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2014 DODGEBALL CHAMPS!!!



On February 20th, a total of 25 Dodgeball teams competed at PHS for the "Dodgeball Champ Title" in support of the 2014 PHS-YMCA Project Graduation All-Night Drug & Alcohol-Free Party. Teams were made up of many people in the community: soccer moms & dads, students, the fire company, area businesses, students, teachers, board of education members, town and school officials.

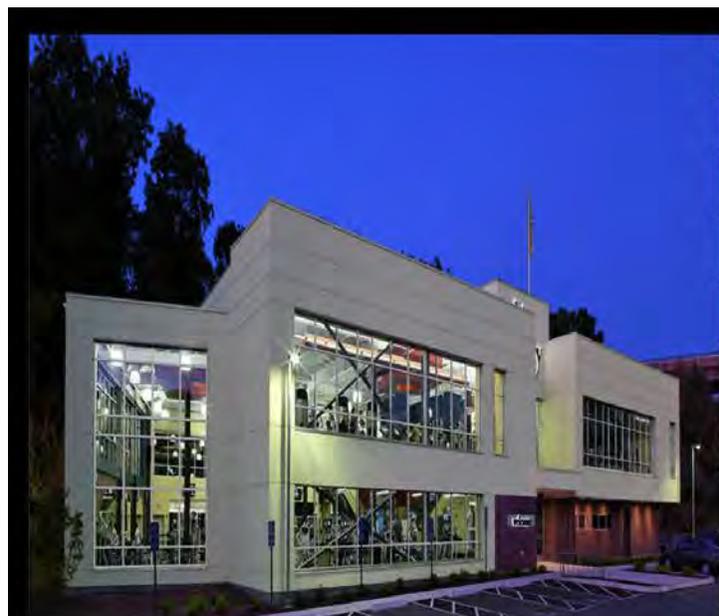
The winning team, "All Dodge-No Balls" played in honor of their Auntie Dawn (pictured above) who is currently battling breast cancer. Dawn, who ran the event, is also the Chair of Project Graduation and of the Decorating Committee this year. Congratulations to all of the teams who played and Special Thanks to Dawn and her Nephews for their Positive, Winning Spirit!!

(left to right): Matthew Angelillo, Keith Collin, Matt Berube, Dawn Angelillo, Josh Angelillo, DJ Angelillo, and Louie Angelillo

THANKS TO EVERYONE
who made this Fundraiser
LOTS of FUN and
SUCH a SUCCESS
We Raised Over \$3,200!!

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They Shared Themselves (Making a Difference)

By: Wendell Copeland

These African American people I speak about are some of the stitches of threads woven into the quilt of American history.

They are from Plainville, CT Caroline Mason, a woman of class, was the first woman of color to graduate from New Britain Normal school (now Central Connecticut State University). She taught people to get a good education. Douglas Mason was a Blacksmith in town. Born in Fairfax, Virginia, he moved to Farmington and later to Plainville. He might have done work for your ancestors or mine.

Sophia Naaman Browne was a civil rights leader and founder of Plainville Human Relations Council. She started the girl scouts in Plainville and was the first African American to chair a Board of Education in CT. She loved sharing her time with people. James Halstead joined the 29th Connecticut volunteer colored infantry to fight for freedom. James and his wife Linda Brewster had a daughter named Ada Halsatead and they were residents in the Scott Swamp Area. James was a civil war vet.

Adeline Woods Gomes was a teacher and in earlier years, she was a teacher in a one room school in Burlington. Even though she became the First African American principal in the state, during segregation, she was not allowed to teach full time. She opened the first class for retarded children in public school system as a pilot program and it was successful. The first SPECIAL Olympics in Waterbury, CT was named for her.

All of the people mentioned above shared themselves with families, friends and community. Their lives were never glorified yet they achieved their goals through their labors.

My biggest regret is that I will never have enough time, paper or ink to mention all of the African Americans that have made a difference in our lives. God Bless Them!



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All contributions, news items and advertisements may be dropped off in the box at 27 Sherman Street or sent to the above email address.

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 132 East Street, Plainville, CT

This paper is published monthly as a service to the citizens of Plainville, Connecticut by Plainville Community News, Inc. It is a non-profit, 501C, all volunteer group of residents who are interested in informing our citizens of community activities and local news. All positive contributions are welcome and will be printed subject to the approval of the staff on a space available basis.

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NEXT ISSUE WILL BE:
APRIL 2014

DEADLINE IS:
MARCH 15th

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DATES TO REMEMBER

MARCH

4th~Shrove Tuesday
 5th~ Ash Wednesday
 9th~Sunday-Daylight Savings Time Begins
 17th~Monday-St Patrick's Day
 20th~Thursday-Spring Begins

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f a v e s a n d r a v e s

Here are some of your favorite places, people or things around town to rave about this month!

{Helen Faves} "My Great-Grandson loves the pancakes at Bolo Bakery & Café." I don't know their secret. They sure are good.

{Jackson raves} The service at Connecticut Casualty in downtown Plainville is the best ever. No matter what your insurance needs are, you can be sure they can help! And the cost is affordable, they bend over backwards to fit your pocketbook.

Email your "fave or rave" in today to be in the March issue. Praise your contractor for doing a good job or tell us about your favorite restaurant, store, or service you received by a professional. Phone 860-747-4119 ~ Thank you!

Email your faves and raves to share it with everyone!
Let's hear what you have to say, we need your comments!
plainvillefavesandraves@gmail.com

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Robert E. Lee, Town Manager's Report to: Town Council

Town Council Meeting

February 3, 2014

Barry Bernabe, Financial Advisor – Presentation

- Barry Bernabe from Webster Bank is here this evening to give a presentation on Plainville's Credit Ratings Overview. Webster Bank is Plainville's Financial Advisor.

FY 14 Budget Update

- The first half of the current year's budget year is completed. On the revenue side of the budget, the Town has collected 55.3% of what was budgeted. Taxes payments have been strong with 63% of what was budgeted – collected. License & Permits have already exceeded budget projects by \$56K, primarily as a result of the Cancer Center project.
- Intergovernmental Revenues stand at 25%, but that is normal as most of these revenues come in after January. Other Revenues are at 78% collected primarily due to a large one-time conveyance receipt made in December.
- Overall Revenues are on target for this year.
- On the Expenditure side – all is in pretty good shape as well with the exception of Police OT which has expended 81% of their line item to date. There is approximately \$68,000 left in this line item. If Police OT continues at the current rate, a significant additional appropriation will have to be made at the end of the FY. The Finance Department will attempt to minimize the additional appropriation by transferring funds from line items that may have a balance in them at the end of the year.
- The Unclassified account, which was small to begin with at \$30,000, has been spent to date primarily due to the contractual work that was expended in the Revenue Collector's Office as a result of the employee resignation.
- The BOE has expended 43% of their budget through the end of December. All of their line items appear to be on budget. They are expecting that they will be receiving \$350,000 more in excess cost grants than originally anticipated.
- Overall expenditures for the entire budget stand at 46% through ½ of the fiscal year.

Small Business Loan – Mangiafico, Inc.

- Mangiafico's received Planning & Zoning approval in 2011 for a building addition to his bakery building located on East Main St. He plans to add a second story to his existing bakery and retail space that will house a salon and spa that will be owned and operated by his daughter. He secured primary financing for the project through Farmington Bank. He applied to the Economic Development Agency for a small business loan in the amount of \$40,000 to complete the project.
- The EDA has approved the small business loan and is recommending that the Town Council approve it as well. The terms are 60 months (5 years) with an interest rate of 2%. The loan is secured by a mortgage on his property located on Woodside Ave.
- There is an item under New Business regarding the small business loan to Mangiafico.

Capital Projects Building Committee Update

- The Capital Projects Building Committee continues to meet twice a month to come up with a recommendation regarding several major projects. It was originally hoped that a referendum could be held before June 30th on the renovations of both the Middle School and Wheeler Elementary School. In order to lock in our current reimbursement rate of 64% for

renovation projects, the appropriation must be in place by the end of the fiscal year.

- Given the work that must be completed and the timelines required for a referendum, it is not possible to have this all done by that time. As a result, the referendum will be pushed back until sometime in the next fiscal year

Additional Recycling Container Fee

- At the last meeting Town Council members discussed eliminating the annual \$50 fee for an additional recycling barrel. Town Council members felt that a one-time charge of \$50 to cover the cost of the barrel was appropriate.
- The Total Recycling & Solid Waste Handling (TRASH) Ordinance allows for the yearly fee for additional carts to be determined by the Town Council. There is an item under New Business regarding the proposed changes as discussed by the Council at your last meeting.

2013 Grand List

- The October 2013 Net Grand List totals \$1.36B. The Grand List is the value of all real estate, motor vehicle and personal property in Town. The Grand List increased by \$13.95M or 1.14%. This is the largest Grand List increase since 2004.
- The real estate portion is 84% of the total grand list. Real estate values increased this year by \$1.5M or 0.13%.
- The motor vehicle portion makes up 10% of the total grand list. Motor vehicle values increased by \$4.6M or 3.5%.
- The personal property portion makes up 6% of the total grand list. Personal property values increased by \$7.8M or 10.7%. Highlights of the personal property grand list increase includes Tilcon (+\$2M), General Electric (+\$1.5M) and new businesses (+\$2M).
- The increase in the 2013 Grand List would produce \$439,320 in new revenue based upon the current mill rate of 3.38. There may be some reduction to this increase depending upon the results of any reductions made to the Board of Assessment Appeals.

Bioscience Zones

- The State Legislature passed a law that was created to promote the Bioscience Industry in CT. This zone is synonymous with the Enterprise Zone. Tax Abatements benefits are available for those bioscience firms that qualify under the statute.
- In 2010, Representative Elizabeth Boukus sponsored an amendment that transferred these benefits to certain areas of Plainville. Primary target areas include certain parcels in the Strawberry Fields Industrial Park (35 acres), the Farmington Valley Corporate Park (40 acres) and the Technology Zone on the southern end of North Mountain Road in the vicinity of the new Cancer Center. (53 acres)

The program would provide a tax abatement of 40% by the Town, a 40% tax payment by the state to the Town and a 20% tax payment by the qualified business for a period up to 5 years. Certain additional benefits may be available as well such as Corporate Tax Credits and Job Creation credits. These credits would be funded by the State.

To participate in the Bioscience program, the Town Council must pass a Resolution to create the zone in Plainville and to approve the proposed locations within the Town. The creation of a Bioscience zone in Plainville would better position our community to attract new business to these areas.

There is an item under New Business regarding the creation of the Bioscience Zones in Plainville. I want to thank Mark DeVoe, our Economic Development Director for diligently working with the Department of Economic & Community Development to get this program in place.

Discussion of Old Linden Street School

- The Capital Projects Building Committee met last week and received a report from Tighe & Bond regarding the potential cost to demolish the Old Linden Street School. The removal of the hazardous materials within the building is estimated to cost \$1.4M. The demolition of the building is estimated at \$1M for a total estimated project cost of \$2.5M.
- If the building were renovated, the Town would still have to remove the \$1.4M in hazardous materials as well. A report issued in 2010 by JCJ Architecture in June 2010 estimated that it would cost between \$4.475M to \$6.33M to renovate the Old Linden Street School. Coupled with the hazardous materials removal necessary for occupancy, the estimated renovation cost is now estimated from \$5.875M to \$7.730M.
- This is a difference of \$3.375M to \$5.230M based upon the JCJ report.
- Now that the hazardous materials removal costs have been estimated, the next step is to see if there are any state or federal grant opportunities to assist in this project. However, before proceeding with potential funding, the Town Council must first make a commitment regarding the demolition of the building.
- In order to qualify for a grant, the Council must commit to the demolition. Town staff is recommending that an item be added to the agenda under New Business regarding the demolition of Old Linden Street Elementary School based upon available grants.

Happenings By Shirley Osle

- See page 7



In ancient times strangers shook hands to show that they were unarmed.

**Watch Town Council &
Board of Education Meetings
Every Thursday ~ 6:00 PM
Saturday ~ 11:00 AM
and Sunday ~ 2:30 PM**

**Week following the meetings
Town Council~Channel #96
Board of Ed~Channel #95
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Plainville Community Food Pantry

News Alert!

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Any Questions, let me know.

Thanks, Scott Unnever

Warehouse Manager

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FROM THE DESK OF:

**Mark DeVoe, Director of Planning
and Economic Development**

Development activity has waned; in part we are sure due to the severe winter we are experiencing.

1. We are much closer to obtaining Bioscience Zone Status (Biomedical R&D equivalent of the Enterprise Zone) in three separate areas within the Town of Plainville. The Town Council has approved the Maps and accompanying resolution. We are in the process of sending these materials to the Commissioner of DECD for her final approval. After three years of working towards this goal, we expect to be able to market these areas with enhanced tax abatements soon – hopefully by mid March.

2. We continue to work with downtown property owners to help make linkages between tenants and landlords. We are pleased to report continued interest in downtown leasing opportunities. While many opportunities are lost for a variety of reasons, we believe there are currently two in negotiations that may finally “stick”.

3. The Planning and Zoning Commission approved regulations governing medical marijuana growing and dispensing facilities on January 28, 2014. The State of CT has received no license requests for such facilities within the Town of Plainville.

4. Tomasso Brothers Inc. contacted our office several weeks ago seeking help to obtain cable services for the Cancer Center and MOB. We contacted the construction division of Comcast directly. In doing so, we convinced Comcast of the wisdom of planning construction activities now so that cable infrastructure can be installed in the early spring BEFORE roads are paved and preliminary grading is completed.

Bulletin “Board”

by Chairperson Andrea Saunders

Highlights of the February Board of Education Meeting:

1. The Board approved the 2014-2015 Operating Budget at \$33,393,538 or a 0.67% increase from the current year. Some features include the expansion of our Pre-K program to all three elementary schools, a new K-5 Curriculum Administrator, a new Athletic Director and the continuation of our Technology Replacement Plan.

2. The Board of Education and Central Office participated in the Project Grad Dodgeball Tournament on February 20th. Although we weren't in the tournament for long we had a great time and it was for a great cause.

3. The Board accepted \$3,000 from AXA Equitable Insurance for the District's Volunteer Program.

4. Eugene Millerick was approved as the 2014 Wall of Honor Inductee. The ceremony will be held before the April Board Meeting.

*That's the news for now
See you next month*

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Last Outdoor Pay Phone in Plainville.... We Think?!?!?!?!?



Do you know where it is? email or call us if you know...Sorry, no prize but it would be interesting to see how many of us pay attention to our surroundings. No one called with the location of this Pay Phone.

We did receive two calls, both said there is one at Big-Y on New Britain Ave. Other calls we received with location, Norton Park, Gas Station corner of Camp Street and North

Washington Street.

Only one person knew the location of the Phone pictured, the one that we thought was the last in Plainville, is located at the the Sunoco Station, corner of New Britain Ave. and Crooked Street.

*It is no longer the last one in Plainville.
Thank you for your Help!*

If you have any thing special you would like to share with our readers, please call
Call 860-747-4119 or
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PLAINVILLE STATION

By Don Liljedahl

BRING ME HOME

From the sound of the trains wailing whistle off in the distance, to the bell ringing its arrival, the great wheels going kickety klack, turning down on iron track.

BRING ME HOME

Past landscapes flying by, flashing lights at rairoad crossings, people waving from small village byways, lights of towns and cities along the way.

BRING ME HOME

By the fragrance of salt marshes, fishing boats bringing home the catch, people vacationing on Coastal Beaches, sun bathing on clear warm days, seen from the train window.

BRING ME HOME

Away from distant conflicts, to a home cooked meal, a warm bed to sleep in, to a loving embrace, and hugs and kisses by family that missed me.

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Life with Wanda



I received a letter from a friend and she related something that happened to her this past week.

She is an avid reader so for Christmas her children got her one of those Kindle readers. She said she went to her favorite coffee house, ordered her usual morning donut and coffee and settled down with her Kindle to enjoy her breakfast, read and listen to the music.

She said she had no sooner taken the first sip of her coffee when her stomach began to rumble and she knew she had to get rid of some gas. (coffee will do that to you, you know). Not knowing what to do she decided to keep time with the music, which was very loud, and when the right part of the song came she would let loose with the built up gas. After doing this four or five times she felt much better and she finished her coffee and got up to leave when she noticed everyone looking at her.

It was then she realized they don't play music at the coffee shop and she had been listing to her Ipod. She has decided to get her coffee to go from now on.

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TOWN OF PLAINVILLE HAPPENINGS TOWN COUNCIL MEETING

February 3rd

By Shirley Osle, Assistant Town Manager

- The Plainville Historical Society a presentation by Gail Williams on Saturday, February 15 concerning the equal rights movement in Plainville. For more information you can call 860-747-6577. The Historical Society is located at 29 Pierce Street, Plainville and is handicap accessible. They would also like to invite you to visit their gift shop where they currently are showcasing miniature Plainville buildings by Norma Francini, a local artist.
- Access Health CT Enrollment Fair: Do you have Health Insurance? Did you know you may have to pay a penalty if you don't sign up by March 31, 2014? CT has a new health insurance market place called Access CT Health. You may qualify for free or reduced price coverage only through Access Health CT. Please call Stephanie Soucy, Outreach Coordinator at the Senior Center, 860-436-0008, if you have questions or if you want to make an appointment at the enrollment fair.
- Michaela's Garden Seeds: Volunteers are needed to help package Michaela's Garden Seeds. Please call the Senior Center 860-747-5728 if you are able to help.
- Grandparents/Relatives Raising Grandchildren Support Group: Millions of children are living in grandparent-headed households, where grandparents and relatives are responsible for the needs of children. If you are a grandparent or relative who is raising a grandchild, niece or nephew, come to the Senior Center to join their monthly discussion. Call the Senior Center to sign-up, 860-747-5728.
- Real Pirates Program and Optional Trip to the National Geographic Real Pirates Exhibit: Was held on February 14th. Carol Beam, a member of the Senior Center Staff presented a Real Pirates program. Carol will share information about the Whydah, the first documented sunken pirate ship-bringing together the history the legend and the science behind this unique discovery. Immediately following the program, the Senior Center bus was available to any interested program participants to the Real Pirates exhibit at Foxwoods.
- Electric Violinist Caryn Lin: Caryn Lin, a classically trained violinist who became an electric violinist and education innovator performed at the Senior Center on Friday, February 14th.
- What Can Legal Aid Services Do For You?: Marilyn Denny, the Greater Hartford Legal Aid Attorney spoke about free legal services that they can provide such as Advanced Directives, Living Wills, Medicaid, Landlord/Tenant Disputes, Housing Issues, Nursing Home Issues and more. This program was free, at the Senior Center
- Questions for The Social Worker: Do you have questions about Medicare, Medicaid, Medicare Part D, Medicare Savings Program, Housing Options? Maybe you have questions about where to

find Alzheimer's help in the community, Caregiving, Healthcare, etc. Just stop by our Social Worker, Stephanie's office to have an individual chat with her. This program is for Plainville residents only.

- Energy Assistance: The State of CT Energy Assistance Program is available to income eligible residents. The program is designed to help assist in lowering your winter heating costs. Households that are eligible may get assistance with oil, propane, kerosene, wood, natural gas or electricity. If you would like more information or think you might be eligible, please call the Energy Department at Bristol Community Organization, 55 South Street, Bristol 860-582-7490 for an appointment. Anyone over 60 with questions may call our social workers, Stephanie or Bette here at the Senior Center 860-747-5728.
- Students from the University Of Connecticut School Of Pharmacy offered a File of Life Event at the Plainville Senior Center. Participants brought their medications with them to their appointment, and the students made a list of those medications, along with emergency contacts and other pertinent health information. The computer program the students use will take all of this very important information and printed it out onto a small piece of paper that can be kept in a purse or wallet, along as a bigger version to be kept on a refrigerator. In case of an emergency, where paramedics are called, they can simply take the "file of life" off the refrigerator or out of a wallet and instantly have all needed information at their fingertips.
- Stephanie Soucy, Plainville Senior Center Outreach Coordinator, held Coffee with a Social Worker, at the Center on Mondays. Stephanie will be available to answer questions about Medicare, Medicaid, Medicare Part D, Medicare Savings Program, Housing Options, Alzheimer's Help, Caregiving, Homecare etc. No registration is necessary for these one-on-one meetings. This program is open to Plainville Senior Center Members who are residents of Plainville.
- Blanche McCarthy Sewell, from the Lions Low Vision Center, held a program for individuals with low vision and those caring for those with low vision. Blanche presented information about the Lions Low Vision Center in our area and the services they provide to help individuals with low vision manage activities of daily living, and to make a life a little easier.
- The Plainville Senior Center and Youth Services offers the grandparents' program that provides caregivers an opportunity to share information and support on issues related to childrearing. Funding for this program is made possible by the Older Americans Act through the North Central Area Agency on Aging.
- The Plainville Senior Center Nurse, Georgia Sterpka, APRN, presented a free program about achieving and maintaining a healthy cholesterol level and offered a cholesterol screening. She spoke about HDL, LDL, and triglycerides and how these numbers play a role in reducing your risk for heart disease. Following the talk, Georgia conducted a cholesterol screenings, which cost \$10.00, payable at the time of the screening.

A SKEWED VIEW

from the desk of RICK DREZEK

I hate to keep beating a dead horse, but referring to my previous analogy of kicking dead mammals really makes me hate hearing that proverbial dead dog yelp. I don't advocate animal cruelty in any way, but I do object to literary cruelty as inflicted by factual misstatements. In the February 2014 issue of the Plainville's Hometown Connection, a writer stated that "ever since Councilman Wazorco spearheaded the removal of oral petitions from the Plainville Town Council's meetings, there have been many protests by the public, but no action by that council or any subsequent council to restore the petitions".

Well, I guess you can color me crazy, but when did the council do away with oral petitions, or Citizen's Forum. Please don't blame Mr. Wazorco, he just happened to be the Council Chairman when Citizen's Forum was taken off television, he didn't remove oral petitions from anywhere. Oh, and oral petitions are recorded and included in the monthly minutes. What exactly is the Council sweeping under the rug? The writer states that "the restoration of oral petitions is not a "dead" issue". I agree it's alive, well, and sufficiently vigorous to self replicate. To tell the truth, and in all fairness to all involved, I have no clue as to what the problem is. Let's get real, the only problem that may exist is the fact that Citizen's Forum has not been picked up as another reality TV show. I seriously doubt that it will any time soon, and for that I am personally grateful. As a dear friend has said to me many times, "build a bridge and get over it".

Hopefully, I will successfully restrain myself from any further comments on this subject as it even pains my graying hair to keep revisiting this subject.

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The Life You Save My Be Your Own!

Please Clear the Fire Hydrants!

The Plainville Fire Department would like to remind Plainville residents and business owners to keep fire hydrants free from obstruction of snow during the winter season. As you shovel or push snow off your driveways and sidewalks, please take time to clear a 3 foot circle around the fire hydrant to keep it accessible. We appreciate your help in keeping our community safe.

FREE SAND AVAILABLE

To help combat slick surfaces, the town has sand available for residential use, at no cost. There are three locations at which residents can pick up sand:

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Basketball helps Glowiak



Left, Brian Glowiak during his playing days with the University of Hartford. Center, Stan Glowiak while coaching at New Britain High School. Right, Steven Glowiak currently with Sacred Heart.

Mike Orazi | File Photos

'It's been a good run. I have fun talking about it because it was a lot of work.'

STAN GLOWIAK, FORMER NEW BRITAIN BOYS BASKETBALL COACH, ON COACHING AND HIS TWO SONS, BRIAN AND STEVEN

Trio inseparable through blood, hoops

By MATT STRAUB
STAFF WRITER

NEW BRITAIN — Perhaps it's an addiction like Brian calls it. For Steven, it's simply all he has ever known. For Stan, it's a thread which has tied him to his two sons in ways most will never understand.

Whatever you call it, the game of basketball has made the Glowiak men what they are today. The Glowiaks are a tightly-bonded group who have become inseparable through blood and basketball. In the process, they have become perhaps the first family of basketball in New Britain.

"Sometimes I think about that," Steven, an emerging star at Sacred Heart and the last link of the bas-

ketball dynasty, says of his family's legacy in the sport and in the city. "My dad is the main part of it. I have to give all the credit to him."

Brian, who came through New Britain before putting together a great career at the University of Hartford before a four-year stint as a coach, says the same thing. There wasn't a single moment where either of the Glowiak boys decided they wanted to be basketball players. The game, and their place in the family business, was waiting for them from birth.

"I didn't just pick up a ball one day," Brian said. "It was just always around, always on the TV. [Stan] still has books and books all over the house and DVDs. It wasn't a

possibility the game would not be in my life."

How the game would go on to shape their lives, however, wasn't something Brian or Steven would appreciate until they were Division I college players. How it would help Stan develop two hard-working young men who cherish family as much as success wasn't something he could have fully understood when the workouts began. Stan Glowiak is best known for the nearly 350 games he won in more than 20 seasons as the head coach of the New Britain boys basketball program. The coaching he did on his family's private court, however, is the work he's most proud of. It's where he helped produce two Division

I players and two young men he's proud of.

"People don't realize the kind of work that has to go into it unless you're born with great size or you're incredibly quick and gifted," Stan said. "Even then hard work goes on behind the scenes. To have two sons get there, I can't believe it. And they're great kids, which is what's important."

The journey began when Brian was growing up. The game became a passion for Glowiak, who was a key member of the 2004 New Britain team which produced one of the best seasons in school history. While no one would know for years to come, Brian's development into a good player would

also start his brother's.

"It's just been around our lives so long. My dad would play pickup all the time. He still plays in the yard Tuesdays and Thursdays," Brian said. "Steve has always been the younger brother hanging around me and my friends. He was always picked on in pickup games, so I think he got a little chip on his shoulder."

It was during another pickup game where Brian Glowiak made the transition from Hurricane to Hawk.

"I didn't have much going until I went to a couple of Eastern Invitational camps and had a cou-

Continued ON PAGE 35

This Glowiak article is re-printed with permission from the New Britain Herald/Bristol Press.

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Here is the Plainville connection! Stan is married to Pat Lostocco's daughter Susan, Susan is the mother of Brian and Steven, Pat is Stan's Mother-in-law, Grandmother of Brian and Steven. We would be remiss if we didn't mention that Brian and Steven's sister Lauren, is a Registered Nurse on the staff in the Operating Room of Hospital of Central Connecticut, New Britain Campus. Oh, yes Helen Bergenty is Brian, Steven and Lauren's Great Aunt.

You are invited to share with our readers your family or friends "Good News" happenings. Just e-mail to: hmtnn@comcast.net or Mail to: Hometown Connection, 27 Sherman Street, Plainville, CT 06062 or call 860-747-4119.

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'I'm just glad to have been a positive influence on some kids there. For all three of us to do it is really special.' -Brian Glowiak



Continued from Page 34

ple good weeks," Brian said. "I was looking at D-2 and D-3 schools and a couple Ivy League schools as maybe a walk on. What got me a scholarship was a couple good pickup sessions at UHart with their players. They offered me after that."

The years and drills which took place on the family court had gotten Brian in the door. He would go on to be one of the best 3-point shooters in Hartford's history and play more games than just a handful of Hawks. Then the addiction took over. Brian wasn't ready to give up the game when his playing days were done, leading to one of the best years the family would ever have. Steven, at that point a senior at New Britain High in 2010, had two Glowiaiks on the bench with him. His father, the head coach, and his brother, Brian, an assistant coach. Brian served as the "good cop" as much as anything else.

"Growing up my brother had it harder than I did in terms of taking criticism," Brian said. "He got the worst of it between us. It was a lot easier for me to be like, 'Dad, you made your point, they get it. If you keep harping on this you're going to lose them. Trust me, they heard you.' I had some respect from the kids because I had just graduated from playing Division I. It was one of those things where he'd be the enforcer and I'd come in and say, 'what are you doing letting his yelling affect your next play?'"

Stan is the first to describe his coaching style as intense, but he knew it had to be when his children became Hurricanes. Stan wanted his sons to earn their keep, just as he had raised them to on the court in the yard and in the house itself, but he also knew they had to in order to avoid the perception of nepotism.

"When you're in that kind of situation, especially when you're in the spotlight, you have to know what you're getting yourself into," Stan said. "You have to be fair to every-

one. I wouldn't want to coach my kid and show favoritism. It was very testy at times. We had our moments with Brian. I learned the pressure was great because I expected more. You have to try harder or you'll be in a position where people will think you're playing because your dad is the coach. You have to earn it more than the other guy. Certainly coaching Brian helped with Steven, even though they had different personalities. My approach was intense with both, but it changed for the better with Steven."

There were still moments. Steven remembers a drill going badly and his father instinctively yelling "Steven," before realizing Steven wasn't in the drill.

"Dad was always harping on me to elevate my game to next level," Steven said. "It was difficult because my dad was so hard on us. Brian [briefly thought of quitting in high school because] my dad was so hard on him. The team begged him to come back. That's why when I play for other coaches nothing fazes me. It kind of helped us in the long run."

It helped most toward the end of his high school career. Steven's junior year ended in disappointing fashion, a Class LL quarterfinal loss to Stamford.

"I had a double-double," Steven remembers. "Eleven points, 11 turnovers."

Then Southern Connecticut coach Marc Rybczyk, a friend of the family, gave Stan a harsh review of Steven's game after the bitter loss.

"That was the motivator. I said come see him in three months," Stan said. "Two days later I asked [Steven] if he wanted to take his game to another level. He was embarrassed by his performance. We made a contract. We listed his weaknesses and went to work until June, five days a week on every aspect."

To this day, Steven can recite from memory the various pieces of

equipment and the incessant drills which followed. They weren't forced on him, Steven wanted to do everything in his power to make sure the Stamford game never happened again. The payoff would come that summer. After a solid AAU season on a team which included Andre Drummond and coached in part by Brian, Steven got looks from smaller schools. Then Glowiak got invited to an Elite 75 camp. With Division I coaches in the building, Glowiak hit four 3-pointers in a game. And he was just getting started.

"From 9 a.m. to 4 p.m. I missed about four shots," Steven said. "I just didn't miss. One of the shots I missed was a breakaway dunk. After that day I had a voice mail from William and Mary others."

"He went from D-III to D-I in no time," Stan said. "People don't know what it took, and it was still a lot of luck."

Stan's close relationship with Howie Dickenman, the coach at CCSU who is also known for his intensity, kept Steven from playing in his hometown as the two decided it was best for Steven to play somewhere else.

"Because of that friendship, he didn't want to risk ruining our friendship," Stan said.

It worked out, however, as a former Dickenman assistant, Anthony Latina, ended up winning the sudden recruiting battle for Steven, getting him to go to Sacred Heart. Three years later, Latina (who was then an assistant at Sacred Heart) is the head coach at SHU and impressed with how far Glowiak has come.

"Steve is a terrific kid, an extremely hard worker. Very coachable. He's been a real positive for our program," Latina said. "He's been one of the few guys who has played to our expectations. It's a credit to his work ethic. He works hard, does what he supposed to in the classroom. He comes from a great,

blue-collar family."

The Glowiak work ethic showed last week when Sacred Heart, in the midst of an awful season for a number of reasons, came to CCSU. Glowiak played like the game was for the national championship, nearly single-handedly leading the Pioneers to victory.

"When you're out there on the floor, you don't want to be the lazy one and showing what your record on the court is," Glowiak said "I like to play hard all the time. I don't think about the record. If I'm out there I'm giving everything I have."

The performance came a year after Glowiak played so well that Dickenman sought the player out a second time after the two had met in the handshake line because he wanted to tell him how impressed he was with his play.

As his point totals soar, Glowiak remembers the summer in which he lived up to his end of the contract he made with his father, even if the process which got him to Sacred Heart created some low moments between the two.

"Sometimes I would have enough and go into the house and not talk to him," Steven said. "My dad would say something at dinner and I'd say 'be quiet' sometimes. Then at the next workout he'd go back to saying the same stuff, but I had heard it all, so it'd be fine."

Steven has gotten his licks in, and now finally holds the title of the best in the family. Steven is quite confident he could take his brother with ease now, a point Brian begrudgingly accepts. Brian works for Aetna in San Francisco now, but referees games in his spare time, something he would like to do more of in the years ahead.

He caught the coaching bug during his stint with Steven's AAU team and went on to a stint with Hartford as an assistant. He loved the work but not the travel schedule, though he admits it's not quite out

of his system yet. When he talks to Steven, however, he tries to stick to being a big brother.

"I try and stay away from the coaching part of it and just try to be a positive influence," Brian said. "I just try and keep his confidence up."

Steven's confidence and game are each growing, making for a proud papa. Glowiak says it's harder to watch Steven play than it ever was to coach, because he can't control anything. All he can do is try to soak it all in.

"I love basketball. I had all those moments, had a chance to coach my kids, and to be able to have those memories and moments is what I'll treasure," Stan said. "When next year is over I'll take a deep breath and be able to enjoy the games more. It was a fun journey. Sitting in the stands now, it gets tense. People say, aren't you enjoying your kid playing D-1? I say yes, but it's agony. It's been a good run. I have fun talking about it because it was a lot of work. I tell kids all the time be prepared for an opportunity."

The day will come when the Glowiaiks will have an opportunity to sit together and think about the legacy they've left in New Britain.

"It'll be nice to have that conversation some day," Brian said. "It all started with my dad and the things he did in the city. I'm just glad to have been a positive influence on some kids there. For all three of us to do it is really special."

It's hard to imagine that conversation not leading to a game or shooting contest on the court which started it all. When the sport is in your blood, that's what happens. Basketball is an addiction the family doesn't want to kick and the vehicle through which they have become such a tight group.

Matt Straub can be reached at (860) 225-4601 ext. 273 or at mstraub@newbritainherald.com On Twitter: @MattattheHerald



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Ask the Brayne

Q: Where does Grant Money come from?

A: Most grant money comes from a portion of taxes you pay. They are collected and redistributed to state and local programs and individuals that require financial support to operate a business. Other sources are from individuals and private foundations that donate for tax purposes as well as the grater good of the world.

Without grant funding, many science research and exploration teams would suffer greatly or cease completely.

Q: Why is diesel fuel more expensive than gasoline?

A. This is taken from NACS The Association for Convenience & Fuel Retailing.

Diesel fuel had traditionally been less expensive than gasoline, since it was easier to refine from crude oil. However, beginning in 2004, retail diesel fuel prices have consistently been higher than retail gasoline prices. There are several reasons why.

Seasonality is one factor that had always affected diesel fuel prices. Diesel fuel, also known as number 2 distillate, is essentially the same as home heating oil (the major difference is that diesel fuel contains less sulfur). In colder winters when home heating oil is in more demand, diesel prices typically climbed faster than those for gasoline.

While seasonality has long played a role in demand, the more recent change in market dynamics, where diesel fuel is consistently more than gasoline, is a function of several broad factors.

From a typical 42-gallon barrel of oil, the refining process delivers around 18 to 21 gallons of gasoline and 10 to 12 gallons of distillate, plus some other refined products. Refinery yields can somewhat be tweaked, but to produce significantly more distillate, they would need to undergo significant upgrades costing billions of dollars.

The final factor in why diesel fuel prices are higher is taxes. The federal tax on diesel fuel is 6 cents more than gasoline per gallon (24.4 cents vs. 18.4 cents).

Q. Plainville's newest Principal, Andrew Batchelder interviewed for the BOE's newsletter recently. He spoke, in addition to students, teachers and parents, of "input from, building credibility with, and developing positive relationships with stakeholders." Who exactly would "stakeholders" be?

A. Stakeholders are everyone interested in education, that includes the teachers, parents, grandparents, para professionals, & community members..

To submit questions: Call 860-747-4119, E-mail hmtnn@comcast.net or write to Hometown Connection, 27 Sherman Street, Plainville, CT 06062 or drop them at the office. Deadline for submitting questions is the 15th of each month. Please, keep them coming!! I know I can't get fired because I am one of the volunteers but I enjoy your questions. I also learn from them, you make me do the research and I love that.

Thanks, Bill Brayne!!

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Attorney Mastrianni and a small group of a local attorneys have recently been trained in the Collaborative Divorce process, which allows couples to settle their marital issues with compassion, dignity and minimal court involvement.

Attorney Michael W. Mastrianni has over 25 years of experience and is a member of the following:

- ▶ Central CT Collaborative Family Law Group
- ▶ International Academy of Collaborative Professionals
- ▶ Connecticut Bar Association Family Law Section

AAA Speaks Out:

Consumer Rights for Car Data

New car technologies are changing the way we drive by making the experience both easier and safer than ever before. Within a decade, the majority of cars on the road will be able to identify problems before breakdowns occur, reduce crashes and help drivers save time and money.

This year, about one in five new cars sold will collect and transmit data outside the vehicle. While this has the potential to improve safety and convenience, it also raises privacy concerns. AAA urges companies offering these exciting technologies to do everything possible to protect consumer rights by adopting its new "Consumer Rights for Car Data."

AAA's Consumer Rights for Car Data

1. **Transparency** – Consumers have a right to clearly understand what information is being collected from their vehicle and how it is being used. Businesses and government should be transparent about the collection and use of vehicle data.
2. **Choice** – Consumers have a right to decide with whom to share their data and for what purpose. This includes ongoing monitoring of vehicle systems, repair and any data of the vehicle owner's choice. Customers should not be forced to relinquish control as a condition of purchasing or leasing a vehicle or of receiving a connected-vehicle service.
3. **Security** – Consumers have a right to expect that connected-vehicle manufacturers and service providers will use reasonable measures to protect vehicle data systems and services against unauthorized access and misuse.

Every automaker selling cars in North America is offering connected features in 2014. Connected cars promise to offer consumers a wide range of benefits including:

- **Crash Response:** Connected cars can automatically send real-time data about a crash along with vehicle location to emergency teams. This can save lives by accelerating emergency response.
- **Car Problem Diagnosis:** Connected cars are capable of generating prognostic data that can predict a problem before a part even fails, which would prevent the inconvenience of a breakdown and help consumers better manage the timing of vehicle care. Preventative maintenance promises to help reduce repair and warranty costs.
- **Convenience Services:** The ability to remotely access a car makes possible services such as remote door unlock, find my vehicle and stolen vehicle recovery.
- **Integrated Navigation:** Connected cars can integrate GPS with online services to respond to driver preferences, routing, fuel availability and pricing, traffic alerts, points of interest, etc.
- **Traffic Management:** Connected car technology can provide transportation agencies with improved real-time traffic, transit, and parking data, making it easier to manage transportation systems for reduced traffic and congestion.
- **Enhanced Safety:** Pilot programs for vehicle-to-vehicle (or "V2V") and vehicle-to-infrastructure ("V2I") communications are underway that will warn drivers of potential collisions, dangerous road conditions and other impediments to safe travel. A range of crash prevention technologies integrated with connected communications such as intersection assistance likely will reduce the number of crashes in the coming years.

AAA provides travel, insurance, financial, and automotive-related services to 54 million people nationwide and is located locally at 17 Farmington Avenue in Plainville. For more information about AAA, members and non-members can go online to AAA.com or call 860-236-3261.

To The Editor

Hello!

I wanted to take a second to share my experience with you as a Connecticut Republican Party intern.

I first signed up for an internship with the Connecticut Republican Party because I knew I wanted to make a difference but I wasn't sure the best way to get involved. I had no idea how much of a difference I was about to make.

After the first month I had already worked to pull off a massive fundraising event, helped mobilize volunteers and win a special election, and learned what it takes to build successful political campaigns.

The relationships I built and the skills I acquired as a CT GOP intern have led me to new experiences and opportunities I never imagined.

If you want to get involved and truly make a difference in your community, apply today for an internship with the Connecticut Republican Party by sending your resume to elissa@ctgop.org.

All the Best, Karen Lucashu Durham, CT

This article brought to you in the interest of better....

Dental Health

by: David R. Edelson, D.M.D.



GUM DISEASE

Gum disease, or periodontal disease is a chronic inflammation and infection of the gums and surrounding tissue. It is the major cause of about 70 percent of adult tooth loss, affecting three out of four persons at some point in their life. Periodontal diseases include gingivitis and periodontitis.

What causes gum disease?

Bacterial plaque – a sticky, colorless film that constantly forms on the teeth – is recognized as the primary cause of gum disease. If plaque isn't removed each day by brushing and flossing, it hardens into a rough, porous substance called calculus (also known as tartar). Toxins produced and released by bacteria in plaque irritate the gums. These toxins cause the breakdown of the fibers that hold the gums tightly to the teeth, creating periodontal pockets that fill with even more toxins and bacteria. As the disease progresses, pockets extend deeper, and the bacteria moves down until the bone that holds the tooth in place is destroyed. The tooth eventually will fall out or require extraction.

Are there other factors?

Yes. Genetics is also a factor, as are lifestyle choices. A diet low in nutrients can diminish the body's ability to fight infection. Smokers and spit tobacco users have more irritation to gum tissues than non-tobacco users, while stress can also affect the ability to ward off disease. Diseases that interfere with the body's immune system, such as leukemia and AIDS, may worsen the condition of the gums. In patients with uncontrolled diabetes, where the body is more prone to infection, gum disease is more severe or harder to control. Pregnant women experience elevated levels of hormones that cause the gums to react differently to the bacteria found in plaque, and in many cases can cause a condition known as "pregnancy gingivitis."

What are the warning signs of gum disease?

Signs include red, swollen or tender gums, bleeding while brushing or flossing, gums that pull away from teeth, loose or separating teeth, pus between the gum and tooth, persistent bad breath, a change in the way teeth fit together when the patient bites and a change in the fit of dentures. While patients are advised to check for the warning signs, there might not be any discomfort until the disease has spread to a point where the tooth is unsalvageable. That's why patients are advised to get frequent dental exams.



What does periodontal treatment involve?

In the early stages of gum disease, most treatment involves a special cleaning called scaling and root planing, which removes plaque and tartar around the tooth and smoothing the root surfaces. Antibiotics or antimicrobials may be used to supplement the effects of scaling and root planing. In most cases of early gum disease, called gingivitis, scaling and root planing and proper daily cleaning achieve a satisfactory result. More advanced cases may require surgical treatment, which involves cutting the gums – sometimes with the assistance of a laser – and removing the hardened plaque build-up and recontouring the damaged bone. The procedure is also designed to smooth root surfaces and reposition the gum tissue so it will be easier to keep clean.

How do you prevent gum disease?

Removing plaque through daily brushing, flossing and professional cleaning is the best way to minimize your risk. Your dentist can design a personalized program of home oral care to meet your needs.

How can I maintain treatment at home?

Sticking to a regular oral hygiene regimen is crucial for patients who want to sustain the results of periodontal therapy. Patients should visit the dentist every three to four months (or more, depending on the patient) for spot scaling and root planing and an overall exam. In between visits, they should brush at least twice a day, floss daily and brush their tongue. Manual soft nylon bristle brushes are the most dependable and least expensive. Electric brushes are also a good option, but don't reach any further into the pocket than manual brushes. Proxy brushes (small, narrow brushes) and other interdental cleaners are the best way to clean between the recesses in the teeth and should be used ONCE A DAY. Wooden toothpicks and rubber tips should only be used if recommended by your dentist.

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Toffolon and Linden Students Enjoy Snow



Students in Plainville recently enjoyed some “fun in the snow” activities at school. Kindergartners at Louis Toffolon Elementary School brought in all of the essentials and took to the Toffolon “slopes” for an afternoon of sledding. Linden Street School students were rewarded with some outside snow time also.

College Planning Night

The Plainville High School's School Counseling Department will hold a College Planning Night for juniors and their parents on Tuesday, March 18th at 6:30 p.m. in Room 403. The program will include an overview of the college selection and application processes, information on financial aid, and tips from a college admissions representative. There will also be a Plainville High School alumni panel to share their individual experiences. Light refreshments will be served. Underclassmen and their parents are also welcome to attend. For questions regarding the program, please call the School Counseling Office at 860-793-3220, extension 350.

Plainville Students on Dean's List

The following students have been named to the Fall 2013 list at Quinnipiac University:

Darek Chrzanowski, Brandon Dalena, Jason McDermott, Thomas Naples, Abigail Negro, & Melissa Sirois



PLAINVILLE COMMUNITY SCHOOLS KINDERGARTEN REGISTRATION INFORMATION

Children who will be five (5) years old on or before January 1, 2015 are eligible for kindergarten (full day program) in September, 2014.

Please contact one of the following elementary schools to obtain materials for kindergarten registration:

Linden Street School: (860) 793-3270
Louis Toffolon School: (860) 793-3280
Frank T. Wheeler School: (860) 793-3290

Completed registration packets may be returned to the individual schools between 9:00 AM – 3:00 PM, beginning March 3, 2014.

Shakespeare Troupe Visits Wheeler Students



The New Britain Youth Theater recently held a “share-day” performance at Wheeler Elementary School. Members of the student drama group at Wheeler performed scenes from William Shakespeare’s “A Midsummer Night’s Dream.” This group of first through fifth graders worked with the New Britain Youth Theater for eight weeks at Wheeler as part of the Wheeler After School Program. This experience encouraged creative thinking, fostered self-confidence, and promoted a love for the performing arts.

Event Notification

WHAT: Student Workshop “CyberAlly” sponsored by the Anti-Defamation League

DATE: Wednesday, March 5, 2014 (snow date: March 6th)

TIME: 9:15AM-11:00AM

PLACE: Middle School of Plainville, 150 Northwest Drive

FOCUS: A student workshop for 6th graders entitled Cyber Ally is one of several workshops presented at the Middle School of Plainville by the Anti-Defamation League’s A WORLD OF DIFFERENCE® Institute. There will be approximately 46 sixth graders involved in this workshop, which is part of the Middle School’s commitment to enhance school climate.

Reading Partners Programs Receive Donation



Mr. Earl Carey and Toffolon Elementary School third grader Davia Garewski



Linden Reading Partners program participants, together with Mr. Earl Carey, Linden Principal Paula Eshoo, Assistant Superintendent of Schools Dr. Maureen Brummett, and district Volunteer Coordinator, Sue Bradley

The Reading Partners Programs at Linden Street School and Louis Toffolon Elementary School, recently received a generous donation from the Plainville VFW Madeley Roberts Post 574’s Community Outreach Program. Madeley Roberts Post 574, which proudly supports veterans, the military and our community, donated 30 books to the Reading Partner program’s students. Earl Carey, a retired Coast Guard veteran, and member of the VFW, joined both schools and their Reading Partner volunteers for a reading of *The Mitten* by Assistant Superintendent, Dr. Maureen Brummett and Toffolon Elementary School Principal, Lynn Logoyke. Thanks to the donation by the VFW, the students each received a copy of *The Mitten* in support of literacy and the VFW’s focus on remembering those who have passed and celebrating the living.

Plainville Students on Dean's List

The following students have been named to the Fall 2013 list at the University of Rhode Island:
Jeremy Klepacki and Elizabeth Benoit

The following students have been named to the Fall 2013 list at the University of Hartford:
Alexandra Bruno, Stephen Bruno, Dana Gronowski, Kris Spence, Matthew St. Jarre, Spencer Roy & Katherine McLellan

I Pledge Allegiance to the Flag...



Schools in Review

"OVERDRIVE" AT MIDDLE SCHOOL IMPROVES ACCESS



Middle school and high school students in Plainville now have expanded access to books via the new "OverDrive" digital library accessible at both schools. Students are able to access the online library via their respective schools' website home pages using their own devices including Chromebooks, laptops, e-readers and more. Students are able to create wish lists of books they'd like to read and borrow, and are able to check out books online, even determining how long they would like to keep the books logged out – up to 21 days. There are currently over 100 book titles available to students, with an additional 54 coming online soon. "Our goal is to keep expanding the online library to provide access to a variety of books for as many of our students as possible," said Middle School of Plainville Library Information Teacher Joyce Lynch.

The Schools' Library Information Teachers research book genres and poll students for books they'd like to have available through the OverDrive system. Some of the titles are rented for a period of time, and some are purchased. In addition, through "Project Gutenberg" a volunteer effort to digitize and archive older works, there are over 1,000 books on multiple topics, available through the OverDrive system free of charge, and students may check out as many as they like.

"We are excited about connecting our students with books. OverDrive provides an additional opportunity to make this possible," noted Plainville High School Library Information Teacher, Deborah Mosebach.

Wheeler Students Visit Art Museum



Frank T. Wheeler Elementary School third-graders recently visited The New Britain Museum of American Art. The students participated in a docent led tour of the museum which included the original artwork of Maurice Sendak. Sendak is an American writer and illustrator of children's books such as "Little Bear," "Where The Wild Things Are," and many more. The students also worked in the studio for an art activity that featured designing picture book covers.

PLAINVILLE EDUCATORS SELECTED TO CONDUCT REGIONAL MUSIC PROGRAM

Plainville Community Schools' Music Department faculty members Dominic Talotta and Todd Helming have been selected to conduct the Southern Regional Middle School Festival Jazz Band and Chorus, respectively.

The Festival, to be held February 28th - March 1st, is composed of the top student musicians from the southern region of Connecticut. Talotta and Helming, who have not previously conducted in this capacity, were selected by a committee of their peers who seek the best directors from both Connecticut and the northeast.

Ensuring that the students enjoy this significant opportunity is also a critical outcome of the directors' roles and the festival. "First it has to be fun - - they didn't audition for this weekend thinking it would be drudgery, but it's easier to have fun when we play well. I'd like them to feel a sense of accomplishment-putting a concert together in such a short time is quite a challenge for middle school age musicians, hopefully we will do it well, and they can leave the festival with a sense of pride. And I'd like to give them a deeper sense of how enjoyable and rewarding playing jazz can be," said Talotta. "Musically, this should be an experience that reaches deep within the student to stir a passion and love for the art of music making.

Toffolon Hosts Family Math Night



Louis Toffolon Elementary School recently hosted two family math nights coordinated by the district's Elementary Instructional Leader, Phil Sanders.

Local Chef Visits Middle School



The Middle School of Plainville students and staff recently enjoyed a lunch option provided by Chef Fernando Hernandez of Pagliacci's Restaurant in Plainville, as part of the Chefs Move To Schools Program. This is an important component of the Let's Move! initiative which helps local chefs partner with schools in their community. The goal of the program is to teach students about making balanced, healthy choices and exposing them to new, healthy foods that they may not normally try.

PHS ANNOUNCES "STUDENTS ROCK AWARD"



Plainville High School students Emily Romankiw and Jacob Jones have been named recipients of the first semester "Students Rock Award" recognizing their outstanding contributions to Plainville High School.

In seeking a way to honor students who "do the right thing every day," the Plainville High School Mentoring Committee, comprised of high school faculty members and led by fellow faculty members Anna Norland and Maria Colangelo, created the Students Rock Award during the 2009-10 school year. According to the nomination guidelines created by the committee, students to be considered for the award must assume responsibility for their behavior, contribute to the school and community, and appreciate the benefits of a physically, emotionally and socially healthy lifestyle. "It is a sincere pleasure to present the Students Rock award to Emily and Jake. They represent the many wonderful young men and women who walk the halls of Plainville High School every day. As future leaders, their fine examples give us hope for a bright future," said Colangelo.

Wheeler Third Graders Host Publishing Party



Third graders at Frank T. Wheeler Elementary School held their second Publishing Party of the year to celebrate their writing and the end of a unit of study. The students learned the art of writing information pieces over the past months. Their books aimed to teach others about topics that they have "expertise" in. Topics included fishing, cheerleading, loom band making, baseball and Pokemon. The students learned how to write introductions, conclusions, and how to utilize various organizational structures when drafting their chapters. Text features such as diagrams, labels, and a glossary were added to help audiences understand the information. The publishing party included presentations, sharing with partners, and hot chocolates with all of the toppings!

of The United States of America.



Woman's Club of Plainville Veterans' Oasis

David Welsh, Veterans Adviser and his assistants were guest at a recent Woman's Club meeting. Mr. Welsh spoke on the Veterans Oasis at the college.

At present we have about 150 veterans studying at Tunxis. Many of them have served in Iraq and/or Afghanistan. We also have spouses and dependent children of service members and veterans who study on the GI Bill.

We opened our Veterans' Oasis in September 2009, with the strong support of the Farmington Valley, Plainville, and Bristol Women's Clubs. The Oasis project was a state-wide initiative of the GFWC of Connecticut; the Farmington Valley Club was designated to work with Tunxis to make it a reality. Karen DeBari, our Veterans' Mentor and a professor of English, works closely with our student veterans to build a supportive atmosphere that makes them feel welcome and valued on campus.

David Welsh, Veterans' Advisor

HAPPY ANNIVERSARY PAUL and ANNE FANGIULLO



60 YEARS

Paul and Anne Fangiullo of Plainville recently celebrated their 60th Wedding Anniversary at a reception held in their honor by their children, grandchildren and great grandchildren.

YIPPEE!!! - A SNOW DAY



Shown above is Carmine in front of the igloo opening, then Jake, Olivia, and McKenzie because it's.....snow days...snow days...good old school is closed days. It's sure delightful to see our kids out playing and using their imaginations to make a pile of snow into an igloo and/or a slide mountain instead of sitting in front of computer games. And then they come in, cold and wet, for hot chocolate with marsh mellowes and just laugh and talk and sing! Thank you Mother Nature for all of your gifts.

AARP



4146

The AARP Chapter #4146 February meeting held at the Plainville library Speaker Andrea Wasley, C.F. S.P. Funeral Director ,Managing Partner at the Bailey Funeral Home.

She gave a presentation about Funeral Planning. She has been an integral part of Bailey Funeral Home for seventeen years.

She is a Certified Funeral Service Practitioner (CFSP)

Along time member and immediate past President of the Plainville Rotary Club. She also serves as Secretary of the Plainville Community Food Pantry, and is a supporter and Volunteer of numerous other community organizations.

Photo and Story by Wendell Copeland

A FAMILY REUNION



Mr. and Mrs. Robert E. Raymond of 63 Fairbanks Street in Plainville had family visitors for 10 days! Dr. Nancy D'Cruz; her husband, Dexter D'Cruz, employed at Stamford University of California, daughter Joyce Raymond Hornblower, mother of Nancy. Bottom left: Danielle D'Cruz, Alanna D'Cruz sitting on Great Grandmother's lap, Beverly Raymond. Also, Robert E. Raymond, Great Granddad! The family D'Cruz lives in Fremont, California. Grandmother Joyce Raymond Hornblower lives with them. A gathering to celebrate Christmas dinner was held December 28th, at daughter Jean Raymond Hodus home in Northfield, CT. Great gathering! All together after so many years gone by. What a joy!!

Gloria Prelli Knits for All



Mittens, Hats & Scarves For The Food Pantry

Pictured above is Gloria Prelli, mother of one of the Club members, she generously created and donated all of the items pictured on the table.

Club members marvel over the amount of donated items, pictured from left to right are: Barbara Birkett, Lucky Powell, Chair of Signature Projects; Susie Woerz, Food Pantry Director; Audrey Zack, President of Woman's Club of Plainville and Claire Stuart.



Young at Heart

News From The Senior Center

AARP DRIVER SAFETY

An AARP Driver Safety Class will be held at the Plainville Senior Center, 200 East Street, on Tuesday, April 22 from 9:30 a.m.-1:30 p.m.

This course covers the effects of aging and medication on driving, local hazards, accident prevention measures and more. Films and discussions will be presented and a driver's manual provided. No written or on the road test required. Upon completion of the course, an insurance company must give a discount of at least 5% on auto insurance.

The cost for the class is \$15.00 for AARP members, providing a membership number and \$20.00 for other attendees. Sign-up at the Senior Center beginning March 6th.

CAREGIVING CONNECTIONS

Bette Smith, Plainville Senior Center Outreach Coordinator, will be hosting a Caregiving Connections Support Group on Tuesday, March 25, 10:00 a.m. Come and celebrate the beginning of the awakening of nature with friends who share your relief!

COMPUTER CLASSES

Free Beginners' Computer Workshop for Windows 7. This free course will take the mystery out of computers, teach you both hardware and software, and show you what the computer has to offer. Tuesdays, March 11 & 18, 1:00-3:00 p.m. Call the Senior Center 860-747-5728 to register.

Computer Course I-Computer Fundamentals

This course is being offered on Tuesdays, March 25 & April 1 from 1:00-3:00 p.m. In Course I participants will expand on the knowledge they gained in the free beginners' course, learn about Windows, editing documents and how to save and use documents on a hard drive or flash drive. The cost for Course I is \$25.00. Sign-up has begun, Sign-up at the Senior Center.

FRIENDS HELPING FRIENDS

The Plainville Senior Center has the perfect solution for those who like to eat out at a restaurant, but do not like to eat alone. The Friends Helping Friends group is made up of single, divorced and widowed seniors. They meet for lunch at a local restaurant on the third Friday of each month at 11:30 a.m. The next meeting will be held on Friday, March 21, 11:30 a.m. at Marilyn's Pub in Bristol. Call the Senior Center for more information or to register for the lunch.

GRANDPARENTS SUPPORT GROUP

The Plainville Senior Center and Youth Services will co-host a program about the unique challenges of raising a grandchild or relative, Wednesday, March 12 at 10:30 a.m. held at the Plainville Senior Center, 200 East Street. Guest Speaker: Ann Fargo, Exercise Physiologist at the Senior Center.

The grandparents' program provides caregivers an opportunity to share information and support on issues related to childrearing. To register for this free program, call the Plainville Senior Center beginning Monday March 3, 747-5728, or Plainville Youth Services, 793-0221, ext 261. Funding for this program is made possible by the Older Americans Act through the North Central Area Agency on Aging.

OPEN PAINTING GROUP

Senior Center members are welcome to join the Open Painting Group at the Plainville Senior Center on Wednesdays from 1:00 – 3:00 p.m. This is an informal group, no instructor, just for fun. No registration necessary.

*As Americans, we go forward,
in the service of our country,
by the will of God.
Franklin D. Roosevelt*

QUESTIONS FOR A SOCIAL WORKER

Stephanie Soucy, Plainville Senior Center Outreach Coordinator, will be available to answer questions on a "walk-in basis" (no appointment needed) on Mondays, March 10 and 24 from 12:30-1:30 p.m. Stephanie will be available to answer questions about Medicare, Medicaid, Medicare Part D, Medicare Savings Program, Housing Options, Alzheimer's Help, Caregiving, Homecare, etc. No registration is necessary for these one-on-one meetings. This program is open to Plainville Senior Center Members who are residents of Plainville. Call the Senior Center, 860-747-5728, for more information.

IDENTITY THEFT AND FINANCIAL CRIMES PRESENTATION

Learn about the risks of Identity Theft, how crimes are perpetrated, what you can do to prevent becoming a victim and what to do if you are a victim. Presented by David Baker, Security Officer at Farmington Bank and Detective David Posadas of the Plainville Police Department. This Presentation will be on Friday, March 14, 10:00 a.m. at the Senior Center. Call to register, 860-747-5728, beginning March 3rd.

THE BLUE ZONE COMMUNITY STUDY AND THE MEDITERRANEAN DIET

Join us on Thursday, March 13, 10:00 a.m. to hear about the latest research buzz, Blue Zone Communities and the heart-healthy Mediterranean diet. Presented by Dr. Reyes, Geriatric Physician at Bristol Hospital and Miles Everett, RD, RN, CDE, Coordinator at Bristol Hospital Diabetes Center. Call the Senior Center to register, beginning Monday March 3rd, 860-747-5728.

ACCESS HEALTH ENROLLMENT FAIRS

Do you have health insurance? Did you know you may have to pay a penalty if you don't sign up by March 31, 2014? CT has a new health

insurance marketplace called Access Health CT. Open enrollment is from October 1 2013-March 31, 2014. You may qualify for free or reduced price coverage only through Access Health CT. Access Health assistor Stephanie Soucy will be doing health insurance enrollments on the following dates: Thursdays March 6 & 13, 9:30 a.m.-2:30 p.m. at the Plainville Food Pantry, and Saturday March 22, 10:30 a.m.-3:30 p.m. at the Plainville Public Library. Please call or email Stephanie Soucy to sign-up or for any questions: 860-436-0008. ssoucy@accesshealthct.com.

DENTAL CLINIC AT THE SENIOR CENTER

The Plainville Senior Center, in cooperation with Community Health Center, Inc., will hold a dental clinic, by appointment, Wednesday, March 12 at the Center, 200 East Street. A registered dental hygienist will provide a dental hygiene exam, dental cleaning, sealants when appropriate and x-rays when appropriate. The program is intended for adults who have not received dental care in the last year and have difficulty accessing dental care in the community.

Individuals without dental insurance will be billed a flat rate of \$30.00 for the visit. Dental services will be billed to insurance companies for those who have dental insurance.

An Enrollment Form needs to be picked up at the Center and completed prior to the appointment. Call the Senior Center, 747-5728, if you have any questions or to make an appointment.

FRIENDS HELPING FRIENDS

The Plainville Senior Center has the perfect solution for those who like to eat out at a restaurant, but do not like to eat alone. The Friends Helping Friends group is made up of single, divorced and widowed seniors. They meet for lunch at a local restaurant on the third Friday of each month at 11:30 a.m. The next meeting will be held at Marilyn's Pub in Bristol on Friday, March 21 at 11:30 a.m. Call the Senior Center for more information or to register for the lunch.

ST. PATRICK'S DAY DINNER

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CLUES ACROSS

1. CORRECT CODE	45. GULF OF, IN THE AEGEAN	12. SIDDHARTHA AUTHOR
6. FOUNDATION	46. STRIKE	14. COACH'S GAME AREA
9. A PULPY CONDITION	48. HILL (CELTIC)	17. GROSS REVENUE
13. VENEZUELAN RIVER	49. STUART LITTLE'S AUTHOR WHITE	20. TOFF
14. ORANGE-RED CHALCEDONY	51. MALE SHEEP	21. 1896 ITALIAN DEFEAT (ALT. SP)
15. THE SHALLOWEST GREAT	52. INDIAN DRESSES	23. AUTO FUEL
16. FLOATING ICE MOUNTAIN	54. PEARS	25. A WOVEN STRUCTURE
17. JAPANESE CERVIDS	56. TARDY ARRIVER	26. REVEAL A SECRET
18. SPECIAL INTEREST GROUPS	60. SMUDGE OF INK	27. HAWAIIAN GEESE
19. DIVERTIMENTOS	61. YOUNGSTERS	29. BRINGS INTO BEING
21. INDIAN WET NURSES	62. ABOUT AVIATION	30. DISPLACED LIQUID
22. FLATFISHES	63. SMALL ORNAMENTAL LADIES' BAG	32. FRIGID ZONE
23. HAITIAN CURRENCY (ABBR.)	64. UNRETURNABLE SERVES	34. NEWSMAN RATHER
24. SOUTHEAST	65. FANTE AND TWI PEOPLES	35. PREFIX FOR INSIDE
25. ONE POINT N OF DUE W	66. ROUND SHAPE	37. SHORT-BILLED RAILS
28. 10 DECIBELS	67. OF SHE	40. SENSORY RECEPTOR
29. WILD OXES OF SE ASIA	68. BEARD LICHEN GENUS	42. EGYPTIAN TEMPLE ____ OMBO
31. ANCIENT GREEK CITY OF SW ITALY		43. CHALLENGES
33. A PASSING GLANCING BLOW		47. PHOTOGRAPH (SLANG)
36. MARRIAGE ANNOUNCEMENT		49. DECLINED GRADUALLY
38. TANDOR BREAD		50. TILAPIA NILOTICA
39. MAG ____; TIME		52. ONE-EDGE SWORD
41. PORTENDED		53. WETS
44. ALICANTE'S 7TH CITY		55. SMALL COINS (FRENCH)
		56. TWINE TOGETHER
		57. THE MIDDLE POINT
		58. SEA EAGLE
		59. ACTIVIST PARKS
		61. HUMBUB
		65. ATOMIC #79

CLUES DOWN

1. STRIKES LIGHTLY	2. FENCING SWORD	3. HOOKED PERICARP
4. ENTREATS	5. EDISON'S CORP.	6. COOKS IN AN OVEN
7. AMOUNTS OF TIME	8. TOOTH CAREGIVER	9. SPELLBIND
10. SOLO OPERA PIECE	11. AUDIBLE EXHALES	

What's Going On...

40th Year Celebration of Penny Sale

This year the Rotary Club of Plainville is celebrating 40 years of the Penny Sale fund raiser activity.

Plainville Rotary Club submits advanced notice of 40 years promoting Rotary Penny Sale. This event raises funds to provide scholarships to graduating Plainville High School seniors moving on to higher education and the military.

This years event is scheduled for Saturday, April 12, 2014 to be held at the Plainville High School. Admission is free.

DO YOU REMEMBER these donors and gifts from the past?:

- ~Garfield Jones - donation Antique Finished Tankard
- ~Hadfield Sports Shop - Spalding Little League Baseballs (2)
- ~Perrotti and Sons - 3 lb. Armour Ham
- ~Yale Cleaners - Suit Garment Bag
- ~Plainville Wayside Furniture - \$5.00 Gift Certificate
- ~Plainville Trust Company - \$5.00 Savings Account
- ~Sherwood Pharmacy - Set Electric Hair Curlers
- ~Mo-No-Pole - \$5.00 dinner
- ~Burt's Restaurant - Case of Pepsi Cola
- ~Salomone Studio - Tape Splicer

Stay tuned for more updates and trivia as the event nears deadline.

The Rotary Club of Plainville celebrates this 40th anniversary and remembers historic sponsors such as: Herbert S. Browne, Sr., Donald M. Chapman Plumbing, Flowers by Sharp, Forestville Lumber, Frank's T.V., Frank Ibitz, Plainville Precision Products Plainville Special Tool, Inc., Plainville Poly Clean Center, Stanley Door Operating Equipment, Rogers Bakery, Attorneys: David and Milton Koskoff, Edward J. McMahon, Robert Michalik, Richard Corr, plus Rotary remembers sponsors such as: Len Albert, Bob Bailey, John Breckenridge, Hank Bremner, Tony Brockelman, Gil Campbell, Lou Fabiani, Tom Ferguson, Ed Fernandez, Caddy Hoerle, Bob Hutchinson, George Kelsey, John Liegot, Gene Millerick, Oscar Pease, Bill Petit, Paul Phaneuf, Loyal Smith, Walt Majsak.

Regards, Debra R. Vazquez, W I S H
...Women Invigorating Sciences Hope

COMING IN APRIL

The 1st Annual Amateur Art Exhibit will be held at the Plainville Library from April 4th to the 25th. This event is being sponsored by the Plainville Amateur Art Group.

Do you paint or draw? Would you like to share your work and meet other area artists and enthusiasts? Are you proud of the skill you have achieved? If the answer is "yes" then take this opportunity to share it with the community. Art enriches us all - both those that can and cannot create it. We can all enjoy it! Your work might just inspire someone else to give it a try.

All amateur artists are invited to participate and display their work. Multiple pieces in any medium are welcome such as pencil, pen, ink, pastels, oils, watercolors, acrylic or whatever you work in. There are no size requirements but display racks limit very large pieces. Framing is not required but work should be neatly ready for display such as matted or in clear plastic envelopes to protect it.

There is a \$5.00 donation per artist and all proceeds will be donated to provide supplies for area art programs. If you would like to join us or need additional information, call Peg at 860-747-1399 or 860-793-2960.

Free Lego Build 40,000 Lego Bricks Open to anyone in any town

See what your child or grandchild can build with 40,000 Lego bricks on a cold Sunday afternoon. A free Lego build will be held on Mar. 9th, 2014 at the:

Scout Hall Youth Center
28 Abbe Road
East Windsor, CT

Drop in or leave any time between 2 and 4 pm. All creations must be left behind for the next build and adults must accompany their child. This is open to anyone from any town.

The Scout Hall has been the recipient of 40,000 Lego bricks through the generosity of the Lego Corporation.

Anyone wishing to donate Lego bricks for the Scout Hall Lego Builds that are no longer used and taking up space, contact Nancy Masters. They will go to a good cause and you can receive a letter for a tax deduction. They must be Lego bricks, as other brands of bricks do not fit with Lego bricks.

For more information contact Nancy Masters,
RN1757@aol.com or
860-289-5085

Holistic Fair in Plainville "The LOOP" (formerly RockWells Dance Hall)

161-B Woodford Ave. Plainville, CT Sunday, March 2nd 12-4pm
30 Vendors, Demo's, Speakers 50% OFF NEW HOLISTIC BOOKS
Readers, Massage, Jewelry, Reiki, Essential Oils, Dream Catchers, Hypnotist
Natural Wellness Supplements, Tarot Cards, Sage, Jewelry, Natural Dog & Cat
treats, Physical Therapist, Dream work, Health evaluations, Natural Soaps &
Candles, Organic Skin care, Angelic Stones, Astrology, & Group Healing
*Over 40 items valued at over \$1,100.00**2 FREE RAFFLES**
This event is a fundraiser for the Plainville Food Pantry &
The CT Humane Society (Pet Food Pantry)

"All You Can Eat" BREAKFAST

O.L.M. PARISH CENTER
19 S. CANAL STREET

SUNDAY, MARCH 9TH
8:00 a.m. TO 10:30 a.m.

Donation: Adults \$4.00

Children \$1.00~Under 6 FREE
Orange Juice, Eggs, Texas Toast, Sausage,
Ham, Hash Browns, Bagels, Donuts & Coffee

"KIDS CORNER"

Children activities will be a surprise
for St. Patrick's Day & Spring

*"There are no strangers in Plainville,
only friends you have yet to meet"*

~ Open to the Public ~

Military Whist

The St. John Ladies Guild will hold a Military Whist on Wednesday, April 9th at 6:30PM at ST John the Evangelist Church Hall, 31 Newington Avenue, New Britain. Mark your calendars for this great event....bring your friends... refreshments provided!

Instructions on how to play this card game are given the night of the event... it's easy to learn and great fun!

**For more information
please call: 860-223-2667
\$5 donation at the door**

Benefit Holistic Fair in Plainville at The LOOP (formerly RockWells)

Will Host
Two Award winning CT Local authors-

**June Hyjek and
Laura Hayden.**

Both authors will have vendor tables at
**The holistic fair
161-B Woodford Ave. on
March 2, 2014 12-4:00**

"More Than A Poetess"

UPCOMING HISTORICAL SOCIETY
PROGRAM.

**On Tuesday, March 18 at 7:00 pm,
Dolores Martin will present a program
and display about local poet Anna
Granniss's work, as a poetess, song
writer and contribution she made to
her church and community. For more
information call (860) 747-6577. The
building is handicapped accessible.**

Elmo Aiudi

A. AIUDI & SONS CONCRETE

*Committed to our customers
for over 72 Years*

Plants: Camp Street, Plainville, Rt.

& RT#153, Westbrook

Administrative Office: P.O. Box 279

Plainville, CT 06062 ~

Tel 860-747-5534

FAX 860-747-8212

Dear Editor,

I was shocked and dismayed by the article published with no byline entitled "EVEN IF YOU ARE NOT A CATHOLIC THIS IS AN EYE OPENING....."

I am not Roman Catholic, nor am I particularly politically active (although I do try to keep up with political issues and I do vote in every election); nevertheless, I was shocked by the article. I know that the Roman Catholic Church has done, and continues to do, great good for this country. I am a member of the Evangelical Lutheran Church in America (ELCA), and our church also feeds, clothes, shelters and educates millions throughout the world. I commend the Roman Catholic Church and the ELCA, as well as all the other religious organizations that do this good work throughout the world. Nevertheless I cannot agree with the published article.

While I am by no means an expert on the new Obama Healthcare Mandate I do not see how it has any effect on the work (including adoption services) of any religious organization, including the Roman Catholic Church.

Furthermore I am dismayed by the (unnamed) author's choice to separate Islam from all other religions in their appeal to voters. The author appears to be writing under a misconception of the Islam religion. The Islam religion actually has roots in Judeo-Christian values and the Islamic laws and teachings closely mirror the Judeo-Christian teachings. There is nothing in their teachings that seek to restrict those outside their religion to practice freely. While Muslims in America are in the minority, according to the Pew Research Center there were 2,595,000 Muslims living in the United States in 2010. I know that there are Muslims in America who have contributed positively to the American way of life.

To single the Islam religion out and suggest that they should not be granted their Constitutional right to freely practice their religion goes directly against what our founding fathers were trying to guarantee all religions; not just Judeo-Christian religions. When President Obama said the United States is not a Christian nation he was absolutely correct! While the majority of people living in the United States may be Christian; our Constitution expressly prohibits any religious connection to our nation in the First Amendment. While our nation was founded by leaders who believed strongly in their Judeo-Christian values and religion; they believed even more strongly in the right of all religions (not just Judeo-Christian religions) to worship and practice freely in the United States; so much so that they spelled it out in the Constitution. *Respectfully submitted, Valerie Holcomb*

The staff wishes to thank everyone that reacted to the article and brought our attention to the absence of a byline. As volunteers we appreciate all the advice we receive. Thank you, again.

**Capitol Update from State Senator Jason Welch
The Veterans Corner on Nutmeg Television**

If you want to know what's going on in the local Veterans Community, The Veterans Corner is the show to watch.

The show's Host, Chuck Woodin, is a Navy Veteran, past Commander of the American Legion Post 2 and Vice Commander of District 1. Cameraman Timothy Gamache, a Vietnam Veteran and past Chair of the Bristol Veterans Council, appeared as a guest on the first show with Donna Dognin from the Army Strong Community Center. The show brings information about the resources and services available in the community directly to Soldiers and Veterans.

Some of the guests who have been on the show include the Fisher House, Soldiers, Sailors, and Marines Fund, AmVets, Operation Gift Cards, American Legion, DAV, POW/MIA, House of Heroes, Step Up for Vets, Veterans, Inc., State Representative Frank Nicastro, Senator Jason Welch, Vet Hunters, and the Vet Center.

The show is educational, entertaining, and helps to bring Veterans and the Community closer together.

If you would like to be on the show, or know of an organization that supports the Veteran Community, contact **Chuck Woodin at TheVeteransCorner.Ct@gmail.com.**

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Sent by: State Senator Jason Welch, 300 Capitol Avenue, Hartford, CT. 06106

Senator Welch represents the towns of: Bristol, Harwinton, Plainville,

Plymouth and Thomaston

SenatorWelch.com / About Jason / Newsroom

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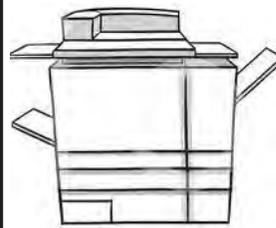
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Watch for ticket information in the April Issue

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SCRATCH and PECK

By LEESHA



Let me introduce myself. My name is Leesha, and I am a Polish Princess hen. I lived happily in Plainville with my eight (8) sisters and all of our friends until we were evicted for lack of a two-acre home. My sisters and I now live on a 27-acre farm with our adoptive parents and siblings of assorted species, including horses, ducks, a dog, a turkey, and several aging roosters. Mama Cluck visits us sometimes, and she and our new Mom exchange news about us. Still, there is no place like home; we miss our Hen Mansion and our other two-legged friends.

(The following is Part I of a 2-part article on the joys and trials of pet ownership.)

WHY (Almost) ALL OF US SHOULD HAVE PETS

Most of us have or have had one or more pets in our lifetime. Those of us who don't own pets very likely have friends who do. Pets are especially good for children; it teaches them responsibility in the care, feeding, and respect for the life of all God's creatures. Children also learn the value of unconditional love pets give to them much in the same way that the kids know the love of their parents and family. Walking your dog or playing in the yard with pets is physically and emotionally healthy; on the plus side you get to know your neighbors and make new friends.

Obedience training is essential. It requires discipline and patience on both sides. It should always be consistent. Pets do not respond well to mixed signals. Good behavior should be rewarded. Not so good behavior should not be punished as much as called to attention by making the pet repeat the action requested and then rewarded. A well-trained pet is much more acceptable in polite society. The YMCA and Plainville Park and Recreation offers training classes periodically, as well as other places.

Some animals are simply what we think of as smarter than others. Even within breeds and species some are more docile and willing to learn. Perhaps they have different personalities and instincts. Dogs, horses and larger animals seem to be more amenable to training, even though hens and rabbits can be trained to do tricks to some extent. Cats have a reputation for independence and free thinking. Mice and rats can learn to run a maze. This may be more of an exercise in Pavlovian response to reward or pain than not. Electric training as in invisible fences or a shock collar often works for some pets and can be a good tool if used judiciously. It is similar to slapping a toddler on the wrist if he/she starts to move toward danger of some sort. Draw attention to the inappropriate act, demonstrate the correct action, and reward it.

In Plainville, a pet is normally regarded as a dog or cat. However, there are also many alternative pets; birds, fish, ferrets, hamsters, gerbils, mice, rabbits and snakes to name just a few. At one time or another in my life I have had most of these. These are usually in-the-house pets. Some rabbits and all hens thrive out of doors. Almost all pets can be litter-box trained, as well as to do tricks. Even fish will swim up the side of their aquarium when they are approached. OK, they know they will get a treat; still, it is amusing.

One of my young neighbors has a pet Spiny Lizard named Sheldon, who lives in a dry aquarium complete with a heat lamp and desert-like scenery. He eats super worms from the pet store. She got him as a baby only about four inches long. He is now a two-year old a little over a foot long. She can take him out of his home to watch TV on the couch, or stuff him in the front pouch of her hoodie, or drape him over her shoulder to visit the neighbors. Lulu is a white cockatiel who talks, a lot! She lives in a very large cage, but when her human family is at home she has free run (or shall I say flight) of the house.

VERY IMPORTANT: Pets are a serious commitment. When you chose a pet be aware of its life expectancy. **Owning a pet should be a lifetime commitment!!** Losing a family pet is very painful, but still a part of the natural order of God's world. If you chose a pet that may outlive you, try to consider preparation for a new keeper for it. Pets require special housing and feed, lots of attention and care, including regular visits to the veterinarian for their regular health maintenance; especially, in the event of illness or injury. All of this can become expensive, so carefully plan ahead. In some cases, you might want to consider carrying pet insurance. *(To be continued.....Look for Part II in the April Issue of Plainville Hometown Connection, which will discuss the subject of Rescued Pets in detail)*

Dear Plainville Hometown Connection,

I am writing to you today about a very special person. On Saturday, the 22nd I got a frantic call from an associate of mine. You see, I am an animal rescuer.

A woman named Theresa had been walking her dog in a local park when he alerted her to something in a snow bank. When Theresa went to investigate she saw a cat in a hole in the snow bank. Of course she was very concerned and wanted to help but there didn't seem to be anyone to turn to. The police couldn't help her.

Fortunately another rescuer John happened by at that time and started to help her. John scuffed the cat and gave it to Theresa. That is when Theresa noticed that the cat had been laying in 4 inches of cold water in the snow bank. The cat was shivering and freezing. John gave Theresa the name of yet another rescuer Marci. Marci then called me.

As soon as I heard what was happening I rushed from my home in Bristol and went to the park in Plainville to meet Theresa and get this poor cat.

The cat had been sitting in Theresa's lap covered in her coat and had had a nice meal of canned cat food. I want to say thank you to Theresa for having such a big heart and helping this poor creature. The cat is safe and warm now in foster care. He will be vetted and will get a wonderful new home. It took a village but this cat will never have to be cold and hungry again.

Thank you Theresa from Lynn, volunteers for Friends of Berlin Animal Control and from the lucky cat

TEA PARTY PATRIOTS

by Gene

Tea Party Has Done a Lot for U.S.

Those who have been bashing the Tea Party lately haven't been paying attention to the good it accomplished.

After Barack Obama took office and immediately rushed through his "stimulus" package, he embarked on a mission to socialize America and fired the CEO of General Motors, a private corporation, which he had no legal authority over; then bowed down to foreign leaders, etc...you remember don't you! That's when the Tea Party formed. It got so strong that the GOP gained control of the House of Representatives.

President Obama was frightened of this and has ingeniously tried to reverse his image. So, after a few years without an increase for Social Security, the first time in history this was done, he predictably gave the OK for an increase for 2012. Also, push out the mandate on Obamacare past the next Election cycle. How transparent can you get? Hey, it's an election coming up right? Study what is going on. Educate yourself, Read and check with Snopes.com for truth and accuracy. Study the issues. Then vote this fall accordingly./

February 27th was the 5th Anniversary of the Tea Party

Watch the "CPAC" Conference March 6th

What Socialist once said "When the fruit is ripe it will Fall"?

Watch-Out for your IRA "My IRA" is coming. The President said in his State of the Union De-Privatize Retirement Accounts? Will he issue an Executive Order canceling the Impeachment part of the Constitution????

Who is trying to intimidate and harass and muzzle Tea Party Groups?

New Tactics to Fight Agenda 21 and Common Core.

Over the past few years, as we've educated people on Agenda 21 and its UN origins, the natural reaction for concerned citizens and property rights activists has been to rush into city hall and accuse their elected representatives of enforcing international policies on the town. This has, of course, been met with skepticism and ridicule on the part of some of the officials and encouraged by the NGO stake-holders and planning organizations that stand in the shadows). Today, the promoters of Agenda 21, including ICLEI and the American Planning Association (APA), have worked overtime to paint our movement as crazed conspiracy theorists wearing tin foil hats and hearing voices.

Representative E. Esty voted to keep scandal plagued IRS in charge of Obamacare (HR 209-Roll Clall 447 -9-2013). She's Your Representative in the 5th district.

Who will be on stage for the post Labor Day 2015 Republican Primary Debates?

If you plant your fields and store up your grain and the Government comes in and takes all your grain away, are you a hypocrite for complaining about it because you don't starve to death when the Government offers you a small portion of grain back? Are we going to be a nation of dependents, or are we now?

Dr. Ben Carson is the chairman of the new "Saveourhealthcare.org."

World War Eleven: That's how a young Grammar School Teacher introduced a Vet of (WWII).

New Bill #2847 in House of Representatives known as "FATCA" 7/1/2014. It may be the collapse of the U.S. Dollar.

"When the People fear the Government there is Tyranny. When the Government fears the people there is Liberty."

(Thomas Jefferson)

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LIVING HEALTHY CHEMICAL FREE*By: Donna Ziccardi Gross***You Are What You Eat.....Are You a Shoe?**

Subway is teaming up with Michelle Obama to promote nutritional meals for our dear American children. How nice. Subway will spend \$41 Million over the next 3 years to "market" healthy food for children. This includes such expenses as training materials,

TV advertising and advertising costs for Media Promotions. But what about money spent for quality food? Michelle, where are you? Consumer Watch Dogs, such as myself, stepped in and the "Fast Food hit the fan". There are chemicals in food that are not fit to eat, along with being carcinogenic. So while Michelle is praising Subway for offering "healthy" food, let us take a look.

At the time when Michelle and Subway launched their "healthy" eating campaign for children, activists launched a campaign of our own to take harmful chemicals out of our food. The first under fire is a carcinogenic chemical known as Azodicarbonamide, used in the production of foamed plastic, vinyl, yoga mats and shoes. This chemical is ALSO used to make breads, bagels and baked goods to keep their consistency fresh and moist. And azodicarbonamide is also found in Subway bread. Yes, that's right!... the same food Michelle Obama is calling "healthy", contains a cancer causing ingredient that will also cause food allergies and asthma, along with other chemicals not fit to eat.

It seems that most fast food companies use bread that contains azodicarbonamide, so why single out Subway? Because Michelle did. So if Subway is going to get national attention for being "healthy", then they should get national attention for making bread with the same ingredients that can be found in shoes and yoga mats. You see, people are getting educated. They are taking personal responsibility for what they eat, drink and breathe. And the truth be told, we are being forced to accept chemicals that can make us sick and eventually kill us. Up 'til now.

24 hours after the announcement that their bread contains azodicarbonamide, Subway made a public statement on Mainstream Media, that they will be phasing out azodicarbonamide....but the question remains when?...and replacing it with what? We will be watching, Subway. But another question comes to mind....why did Mainstream Media wait until NOW to talk about azodicarbonamides in baked goods? People were complaining to Subway since 2002 to take that chemical out of it's bread but the plea fell on deaf ears. You would think we would have heard about this from our Mainstream Media first, instead of from people like myself, writing in local newspapers and launching information campaigns on Social Media. Maybe we forced Mainstream Media to "come clean". Which poses the question, whose side is Mainstream Media really on? Big Business, or on OUR side? And another question, do we get the News or do we get Propaganda?

It's funny how "fear" has a way of pulling the "truth" out of people. Within a matter of days, other fast food companies voluntarily came forward with public statements on Mainstream Media stating they were also taking azodicarbonamide out of their bread. Arby's, Burger King, Chik-Fil-A, Dunkin' Dounts, Jack in the Box, Kentucky Fried Chicken and McDonalds....so far. How Special! If they were such reputable companies, why did they have it in their products in the first place? Bottom Line. Putting Azodicarbonamides in their bread saved them money and inflated their bottom line. They did not care about what it did to your health....all they cared about was making money. Are you feeling "used" yet?

And this brings me to the subject of POWER. Who holds the power? YOU Do! You have purchasing power. For the past year, people are getting fed up with writing to food companies and asking them to eliminate harmful chemicals. They no longer rely on their elected officials to do the right thing. They are going to the "front line" with their purchasing power. People no longer want to eat food with carcinogenic chemicals and GMOs....so they are purchasing organic, GMO Free food. Kellogg's profits have gone down for the past 3 consecutive months. Wells Fargo can not understand why stock in soda is dropping like flies, but General Mills finally figured out...people no longer want to purchase food that will make them sick, so Cheerio's has promised to go GMO Free (We will see).

Another question that comes to mind....where is the FDA? For years the FDA has taken a pro-corporatist, laissy faire policy about what can be used in food and consumer products, allowing companies to put ingredients deemed by scientific research to be carcinogenic and dangerous into food and get away with selling this crap to the trusting public. And another thing, azodicarbonamide has been banned in food sold in Europe, Australia and the United Kingdom, so why does it continue to be used here? And why does Subway take it out of it's food it sells in Europe but has been giving it to Americans for years? And, while we are asking questions, why has Michelle Obama deemed Subway to be the poster child for "healthy" eating. Does she not care about the children of this country? Or does she not have a clue?

Yes, Power to the People! And corporate America is dancing to another tune. People want to eat "healthy". Kraft Foods just announced it is taking the artificial preservative Sorbic Acid out of their Cheese Singles that they have been advertising for the past two years as having "no artificial flavoring"; Chik-Fil-A also announced it will be phasing out over the next 5 years, antibiotic fed chicken; Chipotle is advertising it is going GMO Free. Yes, food Companies are finally realizing consumers are all powerful and are purchasing Organic and GMO Free Verified food and all the "lobbying" in Congress has NO CONTROL over this!!! I am thrilled to announce, more and more people are choosing to Live Health Chemical Free.... (are you?)

Please visit my blog... <http://livechemicalfree.blogspot.com/>. And please read my other articles. All comments are welcome.

Most of us don't like to dwell on our eventual death ~ Worse yet the death of someone we love ~

By Roberta Lalama

However, it happens to all of us staring at the moment of our birth. It comes all to early for some, much much later for others.

Some of us plan ahead by making a Last Will and Testament so that our worldly goods are distributed to the ones chosen. We tell family and friends what our wishes are in how and where we wish to be buried and remembered.

Others do not do have the foresight to do that even though they are growing old. Young people think they have all of the time in the world to live out their lives and consider what to do about it later.

It is a sad fact that an accident or illness can take even a young or middle aged healthy life.

This is a plea to all of you to consider and express your wish to be an organ donor. It is easy. Signify on your drivers license that you wish to be an organ donor! Tell your family that you wish to have your organs donated to others who are in dire need of an organ transplant.

We all have one heart, two lungs, two kidneys, two eyes, one liver and other bits and pieces that can be transplanted. One donor can save five lives or more. All too many people are on organ donor lists that are miles long and may die for lack of a transplant. No one on a donor lists wishes for someone's loved one to die prematurely. Yet, it happens, and the family of the donee is sincerely grateful for the opportunity for their loved one to have a full and healthy life.

I know this from personal experience. My husband was on kidney dialysis for three years before a compatible donor was found. Another man had been on dialysis for five years. He recieved the donors other kidney. I do not know where the rest of this blessed mans organs went. However while they were in the hospital for a month, his son & I stayed at a residential hotel close by and became friends. There were others at the hotel who had spouses in various hospitals in Pittsburgh for lung and other transplants. We spent the days in the hospitals, but at breakfast and in the evening shared our good news and sometimes setbacks with each other.

I also learned that when my husband needed a kidney, I volunteered one of mine. We are not compatible blood types so I offered to donate my type A kidney in exchange for a type O for him. OOPS! Guess what folks? Organs over 60 years old are only desirable if there is a serious need for one in someone who is at least that age and low on the transplant list.

This brings me to the next topic on my list. This is not for everyone, but could be considered.

Be a cadaver donor to a Medical School. UConn, Yale-New Haven or others. Register with them in advance and make your wish known to your survivors. They are a little picky. It depends on their need and your condition. They will not take obese bodies or people who have died of certain causes. In the case that you pass their qualifications you will be treated respectfully and after being studied by aspiring new doctors they will cremate what remains, at their expense, and your ashes will be returned to your family. "Book learning" is one thing, hands on experience, so to speak, is so much more beneficial to students. Remember that their knowledge may save your life or the lives of others!

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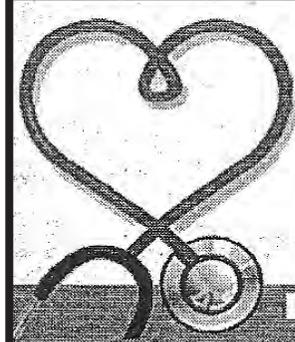
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*The tooth is the only part of the human body
 that cannot heal itself.*

Healthy-Behaviors

It's not always what you eat, but how you eat.

By: Linda Coveney, Certified Health Coach, AADP

Time Magazine's cover story in February was "The Mindful Revolution".

The article starts with a description of how to mindfully eat a raisin. The author suggests that we would be better served if we could just slow down long enough to appreciate what we eat every day.

Before you continue reading, please get one raisin or one slice of apple. Ready? Now, don't eat it yet. Take a moment to hold this object in your hand, notice its texture. Does it look smooth or wrinkly, wet or dry? Take a moment to engage your sense of smell. Sweet or spicy? Then place in your mouth and roll around on your tongue for a while and notice the texture and taste. Ultimately you will want to start chewing. Chew slowly and more times than you normally would. Finally, swallow and think about the nutrients being absorbed into your bloodstream. Warning: This exercise is harder than you think!

We all are constantly bombarded with more work than we can get done in a day, more e-mails, more demands that we create for ourselves or that we allow others to impose on us. We feel that if we pause for a moment, we will fall so far behind that we will never catch up. Exhausted, worn out, brain fogged – we continue on this path, for days, weeks or years.

This article reminded me of a story when I wished I had practiced a little more mindfulness. It was over the holidays and we were in a beautiful setting surrounded by woods. My dog, Cooper, alerted me to the fact that 5 deer were walking across our backyard. For a moment, I was in awe of their beauty. In the next second, I threw myself into action. Quick – grab the camera; open the door, all while trying to keep a barking dog from bolting out the door. In my haste the door got hung up on a rug and the next time I looked up, all I saw was the tail of the last deer as he walked out of view.

This story brought home how hard it can be to just appreciate the present moment. Why was I so conditioned to move into action instead of being still and enjoying this gift before me?

How often to you find yourself running and feeling like you aren't getting anywhere? Perhaps this one practice of mindful eating will remind you how much there is to appreciate in one small bite, one present moment. Here are some other great reasons to slow down and chew your food.

- Saliva breaks down food into simple sugars, creating a sweet taste. The more we chew, the sweeter our food becomes, so we don't crave those after-meal sweets.
- Chewing reduces digestive distress and improves assimilation, allowing our bodies to absorb maximum nutrition from each bite of food.
- More chewing produces more endorphins, the brain chemicals responsible for creating good feelings.
- It's also helpful for weight loss, because when we are chewing well, we are more apt to notice when we are full.
- In fact, chewing can promote increased circulation, enhanced immunity, increased energy and endurance, as well as improve skin health and stabilize weight.
- Taking time with a meal, beginning with chewing, allows for enjoyment of the whole experience of eating: the smells, flavors and textures. It helps us to give thanks, to show appreciation for the abundance in our lives and to develop patience and self-control.

Try eating without the TV, computer, iPhone, newspaper or noise. Instead just pay attention to the food and to how you are breathing and chewing.

As you create this new habit, you will begin to appreciate eating without rushing.



**You have to eat every day—
 why not learn to savor and enjoy it?
 This is a great Healthy Behavior.**

Linda Coveney is an AADP Certified Health Coach who provides one-one coaching and group wellness programs. Her advice and articles are not meant to replace a one-on-one relationship with a qualified health care professional, and they are not intended as medical advice. She can help you set up wellness programs that are sustainable and deliver results for both the employer and employee. You can reach her through www.healthy-behaviors.com or lindacoveney@healthy-behaviors.com.

**Turn back to page 11 in case you missed it
 An article brought to you in the interest of better....**

Dental Health

by: David R. Edelson, D.M.D.



"I.T. Jim's"

You Have a Lot to Learn: For FREE

Want to learn about something new? Want to learn from professors at some of the top universities in the world? Want to do it for free? Good News! The internet is a vast resource of free education opportunities. Here are a few examples of what you can find.

KHAN Academy (khanacademy.org)

Khan Academy is a non-profit organization seeking to provide world class education to the masses. The website offers access to the training including the ability to track progress and also includes training materials.

Courses available at Khan range from basic to advanced math, biology, physics, chemistry, economics, finance, history, civics and more. It also has partner content from the Museum of Modern Art, Stanford School of Medicine, MIT and more.

Access to KHAN Academy is through their website, YouTube, or through apps on Apple and Android tablets and phones.

iTunes U (apple.com/apps/itunes-u)

Apple works with some of the most prestigious universities including Stanford, Yale, MIT, Oxford, and UC Berkeley to offer content to its students as well as over 500,000 free lectures, videos, books and resources on thousands of subjects. Content in iTunes U covers a wide range of topics including math, arts, sciences, languages, history, economics, and more.

Access to iTunes U is through iTunes software on your computer or apps available on iPhone and iPad devices.

OpenCulture (openculture.com)

OpenCulture is a curated portal to numerous free resources including audio books, online courses, certificate courses, Movies, languages, and even K-12 resources.

Much of their content points to iTunes and KHAN academy, but there are also direct links to many resources available from schools and universities around the world.

Courses available here include architecture, economics, history, languages, literature, philosophy, business, engineering, and much much more.

Access to OpenCulture content is available from various resources including iTunes, and online via various websites.

Hillsdale College (online.hillsdale.edu)

Hillsdale College offers just a few free online courses, but they are some that I feel are critical in today's political and economic climate. If you want to understand the basis for which our country was founded and use that knowledge to see how our freedoms are being taken from us, I strongly suggest these courses.

Courses include an Introduction to the Constitution, Constitution 101 and 102, Economics 101, American Heritage, and Western Heritage.

These courses are available free through their website.

Goodwill Community Foundation (gcflearnfree.com)

GCF offers dozens of tutorials for Apple products, Microsoft Office, Windows, Google products, Facebook, as well as email, internet, social media, blogging, Skype and more. They also venture into everyday life from ATM's to Food Labels, to grocery lists, to money.

Access to GCF content is available through their website.

This is just a small sample of immense amounts of education options available online. Be careful though. One should approach all content with a dose of skepticism. Open options such as this may be open to bias. Use trusted sources when possible. The open availability of education options at every level can truly change how we learn in the future. This is just the start of what promises to be an interesting future of great possibilities.

If you have any questions or ideas for future columns, please email me at jim.phc@gmail.com with ideas and suggestions.

To the Hometown Connection Author who wrote "Even If You Are Not A Catholic, This Is An Eye Opening . . . ,

I am a Christian, a Lutheran to be precise. I am offended by your article. You say you are a Christian, and then you write this editorial attacking an entire religion and people. You really do not think American Muslims have contributed positively to the American way of life?

I wonder, is that how U.S. citizens felt when Japan attacked Pearl Harbor? We know they did in California. They put Japanese U.S. citizens, people who had been here for more than one generation, who were contributing to our society, in camps.

Shouldn't we learn from history. The Jews were blamed for Germany's problem, the Ku Klux Klan (a group of so-called Christians) blamed the blacks, and it goes on.

Your article went from talking about Obama's policies to blaming the Muslims. Why not blame your Congressmen/women, Senators, and President? They are the ones making and passing policies. Don't make the Muslims the scapegoats. Hold the actual people who have put this policy in place by voting in elections. Don't keep voting the same people into the White House and Congress!

You definitely opened my eyes to the hate that some Christians hold in their hearts. Can you call yourself a Christian?! Jesus said, Matthew 22:37-39, "You shall love The Lord your God with all your heart, and with all your soul, and with all your mind. . . You shall love your neighbor as yourself."

With hope, May God forgive all our sins.

Michelle Gladue, Plainville Resident

Dear Editor,

The Plainville Choral Society outdid themselves with "I Love You, Your Perfect, Now Change"

The cast was excellent portraying "Life". Anyone could relate to most, if not all the hilarious skits. (My personal favorite was "Tear Jerk", but all were wonderful! I laughed til in tears.

The last skit "Funerals are for Dating" was beautifully portrayed and a perfect ending to the whole.

I'm sorry for any who missed It!!!

Jan Billings

P.S. Loved the Bridesmaid and Superman outfit!!!!

Do You Know a Nonprofit That Could Use a Grant?

Main Street Community Foundation is currently accepting scholarship applications from local students through its competitive General Grant Cycle.

The grant applications for Plainville nonprofit organizations through its Plainville Community Fund.

Nonprofit organizations that serve Plainville residents may be eligible to apply to the Plainville Community Fund. Applications, eligibility criteria and guidelines for the General Grant Cycle and the Plainville Community Fund are posted on the Foundation's website. www.mainstreetfoundation.org

If you have any questions regarding scholarship or grant applications, do not hesitate to contact us.

Samantha Rajotte for the Main Street Community Foundation

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Updated IRS Smartphone App IRS2Go Version 4.0 Now Available

WASHINGTON — The Internal Revenue Service today announced the release of IRS2Go 4.0, an update to its smartphone application featuring new added features available in both English and Spanish.

The redesigned IRS2Go provides new features for taxpayers to access the latest information to help them in the preparation of their tax returns. In this version, IRS2Go highlights the addition of an innovative new refund status tracker, providing taxpayers an easy-to-use feature to follow their tax return throughout the process.

“The new version of IRS2Go provides taxpayers another way to quickly get information and help around the clock,” said IRS Commissioner John Koskinen. “The IRS is focused on providing taxpayers with convenient self-service tools like IRS2Go, which provides details on everything from tax refunds to free tax assistance.”

There have been about 3.5 million downloads of IRS2Go since its inception in 2011. iPhone and iPod Touch users can update or download the free IRS2Go application by visiting the iTunes App Store. Android users can visit Google Play to download the free IRS2Go app.

The newest version of the free mobile app offers a number of safe and secure ways for taxpayers to access other popular tools and the most up-to-date tax information, including:

Refund Status. Taxpayers can check the status of their federal tax refund through IRS2Go. People simply enter their Social Security number, which will

be masked and encrypted for security purposes, then select their filing status and enter the amount of their anticipated refund for their 2013 tax return. A new refund status tracker has been added so that taxpayers can follow their tax return throughout the process. Users can check their refund status 24 hours after the IRS acknowledges receipt of an e-filed return, or four weeks after mailing a paper return. The IRS reminds taxpayers the tool is updated just once a day, usually overnight, so there is no reason to check more than once a day.

Free Tax Prep Providers. The IRS Volunteer Income Tax Assistance (VITA) and the Tax Counseling for the Elderly (TCE) Programs offer free tax help for taxpayers who qualify. This brand new tool on IRS2Go will help taxpayers find the nearest VITA site to their home by simply entering their zip code and selecting a mileage range. By clicking on the directions button within the results, the maps application on the device will load with the address, making it easy to navigate to your desired location.

Tax Records. Taxpayers can request their tax account or tax return transcript from IRS2Go. The transcript will be delivered via U.S. Postal Service to their address of record.

Stay Connected. Taxpayers can interact with the IRS by following the IRS on Twitter, @IRSNews or @IRSenEspanol, watching helpful videos on YouTube, signing up for email updates, or by using the Contact Us feature.

For more information on IRS2Go, products and services through social media channels and other media products, visit www.IRS.gov.

*Peggy Riley, IRS Media Relations Specialist
New England, New York, Maryland & Delaware
617-316-2224 617-283-2331 (cell)
Follow me on Twitter: PeggyIRS*

This is in response to an article which appeared in the Feb., 2014 publication. It is my hope that you will print this in rebuttal to that article.

The anonymously written article on page 29 appeared under the heading, "Even If You Are Not A Catholic, This is An Eye Opening." The first four paragraphs sang the praises of the Catholic Church where as the last paragraph and the 9 lines that followed it was very clearly anti Islam; a kind of we versus them. I especially took exception with the last line of paragraph 4 which in part urges us to "be united in replacing all Senators and Reps with someone who will respect the Catholic Church, all Christians, and all religions with the exception of Islam", which seems quite hateful. Is this what Jesus teaches us?

In biblical times the Samaritans were the hated outcasts and yet Jesus had some nice things to say about them, which angered some of the religious leaders of that time. Some scripture readings that bare this out are: The Samaritan Woman, Jn. 4: 4-26, The Parable of the Good Samaritan, Lk. 10:29-37, and The Cleansing of the Ten Lepers, Lk. 17: 11-19.

I offer two more commentaries. The first is a quote from his book, Pope Francis Speaks to Our Hearts, Words of Challenge and Hope, page 158, under the title, "Do I Create Unity or Division?" "We must all ask ourselves: how do I let myself be guided by the Holy Spirit in such a way that my life and witness of faith is both unity and communion? Do I convey the word of reconciliation and of love, which is the gospel, to the milieus in which I live? At times it seems that we are repeating today what happened at Babel: division, the incapacity to understand one another, rivalry, envy, egoism. What do I do with my life? Do I create unity around me? Or do I cause division, by gossip, criticism, or envy? What do I do? Let us think about this.

And this: a quote from the last paragraph of a talk given by Bishop Peter Rosazza on Jan. 1, 2013 on WJMJ radio. "Finally, there are those who are motivated by hatred and violence but at the same time there are many who want understanding, tolerance, respect and peace. May the God of Abraham grant us his gift of Shalom, peace. Amen"

Respectfully, Marjorie Rio

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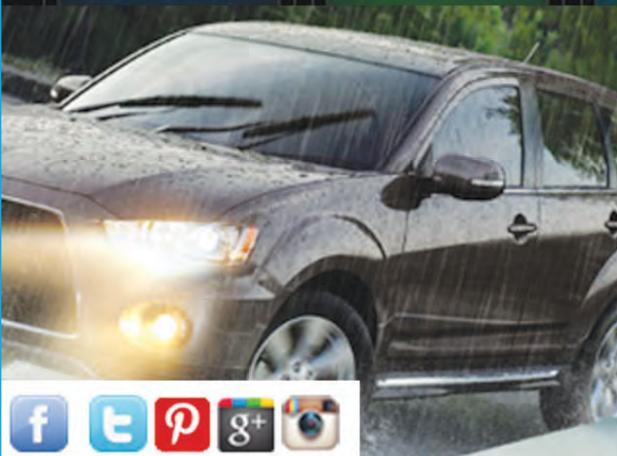
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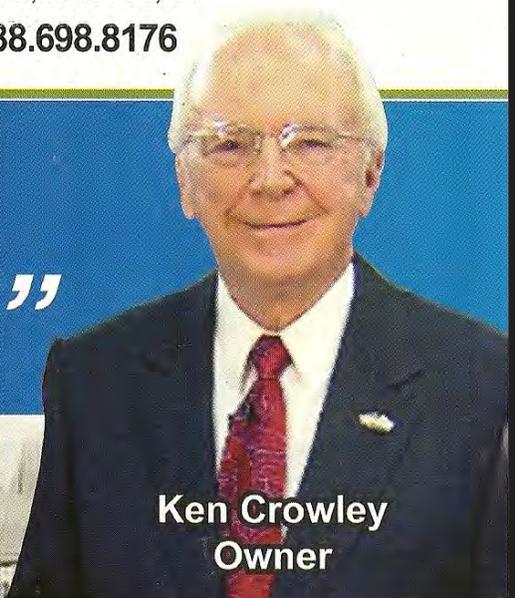
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2014 PHS/YMCA PROJECT GRADUATION NEWS

The next meeting for the 2014 Plainville High School Project Graduation is **Wednesday, March 5th, 2014, 7:00 p.m. at the YMCA.** Project Graduation is an all night alcohol and drug-free party, held for Plainville High School Seniors right after the graduation ceremony. The party is held at the YMCA the night of graduation and is filled with many fun activities. All Senior and Junior parents are invited to attend the meetings. If interested in helping, please contact **Dawn Angelillo at: 860-637-6640.**

FUTURE MEETING DATES:

Wednesday, April 2nd, 2014

Wednesday, May 7th, 2014

Wednesday, June 4th, 2014

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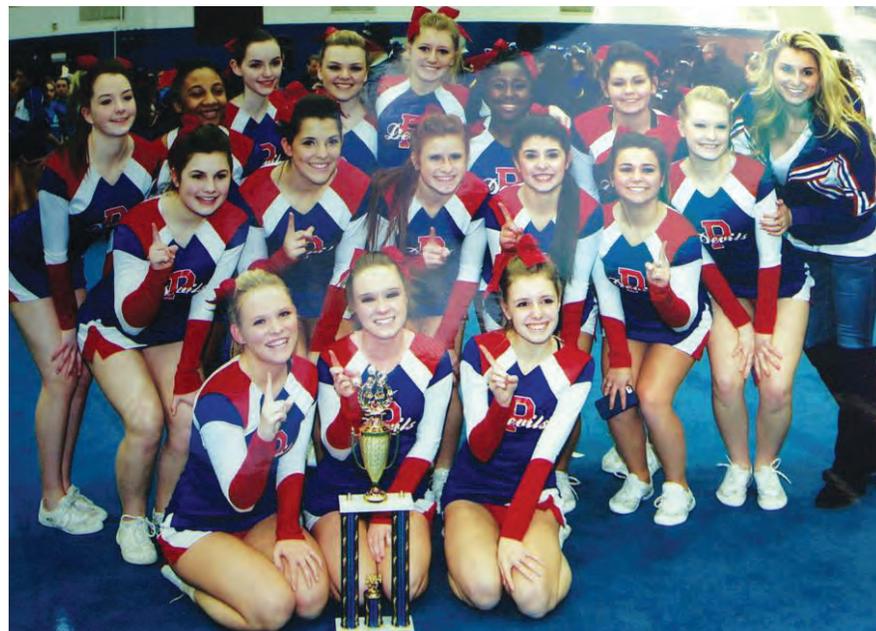
- **Wearable & Usable Clothing** (men's, women's, children's)
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Next Drop off at the YMCA on **March 29th, 2014** from **10 am – Noon** in the lobby or call: **Dawn Angelillo at: 860-637-6640** to arrange for a pick-up. Future drop-off dates at the YMCA: **April 26th, May TBD.**



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HEALTH INSURANCE COVERAGE - NOW WHAT?

Ray Hurd, Regional Administrator for the Centers for Medicare & Medicaid Services (CMS) New England Regional Office, has prepared a short informational article that describes how consumers can use health insurance coverage. This article provides plain-language explanations of how to find in-network physicians and pharmacists while also explaining why it's important to fully understand your health insurance policy. Below you will find the article.

plan's website and check their provider directory. A provider directory is a list of the doctors, hospitals and other health care providers that your health plan contracts with to provide care. In addition to checking online you can call your insurer to ask about specific providers or call a doctor's office directly to see if they accept your insurance.

specific healthcare provider or service, you have the right to appeal the decision and have it reviewed by an independent third party. Your insurance company must first notify you in writing within a set amount of time. Based on the type of claim you file, your health plan will need to explain why coverage was denied. They also have to let you know how you can appeal their decision.

Health plans will also help pay the cost of certain prescription medications. You may be able to buy other medications, but medications on your health plan's "formulary" (approved list of prescription medications) usually will be less expensive for you. To find out which prescription drugs are covered, visit your insurer's website and review the list of covered prescriptions. You can also find this information in your Summary of Benefits and Coverage documentation. If you still have questions about covered medications, you can always call your insurer directly to find out if a particular medication is covered.

If the timeline for the standard appeals process would seriously put your life at risk, or risk your ability to fully function, you also can file an appeal that would get you a quicker decision. If you meet the standards for an expedited external review, the final decision about your appeal must come as quickly as your medical condition requires, and no later than 72 hours after your request for external review is received.

Now that you know different health plans cover different medications, it's important to note that different health plans allow you to get your medications from different pharmacies (called "in-network" or "specialty" pharmacies). Call your insurer or visit their website to find out whether a local pharmacy is in-network under your new health plan and, if not, what pharmacies in your area are in-network. You can also learn whether you can get your prescription delivered to you in the mail, which may be a convenient option for you.

In addition to creating the Health Insurance Marketplace, the Affordable Care Act is providing consumers with new benefits and protections. Health insurance plans can't refuse to cover you or charge you more just because you have a pre-existing health condition. And many preventive screenings are now available to you at little or no out-of-pocket cost. It remains imperative that consumers learn about the health insurance industry and their individual health plans. Always ask questions and carefully review your health plan's certificate of coverage to ensure you are taking full advantage of the benefits offered.

In an emergency, you should get care from the closest hospital that can help you. Your insurance company can't charge you more for getting emergency room services at an "out-of-network" hospital.

If you have additional questions about the Health Insurance Marketplace, call 1-800-318-2596. (TTY users should call 1-855-889-4325.)

Ray Hurd is Medicare's Regional Administrator for Connecticut, Maine, Massachusetts, New Hampshire, New Jersey, New York, Puerto Rico, Rhode Island, Vermont and the Virgin Islands.

Health Insurance Coverage – Now What?
By: Ray Hurd

The Affordable Care Act created the Health Insurance Marketplaces, which means thousands of Connecticut residents now have the ability to enroll in health insurance coverage, many for the first time. Navigating the health insurance industry can feel overwhelming, but it is important to remember that your health insurance coverage offers access to benefits that can help keep you healthy.

Once you're enrolled in a health plan and your coverage has started, you can use it to help cover medical costs for services like going to the doctor, filling a prescription at the pharmacy and getting emergency care.

One of the most important steps you can take to improve your health is to seek appropriate care through a primary care physician. Most health plans give you the best deal on services when you see a doctor who has a contract with your health plan. While you may be able to see doctors who don't contract with your health plan, visiting an "in-network" provider usually means you will have lower out-of-pocket costs. To find a doctor "in-network" you can visit your health

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Tom Foley Statement on Sikorsky Cutting 600 Jobs

Tom Foley today issued the following statement in response to Sikorsky's announcement that it will cut 600 jobs from its workforce, with Connecticut taking the brunt of the layoffs:

"The loss of up to 600 Sikorsky jobs in Connecticut is another example of Connecticut's anti-business policy agenda driving good manufacturing jobs out of state. Governor Malloy's paying huge sums in corporate welfare to stanch the exodus of jobs from the governor's anti-business policy agenda simply isn't working. His high taxes, employer mandates, high energy costs, red tape, and unfriendly message to employers need to be reversed to stop the damage being done to the economy and working families."

*Be alert to give service.
What counts a great deal in life is
what we do for others.*

Anonymous

CROSSWORD ANSWERS

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- 31ST CLAIRE STUART
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SEE PICTURE ON PAGE 14

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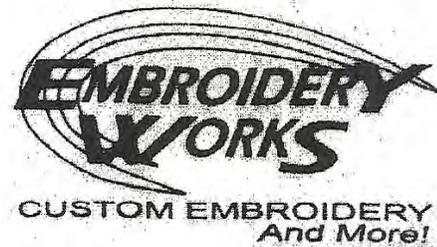
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TASTE BUZZ.....

Corn Chowder

By Avis

- 1 large can cream-style corn
- 3 slices of bacon
- 1 medium onion chopped
- 2 cups of diced potatoes
- 3 cups boiling water
- 1 large can evaporated milk
- 1 tablespoon butter
- Fry the bacon until almost crisp. Add onion and potatoes~do not brown. Stir in corn. Add boiling water, cover and bake about 45 minutes at 350 degrees. Add milk and continue to cook until very hot. Add butter Serves 4-5.
- To submit your recipe E-Mail to: HMTNN@COMCAST.NET



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I Dream of Spring



By: Sally Miller



I've grown weary looking outside and seeing the snow. This was the longest winter I can remember. It seems as if the cold penetrates every fiber of my being and the sight of snow gives me the shivers I can't seem to accomplish anything. In the evening, my best friend for this winter calls to me. I run eagerly into the arms of that best friend, my heating blanket. I usually play cribbage once a week in the a.m. but lately, I have been late. My heating blanket keeps tugging at me as I try to get out of bed. I saw a robin this morning and daydreamt of spring and the resplendent mornings of sun rising above bright colored trees which stand proudly displaying their vibrant colors. I picture birds singing sweetly as bees drift on soft winds looking for the sweetness of the flowers which will be poking their little heads through the earth. I yearn for the soft smell of hyacinths and I anticipate the pansies with their soft faces turned toward a warm sun. I remember soft spring rain that generates multitudes of colors in the garden. I miss the Monet picture out of my window of the rainbow melody of colors. It is usually a warm spring rain that smells wonderfully clean and familiar. If you look closely after such a rain, you will see worms lazily lying in the streets, warming themselves in the rays of the warm spring sun.

I remember children releasing their winter blahs with the sound of giggles and the sight of their brightly colored bicycles flying through Norton Park on a beautiful spring day.. The park is usually filled with Plainville citizens walking their dogs as they stop to talk to friends. Children are on skate boards exercising their bodies which have been jailed under layers of clothes during the winter. I longingly think of barbecues, swimming, fishing and days at the beach with the salt from the water slightly touching my lips. I long for the lazy days of summer as well.

Under my breath, I chant, snow, snow go away DO NOT COME ANOTHER DAY as the weatherman announces "we expect 3 more inches of snow today."

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From the Desk of ...

Thomas A. Wurz, Esquire

THE ENFORCEABILITY OF GAMBLING CONTRACTS

When flipping through the T.V. channels last night I happened to catch the conclusion to last year's World Series of Poker. Watching the final table brought to mind the past article topic of gambling. On that note, I felt it appropriate to revisit gambling and my past article. So here goes... As winter becomes spring, the American sporting focus turns from football to college basketball tournaments and baseball. However, the common theme throughout all sports is the gambling associated with the games. Whether it is to heighten one's interest in a game they usually would not care about or to try and make a few extra bucks the easy way. Sports' gambling is here to stay regardless of whether it is legal or illegal.

Gambling in the United States is legal, and states are free to regulate or prohibit the practice. The Connecticut lottery is a form of legalized gambling within this state. This form of gambling in the state is enforceable and binding on the parties. Every time someone purchases a lottery ticket, they are entering into an enforceable agreement that, as a purchaser, you will pay the ticket price for the opportunity to win a prize that may be actualized if your ticket meets the criteria of the game.

Sports' gambling within Connecticut is not legal. Mohegan Sun and Foxwoods are located on Native American reservations, which are regulated by federal law, not state law. Therefore, because gambling is legal under federal law, the casinos may engage in all forms of gambling.

The most recent publicized example of the sports gambling crackdown was in November 2010 when a local radio personality and 11 others were arrested by state police for their connection with an illegal sports betting operation. Any contract formed for an illegal purpose is not enforceable under the law, which is why illegal sports betting is often associated with organized crime who may help the participants own up to their end of the arrangement.

The message here is that while gambling in the United States is legal, it is regulated by the states. Why so many people choose to gamble on sports illegally is anyone's guess. Especially since illegal gambling forms a non-enforceable agreement between the participants. Hence, even if you win your bet, you may not get the money if the other guy chooses not live up to his end.

Additionally, there is always the risk of being gauged for interest, physically assaulted, or having the terms changed so the bettor loses. All potential downfalls that should have anyone second guessing making an illegal sports bet.



Attorney Thomas A. Wurz

is an associate of his father Attorney Theodore J. Wurz, LLC in the law office of Attorney Richard Witt at 132 East Street. Attorney Wurz is a graduate of Avon Old Farms School in 2001, Providence College in May 2005 on the Dean's list and Juris Doctor Program at Western New England College School of Law in May 2009. He was admitted to the Connecticut Bar and U.S. Federal Court in 2010. His activities and interests are Secretary of Sports Entertainment Law Club at WNEC and is a Special Olympics Volunteer.

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Lincoln's Tri-Town Birthday Dinner Plainville - Farmington - New Britain Republican Town Committees



The 5th Annual Tri-Town Lincoln Day Dinner was Friday, February 21, 2014 at Farmington Gardens, Farmington, CT. This event has been a very successful pre-election season kick off for the Republican Town Committees of New Britain, Farmington and Plainville. The evening began with former New Britain Mayor Timothy Stewart who introduced his daughter Erin Stewart, current Mayor of New Britain. Helen Bergenty Vice Chair of the Plainville Republican Town Committee was the master of ceremonies for the event. Guest speakers included Mike Clark, Chairman of the Farmington Republican Town Committee, Peter Steele, Chairman of the New Britain Town Committee, Tom Foley, announced candidate for Governor, Mark Bouton, announced candidate for Governor, John McKinney announced candidate for Governor and Mark Greenberg, announced candidate for U.S. Congress. Other speakers included Timothy Herbst, Dave Walker and Penny Bacchiochi.

Photos by Andrea Saunders

Our Lady of Mercy St. Patrick's Day Dinner



The Parish Life Committee of the Pastoral Council will sponsor our St. Patrick's Day corned beef and cabbage supper on Saturday, March 15th at 5:00 p.m. in the Parish Center Hall. Tickets are \$10.00 for adults and \$5.00 for children. A hot dog and chips plate will also be available for \$1.50. To reserve tickets, please call the Parish Office., Monday -Friday 10:00 am to 3:00 pm, call 860-747-6825. You may also purchase tickets at the Parish Office. Tickets will also be available for purchase in the Gathering Room before and after masses on March 1st, 2nd, 8th & 9th. Tickets will not be sold at the door. Please join us for some local parish talent and an evening of great food, fellowship and fun. Meet Don and Sue Melanson, Co-chair of the Dinner. Pictured in the Gathering Room of O.L.M. Church after last Sunday's service.

Troop #67 Scout Working for Eagle



James also would be pleased to accept donations. Anyone interested in helping him earn Eagle may send checks to: O.L.M./Eagle , 19 S. Canal Street, Plainville, CT 06062

Boy Scout James Ferro project to earn Eagle is to build a shed for the Youth Group of Our Lady of Mercy at the Parish Center.

The kit for the shed he is going to build costs approximately \$1,500.00. He is a very good baker, Yes, you guessed it, he will be holding a "Bake Sale" Saturday March 1st and Sunday March 2nd at O.L.M. Gathering Room. The public is also invited to the sale on Saturday 5 pm and Sunday 9:30 and 11:30 am

THE STADIUM GRAND OPENING!!



Pictured with Carlo Zovich, owner to the right and to the left are Mike Leonard, Chef and Jean Thomasen. Jean has been a waitress for 32 years at this same restaurant, with different names and owners. She said it was Columbus Restaurant, Valentino's and Aqua Terra. Now Jean said she is glad that Carlo has changed the venue to include young families. "Kid Friendly Sports" and a Kids menu. She welcomes all her customers to join them to the Grand Opening."We will be open 7 days a week for Lunch and Dinner from 11 am to 11 pm." The Grand Opening is Saturday, March 1st at 11 am. Mike the Chef, formerly a Kitchen Manager at Plan "B" in Glastonbury and the Crown Plaza in Cromwell believes by offering fast service and fair prices for the family is just what the citizens of Plainville have been waiting for. The Stadium Burgers and Brew, "Sports Bar & Family Restaurant" 253 East Street has arrived for your family dining pleasure.

See Ad & More information on Page 30

Holy Family Passionist Retreat Center ~West Hartford~



Bill Fasciano, Chairman of the retreat for Our Lady of Mercy Church that will be held the week-end of March 21st to 23rd. All men are welcome Call 860-793-8920 for more information or to register.

This seasons retreat theme is: Nothing Less than Everything Holy Family's retreat team welcomes you to experience a dynamic weekend retreat which explores the meaning and the potential of love to transform our lives. Love is our source and our destination. There is no way to love half-way. The retreat team invites you to be both comforted and challenged by this fresh exploration of the power of love in our lives and in our world.

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Plainville Fire Department Recognition



The Town Council recently presented various members of the Plainville Fire Department with certificates of appreciation for their many years of service.



Town of Plainville Appreciates Chad Haber

Shown above, Chad Haber a long-time employee of the Town of Plainville was recognized for his efforts leading a book drive on behalf of the Town. The donation response was beyond expectations according to Chad who works in the Finance Dept.

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OBITUARIES

~ Elliott Case Beveridge ~



72, of New Britain, passed away surrounded by his family on Friday, February 21, 2014.

Born in New Hampshire, he was the son of the late Raymond and Barbara (Case) Beveridge. A lifelong resident of Plainville, Elliott attended local schools, and was a well-known, talented mechanic and racing enthusiast since childhood. He spent many days racing at Plainville Stadium, recently attending their reunion where he was awarded for his expertise, was a member of the Lucas Oil Outlaws, who won this year's championship where Elliott was awarded Mechanic of the Year, and has been a longtime member of the DMA-USAC and NEMA Midgets racing teams. In addition to racing, he had a love for the outdoors, taking frequent trips to Black Watch Farm in Vermont alongside his lifelong buddy, Frank Manafort, and was affiliated with the American Legion and Mickey's AC.

He is survived by his children, Ron and his wife, Geraldine of Bristol and Christine Szpunar and her husband, Stephen of Burlington; his brother, Bob; his sisters, Betsy, Charlotte, and Marcia; his grandchildren, Stephen, Joshua, Alexander and Carli; his girlfriend, Julia Waite and many nieces, nephew, and many friends, including Barry Jack, Billy Bergenty, and Don Moon. He was predeceased by his brothers, Doug, George, and Bruce.

A memorial service was held in celebration of Elliott's life on at the Asbury United Methodist Church, 90 Church Ave, Forestville. Bailey Funeral Home, 48 Broad St, Plainville assisted the family with arrangements. In lieu of flowers, kindly remember Elliott with contributions to the new George Bray Cancer Center, 100 Grand St. New Britain, CT 06050. For online expressions of sympathy, please visit www.bailey-funeralhome.com

~ Arlene Theresa Dargenio ~



77, of Windsor, beloved wife for 53 years of Robert Samuel Dargenio, passed away unexpectedly on Saturday, (February 1, 2014) at her home.

Born in Westville, NY on March 16, 1936, daughter of the late Rolland and Ruth (Robinson) Dumas, she was raised in Upper State New York and was a graduate of Fort Edward High School, Class of 1954. After high school, Arlene took a position with the reservations department at Eastern Airlines office in the Bond Hotel in Hartford. After she and Robert were married, Arlene moved with her family to Granby and left the workforce to be home with her children. As her family grew, Arlene and Robert moved to Windsor where they had lived for the last 42 years. She had worked at Society for Savings in Windsor and then in Hartford and most recently, Arlene had worked for many years at Trinity Methodist Church in Windsor. Arlene's family was the central focus of her entire life. She loved spending time with her children and grandchildren, especially baking Christmas cookies each year, camping, and vacationing on the coast of Maine. She was a member of Crossroads Community Cathedral where she had led the women's ministry program for many years.

Besides her husband, she leaves three sons, Rich Dargenio and his wife Emily of Dublin, OH, Thom Dargenio and his wife Alicia of Moodus, and Peter Dargenio and his wife Kris of Plainville; and she leaves two daughters, Robin Ross and her husband Greg of Windsor, and Tracy Dargenio of Windsor; along with 14 grandchildren, Amanda, Alex, Andrew, Anna, and Aidan Ross, Anne, Holly, and Joe Dargenio, Lacey and Emma Dargenio, Jordan Sprague, Abbie Berube, and Jason and Troy Miller. She was predeceased by a sister, Sandra Dumas. Carmon Windsor Funeral Home, 807 Bloomfield Ave., Windsor assisted the family with arrangements. A memorial service was held at Crossroads Community Cathedral, 1492 Silver Lane, East Hartford. Arlene's family has requested that memorial donations be made to the American Diabetes Association, 2080 Silas Deane Highway, 2nd Floor, Rocky Hill, CT 06067. For online condolences please visit: www.carmonfuneralhome.com

~ Peter Demkow ~



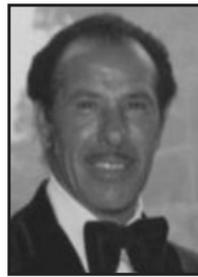
88, of Plainville passed away Tuesday February 18, 2013 at Apple Rehab of Farmington Valley in Plainville. He was the husband of Anny (Klockner) Demkow. Mr.

Demkow was born February 22, 1925 in Poland where he attended schools and also served in the Polish National Army. He was employed as a machinist at Fafnir Bearing retiring after many years of service. He was an outgoing person who was a longtime member and past president of the Hartford Liederkrantz of Newington. He was also a member of the Catholic War Veterans, where he enjoyed meeting friends and playing cards. Mr. Demkow enjoyed woodworking, fishing and spending time with his family and friends. He was a Communicant of Our Lady of Mercy Church in Plainville.

Besides his wife Anny, he leaves his son Peter H. Demkow and his wife Dawn of New Britain, his grandchildren, Peter H. Demkow, Jr., Samantha Grimm, Brandi Taylor and Jessica Deso and his great granddaughter, Lilyan Rose Taylor. He was predeceased by his daughter Rosemary Williams. Calling hours for family and friends will be held on Sunday February 23 from 2:00 p.m. until 5:00 p.m. at the Bailey Funeral Home 48 Broad Street in Plainville. Funeral services for Mr. Demkow will be celebrated on Monday February 24 at 10:00 a.m. at the funeral home. Rites of Committal will follow in Saint Joseph Cemetery in Plainville. If desired memorial contributions may be made to the Wounded Warrior Project 4899 Belfort Road, Suite 300 Jacksonville, FL 32256.

For additional information or to leave words of condolence please visit: www.bailey-funeralhome.com

~ Joseph S. DiMauro, Sr. ~



88, of Plainville passed away Friday January 31, 2014 at his home. He was the husband Evelyn (Damiano) DiMauro.

Mr. DiMauro was born November 22, 1925 in New Britain a son of the late Salvatore and Josephine (Carbone)

DiMauro and was a longtime Plainville resident. He was employed at Pratt & Whitney retiring after many years of service. Mr. DiMauro proudly served his country as a Seaman 1st Class in the US Navy during WWII. He was a member of the American Legion Post 33 of Plainville and the Veterans of Foreign Wars Post 574 of Plainville. Mr. DiMauro was an avid sportsman who loved playing baseball, golf and bowling and was also an avid card player and enjoyed building puzzles. Mr. DiMauro was a Communicant of Our Lady of Mercy Church.

Besides his wife of 65 years, he leaves his sons, Joseph S. DiMauro, Jr. and his wife Paula of Plainville, Donald DiMauro and his wife Donna of Virginia and Sal DiMauro and his girlfriend Laura Curry of Meriden, his grandchildren, Donald DiMauro, Sal DiMauro, Jr., Ashley DiMauro and Derek DiMauro, his sister, Angelina DelCegno of Bristol and many nieces and nephews. He was predeceased by his brother Paul DiMauro and his sister Josephine DiMauro.

Funeral services for Mr. DiMauro were celebrated from the Bailey Funeral Home, 48 Broad Street in Plainville to Our Lady of Mercy Church for a Mass of Christian Burial. Committal services followed by military honors was in Saint Joseph Cemetery in Plainville. For online expressions of sympathy, please visit www.bailey-funeralhome.com

~ Wanda J. (Warzocha) Green ~

85, of Plainville passed away Thursday February 6, 2014 at Arden Courts of Farmington. She was the wife of John A. Green. Mrs. Green was born November 28, 1928 in New Britain, a daughter of the late Frank and Mary Warzocha and was a longtime Plainville resident. She worked as a secretary for several years and was a homemaker who loved taking care of her family. She was an avid bowler and was a member of the Wannabes at Laurel Lanes in Plainville. Besides her husband she leaves her sons, Gerald Green and his wife Elizabeth Cotterman of Canton and Randall Green of Plainville, her grandchildren, Lily Green, Lauren Harman and Zane Harman, and many nieces and nephews. She was predeceased by her son, John A. Green, Jr. and 14 brothers and sisters.

A Mass of Christian Burial was celebrated at Our Lady of Mercy Church, 94 Broad Street in Plainville. Committal services followed in Saint Joseph Cemetery in Plainville. There were no calling hours. If desired memorial contributions may be made to a charity of the donor's choice. The Bailey Funeral Home 48 Broad Street in Plainville has care of arrangements.

~ Debra Lynne (Gudat) Durocher ~



57, of Plainville, formerly of North Stonington, passed away on Friday, January 10, 2014.

Born in Bristol, she was one of three children to Katherine (Woodruff) Gudat of Plainville and the late Fred Gudat. Raised and educated in North Stonington, she used her ever present hard work ethics to earn a high ranking government position at General Dynamics Electric Boat in Groton as a microfilm analyst. She relocated to Florida in the same capacity for various companies, until returning home in 2006 to be closer to her family. She leaves a legacy of strong will and determination, and is finally at peace from the many challenges that she endured.

In addition to her mother, Katherine, she leaves her brothers, Gary and Robert, both of Plainville; and many aunts, uncles, and cousins.

Honoring her wishes, her family will celebrate her life privately with a memorial service at a later date. Bailey Funeral Home, Plainville is assisting with arrangements.

For online expressions of sympathy, please visit: www.bailey-funeralhome.com

~ Dorothy Lange (Grey) Farmer ~



passed away at home on Thursday February 6, 2014. She was born on November 7, 1919 in Bristol, the daughter of the late Henry Lange and William and Emma Lange Bradefelt. She attended Bristol schools and moved to Plainville in 1949. She had worked at Marlin Rockwell, New Departure, Kalarts, Newgal

Mfg. Co., Stadium Lanes, soliciting free bowling lessons and Critikon. She then went to work at the Plainville Convalescent Home from where she retired in December of 2004. She was a member of Grace Lutheran Church, the American Legion Post 33 of Plainville and the Plainville Senior Center. She enjoyed playing cards with her family, as well as traveling and working on her coin collection.

She leaves behind seven children, Marilyn Petit of Plainville, Glen Grey and his wife Joan of Florida, Gerald Grey and his wife Claire of Torrington, Cynthia Nevelos of Plainville, Charlene Drzata of Farmington, Loren Farmer of Plainville, and Charles Farmer and his wife Denise of Forestville. She also leaves her stepson, Robin Farmer and his wife Cheryl of Plainville, 16 grandchildren, 19 great grandchildren and 4 great great grandchildren. She also leaves her goddaughter and only niece, Sandra Pavano of Cheshire and her godson, George Muszynski of Plainville, as well as many friends. She was predeceased by her sister, Meta Pavano, her son-in-law, Charles J. Petit and her grandson, Glen D. Grey.

A very special thank you to Dr. Michael Grey for the care and compassion given to our mother. Thanks also to her many kind and thoughtful caregivers.

Bailey Funeral Home, 48 Broad Street in Plainville assisted the family with arrangements. Burial in West Cemetery in Bristol will be held privately. In lieu of flowers memorial contributions in Dorothy's name may be made to the Petit Family Foundation P.O. Box 310 Plainville, CT 06062. To leave words of condolence please visit: www.bailey-funeralhome.com

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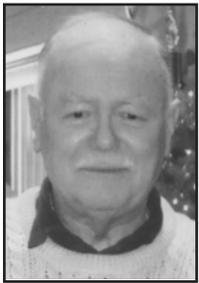
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OBITUARIES

~ Raymond E. Guinea ~



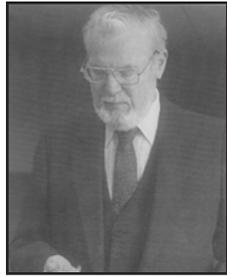
75, of Plainville, passed away on Friday, February 14, 2014 at Bristol Hospital.

Born in New Haven on January 24, 1939, he was one of three children to the late Edgar Raymond and Lillian (Finn) Guinea. Raised in Plainville, he was a graduate of Plainville High School, where he excelled at baseball. He went on to attend Kentucky Wesleyan, from where he received his Bachelor's degree in Sociology and upon graduating, was a social worker in Kentucky and Connecticut. He began his customer service career shortly after, working for Food Bag for many years, retiring as manager. He was a communicant of Our Lady of Mercy and member and former treasurer of the Knights of Columbus for more than forty years, as well as past President of the Jaycees. A sports enthusiast, Raymond had a love for baseball since his childhood, was a fan of the New York Yankees, and former umpire in Plainville and later enjoyed playing golf and going bowling.

He is survived by his daughter and son-in-law, Karen and Peter Tomczyk; his son Brian Guinea; and two granddaughters, Elyssa and Sarah Tomczyk, all of Plainville; his sister, Sondra Swanson and her husband, Donald of Southington; his former wife, Marie Guinea-Barbas; and many nieces and nephews. He was predeceased by his sister, Barbara Hopkins.

A Mass of Christian Burial in celebration of Raymond's life was held at Our Lady of Mercy Church. Burial followed at St. Joseph Cemetery. Bailey Funeral Home is assisting the family with arrangements. For online expressions of sympathy, please visit: www.bailey-funeralhome.com.

~ Paul W. Hardy, Jr. ~



87, of Plainville, passed away surrounded by his family on Wednesday, February 19, 2014.

He was the husband of Barbara (Johnson) Hardy, with whom he shared 35 years of marriage.



Born in Bristol on March 15, 1926, Paul was the son of the late Paul W. and Margaret (Bryant) Hardy. A graduate of the University of Hartford, he was a Senior Electrical Engineer at New Britain Machine for 35 years, retiring in 1988. Paul proudly served his country during WWII in the US Army. A longtime motorcycle enthusiast, he was well known for riding his Harley, and square danced alongside his wife for nine years with the Central Valley Squares.

In addition to his wife, Barbara, he leaves his children, Paul and his wife, Nancy of MN, Carol Kassebaum and her husband, Kim of NV, Ellen Hardy of New Hartford, and Scott and his wife, Roslyn of Winsted; his grandchildren, Spencer, Bryant, Rose, Michael, Heather, Isabella, Tyler, Matthew, Kailyn, Shawn, Sean, Victor, Shayla, and Kimora; and three great-grandchildren, Dylan, Devyn, and Karli; his stepdaughters, Diane Michaud and Barbara Kijanka, and their children, Mori, Christina, and Ryan; and his former wife, Audrey Hardy.

Funeral services in celebration of Paul's life was held on at Bailey Funeral Home, 48 Broad St, Plainville. Burial will be private at the convenience of the family. In lieu of flowers, Paul may be remembered with contributions to the American Parkinson's Disease Association, PO Box 718, Old Mystic, CT 06372 or www.ctapda.org.

For online expressions of sympathy, please visit: www.bailey-funeralhome.com.

~ Joseph Blackwood Klett ~



19, of Bristol, passed away unexpectedly on Saturday, January 25, 2014. A Mass of Christian Burial will be held on Thursday, meeting directly at St. Matthew Church at 10 a.m. Committal services will follow at St. Joseph Cemetery, Bristol. Family and friends gathered at Bailey Funeral Home, 48 Broad

Street, Plainville. To share memories, photos, or expressions of sympathy, please visit Joey's tribute page at www.bailey-funeralhome.com.

~ Roseanna (Chartier) Plasczynski ~



68, of Bristol, beloved wife of Don Plasczynski, passed away surrounded by her family on Friday, January 31, 2014 at Hartford Hospital.

Born in Bristol, Rose was one of five children to the late Henry and Olive (Roy) Chartier. Raised with her family in Terryville, she was a graduate of Terryville High School.

Rose married the love of her life, Don, just 6 months after meeting him, with whom she shared 45 joyous years. They settled in New Britain, moved to Plainville for 25 years where they raised their two children, and relocated to Bristol 8 years ago. Rose was a longtime member of the American Legion Post 33 Auxiliary, where she leaves many friends. She held a longtime career in customer service for various drug stores, recently retiring from Walgreens in November of 2012. A devoted wife, mother, and proud grandmother, her family was of the utmost importance to her. She was her grandkids' biggest cheerleader, never missing their sporting events no matter how far she had to travel. She will be missed dearly, leaving her family with many cherished memories. Her family extends their appreciation to Dr. Kamradt and his nurse Laurie for their outstanding care they gave Rose during her battle over the years.

In addition to her husband, Don, she leaves her son and daughter-in-law, David and Nancy Plasczynski, her daughter, Lori Levesque; and her grandchildren, Brendan and Charline Plasczynski, all of Bristol; her brother and sister-in-law, Robert and Barbara Chartier of NH, her sister and brother-in-law Gail and Ken Foerch of VT and her sister, Evelyn Stone of Terryville; many nieces and nephews, and her adored cat, Foxy. She was predeceased by and is now reunited with her granddaughter, Linzee, her son-in-law, Wayne Levesque, and her brother, Roland Chartier.

Funeral services in celebration of Rose's life were held from Bailey Funeral Home, 48 Broad St, Plainville, followed by a Mass of Christian Burial at St. Jerome Church, 1010 Slater Rd, New Britain. Committal services followed at Sacred Heart Cemetery. Dependent on weekly transfusions, Rose encouraged others to donate blood, and may be remembered with contributions to the American Red Cross at www.redcross.org

For online expressions of sympathy, please visit Rose's tribute page at: www.bailey-funeralhome.com.



~ Roger Luc St. Pierre ~



83, passed away on Saturday, February 8, 2014, surrounded by his family.

Born in New Britain, he was the son of the late Luc St. Pierre and Rose St. Pierre Celis. He is survived by his wife Isabel of 61 years, daughters Michele (Robert) Perry of Vermont, Sheree (Neil) Covaleski of Wisconsin, Debra (Byron) Treado of Plainville, Renee (Richard) Smith of Rocky Hill, son Michael (Traci) St. Pierre of Plainville, and 13 loving grandchildren, Sarah, Christopher (Nikki) and Joshua (Caress) Perry, Jason, Brendan, and Matthew Covaleski, Byron, Justin (Jennifer) and Katie Treado, Spencer Smith, Madeline, Luc, and Caroline St. Pierre, a great grandchild, Isabel Perry and several nieces and nephews. He was predeceased by his brothers Leo, Donald, and Luc St. Pierre.

Roger was a 1948 graduate of Plainville High School and Trinity College. He was a talented athlete and was inducted into the Plainville Sports Hall of Fame. He was an Air Force veteran serving in South Korea and played football for the winning Air Force team in the 1955 Rice Bowl. Roger was a hardworking provider for many years as a materials purchasing agent for Pratt & Whitney and Textron. He was an avid fan of UConn basketball and the New York Giants. His greatest love was spending time with his family including vacationing and celebrations, and playing cards with friends.

Calling hours were at Bailey Funeral Home 48 Broad St. Plainville, CT. A celebration of his life and burial will be immediately following.

In lieu of flowers, donations may be made to the Alzheimer's Association, 2075 Silas Deane Highway, Suite 100, Rocky Hill, CT 06067.



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you just get through it.
You don't get by it,
because you can't get
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It doesn't "get better"... it just gets different.
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An Independent Fundamental Bible Church

“Where The Holy Bible Is Wholly Taught”

160 West Main St.
Plainville, CT 06062

Phone: 860-747-1691

Peter A. Stonis, Missionary Pastor

WEEKLY WORSHIP SCHEDULE

Nursery Care is provided for all Sunday Services

Sunday 10:00 am
Sunday School for All Ages
11:00 am
Morning Worship Service
11:00 am
Junior Church ages 4- 8
6:30 pm

For more information about the church visit our website @ cobplainville.org

CLEARLY SEEN

How many of you have ever gone outside at night to take a look at the twinkling stars, a beautiful full moon or how about in the fall time when you see the beautiful fall colors on the trees or in the spring time when you see all the different varieties of birds?

Many times our expression to all these things is a simple “wow!” Listen to what the Apostle Paul says about all these things we see day in and day out.

Romans 1:20 “For the invisible things of him from the creation of the world are clearly seen, being understood by the things that are made, even his eternal power and Godhead, so that they are without excuse.” Paul makes it clear that even though no one can see God there are two things that are clearly seen about God through His creation (1) that *there is* a God, and (2) that God has eternal power. The things that we see in our world today did not happen by chance...impossible! There is so much design, complexities and order that only God could do such things. Paul goes as far as saying that because these things are clearly seen the world is without excuse.

No one can make excuses as to why they chose not to believe in the God of creation and especially His Son that He sent to earth to die on the cross for our sins so that through faith alone, by God's grace alone we can have eternal life because the fact that there is a God and He has all power are clearly seen.

So what is your excuse? Why not look to Christ today and receive Him as your personal Savior.

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11:00 am & 6:00 pm

Wednesday Service 7:00 p.m.

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56 Red Stone Hill

Plainville, Connecticut 06062

REV. RUSSELL G. WALDMANN,
PASTOR

Church (860)747-2328

Parsonage (860)747-2592

Email: plainvillunited@sbcglobal.net

MARCH SCHEDULE

SUNDAY SERVICES

CHURCH SCHOOL

Pre-K to High School: 9:00 AM

WORSHIP TIME 10:00AM

REGULAR EVENTS

Tuesday Ladies.....Tuesdays, 9:30 AM

Boy Scouts..... Tuesdays, 7 PM

AA.....Sun., Mon. & Wed., 7 PM

Al-Anon..... Mondays, 7 PM

SPECIAL EVENTS

WORSHIP WITH HOLY COMMUNION:

Transfiguration of the Lord

Sunday March 2, 10 AM

ASH WEDNESDAY WORSHIP:

Wednesday, March 5, Agapé Meal, 6:30 PM,

Worship with Holy Communion, 7 PM

METHODIST YOUTH FELLOWSHIP

(MYF):

Church Wide Event @

Waterbury Skating Center

Meet at Church at 5:30 PM to Carpool

Friday, March 7, 6:30~9 PM

METHODIST YOUTH FELLOWSHIP

(MYF):

Movie Night @ Theater

Friday, March 21, 6:30 to 8 PM

EAGLE SCOUT COURT OF HONOR:

Saturday, March 22, 1 PM

UNITED METHODIST WOMEN:

Sunday, March 30, 2 to 4 PM

CHOIR REHEARSAL:

Sundays, February 2, 9, 16, 23,

Following Worship

Catch the Spirit
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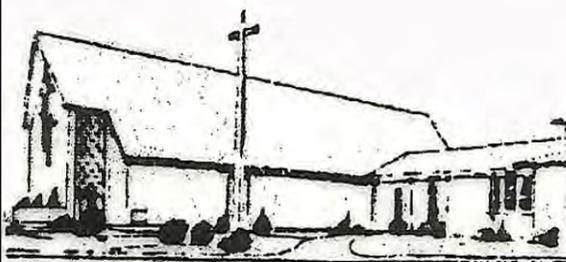
Grace Lutheran Church

222 Farmington Ave.

Plainville, CT 06062

Phone: 747-5191

The Rev. Stephen Brisson, Pastor



Worship with Holy Communion every Sunday at 9:00 AM

Learning Hour for all ages following worship

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(Junior Church for ages 4-12 & Nursery

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Tuesday Morning Bible Study

10:00 a.m.

“Resisting Satan”

Every 2nd Tuesday of the Month

6:00 p.m.

Ladies Group

Wednesday Night Bible Study

7:00 p.m.

New Study: “Angels and Demons”

Thursday Night Youth Bible Study

7:00 p.m.

New Study: Maturing in the Christian

Faith: A Look at Doctrine

860-747-5209

Call the church for info/questions

and church prayer line/ FAX

(747-5011)

Call us for your requests (confidential)



You are invited~ Every Friday Evening During Lent to Celebrate the Stations of the Cross at Our Lady of Mercy Church

94 Broad Street

Discussion on the Life of Christ and His Passion begins at 6:30 P.M. in the Church Gathering Space.

Stations begin at 7:00 P.M.

Also, during the Lenten season we will have Eucharistic Adoration beginning at 3:00 P.M. ending with Benediction at 6:45 P.M.

Discussion will occur on the Life of Jesus in the gathering space all during the Adoration period using the WITNESS theme of symbols as our source.

Witness Study Guides

will be handed out FREE.

Come and offer praise to the Lord, as we become friends with Jesus.

ADORATION dates are: Wednesday afternoons March 12th & 26th and April 9th from 3:00 to 7:00 P.M.

Please come and stay as long as your time permits.

Deacon Robert Berube

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Rev. John Brinsmade, Pastor
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SUNDAY 8:30 AM & 10:30 AM

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Monday to Saturday 8:00 am

No Mass on Wednesdays

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8:00 A.M. & 6:00 P.M.

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Church School 10:00 am

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PARISH PROGRAMS

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Every Tuesday NA 7:30pm

Every Thursday AA 7:30pm

Every Saturday Women's AA 9:00am

Every Saturday of the Month 9:30 am

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Residence & FAX 860-224-9409

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Morning Worship @ 12:00 Noon

TUESDAY: Prayer & Deliverance-7:00pm

Bible Class @ 7:45 p.m.

THURSDAYS: 1st Evangelistic Service

2nd Pastor's Care~ 3rd Missionary Service

4th Men's Ministry~5th Youth Service

MONTHLY SERVICES

1st Sunday – Fellowship Day

2nd Sunday – Family and Friend's Day

3rd Sunday – Building Fund Day

4th Sunday – Pastor's Care Day

5th Sunday - Communion & Youth Day

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Sunday School 9:00-9:40 a.m.

Praise & Worship 9:45-10:00 a.m.

Church Service 10:00 a.m.

BIBLE STUDY

Wednesday 11:00 a.m. & 7:00 p.m

BOARD MEETINGS

Senior Ushers (1st Sat before 1st Sun) 11:00 a.m.

Gladys Floyd Missionary Society

(2nd Sun after service)

Deaconess Board (3rd Sun)

Lay Council (1st & 3rd Sat) 9:30 a.m.

Christian Education (3rd Tues) 7:00 p.m.

Men's Meeting (2nd/4th Sat) 9:30 a.m.

PEP (Every Sat) 1:00-4:00 p.m.

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Feb. & Apr. at 9:30 a.m. and 2nd Mon. of

Sept., Nov., Jan., Mar. & May 16 6:30 p.m.

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Senior (Sat before 1st Sun) 5:00 p.m.

Jubilee (Sat before 2nd/4th Sun) 5:00 p.m.

Mass/Youth choirs

(Mon. after 1st/2nd Sun) 7:00 p.m.

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Sunday Services

11:00 am & 6:00 pm

Wednesday Service 7:00 p.m.

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PLAINVILLE SEVENTH DAY ADVENTIST CHURCH

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Church Phone **860-747-5867**

Pastor 1-646-522-3471

E-mail: plainvillesda@gmail.com

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Pastor Franklin Jackson

Saturday Morning

Bible School @ 9:30 a.m.

Worship Service @ 11:00 a.m.

FREE lunch after service

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Pet Page

Do You Understand Your Cat? "By Cathy, The Pet Spa at Twin City"

Cats are known as somewhat mysterious creatures, but with just a little effort you can learn what your cat is telling you. Too bad we don't know how well they understand what we are telling them!



Sounds are the main way that cats communicate with us. They seem to understand that we're not as good as they are at interpreting their body language. Feral cats who don't have contact with humans, on the other hand, mostly use body language when communicating with each other. The most common sound, of course, is meowing. This covers a wide range of meaning, and figuring out what it means can depend on the circumstances. Generally speaking, the lower and more drawn out the sound, the more important the message your cat is trying to tell you. Meowing can be used to greet you, to make demands, or even to warn of aggressive feelings. And then there is a cat's request for something known as the "silent meow". This happens when a cat looks at you, opens her mouth but makes no sound, and was made famous in Paul Gallico's delightful book, *The Silent Meow*.

Murmuring is a soft, buzzing sound that is lower than a meow. This can be a gentle greeting, a request or a thank you. Cats can chatter with their teeth in an almost machine gun fashion when they see prey they can't get to, such as a bird viewed through a window.

Purring is another sound with multiple meanings. We usually think of this low, rhythmic and continuous sound as meaning contentment or relaxation. While it often has these meanings, cats who are in pain will also use purring to comfort themselves.

Hissing and growling are warnings of anger or fright and may lead to biting or scratching.

Let's not ignore body language, because cats say so much this way. A cat's ears swivel forward and around to show interest, but are flattened sideways and backwards to show fear or anger. The eyes often "squint" when a cat is afraid or angry. When the whiskers are drawn back, you are dealing with a cat who feels defensive.

A low crouch of the entire body indicates fear, but if the hindquarters are higher than the front, your cat is on the offensive and may attack. An arched back (the typical Halloween pose) can be the result of either fear or hostility.

Last but not least - the tail. Gentle twitching of your cat's tail tells you something has caught his interest. Vigorous swinging of the tail however, indicates a lot of emotion - usually excitement or agitation.

Hopefully these hints will help you better understand what your cat wants you to know.

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