in the 7th century and lasted through the 17th century. I would contend it never stopped but historically the facts below are correct. This is why I choke when I hear someone say we will defeat or contain these Islamic terrorists in a few years or even 30 years as recently stated by Leon Panetta. If the latest batch of murders, beheadings, and killing of innocent Christians has shocked you, maybe you should read this compilation of historical facts about the hatred of Muslims.

***This is all factually (and historically) correct - and verifiable:***

**In 732 A.D.** the Muslim Army, which was moving on Paris, was defeated and turned back at Tours, France, by Charles Martell.

**In 1571 A.D.** the Muslim Army/Navy was defeated by the Italians and Austrians as they tried to cross the Mediterranean to attack southern Europe in the Battle of Lapano.

**In 1683 A.D.** the Turkish Muslim Army, attacking Eastern Europe, was finally defeated in the Battle of Vienna by German and Polish Christian Armies. This crap has been going on for 1,400 years and half of the politicians don't even know it or prefer to bury their heads in the sand like ostriches whose eyes are bigger than their brains. If these battles had not been won, we might be speaking Arabic and Christianity could be non-existent; Judaism certainly would not exist.

**Reflecting:**

A lot of Americans have become so insulated from reality that they imagine that America can suffer defeat without any inconvenience to themselves.

**Pause a moment and reflect back.**

*These events are actual events from history. They really happened! Do you remember?:*

- 1. In 1968**, Bobby Kennedy was shot and killed by a Muslim male.
- 2. In 1972**, at the Munich Olympics, athletes were kidnapped and massacred by Muslim males.
- 3. In 1972**, a PanAm 747 was hijacked and eventually diverted to Cairo where a fuse was lit on final approach. Shortly after landing it was blown up by Muslim males.
- 4. In 1973**, a PanAm 707 was destroyed in Rome, with 33 people killed, when it was attacked with grenades by Muslim males.
- 5. In 1979**, the US embassy in Iran was taken over by Muslim males.
- 6. During the 1980's** a number of Americans were kidnapped in Lebanon by Muslim males.
- 7. In 1983**, the US Marine barracks in Beirut was blown up by Muslim males.
- 8. In 1985**, the cruise ship Achille Lauro was hijacked and a 70-year old American passenger was murdered and thrown overboard in his wheelchair by Muslim males.
- 9. In 1985**, TWA flight 847 was hijacked at Athens , and a US Navy diver trying to rescue passengers was murdered by Muslim males.
- 10. In 1988**, PanAm Flight 103 was bombed by Muslim males.
- 11. In 1993**, the World Trade Center was bombed the first time by Muslim males.
- 12. In 1998**, the US embassies in Kenya and Tanzania were bombed by Muslim males.
- 13. On 9/11/01**, four airliners were hijacked; two were used as missiles to take down the World Trade Centers and of the remaining two, one crashed into the US Pentagon and the other was diverted and crashed by the passengers. Thousands of people were killed by Muslim males.
- 14. In 2002**, the United States fought a war in Afghanistan against Muslim males.
- 15. In 2002**, reporter Daniel Pearl was kidnapped and beheaded by - you guessed it - a Muslim male. (Plus

two other American journalists were just recently beheaded).

**16. In 2013**, the Boston Marathon Bombing resulted in 4 Innocent people, including a child,being killed plus 264 people injured by Muslim males.

**17.** There were two mass shootings in **Paris, France**, Charlie Hebdo and the 130 who died last month by Muslims, mostly male.

**18. San Bernadino, CA** shootings at a Christmas party was perpetrated by a Muslim male and female, 14 dead many wounded.

***No Obama, I really don't see a pattern here to justify profiling, do you?***

So, to ensure we Americans never offend anyone particularly fanatics intent on killing us, airport security screener's will no longer be allowed to profile certain people.

***So, ask yourself "Just how stupid are we???"***

Absolutely No Profiling! They must conduct random searches of 80-year-old women, little kids, airline pilots with proper identification, secret agents who are members of the Obama's security detail, 85-year-old Congressmen with metal hips, and Medal of Honor winner and former Governor Joe Foss, BUT..... leave Muslim Males and females in burkas alone lest we be guilty of profiling.

***Ask yourself, "Just how stupid are we? "Have the American people completely lost their minds or just their Power of Reason???"***

Perhaps we need to send send this to as many people as we can so that the Gloria Allred's and other stupid attorneys, along with Federal Justices, who want to thwart common sense, feel ashamed of themselves -- if they have any such sense.

***As the writer of the award winning story "Forrest Gump" so aptly put it, "Stupid Is As Stupid Does."***

Each opportunity that you have to send this to a friend or media outlet... Do It!

**OR JUST SIT BACK, KEEP GRIPING, AND DO NOTHING.....**

(Continued from page 14)

## 7th Annual Connie Wilson

The event gives girls in the PRIDE program an opportunity to learn about successful local women and celebrate their accomplishments. The girls in the program will present skits that tell the stories of the honorees’ service to others.

The public is invited to attend the concert and celebration March 19 from 4 to 6 p.m. at Trinity-on-Main, 69 Main St., New Britain. Tickets are \$20 for adults, \$15 for students and seniors. To purchase tickets, visit <http://qanc.org> or call 860-229-8389. All proceeds help fund programming for the QANC, a nonprofit organization which emphasizes artistic expression and teamwork to build program participants’ skills and self-esteem.

The celebration is made possible with financial support from American Savings Foundation, the Greater Hartford Arts Council, Friends of Jimmy Miller, J. Walton Bissell Foundation, Elizabeth H. Norton Trust Fund, Wells Fargo and the New Britain Commission on the Arts.

About Queen Ann Nzinga Center, Inc.

QANC is named for a 15th Century African queen who protected her people from being sold into slavery. The name symbolizes the organization's aim to empower young people with life skills, academic support and experiences to thrive. QANC, in its 26th year, is a nonprofit 501(c)3 that serves a diverse, multi-racial and multi-cultural population of children and teens by providing arts and cultural enrichment in a multi-generational setting. The program uses the performing and creative arts to help participants achieve goals, build self-esteem, develop strong values, gain an appreciation of culture, learn about the rich African heritage and understand cultural diversity. These principles are then highlighted in the culmination of the year-long program in a multi-generational Kwanzaa performance held annually in late December. <http://www.qanc.org>

## Plainville Rotary Club

The Rotary Club of Plainville is proud to hold its 42nd annual Penny Sale on Saturday, April 9, 2016. This is one of three major fundraisers. Our Penny Sale draws quite a large crowd each year providing businesses and service providers with the opportunity to receive recognition. It allows us to support a number of community and international initiatives.

In 2015, we were proud to award more than \$28,000 in scholarships to Plainville High School graduates, and continue to help fund the Plainville Community Food Pantry and Fuel Bank, several YMCA summer camps for those less fortunate, PARC programs of Plainville, Salvation Army Soup Kitchen, and many other community projects and endeavors. During 2015 we raised funds to construct a storage shed at Trumbull Park’s expanded baseball fields. The Club provided a horse and carriage ride for the residents that attended the Annual Holiday Tree Lighting ceremony. Every December a selected number of less fortunate students from the Plainville elementary schools are invited to attend a Holiday Luncheon with a gift for each child.

These and all the other projects done by the Plainville Rotary Club have been made possible through the kindness of our local businesses. Therefore, a special page in our Penny Sale program will be dedicated to YOU, our very generous sponsors.

Please accept the thanks of all our members and the many residents who will ultimately benefit from your generosity!

Please mail your donations to:

Rotary Club of Plainville, P. O. Box 484, Plainville, CT 06062, by March 11th, 2016



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## Healthy-Behaviors

By: Linda Coveney, Integrative Nutrition Health Coach

### Is it Good to be "Bad"?

A recent diet promo for a popular daytime TV program caught my eye. This diet allowed participants to take a day off each week. Eat anything you want – one day a week.

I'm conflicted! On one hand it is appealing, and on the other, it has the potential to undermine your long term goals for optimum weight and health.

It is tough to diet - let's face it, none of us is perfect. When you cut calories, you can get cranky and hungry. Cravings increase as you give up sugar and other addictive foods. You end up spending more time thinking about food than you did before you decided to cut back. Your lifestyle changes as you let go of quick and convenient processed foods. Then there's the issue of what to order when eating out. Not to mention sorting out conflicting and confusing nutritional information. This is a lot to juggle along with busy lifestyles and other picky eaters at home.

Having that one day a week to eat whatever you want may be just the ticket to help you stick with the diet. You can also lose some weight in the process. That can't be all "bad". Unless of course, all you think about for six days is what delicious treat you will have on day seven. That creates stress and it's own host of problems!

It seems like there might be a better way to change your eating habits and keep the weight off. It's really all about the choices you make for this day off. Over indulging in cookies, cakes and ice cream on this one day can set back your efforts.

Cravings take time to break. For example, would you tell a smoker who is trying to quit that it is okay to smoke all you want one day a week? What really bothers me is that this day off can create a mindset that it is okay to reward our good intentions and efforts by eating the same types of food that got us into trouble in the first place.

How about taking a longer term view to find the right balance of whole foods that you enjoy and want to eat seven days a week? This won't happen overnight. It involves trying out different foods that satisfy your taste buds, fit into your lifestyle, and keep you full.

Make sure your plan provides good balance of good carbs, lean or non-meat protein and good fats to help keep your body in good operating order. Soon you will be less interested in eating foods that provide no real nutritional value or introduce chemicals and additives that cause stomach distress and weight gain. By eating right, you will be less likely to binge.

So, I checked out the rules on this day off diet. Despite the graphics that showed pictures of decadent desserts, the advice was to stick with moderation, limit high saturated fatty and sugary foods, take time to exercise, eat mindfully and drink lots of water. Turns out we are more in sync than I originally thought.

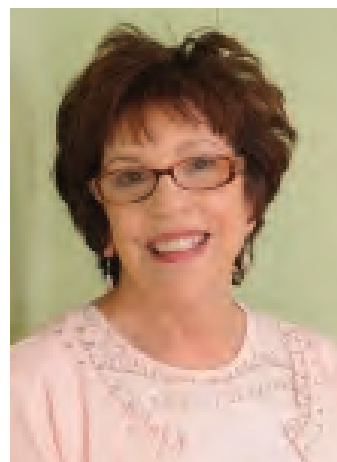
As they say, if something sounds too good to be true, it probably is.

I applaud anyone who has taken that first step to lose unwanted weight. If your current diet plan isn't working for you, consider how you can create new cravings for healthier foods that you will love and will love you back. Finding the ideal solution for you will promote health, vibrancy, clearer thinking and a strong body – inside and out. And if some day, you decide you want a piece of cake, go for it and don't fret about it. 90% of the time you are doing what is best for you. Being too rigid can be "bad".

To build your better meal plan, add in more of these foods:

- o Green leafy vegetables rich in fiber to help get your digestive system moving.
- o Good carbs in the form of vegetables, fruits and whole grain. You need carbs for energy.
- o Nuts, chia or flaxseeds, avocado, and olive oil, in moderation, are good for your heart and also help to keep you feeling full.
- o Beans, fish, eggs, yogurt (watch the sugar!) and lean meat. Get the protein you need for your metabolism.
- o Drink plenty of water. Water is good for your skin and muscles.

If you are still looking for a treat, why not reward yourself with a cooking class to learn how to make foods that satisfy your taste buds and tummy without adding unwanted weight. Don't go it alone. Enlist a health professional, health coach or knowledgeable friend for support.



**Linda Coveney**

Integrative Nutrition Health Coach | Insights® Discovery Expert | Speaker | Become your most vital self at work and home!

Linda helps open-minded teams and determined individuals take control of their choices, and create the robust health, success and happiness they deserve. She is also a Licensed practitioner for Insights Discovery®—The direct route to healthy, effective teams.

For more information about health coaching, wellness workshops or team and personal effectiveness, contact Linda at [www.healthy-behaviors.com](http://www.healthy-behaviors.com) or [lindacoveney@healthy-behaviors.com](mailto:lindacoveney@healthy-behaviors.com)



## Women’s Leadership LIVE Aims to Educate and Inspire Women Toward Leadership Roles

Linda McMahon, co-founder and former CEO of World Wrestling Entertainment (WWE), has partnered with Stacey Schieffelin, founder and president of ybf Beauty; and social media strategist Debbie Saviano to launch a new company aimed at promoting leadership opportunities for women.

“Our goal is to build a world where women obtaining and exercising power is both expected and commonplace,” McMahon said.

Women’s Leadership LIVE, LLC, will organize live events featuring workshops, keynote speakers and panel discussions and will offer ongoing mentorship opportunities. It aims to educate women on how best to launch and grow a business, advance their careers toward leadership roles, and identify and pursue leadership opportunities in public service.

“Even in 2016, women are clearly underrepresented in leadership,” McMahon said. “Women are 51 percent of the population but only 20 percent of Congress. Women earn the majority of college degrees but on average only make 78 cents on the dollar. Women make 80 percent of household spending decisions, but only 5 percent of Fortune 500 companies are led by women. Only 17 percent of corporate board members are women. This is not about setting quotas, but about having a diversity of perspectives and experiences in decision-making roles. We are making progress, but there are still glass ceilings that need to be cracked.”

Each of the three founders has extensive background in entrepreneurship, leadership and reinvention.

McMahon is the co-founder and former CEO of WWE. She and her husband, Vince McMahon, grew the company from a 13-person operation to a publicly traded global enterprise with more than 800 employees in offices worldwide. WWE has fans in more than 150 countries and is a social media powerhouse with more than 27 million followers on Facebook. She was twice nominated to represent the people of Connecticut in the U.S. Senate.

Debbie Saviano is a social media design strategist and expert in online influence. She put herself through college driving a school bus, earned a teaching degree, and later became a school principal, leading five campuses from pre-K to high school. After retiring from education, she launched a new career as a social media expert, helping people and organizations develop and maintain relationships through the power of ROI – Return on Influence via social media.

Stacey Schieffelin is the founder and president of ybf (Your Best Friend) Beauty, a cosmetics company that sells products on TV shopping channels worldwide. She built her entrepreneurial career after 20 years as a model with the Ford Modeling Agency. She rang the New York Stock Exchange’s opening bell on behalf of the non-profit Count Me In to celebrate the power of women-owned businesses. She was named Connecticut’s Female Entrepreneur of the Year in 2012.

The first live event will be in Irving, Texas, May 19-22. Participants will have an opportunity to sign up for deeper training through ongoing mentorships lasting three, six or twelve months.

“There are many organizations that support women in business, but what will set Women’s Leadership Live apart is the community and the follow-up that will emerge after our live events,” McMahon said. “Research has shown that women who had mentors usually have higher rates of success than those who didn’t. Each of WLL’s founders has previously mentored women in business on a more informal basis and know it’s that ongoing support that makes the difference.”

*More information can be found online at [womensleadershiplive.com](http://womensleadershiplive.com)*

## Tea Party Patriots “Stand Up America”

*By: Gene*

*(Never grow a wishbone where a backbone should be)*

The President has seen fit to exercise another “Executive Order” to impose what he wants....another round of so called “Common Sense” gun control measures. He still believes, he knows what is best for the America Citizens.

We The people, and that the Congress IS impending HIS goals and objective to get this and other issues implemented. We saw this with Amnesty, etc.

Unfortunately, we believe DECREES will be used more and more by Obama until he is out of office. He DOES NOT have any respect for our Constitution nor our THREE BRANCHES of Government since he took office. Why start now.

Our Congress and Supreme Court is a disgrace. They have completely violated our Constitution by letting and allowing the President have “free rain” to be a DICTATOR. We no longer have a system of “Checks and Balances” in our government. Choose a President who will not pick and choose which laws to follow and which to ignore. If *she* is elected will she appoint the ex-President to the Supreme Court?

Who are these all-Islamic organizations?

Islamic Jihad, Palestine Liberation Front, Al-Nusra, Aszzxam Brigades, AL-Qaeda, Hezbollah, Muslim Brotherhood, C.A.I.R., Taliban, Boko Haran, Abu Sayyah & Hamas.

## AAA Speaks Out:

### Pothole Damage Costs US Drivers \$3 Billion A Year

A new study from AAA reveals that pothole damage has cost US drivers \$15 billion in vehicle repairs over the last five years, or approximately \$3 billion a year.

“Drivers here in Connecticut certainly know that sinking feeling, having paid a steep price for widespread pothole problems just last year.” says AAA spokesperson Amy Parmenter. “In the last five years, 16 million drivers across the country have had their vehicles damaged by potholes”.

With two-thirds of Americans concerned about potholes on local roadways, AAA is urging state and local governments to fully fund and prioritize road maintenance to reduce vehicle damage, repair costs and driver frustration.

“This validates what we know to be true: our roads – and our lack of investment in transportation for a generation – is costing residents money” says Governor

Dannel Malloy, who has made transportation funding a top priority.

According to AAA’s survey, middle- and lower-income individuals are the most worried about potholes, with the majority of respondents in households having annual incomes under \$75,000 expressing the highest levels of concern over damaged roadways. This is likely due in part to the financial impact, as pothole damage can lead to expensive and extensive vehicle repairs.

“I really feel for my customers who hit potholes” says Tyler Rook, owner of Victor Auto Body Works in Middletown. “For auto repair shops, pothole season can be like Christmas season because serious repairs can cost thousands.”

“On average, American drivers report paying \$300 to repair pothole-related vehicle damage,” Parmenter says. “Worse yet, those whose vehicles incurred this type of damage had it happen frequently, with an average of three times in the last five years.”

To minimize vehicle damage, AAA urges drivers to ensure tires are properly inflated and have adequate tread depth, as they are the only cushion between a pothole and the vehicle. If a pothole strike is inevitable, it is also critical that drivers slow down, release the brakes and straighten steering before making contact with the pothole. To avoid potholes in the roadway, drivers should remain alert, scan the road and increase following distances behind the vehicle ahead.

AAA’s members are paying a steep price for bad road conditions, and those costs are expected to rise even higher in the years ahead. Americans rely on our nation’s roads and bridges every day, and more funding is desperately needed to prevent potholes, other unsafe conditions and longer commutes. Congress increased transportation funding in 2015 to help pay for road repair but, AAA says, as much as \$170 billion in additional funding is needed per year to significantly improve America’s roads and bridges.

Every year, AAA responds to more than four million calls for flat tire assistance, many the result of damage caused by potholes. Spare tires, an important feature missing from one-third of 2015 model year vehicles sold, are critical for drivers affected by pothole damage. Tire inflator kits have replaced the spare tire in millions of vehicles over the last 10 model years and, due to their limited functionality, cannot provide even a temporary fix for pothole damage. AAA has called on automakers to put consumer interests first and halt the elimination of spare tires in new models.

*AAA provides travel, insurance, financial and automotive-related services to 55 million members nationwide. AAA is committed to keeping its members on-the-go by providing outstanding roadside assistance, valuable online resources on buying and maintaining vehicles and through the Approved Auto Repair program, which has inspected and approved more than 8,000 auto repair facilities in North America. For more information about AAA, members and non-members can visit one of eight offices in eastern Connecticut, go online to [AAA.com](http://AAA.com) or call 860-236-3261*

Connect the dots, what faith or religion do these belong to?

Fort Hood shooter, US Cole Bombers, Pan-AM Flight 93, Beirut U.S. Embassy, Besian Russian School attackers, Achilles Lavarro Cruise Ship, Israelis Olympic Team, Boston Marathon, France November 2015, Shoe & Underwear bombers, and the ultimate September 11, 2011.

Sharia law is a major threat to our Bill of Rights and the US Constitution. The Sharia dictates cruel and unusual punishments such as stoning, beheading, amputation of limbs and flogging.

Non-Muslims are not equal to Muslims under the law. They are given three choices: convert, live as debased 3rd class citizens or be killed.

Who said “Muslim Terrorism” is just a random act of Islamic Over-Exuberance? Political Correctness-Is no longer politically correct!

Why in one of Obama’s speeches does he use the word ISIL instead of ISIS?

Look up yourself what the “L” means. “LEVANT”?

Is Israel recognized as a sovereign state?

Does anyone know what the word “KAFIR” means? Look up the meaning. The new refugees and immigrants don’t know what to assimilate. They want to set up separate enclaves and implement (Sharia Law)

“ The problem with Socialism is that you eventually run out of other people’s money”. *Margaret Thatcher*

“The world will not be destroyed by those who do evil, but by those who watch and do nothing” *Albert Einstein*

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# CT Bicycle & Pedestrian Advisory Board Report

Bike Walk CT's Executive Director is pleased to be a member of the Connecticut Bicycle & Pedestrian Advisory Board, appointed by the Governor. The board recently released its 2015 Annual Report with recommendations for state agencies and the Connecticut General Assembly. For questions on this report please contact chair Neil Pade at neil.pade@gmail.com.

With the release of its 2015 Annual Report, the Connecticut Bicycle & Pedestrian Advisory Board reports that positive change continues in Connecticut to make the state a better place for people of all abilities to bike and walk, whether for transportation or recreation.

Under the leadership of Governor Dannel P. Malloy and Department of Transportation Commissioner James Redeker, walking, biking, and transit are becoming markedly more integral to Connecticut's multi-modal transportation system.

The report applauds Connecticut's commitment to transportation in 2015 with the development of Lets Go CT!, the 30-year plan for transportation investment and its 5-year ramp-up plan to kick-start implementation. The ramp-up program includes \$100 million for bike and pedestrian projects, to be split between multiuse path construction and a community connectivity program for complete streets.

**The Board's 2016 recommendations include advising the:**

- Connecticut General Assembly** to restore the language of Conn. Gen. Stat. §14-300(c) to clarify that drivers must stop for pedestrians who are at, or in, any marked or unmarked crosswalk, consistent with laws of many other states.
- Office of Legislative Research** to study issues related to electric-assist bicycles to determine legislative changes needed to clarify their use on roads. The Board also recommends that electric-assist bicycles be defined to be compatible in operation with bicycles and can be classified as bicycles.
- Municipalities and ConnDOT** to routinely coordinate road maintenance, paving, and reconstruction projects and seize opportunities for 10-11 foot lane widths, shoulders, bike lanes, marked crosswalks and other complete streets features, and improve compliance with Connecticut's complete streets law.
- ConnDOT** to set aside 14% of federal Highway Safety Improvement Program funding to improve safety for people who walk, bike and take transit, reflecting the proportion of pedestrians and bicyclists deaths among all traffic deaths in the state. Similar proportional set-asides are used in other states.
- ConnDOT** and other agencies to launch an ongoing, collaborative Share the Road Campaign, to reduce the number of pedestrians and cyclists who are killed or injured by motor vehicle drivers.
- ConnDOT** to beat its 2017 target date for revising its Highway Design Manual, and use a process that is transparent and inclusive of the Board, municipal engineers, and bicycle and pedestrian stakeholders.
- Departments of Education and Transportation** to coordinate and promote the Safe Routes to Schools program to K-8 schools statewide as part of school wellness programs.
- All state agencies** to keep collaborating on transit-oriented development and integrate walking and biking with transit at every opportunity.

**The board's full report can be found at:**  
**www.ctbikepedboard.org** and at **www.ct.gov/dot/bikeped**.

# From My Balcony

*By: Jeannette Hinkson*

In all my years, I have never seen the Republicans, the Democrats and the press so together and hell bent on seeing a person, (the people are clearly supporting,) does not get on the ballot for President of the United States.

Two of the Republican candidates have been in office for a number of years and have done nothing, I can see, to help the people and make our country a better place.

On the Democratic side we have a woman running that many say should be in jail and has lied to the people about things in her personal and public life for years and even she can't come up with anything she has done as Secretary of State to make this country safe or better. She and her husband went on to ruin the lives of three women, I know of, with their lies and have done so many things that leave me to wonder, if a presidential elections can be fixed.

Her opponent wants to give everyone everything for free and tax anyone that works and is a success in the business to pay for the free ride he promises.

Now, we have one candidate that says what the people have been saying for years and the people are listening and agree. The politicians and the press don't seem to want to hear this and only weeks after he says what is wrong with the country do the rest of the candidates fall in line. They admit his ideas are what they would do and almost take credit for his plan.

It is about time we started running the affairs of our country like a business, watch where the money is going and fire all the dead wood in Washington.

For the past eight years when things got tough our president got in Air Force One and went off to play golf. He and his family have cost the tax payers millions for their vacations all over the world.

When something happens and our President is asked about it, he has claimed he didn't know anything about the problem but only learned about it on the news later that day. Perhaps his advisors weren't invited to play golf that day.


G.E. left Connecticut but they haven't left the US yet, but I wouldn't be surprised we will lose many other big businesses because Connecticut is following right along with the Washington politics. Politicians both here and Washington are driving businesses out of our state and out of the country.

If you need your computer fixed you speak to someone in another country. Raising the minimum wage to \$15 will only drive the cost of living out of sight. Fifteen dollars an hour isn't going to make that kid at a fast food restaurant remember to get your order right nor will businesses hire and train young people work ethics.

If you want to pay your cable bill or have a problem with your service you speak to someone in another country. Utility companies are now jumping on the band wagon and you must speak to someone in a foreign country when questioning your bills or making a payment.

Maybe that is why so many people, of every party, are behind Donald Trump. Just take a look at the disrespect that is being shown to our teachers and police officers. Criminals are being hailed as heroes.

*Are you tired of being politically correct and is this the way we want our country run for the next four years?*



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## State Senator Henri Martin 31st District

### Welcomes Family, Friends to Capitol



Sen. Henri Martin welcomed friends, family, and municipal leaders from the 31st Senate District to join him at the State Capitol for Opening Day of the 2016 session of the Connecticut General Assembly. Martin introduced his guests during the State Senate's opening ceremony, and state lawmakers gave them a warm round of applause. Attached photo, left to right: Plymouth First Selectman David Merchant, Jacki Merchant, Plymouth Tax Collector Joe Kilduff, Donna LaFrance, Roxanne Martin, Sen. Martin, Bristol Mayor Ken Cockayne, Plainville School Board Chairwoman Andrea Saunders, and Plainville Town Council Chairperson Kathy Pugliese.

## From the Desk Of.....

**Thomas A. Wurz, Esquire**

### SURRENDERING YOUR LICENSE

Most people are familiar with the phrase, "license and registration please" after being pulled over by a police officer. However, what you may not know is that you may not be entitled to recover your driver's license upon completion of the stop under Connecticut law. The law permits the authorities to withhold your license for the purpose of examination, which has no time limit under the law.

Connecticut law forbids any person operating or in charge of a motor vehicle to refuse to give his name and address or the name and address of the owner of the motor vehicle and requires them to produce his motor vehicle registration certificate, operator's license and any automobile insurance identification card for the vehicle. This is the basic requirement of providing correct information upon request by the proper authority. This requirement not only pertains to someone operating a motor vehicle, but also to any person who is in charge of an automobile. Therefore, you may be required to supply such information whether operating or not by the authorities.

The next level of the Connecticut law permits the authorities to take the operator's license, registration certificate and any such insurance identification card in hand for the purpose of examination. Thereafter, your information may be surrendered to the DMV, which under the law you may not challenge. The law does not place any time restrictions on the examination period. Meaning that you do not have your information while under examination. Depending on the particular set of facts, you may be required to fulfill certain medical examinations and/or other tests.

We as Americans would all like to believe that the laws are in place to protect the community and serve our best interests. However, it is nearly impossible for legislators to foresee every scenario that may arise. This law clearly intends to be thorough and detailed. Yet, it does not seem to give much recourse for someone who has their license surrendered incorrectly and not given back for a time uncertain. Whenever confronted with such an injustice do not hesitate to contact a licensed attorney so that you can fight for your rights.




**Attorney Thomas A. Wurz** is an associate of his father Attorney Theodore J. Wurz, LLC in the law office of Attorney Richard Witt at 132 East Street. Attorney Wurz is a graduate of Avon Old Farms School in 2001, Providence College in May 2005 on the Dean's list and Juris Doctor Program at Western New England College School of Law in May 2009. He was admitted to the Connecticut Bar and U.S. Federal Court in 2010. His activities and interests are Secretary of Sports Entertainment Law Club at WNEC and is a Special Olympics Volunteer.

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## Mittens, Hats and Scarves for the Food Pantry

Kathleen Lozaw,  
Claire Stuart,

Lucky Powell, Chair of Signature Projects, and Susie Woerz, Director of the Food Pantry marvel over the amount of items that were generously created and donated by the Womans Club member Gloria Prelli

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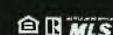
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for 36 mos at \$149 per mo.

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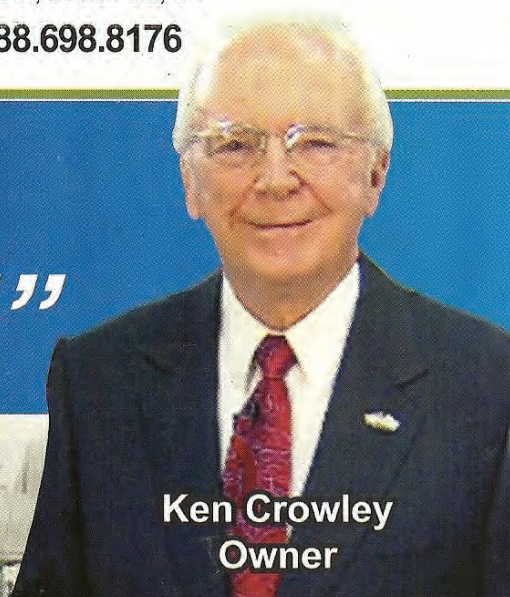
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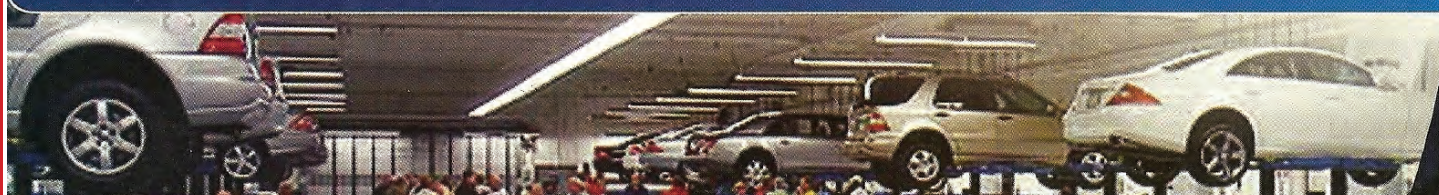
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April 23, 2016

List names of attendees on reverse side

## 2016 PHS/YMCA PROJECT GRADUATION NEWS

The next meeting for the 2016 Plainville High School Project Graduation is **Wednesday, March 2nd, 2016, 7:00 p.m. at the YMCA**. Project Graduation is an all night alcohol and drug-free party, held for Plainville High School Seniors right after the graduation ceremony. The party is held at the YMCA the night of graduation and is filled with many fun activities. All Senior and Junior parents are invited to attend the meetings. If interested in helping, please contact Inna Masco at: 860-205-9911.



### FUTURE MEETING DATES:

Wednesday, April 6th, 2016

Wednesday, May 4th, 2016

Wednesday, June 1st, 2016

### COMEDY NIGHT!!!

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March 19th, 2016 at VFW, corner of Northwest Dr. & Route 10 in Plainville. Tickets are \$20.00 in advance / \$25 at the door. Doors open at 7:00 pm, show starts at 8:00 pm. There will be a 50/50 raffle and DJ Eric Wells rocking the house! BYOB/Snacks. For more information or to purchase tickets contact: Inna Masco at 860-205-9911.



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Next Drop off at the YMCA on March 26<sup>th</sup>, 2016 from 10 am – Noon in the lobby or call: June Burns at: 860-793-4942 to arrange for a pick-up. Future drop-off dates at the YMCA: April 30<sup>th</sup>, May 28<sup>th</sup>.

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# Biggest Heart in Town

# Ty Cox Local Campaign Coordinator for Clay Cope CT5



The Plainville Knights of Columbus, Council #3544 of Our Lady of Mercy Church are pleased to announce they will be hosting the “All You Can Eat” Monthly Breakfast. The Parish Life Committee has been hosting the breakfast for the last 20 years and are also pleased that the men of the K of C are making it their contribution to the church by continuing the event. Pictured at the Valentine Day Breakfast on Sunday, February 14th are Left to right: Nick Violette, Joe Ettorre, Doug Wright, Bill Brayne, Chairman of the Breakfast Committee, Steve Tardif, Richard Broderick, Domenic Pedrolini and Ted Diorin, Grand Knight.

The “All You Can Eat” Breakfasts are held on the second Sunday of each month, except for July and August. They are held at the O.L.M. Parish Center, 19 South Canal Street. A donation of \$4.00 for adults, \$1.00 for children and children under 6 are FREE.



Ty Cox joined the Clay Cope campaign in CT5 as of last month. If you have not seen any coverage of him so far, he is the current First Selectman of Sherman, having won his third term last November. He has already received quite of bit of interest at the state and national level following news stories late last year that he was exploring a run. Given that the convention is in less than four months, we will be working on a much more condensed cycle than we saw in the last four elections which I know many people are happy to see! The website should be live in the next couple of days but the Facebook and Twitter are already live. **Facebook:** <https://www.facebook.com/copeforcongress/> **Twitter:** <https://twitter.com/claycopect> The campaign kicked off at Danbury Town Hall with Mayor Boughton on January 27th. **Please contact me if you would like to know more about Clay and/or would be interested in joining us on the campaign at: [cox2468@aol.com](mailto:cox2468@aol.com)**

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Mike's Auto, LLC  
320 Farmington Avenue  
860-793-2811

**BAKERY**  
Bolo Bakery & Cafe  
33 Whiting Street  
860-410-4292  
  
**BEVERAGES**  
Big Saver  
60 East Street  
860-793-1480  
  
Nobby Soda  
30 Hayden Avenue  
860-747-3888  
  
**CAR WASH & POLISHING**  
Sno-White Car Wash  
118 Whiting Street  
860-747-0813  
  
**CATERERS/FOOD SERVICE**  
Gnazzo Food Center  
73 East Street  
860-747-8758  
  
**CHILD CARE**  
Great Beginnings  
195 East Street  
860-747-1679  
  
**CHIROPRACTIC**  
Plainville Chiropractic, LLC  
43 East Street  
860-793-6824  
  
**CLEANERS**  
Sherwood Cleaners  
144 New Britain Avenue  
860-747-3916  
  
**COLLECTIBLES**  
Jim's Collectibles  
1019 Farmington Avenue  
Bristol, CT  
860-584-5467  
  
**CONCRETE-READY MIX**  
Aiudi A. & Sons  
Camp Street  
860-747-5534  
  
Tilcon  
642 Blackrock Ave.  
New Britain 06052  
860-224-6010  
  
**CONTRACTORS**  
American Excavating  
100 Cronk Rd. Unit #9  
860-302-2500  
  
Manafort Brothers, Inc.  
414 New Britain Avenue  
860-229-4853  
  
Mizzy Construction Company  
463 East Street  
860-793-2289  
  
**Painting & Decorating, Inc.**  
230 South Washigton Street  
860-793-8848  
  
**COPIERS & SUPPLIES**  
Office Works, Inc.  
45 Corporate Avenue  
860-793-9994  
  
Executive Press, Inc.  
27 East Street  
860-793-0060

**CREDIT UNION**  
UBI Credit Union  
120 Woodford Avenue  
860-747-4152  
  
**DANCE WEAR**  
Dancingly Yours  
125 East Street  
860-793-1077  
  
**ELECTRICIAN**  
Petillo Electric LLC  
7 Cleveland Street  
860-518-8175  
  
Willard Electrical  
5 Meadowland Circle  
860-205-0789  
  
**FINANCIAL**  
R&R Rapacky, III  
930 Meriden Road  
Plantsville  
860-426-1602  
  
UBI Federal Credit Union  
120 Woodford Avenue  
860-747-4152  
  
**FITNESS**  
Big Sky  
Rt. #372 East  
New Britain / Plainville Line  
860-356-4870  
  
**FLORIST**  
Gnazzo Food Center  
73 East Street  
860-747-8758  
  
**FOSTER/ADOPTIVE CARE**  
Wheeler Clinic  
Foster/Adoptive Care  
Programs  
88 East Street  
860-793-7277  
  
**FUNERAL HOME/SERVICES**  
Bailey's Funeral Home  
48 Broad Street  
860-747-2295  
  
**GROCERY STORE**  
Gnazzo's  
73 East Street  
860-747-8758  
  
**HEATING & COOLING**  
J. R. Heating & Cooling  
860-793-2686  
  
Bridgeworks  
Heating & Cooling  
860-384-5866  
  
**HEALTH CARE**  
Life Healing Energy  
Craniosacral Bodywork  
860-402-1607  
  
**INSURANCE**  
All State Insurance Company  
92 East Street  
860-747-6829  
  
Connecticut Casualty Co.  
1 Whiting Street  
860-747-9207

Edward McMahon Agency  
136 Broad Street  
860-793-9204  
  
**JANITORIAL SERVICES**  
Commercial Services, LLC  
860-747-0886  
  
**JEWELRY**  
DBK Family Jewelers  
41 East Street  
860-747-3374  
  
**Lawn Service**  
**Lawn Maintance**  
Rodney Schumann  
860-518-1963  
  
**LINGERIE**  
Irene's  
21 Whiting Street  
860-747-9500  
  
**MEDICAL**  
The Doctors Treatment Center  
240 East Street  
860-747-4541  
  
**MORTGAGE BROKERS**  
Campbell Mortgage  
John Luddy  
Berlin, CT  
860-827-1297  
  
**MUSIC SCHOOL**  
Macri School of Music, LLC  
109 New Britain Avenue  
860-793-8455  
  
**NOTARY PUBLIC**  
Helen Bergenty  
860-747-3905  
  
Kathy Pugliese  
860-747-2583  
  
**OIL DISTRIBUTOR**  
Plainville Oil Company  
Town Line Road  
860-793-1239  
  
American Oil & Heating, LLC  
860-678-9992  
  
City Oil Quality  
Fuel Service  
860-225-2575  
  
**OPTOMETRIST**  
Dr. Gary R. Maglio, OD  
112 West Main Street  
860-747-6443  
  
**Plainville Optical**  
28 East Street  
860-793-9378  
  
**PET SERVICES**  
Amy's Pampered Pawlor  
98 Whiting Street  
860-793-8609  
  
**Pest Control**  
DeBishop's Pest Control  
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Apple Rehab  
269 Farmington Avenue  
860-747-1637  
  
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150 Central Street  
Forestville  
860-261-7009  
  
J. Timothy Taverne  
143 New Britain Avenue  
860-747-6813  
  
Main Street Diner  
40 West Main Street  
860-747-1618  
  
Pagliacci's  
333 East Street  
860-793-9241  
West Main Pizza  
97 East Main Street  
860-747-2724  
  
First & Last Taverne  
32 Cook Street  
860-747-9100  
  
**TREE SERVICE**  
Holcomb Tree, Inc.  
860-747-2805 - Office  
860-416-0668 - Cell  
  
**VETERINARY**  
Old Canal Veterinary  
49 East Main Street  
860-747-2759  
  
**VEGETABLE & FRUITS**  
Zarella Farms  
223 South Washington Street  
860-793-8611  
  
**WINDOWS & DOORS**  
The Window Man  
860-747-8875

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# H O M E T O W N   R E L I G I O U S   D I R E C T O R Y

## Church of the Bible

An Independent Fundamental Bible Church  
*"Where The Holy Bible Is Wholly Taught"*

**160 West Main Street**

**Plainville, CT 06062**

**Phone: 860-747-1691**

**Peter A. Stonis, Pastor**

### ~ WEEKLY WORSHIP SCHEDULE ~

#### Sunday:

**10:00 am Sunday School for All Ages**

**11:00 am Morning Worship Service**

**11:00 am Junior Church ages 4- 8**

**6:30 pm Evening Worship Service**

#### Wednesday :

**7:00 pm Bible Study and Prayer**

For more information about the church  
 visit our website@ [cobplainville-org.webs.com](http://cobplainville-org.webs.com)

### What To Do

### About An Empty Tomb?

The world has their many "saviors" but there is only one Savior that claimed to be God, lived a perfect, sinless life, died on the cross in the sinners place and rose again the third day. This Savior is Jesus Christ! Three times Jesus predicted his own death and resurrection (Matthew 17:21; 17:22-23; 20:17-19). Actually, He predicted on what day He would rise again, "The third day." Who can predict one's own death and resurrection unless you are God? The resurrection of Jesus Christ is a demonstration to the world that He is the only Savior of the world. And oh how we so desperately need Him to save us from our sins because "all have sinned and come short of the glory of God" (Romans 3:23). Because of our sin we stand condemned before a holy, perfect God who is the Judge of all the earth. And this is why the resurrection of Jesus Christ is so vital to the Christian faith. Without the resurrection of Jesus Christ there is no Savior. If Jesus did not rise again then we who believe in Him are of all men most miserable (1 Cor. 15:19). "But now is Christ risen from the dead and become the first fruits of them that slept" (1 Cor. 15:20). Jesus is the Savior of sinners! Is He your Savior? Remember, there is no other Savior. "I, even I, am the LORD, and beside me there is no savior" (Isaiah 43:11). Trust Jesus Christ today by recognizing that you are a sinner and Jesus is God and has died in your place to pay for your sins. He rose again the third day and is alive forevermore. Ask Jesus to come into your heart and be your Savior. "If thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved" (Romans 10:9).

## PLAINVILLE SEVENTH DAY ADVENTIST CHURCH

97 Broad Street

Church Phone **860-747-5867**

**Pastor 1-646-522-3471**

E-mail:[plainvillesda@gmail.com](mailto:plainvillesda@gmail.com)

[jacksonsg5@sbcglobal.net](mailto:jacksonsg5@sbcglobal.net)

Pastor Franklin Jackson

**Saturday Morning**

Bible School @ 9:30 a.m.

Worship Service @ 11:00 a.m.

FREE lunch after service

Wednesday Evening

Family Prayer Meeting @ 6:30 p.m.

*The Lord Jesus Christ loves you ... John 3:16*

## PLAINVILLE UNITED METHODIST CHURCH

56 Red Stone Hill

Plainville, Connecticut 06062

REV. Stephen Volpe, PASTOR

Church (860)747-2328

Parsonage (860)747-2592

Email: [plainvillunited@sbcglobal.net](mailto:plainvillunited@sbcglobal.net)

### MARCH SCHEDULE

#### SUNDAY SERVICES

CHURCH SCHOOL Pre-K to High School:

9:00 AM

WORSHIP TIME 10:00AM

#### REGULAR EVENTS

Tuesday Ladies.....Tuesdays, 9:30 AM

Boy Scouts.....Tuesdays, 7 PM

AA.....Sun., Mon. & Wed., 7 PM

Al-Anon.....Mondays, 7 PM

### SPECIAL EVENTS

#### LENTEN SOUP SUPPERS:

Thursdays, March 3, 10, 17, 6:30 – 8 PM

#### WORSHIP WITH HOLY COMMUNION-

#### ONE GREAT HOUR OF SHARING:

Sunday, March 6, 10 AM

#### UNITED METHODIST WOMEN:

March 20, Follows Worship

#### MAUNDY THURSDAY WORSHIP

#### WITH HOLY COMMUNION:

Thursday, March 24, 7 PM

#### GOOD FRIDAY WORSHIP:

Friday, March 25, 7 PM

#### EASTER SUNDAY WORSHIP

#### WITH HOLY COMMUNION:

Sunday, March 27, 10 AM



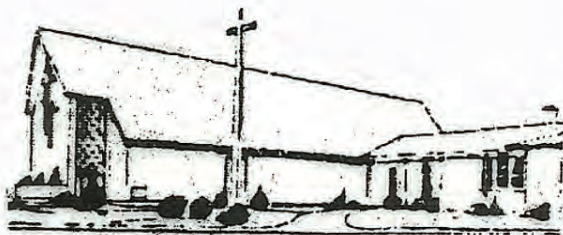
## Grace Lutheran Church

222 Farmington Ave.

Plainville, CT 06062

Phone: 747-5191

The Rev. Stephen Brisson, Pastor



Worship with Holy Communion  
 every Sunday at 9:00 AM

Learning Hour for all ages  
 following worship

Various Learning and Fellowship activities  
 offered during the week

Visit us at [www.graceinplainville.org](http://www.graceinplainville.org)

Or better yet, join us on Sunday!



## FAITH BIBLE CHURCH

168 Unionville Avenue

Plainville, CT 06062

**860-747-5209**

Rev. Dr. Jim Caron, Pastor

Web: [www.faithbiblelect.com](http://www.faithbiblelect.com)

**An Evangelical Church For  
 Your Spiritual Growth**

**Sunday Worship: 11:00 a.m.**

(Junior Church for ages 4-12 & Nursery

Available for 1 month to 4 years)

**Tuesday Morning Bible Study**

10:00 a.m.

**"The Last Days & End Times"**

**Every 3rd Tuesday of the Month**

6:00 p.m.

**Ladies Group**

**Wednesday Night Bible Study**

7:00 p.m.

**New Study: "Book of Acts:**

**A Biblical Church Today**

**Men's Thursday Night Bible Study**

**New Study: "Looking at Islam compared  
 to Christianity: Is Islam a dangerous  
 religion?"**

**860-747-5209**

Call the church for  
 info/questions

and church prayer line FAX (860-  
 747-5011)

Call us for your requests (confidential)



## THE EPISCOPAL CHURCH CHURCH OF OUR SAVIOUR

115 West Main Street

Plainville, CT 06062

**860-747-3109**

### SUNDAY WORSHIP

Holy Communion 10:00 am

Church School 10:00 am

Nursery Care during the service

Followed by coffee hour

**Holy Communion Thursdays~12:00pm**

### OFFICE HOURS

Wednesday – Friday 9:00am -1:00pm

### PARISH PROGRAMS

**Daughters of the King Chapter**

3rd Saturday of the month 10:30am

### Twelve Step Programs

Every Tuesday NA 7:30pm

Every Thursday AA 7:30pm

Every Saturday Women's AA 9:00am

Every Saturday of the Month 9:30 am

**Ample Parking in rear of Church**



# HOMETOWN RELIGIOUS DIRECTORY

## OUR LADY OF MERCY ROMAN CATHOLIC CHURCH

94 BROAD STREET, PLAINVILLE, CT 06062

REV. JOHN BRINSMADE, PASTOR

ROBERT BERUBE, DEACON

### PARISH/CEMETERY OFFICE

19 S. CANAL STREET

OFFICE HOURS: MON. TO FRI.

9 AM TO 4 PM

PHONE: 860-747-6825

FAX 860-747-5407

\*\*\*\*\*

**March 1,** Lenten Deanery Mission St. Ann, Bristol, 7PM

**March 2,** Lenten Deanery Mission St. Anthony, Bristol, 7 pm

**March 3,** St. Anthony Society Meeting, 1PM,

Library to discuss upcoming tea. Any Catholic woman is invited to join. 19 South Canal St.

**March 5,** Saturday, JOLT (Youth Group)

Bottle Drive, 9 - 11AM, 19 South Canal St.

Bottles can be dropped off in the shed behind the Parish Center

**Stations of the Cross, 7PM in the Church, March, 4, 11 & 18.**

*Confession every Saturday at Noon and during Lent on Monday at 6PM, March 7,14,21, also 7PM - March 22 & March 23- 4PM*

\*\*\*\*\*

**St. Patrick's Day Dinner of Corn Beef and Cabbage on Saturday, March 12, at 5PM**

Tickets are \$10 for adults, \$5 for children & \$1.50 for a hot dog and chips plate.

Tickets are available at the Parish Office, M - F, 9AM - 4PM and after all Masses on the weekend of March 5/6. March 9 is the last day tickets will be sold!

Please call 860.747.6825 for more info.

No tickets will be sold at the door.

\*\*\*\*\*

**OLM Breakfast, March 13, 8 - 10:30AM,**

\*\*\*\*\*

OLM will be collecting tag sale items beginning March 14, in the garage behind the rectory. Please no TV's, Magazines or Computers. Please save all furniture donations until the week of April 11. Tag Sale will be held Friday & Saturday, April 15 & 16 from 9AM - 3PM.

\*\*\*\*\*

OLM is producing a photo album of church members in March. Pictures for the album are taken for free and every family receives a free 8 x 10 photo just for having their picture taken for the album.

More info to come on Our Lady of Mercy Catholic Church - Plainville Web site:

[www.olmct.org](http://www.olmct.org)

## NEW COVENANT APOSTOLIC CHURCH

139 New Britain Avenue

P.O. Box 551 Plainville, CT 06062

Suffragan Bishop- George M. Green, Pastor

Elder Joseph Green, Associate Minister

Phone 860-747-3128 Church

Residence & FAX 860-224-9409

Call for

### SCHEDULE OF WORSHIP

*We welcome everyone to our services!!*

*Come, bring a friend and enjoy Jesus with us.*

## THE CONGREGATIONAL CHURCH OF PLAINVILLE

*A Congregation of the  
United Church of Christ*

130 West Main Street Plainville, CT  
Phone 747-1901



### ALL WELCOME

Rev. Dr. Claire W. Bamberg Minister

#### Email:

[Congregational94686@sbcglobal.net](mailto:Congregational94686@sbcglobal.net)

#### Website:

[www.uccplainville.org](http://www.uccplainville.org)

### WORSHIP AND CHURCH SCHOOL

**Every Sunday: 10:00 a.m.**

**Coffee Hour: 11:15 a.m.**

*The Sacrament of Holy Communion  
celebrated the first Sunday  
of each month*

THE PLAINVILLE THRIFT SHOP

Phone 747-2418

**Open Wednesday & Thursday  
10:00 a.m. to 4:00 p.m.**

**Saturday 9:30 a.m. to 12 noon**

### Palm Sunday

*Jubilant Procession*

*March 20th-10:00 am*

### Maundy Thursday

*Service of Tenebrae*

*March 24th-7:00 pm*

### *Easter Sunday*

*March 27th-10:00 am*

## FIRST BIBLE BAPTIST CHURCH

12 Granger Lane

Plainville, CT 06062

*"Where the BIBLE makes the Difference"*

**Sunday School - 10:00 AM**

**Sunday Morning Service - 11:00 AM**

**Sunday Evening Service - 6:00 PM**

**Wednesday Evening Service 7:00PM**

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provided for all services •

• Deaf and Teen Ministry

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• Kings Bible Institute (Tues. Wed. Thurs.)  
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*Live streaming every service*

**860-793-1155**

*Thomas Benson - Pastor~*

*Brad Brandon- Associate Pastor*

## REDEEMER'S A.M.C. ZION CHURCH

110 Whiting Street, Plainville, CT 06062

Phone: 860-747-1808

### WORSHIP SERVICES

Sunday School 9:00-9:40 a.m.

Praise & Worship 9:45-10:00 a.m.

Church Service 10:00 a.m.

### BIBLE STUDY

Wednesday 11:00 a.m. & 7:00 p.m.

### BOARD MEETINGS

Senior Ushers (1st Sat before 1st Sun) 11:00 a.m.

Gladys Floyd Missionary Society

(2nd Sun after service)

Deaconess Board (3rd Sun)

Lay Council (1st & 3rd Sat) 9:30 a.m.

Christian Education (3rd Tues) 7:00 p.m.

Men's Meeting (2nd/4th Sat) 9:30 a.m.

PEP (Every Sat) 1:00-4:00 p.m.

Trustee/Steward (2nd Sat of Aug., Oct., Dec.,

Feb. & Apr. at 9:30 a.m. and 2nd Mon. of

Sept., Nov., Jan., Mar. & May 16 6:30 p.m.

### CHOIR PRACTICE

Senior (Sat before 1st Sun) 5:00 p.m.

Jubilee (Sat before 2nd/4th Sun) 5:00 p.m.

Mass/Youth choirs

(Mon. after 1st/2nd Sun) 7:00 p.m.



### Palm Sunday

**March 20<sup>th</sup> – 9:00 AM**

Maundy Thursday

March 24<sup>th</sup> – 7:00 PM

Good Friday

March 25<sup>th</sup> – 7:00 PM

## EASTER SUNDAY WORSHIP - 9:00 AM

Join us weekly for:

Mid-week Eucharist – Wednesday 9:30 AM

Bible Study – Wednesday 7:00 PM

Sunday Worship – 9:00 AM

Healing Services – February 29<sup>TH</sup> - 7:00 PM

We'd like the privilege of praying for you....visit our website/Prayer Requests

Rev. Jim French, Rector

860.747.1426

[www.holytrinityanglican.net](http://www.holytrinityanglican.net)

[HolyTrinity@AnglicanChurch.comcastbiz.net](mailto:HolyTrinity@AnglicanChurch.comcastbiz.net)

Holy Trinity Anglican Church

18 East Main Street

Plainville, CT 06062



A congregation of the  
Convocation of Anglicans in  
North America



MARCH BIRTHDAYS

“HAPPY & HEALTHY BIRTHDAY TO ALL!”

- 1ST QUINN CHRISTOPHER  
ROSIA PLOURDE
- 4TH KATHERINE SWANSON
- 5TH BRUCE MORRIS
- 6TH PAUL MATTEO  
ALAN TRZBYBSZ
- 9TH EDITH FRAZEE
- 11TH BILL BRAYNE  
DALE NIGHTINGALE
- 12TH ANDY JACKIE
- 14TH DUNCAN MAY  
LORI CIANCHETTI
- 16TH BARBARA CHAMBERLIN
- 17TH PATRICK BUDEN  
DIANNE BACZEK
- 18TH BRIAN GLOWIAK
- 19TH ORELEIZ MIGENS
- 20TH CARLA FENSICK
- 22ND JOHN HARDY
- 23RD NOLAN LOSTOCCO
- 24TH JOHN CASSIDY
- 26TH PAT BUDEN, JR.
- 30TH DOT SMITH  
ROBERT MERCER
- 31ST ROBERT HESLIN  
CLAIRE STUART  
JAMES WOERZ  
DEB HARDY



\*\*\*\*\*  
TO SUBMIT BIRTHDAY, ANNIVERSARY,  
ENGAGEMENT OR  
WEDDING ANNOUNCEMENTS  
E-MAIL TO: HMTNN@COMCAST.NET  
OR MAIL TO: HOMETOWN CONNECTION

27 SHERMAN STREET, PLAINVILLE, CT  
*“What is the cost?”*  
*Believe it or not it is Free!!*  
**OR CALL: 860-747-4119**  
AND LEAVE THE MESSAGE ON THE ANSWER  
MACHINE, PLEASE SPELL THE NAMES.  
You may also bring your announcements to the office,  
if we are not in, there is a drop off box on the porch.  
Deadline 15TH OF EACH MONTH

Plainville Republican  
Town Committee Meeting  
Wednesday March 23rd  
7:00 P.M.  
Municipal Center Upper  
Floor

TASTE BUZZ.....

GOOD LUCK COOKIES

- 1 cup butter
- 1/2 cup sugar
- 1 egg yolk
- 1-1/2 cups flour
- 1 teaspoon vanilla

Cream together butter and sugar until light and fluffy. Add egg yolk and vanilla, mix well. Add flour and mix until blended. Shape dough into a long rolls about 1/2 inches thick. Wrap in waxed paper and chill about 30 minutes. Cut off thin slices of dough and place 4 slices together on baking sheet to resemble a four-leaf clover. Insert an additional small piece of dough to resemble a stem. Bake about 8 minutes in 375 degree oven until lightly browned. Makes 6 dozen cookies.  
“Optional sprinkle with green sugar, for St. Patrick’s Day”

To share your favorite recipe email  
to: hmtnn@comcast.net

Thank you, Avis Flanders

~ Wanted ~

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to every household and  
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SAVE THE DATE!!!

Lions Club  
Pancake Breakfast

Pancakes / French Toast  
Strawberries & Cream

Beverages

Sunday, April 3rd  
8:00 am to Noon

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19 South Canal Street

ADULTS \$6.00  
Children 6 & under - FREE

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Crossword  
Answers

S	E	R	A		R	E	D	E	S		R	O	F
A	R	O	A	B		E	S	A	N		W	O	E
G	N		B	R		S	I	P	H		H	T	A
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S	R	E	N	C	I	M				S	T	O	H
			C	E	R					S	T	U	
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I	R	A	E						P	O	T		P
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K	E	L				S			D	A		N	O





# Beetles, Bugs and Milk Bottles

Sally Miller

During the month of February, I began to understand how it would feel to be a package of frozen meat or vegetables. I could not seem to get warm. I turned my oven on and baked goodies and spent time under my electric blanket. As I lay under the blanket, I dreamt of summer. Thoughts of summer when I was a child would drift in and out of my memory.

I can remember that on hot summer days we would pick Japanese beetles off the rose bushes for my neighbor, Mrs. Massey. Now that I think about it, I can't seem to remember seeing a Japanese beetle in the past 10 years. We would pick them off the bushes, place them in a mason jar and in turn, we would receive 10 cents a jar from Mrs. Massey. When all of the beetles were picked, we became entrepreneurs and decided that we would pick blueberries and try and sell them. It would take us about an hour between eating, dropping and picking the wonderful wild berries before we could fill the bottles. We would sell a glass milk bottle filled with the sweet blue fruit for 50 cents a bottle. On a good day, we would make enough money to shop at the corner store. We would buy sugar daddy's, bazooka gum, wax lips, ju ju beads, candy buttons on paper tape and little waxed bottles that contained a syrup of unknown origin. We would sit under a tree chewing on the waxed bottles after drinking the unknown syrup and eat the sugary treats while listening to bees buzz around us, enticed by the smell of sugar.

During the summer months, we were also as free as butterflies. We would run around in yards and woods and play many games. Our games and playtime were created with energy and imagination. We would venture into the woods and search for praying mantis. Just like the Japanese beetles, I can't remember when I have seen a praying mantis in the past few years. We loved to watch them because and they were such graceful creatures and they always seemed to move in slow motion as if praying. We would play Hide and Go Seek. Hop Scotch. Red Rover, and Mother May I? We would ride bikes, climb trees; jump rope, play tag, marbles and play Kick the Can. For Kick the Can, we used an empty soup can from Mom's kitchen. Sometimes we would get two cans, stomp on them and walk with them stuck to our shoes. We thought we were so cool. We would beg for pieces of clothesline to play double-dutch and jump rope until we were out of breath. We would sing songs as we jumped, "2 pounds of washing powder, 2 pounds of soap", we chanted. The nice thing about our summer games was that these games did not cost any money. Most kids were not overweight back then because they were so active. During the evening, after supper, we would place graffiti on the driveway with chalk and draw hop scotch. As dusk began to filter into the yard, we would sit on the step and play beaver. Every time we would spot a station wagon, the first one to see it would holler "beaver". Whoever saw the most "beavers" won. Haven't seen a station wagon in a while. By bedtime, we would fall into bed exhausted and dream about the next delightfully fulfilled day that would bring beetles, candies and games. Oh, how wonderful it was to be a child in the summer "back in the day"



## Thomas Jefferson's Corner

Are there so few inquietudes tacked to this momentary life of ours that we must need be loading ourselves with a thousand more?

THOMAS JEFFERSON, letter to John Page, Dec. 25, 1762



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By: David R. Edelson, D.M.D.



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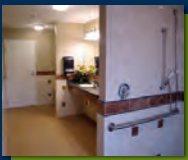
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# Crowley Happenings

## Ken Crowley-Leader in Transportation and S.T.E.M. Training Partner

On Thursday, February 18th, students from six technical high schools across Connecticut competed in the 2016 CARA Automotive Technology Challenge at Crowley Ford in Plainville, CT.

Twelve students competed and only two will move on to represent CT at the National Automotive Technology Competition Finals in NYC. Ellis Tech, Norwich Tech, Emmett O'Brien Tech, Wilcox Tech, Oliver Wolcott Tech and E.C. Goodwin Tech were all represented in competition which took place from 8:30 am 2:30pm.

CARA is a statewide trade association representing over 250 franchised new car and truck dealerships primarily engaged in the retail sale of new and used motor vehicles. Association members employ approximately 13,000 persons in Connecticut.

The National Automotive Technology Competition was founded by the Greater New York Automobile Dealers Association, held at the New York International Auto Show. It is an industrywide school to work initiative supported by nearly every major automaker, technical institutions, OEM suppliers, automotive parts and supplies companies, individual dealers and dealer associations across the country.



Students skills are tested on training aids. Working on cars and at Work Stations. Work to represent Connecticut at the National Automotive Technology Competition. Ken Crowley assisted by providing the three bay garage and cars for the students being tested on their skills.



1st Work Station Devin Bialek, John O'Neill, students and Abraham Basmajian, Instructor of Megatech Corp.



2nd Station was a hands on work on a car. Steven Leszko, Instructor a resident of Bristol with Dankofan Fonginllo and Zach Bishop, Plainville students from Goodwin Tech



3rd Work Station Instructor John Moss, a Retired SAAB mechanic with Andrew Bugryn and Westley Henny, both students are from Oliver Wolcott Tech.



4th Station Michael Balthazy, Judge Universal Technical Institute Dave Kapitucik and Lou Bedini, Judge Universal Technical Institute

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# Superbook Saturday

Kids of ALL ages are invited to a presentation of the renowned SUPERBOOK DVD series created by an Emmy Award-winning team whose credits include Disney's *The Lion King*, *Mulan*, and *Beauty and the Beast*!

**Saturday, March 19, 2016**

**9:00 AM**

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Play games, and make crafts!

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RSVP to Ginny at 860.747.1426 to reserve  
**YOUR** place!



## Palm Sunday Worship

**March 20, 2016**

**HOLY WEEK SERVICES**

**Maundy Thursday 7 PM ~ Good Friday 7 PM**

## Easter Sunday Worship

**March 27, 2016**

**9:00 a.m.**

### Holy Trinity Anglican Church

18 East Main Street

Plainville, CT 06062

Rev. James French, Rector

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# Plainville AARP Chapter #4146 Events



## Projects in Progress

AARP meetings are open to the public. You are invited to come to a meeting as a guest. Membership is only \$7.00 a year. You must be a member of the National AARP association to join.

Meetings are held the third Wednesday of every month at Faith Bible Church, 168 Unionville Avenue, Plainville, Ct. Meetings are from 1-3.

This year we have given to: homeless vets, scholarships to the Plainville Sr. Ctr Peak Center, food and monies to Plainville Food Pantry and Fuel fund, PARC, and many more projects in the community.

Each meeting has a social hour.

## Chapter #4146 Trips: Mohegan Sun Trip

March 8th The bus leaves Our Lady of Mercy Church at 8:00 a.m and returns to Plainville between 5 and 5:30 pm.. Please be in the parking lot at 19 South Canal St. by 7:30. . Price \$25 and includes promotional pkg. from casino. If interested, call Sally at 860-747-1732. In the case of inclement weather, please watch WFSB the morning of the trip and if the trip is cancelled, it will be announced as Plainville AARP Event cancelled.

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## AARP Connecticut,

### Workplace Retirement Savings Plans

Seventy percent surveyed agree elected officials should support retirement savings plans

Senate President Martin Looney (D-11), House Majority Leader Joseph Aresimowicz (D-30), and Connecticut State Comptroller Kevin P. Lembo, joined AARP Connecticut for the release of results from a new AARP survey among Connecticut voters, age 35-64, about workplace retirement savings plans.

The 2016 Connecticut Work and Save Plan, a survey of 1,000 voters conducted by the AARP Public Policy Institute. Following are takeaways from the results:

- Seventy-nine percent, or 8 out of ten, of Connecticut registered voters, age 35-64, agree that elected officials should support a state retirement savings plan.
- Eighty-eight percent say they wish they had saved more for retirement.
- Sixty-one percent, or 3 out of 5, say they are concerned that some residents have not saved enough for retirement and could end up being reliant on public assistance.
- These voters say that such a plan should be easy to use and low-cost, and should follow workers from job to job.
- As the retirement savings crisis in Connecticut continues to worsen, currently more than 600,000 Connecticut residents, mostly small business workers, do not have a retirement savings plan available to them through their employer—and most fear they have not saved enough for retirement.

The data provided by the AARP survey confirms our hypothesis that Connecticut workers are concerned about retirement and need help saving for their future,” said Senate President Martin Looney. “Unfortunately, too many people rely solely on Social Security, which is not by itself able to provide a decent living for those with no other source of retirement income. As the result of the Connecticut Retirement Security Board’s study, we now have a reasonable and responsible option for the General Assembly to consider. A public retirement savings plan for private sector workers will help address Connecticut’s retirement crisis.”

AARPCT was pleased that, after more than a year of extensive research in consultation with organizations specializing in retirement savings, the CRSB determined that creating a plan at no cost to taxpayers is feasible and would address the retirement savings crisis in Connecticut. The CRSB was created in 2014 by the Connecticut Legislature.

*A Common Sense Approach: The 2016  
Connecticut Work and Save Plan*



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## OBITUARIES

### ~ Shirley R. (Rivers) Caya ~



90, of Plainville, passed away Thursday, February 4, 2016 at her home in the presence of her loving family.

Shirley was born January 18, 1926 in Willimantic, one of eleven children of the late Metus and Grace (Geetersloh)

Rivers and has been a Plainville resident since 1964. Working in diverse fields over the years, she and her husband were Tupperware distributors, she was the owner of a plaster craft store in Plainville, and she also worked as a CNA. Her greatest joy was raising, caring for, and being with all of her family. Shirley was a Communicant of Our Lady of Mercy Church.

Shirley was married for 69 years to the love of her life and survived by her husband Raymond R. Caya, daughter Shirley L., grandson Troy, five great-grandchildren, a great-great-grandson, and Grace Dagata, who they raised as a daughter. She is also survived by her sisters, Ellen (Rivers) Stagis of Bradenton, FL, and Mary Rose (Rivers) Ferrara, of New Britain, along with many, many nieces and nephews who Shirley loved dearly and played an active role in most of their lives. She always leant a helping hand to everybody who knew her, and her strength and humor were our strength and humor.

She had many wonderful friends throughout her long life, especially her neighbors of over 50 years, who were always willing to provide love, support, and assistance: the Aivaz, Fabrizio, Willard, and Sperazza families.

Shirley was predeceased by her son Jerry, her sisters Grace Francis, Mae (Rivers) McMurray, Frances (Rivers) Coppi, Margaret (Rivers) Provencher, and her brothers Thomas, Richard, James, and Metus Rivers, Jr.

Funeral services for Shirley were celebrated from the Bailey Funeral Home, 48 Broad Street in Plainville to Our Lady of Mercy Church for a Mass of Christian Burial. Committal services followed in Saint Joseph Cemetery in Plainville.

### ~ George Goodall ~



74, of Plainville, passed away peacefully Tuesday February 16, 2016 at Bristol Hospital.

He was the husband of the late Jane (Williams) Goodall, who was his high school sweetheart and with whom he shared 51 years of marriage.

George was born November 24, 1941 in New Britain, a son of the late Edward and Barbara (Jewitt) Goodall and was a lifelong Plainville resident. He was a graduate of Plainville High school. George spent the majority of his professional career at Farmington Savings Bank, retiring after many years of service, where he served as Branch Manager and Assistant Vice President at multiple locations. He was an avid golfer and along with his wife Jane, were longtime members of Chippabee Country Club in Bristol. George was a former board member of the Plainville Parks and Recreation and was proud to coach his sons in Plainville Little League baseball.

George leaves his sons, Todd Goodall and his wife, Pamela of South Windsor, and Brian Goodall and Ashley Medvec of Plainville; his grandchildren, Tyler, Tiffany, Courtney, Matthew, and Colin, his twin brother Rollin Goodall and Susanne Peacock and his brother Guy Goodall and his wife Marilyn along with many nieces and nephews.

George's family would like to extend their sincere appreciation to the staff of Countryside Manor of Bristol for their numerous years of care and support. They would also like to thank Doreen Ferrell for her years of compassion and care.

Bailey Funeral Home, 48 Broad Street, Plainville assisted the family with arrangements. A graveside service was celebrated in Plainville West Cemetery. If desired, memorial contributions may be made to the American Heart Association, 5 Brookside Drive, Wallingford, CT 06492.

### ~ Michael A. DeLong ~



66, of Plainville, passed away unexpectedly on February 10, 2016 in the comfort of his home.



Michael was the beloved husband of

Rebecca (Jewett) DeLong. This year, Michael and Becky would have celebrated their 40th year of loving marriage.

Michael was born in Rutland, Vermont on August 9, 1949, son of the late Howard and Rachel (LaCoss) DeLong. Michael met the love of his life, Becky, at a young age shortly after leaving the U.S. Navy and together they established a home in Plainville where they raised their two daughters. He has been a resident of Plainville since 1973 although his love for Vermont is undeniable. A family man, Michael enjoyed camping at their property in Vermont with his family and riding quads with his grandkids. A music enthusiast, Michael loved all types of music and playing the guitar became a talent of his. He also found an interest in racing and cars. He was a self-employed painter.

Michael's wife was not only the love of his life but his best friend and together they took on life as one unit. Michael remained by her side through all of her endeavors and volunteered his time for the various functions she was a part of, including the "closer to free cancer race ride." He was her biggest supporter and together they cherished the many years of marriage that they were able to spend together. His sense of humor and love will forever be remembered by his family and friends.

In addition to his wife, Becky, Michael leaves behind his two daughters, Amanda LaFountain and her husband, Lance, of Plainville, and Amy Ticino and her fiancé, Chad Hoadley, of Plainville; his grandchildren, Ryan, Jade, Makenna, Tyler, Kira, and was expecting another on the way; his three brothers and their spouses; and several nieces and nephews.

A Celebration of Life in honor of Michael was held at the American Legion, Plainville. There were no calling hours. Bailey Funeral Home, 48 Broad Street, Plainville assisted the family with arrangements.

### ~ Edward J. Kuziak ~

90 of Plainville, husband of Evelyn (Hiltpold) Kuziak for 67 years, passed away on February 11, 2016.

Edward was born March 3, 1925 in New Britain, he was the son of the late Frank and Sophie Kuziak and has lived in Plainville for the past 67 years. Ed was a US Army Veteran of World War II. He retired from Wasley Products and had worked for Pratt & Whitney in West Hartford for many years.

Besides his wife he is survived by his son David and his wife Kathleen, three grandchildren, Carey Klingel and her husband Karl, Susan Ouellette and her husband Robert and Sarah Kuziak, seven great grandchildren, Madelyn, Nina, Jacob, Jayden, Chloe, Lincoln and Ellie, a sister, Mary Betancourt a brother, Joseph and several nieces and nephews. He was predeceased by his son Richard.

A private graveside service will be held at the convenience of his family. Memorial donations may be made to a charity of the donor's choice. Bailey Funeral Home, 48 Broad Street, Plainville assisted the family with arrangements.



### ~ Michael J. Marut ~



57, of Plainville, passed away unexpectedly in the comfort of his home on February 14, 2016. He was the beloved husband of Peggy (Voisine) Marut.

Mike was born in Meriden on May 14, 1958, one of the

five children to John and Barbara (Tyskowski) Marut. He was a resident of Plainville for the past 10 years, formerly residing in Southington and Meriden. He attended Maloney High School and graduated Class of 1976. After graduating high school, he spent his career in the automotive industry, working 20+ years at Story Bros., and the last 6 years as the Service Manager at Blasius Chevrolet. He loved his job and providing the best service possible to his loyal customers.

Family was the most important aspect of Mike's life. His grandchildren, who referred to him as Dziadziu, were the light of his life and there is no doubt Mike loved them more than anything. He had a profound love for everyone, especially his family, and strived to please everyone he came into contact with. He enjoyed golfing and spending time at the campground. A sports enthusiast, Mike spent time watching ESPN and cheering on his favorite football team, the New England Patriots, his favorite baseball team, the Boston Red Sox, and his favorite college basketball team, the UConn Huskies. Mike had a love for life that was undeniable; he was always the party starter and a dancing machine. His sense of humor and love will forever be remembered by his family and friends.

In addition to his parents and his wife, Mike leaves behind: his three sons, Jason and his wife Lindsay Marut of Manchester, Ryan Marut of Michigan, and Dan Marut of Southington; his three step-daughters, Stephanie and her husband Cameron Simard, Melissa and her husband Justin Gill, and Emily LaBarre, all of Plainville; his grandchildren, Josh Pagani, Amelia Marut, Ethan and Ella Simard, Gia Gill and was expecting two more grandchildren who are on the way; his siblings Paul and his wife Tracy Marut, of Palm Desert, CA, James and his wife Fatima Marut, of Meriden, Peter and his wife Barbara Marut, of West Simsbury, and Marianne and her husband Don Guzauckas, of Kensington; and his only surviving aunt, Barbara Rival, of Kensington. He also leaves behind several nieces and nephews. Mike was predeceased by his mother-in-law, Doris Voisine.

Funeral services in celebration of Mike's life were held from Bailey Funeral Home, 48 Broad St, Plainville, followed by a Mass of Christian Burial at at Church of Saint Stanislaus, Meriden. Committal services followed at Saint Stanislaus Cemetery, Meriden.

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# OBITUARIES

## ~ Anthony (Tony) Badolato ~



92, of Plainville, devoted husband of Catherine (Mastrianni) Badolato, passed away peacefully Monday, February 22, 2016 at home comforted by his loving family.



Born June 15, 1923 in New Britain, son of the late Nicholas and Angelina (Adorno) Badolato, Tony was a longtime resident of Plainville and a member of Our Lady of Mercy Church.

A proud and decorated veteran of World War II, Tony served in the U.S. Army in Company A, 543rd Engineer Boat and Shore Regiment in the South Pacific and participated in battles and campaigns in New Guinea, the Bismarck Sea and Luzon, Philippines. Tony was employed at the Job Plating Company for many years and U.S. Postal Service in Plainville for 17 years. He was a member of the Plainville Fire Department for 25 years, retiring as a life member in 1984. He was also a member of the International Association of Approved Basketball Officials Board for many years, retiring as an honorary life member. A member of the Central Connecticut Association of Football Officials Board for many years, Tony served as a Board President in 1985 and became a member of the Distinguished Service Honor Roll in 1987. In 2007, the Plainville Sports Hall of Fame inducted Tony as a recipient of the Distinguished Service Award. He supported and coached in many Plainville recreation programs such as Midget Football, Little League (Cubs), Alumni Baseball and Norton Park Summer Basketball leagues. He also coached the "Job Platers Basketball Team" in the Industrial League and played against such notables as the "All American Red Heads and Magicians". Tony thoroughly enjoyed baking homemade cookies and pizza in the cellar. Yearly trips to Daytona Beach included Tony and his three buddies having fun dressing up as females and entertaining the entire motel complex. He was instrumental in starting the "Ole Gas House Gang" which was a gathering of the Cherry Street (New Britain) neighborhood boys.

Married to his beloved wife, Catherine, for 68 years, Tony is survived by his three daughters, Linda and husband, Winslow Lowe, Toni and husband James Matyszyk and Kathleen Badolato; four grandchildren, Marc Fiorillo, Bernie Thurman, Trevor Eckhart and Carissa Ann Owen and husband Patrick; great granddaughter, Sophia Rose Owen; sister, Connie Samuelian; sister-in-law Orsalina Badolato; brother-in-law, Michael Mastrianni, Sr. and wife, Honey; sister-in-law Marylou Reccord and husband, Eddie; and Bavone family from Oakville/Watertown. Tony was predeceased by four brothers, John, Edward and wife Katherine, Frank and Dominic and wife, Gladys; and four sisters, Rose, Florence and husband, Dominic D'Andrea, Sophia and husband, Paul Mallia, Catherine and husband Joseph DeBlasio; brother-in-law Maurice Samuelian, and predeceased brother-in-law Alfred Mastrianni, Jr. and wife Alice. Tony also leaves 14 godchildren, many nieces and nephews and friends.

Tony's family would like to express their heartfelt thanks to all those who gave loving care and support (and you know who you are). Special thanks to the Plainville Fire Department, the Veteran's Administration in Newington, Disabled American Veterans, Dr. Kevin Baran, McLean Hospice and Homecare, Interim Homecare. Tony and Catherine always looked forward to weekly visits from Nat and Jimmy.

Funeral, with military honors, was held at Bailey Funeral Home, 48 Broad Street, Plainville, followed by a Mass at Our Lady of Mercy Church, 98 Broad Street, Plainville. Burial will be at the convenience of the family. Memorial contributions, in Tony's name, may be made to the Plainville Fire Company Memorial Scholarship, 77 West Main Street, Plainville, CT 06062 or McLean Hospice, 75 Great Pond Road, Simsbury, CT 06070.

## ~ Ella E. Helm ~



90, of Plainville, passed away peacefully on February 24, 2016 at Apple Rehab of Farmington Valley in Plainville. She is now reunited with her beloved husband, Henry Helm, who predeceased her in 1964.

Ella was born in Europe on May 21, 1925 to the late

Adolf and Emilja (Brauer) Fenske. She relocated from Europe to British Columbia, Canada, then to Brooklyn, New York, and finally settled in Plainville where she established a home to raise her family. She was a resident of Plainville for over 50 years and was a member of the Grace Lutheran Church in town.

Ella worked various jobs in order to support her family, having worked at Peterson's Inn and Gull Metal Specialties. She was a sweet, caring, and compassionate mother who loved her family dearly. She maintained her sense of humor and cheerfulness despite the challenges she faced in her life. She was an amazing cook, baker, and hostess, always holding her heart open for all who passed through her door.

Ella leaves behind her daughters, Charlotte Maronn and her husband Sigi; Edie Valencis and her husband Gary; Laura Harrison and her husband John; Irma Steeves and her husband Jay and Rose Mancini and her husband Michael; her two sons, Bernard Helm and Walter Helm and his wife Susie; her fourteen grandchildren; her four great-grandchildren; her sister Irene Jander of Canada; and several nieces and nephews. She was also predeceased by her son, Reinhold Helm, daughter-in-law, Traci Helm, her granddaughter, Stephanie Sargis, and her great-grandson Henry Wayne Jr.

A service in Celebration of her life was held at Grace Lutheran Church, Plainville. Burial followed in West Cemetery, Plainville. Bailey Funeral Home, 48 Broad St., Plainville assisted the family with arrangements. In Lieu of flowers, memorial contributions in Ella's name may be made to Grace Lutheran Church, 222 Farmington Ave, Plainville, CT 06062. 90, of Plainville, passed away peacefully on February 24, 2016 at Apple Rehab of Farmington Valley in Plainville. She is now reunited with her beloved husband, Henry Helm, who predeceased her in 1964.



## ~ Jane Pandolfo ~

of Plainville, CT passed away on February 19, 2016. She was born on January 21, 1932. She leaves her husband Subby whom she was married to for 62 years. She leaves her children Paula Piotrowski, Jay Pandolfo, Gina Clark, husband Jim Clark. Also she leaves 8 grandchildren and 1 great granddaughter. There are no calling hours services will be private.

## ~ Joyce G. Zaharevich ~



72, of Plainville, beloved wife of the late Michael Zaharevich, passed away on February 4, 2016 at the Hospital of Central Connecticut.

Joyce was born in Meriden, CT, on August 4, 1943 to the late Willard Gay and Joyce (Pogmore) Opalski. Joyce graduated from Platt High School (1961), Laurel Business College, and worked at Metropolitan Life Insurance. Joyce and Michael came to Plainville in 1970 where they raised their three children. Joyce was committed to her family and enjoyed helping her family and friends, including as an active parishioner of Our Lady of Mercy Church.

Joyce leaves behind her son James Zaharevich and his wife Martha, of Litchfield; her daughter Laurie Betzner and her husband Donald, of Northford; her son Thomas Zaharevich, of East Hartford; her grandchildren Christina, Juliana, Alexis, and Bridget; her brothers and sister John, Shelley and Todd Opalski; and several nieces and nephews. She was predeceased by her brother Willard (Bill) Gay III.

Funeral services in celebration of Joyce's life were held from Bailey Funeral Home, 48 Broad St, Plainville, followed by a Mass of Christian Burial at Our Lady of Mercy Church, Plainville. Committal

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# A Skewed View

from the Desk of Rick Drezek

*I’m not taking credit for the contents of this column, I don’t even know if it was actually written by who is credited as the author, but none the less someone did write it and it rings a bell, or the very least it should promote some conversation and thought. So, in case you didn’t get this in your daily pile of e-mails JUNK, I offer you the following which I received.*

*Subject: Why has the establishment birthed Trump? David Limbaugh is Rush's brother. The man is an extremely articulate and eloquent wordsmith with what appears to be a superlative talent for framing his arguments in visceral terms. His discussion below pretty much puts America's political scene, as being impacted by Trump, into crystal clear focus.*

\*\*\*\*\*

**The Establishment birthed Trump!**

Much of the establishment's criticism of Donald Trump comes from its failure to comprehend the reasons for his soaring popularity. Establishment types seem untroubled by the problems facing America, so they can't understand the urgency that fathered Trump's rise. Minor adjustments to the Hindenburg's dining room menu just aren't going to get it.

Their overwrought analysis, their hand-wringing and their contemptuousness for Trump betray a disdain not only for Trump but for Americans who recognize the gravity of America's predicament -- and who, in desperation, have turned to Trump for bold action.

It's hard to overstate Americans' concern for the state of the nation. Horrified by President Obama's Sherman-esquemarch through America, they are tired of hearing that nothing can be done. They are through with empty promises from establishment politicians.

People are tired of Obama's pitting blacks against whites, women against men, gays against heterosexuals, rich against poor, non-taxpayers against taxpayers, citizens against cops and his

Muslims against Christians. They can no longer stomach Obama's apologizing for America and excusing terrorists while rushing to attack Christians at every turn.

People are sick of being called racists for things that happened in this country before they were born or before they could vote, for opposing Obama's destructive agenda, or for simply being Republicans. They harbor the war on cops orchestrated by racial hucksters and pandering politicians. They are incredulous that any president would deliberately engineer America's decline and degrade our military. They are tired of the nation's chief executive officer's flouting laws and thwarting the people's will.

Americans are sick of Obama's trashing America's founding, assaulting capitalism, and bellowing about man-made global warming as a pretense to impose more liberty-smothering regulations. They are nauseated by politicians who are more interested in bipartisanship with scofflaws than with saving the nation. People are mortified by the nation's fiscal instability, its unbridled national debt, its spiraling entitlements and Washington's refusal to address them. They are sick of the fraudulent spending "cuts." They have had their fill of the lies, especially about Obamacare, whose costs dwarf Obama's promised projections and are getting worse by the day. They've reached their limit with this administration's rewarding unemployment and laziness while punishing work, its honoring socialism and demonizing capitalism.

People are sick of politically correct bullies. They are exhausted by lectures about not paying their fair share when half the income earners don't pay income taxes. They are fed up with lies about decreasing unemployment rates when tens of millions have dropped out of the workforce.

Every other week, we face a new existential threat to the nation -- threats perpetrated or enabled by Obama and the Washington establishment. But the establishment meets these perils with barely disguised indifference. Islamic terrorism is overrunning the Middle East and has reached our mainland, and Obama doesn't dare whisper its name. Obama refuses to enforce the borders; he orders his administration not to enforce immigration laws; he lawlessly grants

amnesty to millions of immigrants who are here illegally; and he and his party set up sanctuary cities that harbor criminal immigrants.

Last year, we faced an invasion from Central America; now, in the name of compassion, we are inviting in Syrian refugees -- some 72 percent of whom are, curiously, men. Are we afraid to wonder aloud whether those who sidestep the legal immigration process will embrace the American idea.? Whether they will end up on the welfare rolls.?

With Congress' help, Obama bypassed the Constitution's treaty clause and entered into a reckless, non-verifiable nuke deal with Iran and will give the Iranians a \$150 billion signing bonus to fund terrorism and build ballistic missiles.

**So where does that leave us?**

People have heard one too many times that the Republican Party, if it regains control, will turn things around. Republicans have been so timid in opposing Obama's agenda that many have quit believing they'll reverse this madness if they acquire full control.

Along comes Trump, who gives voice to these legitimate grievances instead of calling people racist, selfish or hysterical. He emphasizes the urgency of these problems, and he denounces the status quo, the establishment, Washington inertia and political correctness without an ounce of apology. People are dehydrated, and he's their Gatorade®.

Whether Trump could or would deliver on his promises is one thing, but the establishment's arrogant failure to acknowledge, let alone decry the horror of, the status quo is his lifeblood. If Trump is a monster, the establishment is Dr. Frankenstein, so please spare us the lectures.

I happen to prefer other candidates, and certain things about Trump make me nervous; but I appreciate that he is shaking things up, and I refuse to belittle Trump's supporters for believing he would be more effective than many of his establishment rivals. Our forefathers' precious gift of liberty to us is not self-sustaining, and if we don't quit kicking it to the curb, it will leave us, never to return.

*So, there you have it, chew on this one for a bit, but don’t swallow until you vote in November.*

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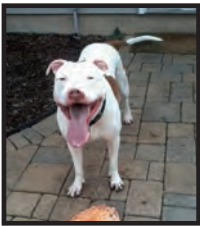
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