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Crowley Auto Group Donates to the Petit Family Foundation



Pictured with Dr. William Petit (center) are (left) Jim Brooks, Administrator of Crowley Ford Lincoln 225 New Britain Avenue, Plainville CT and presenting the check is Ken Crowley, owner of Crowley Auto Group



AARP #4146

Olga Callender, AARP Program Chairman is pictured with the guest speaker Robin Handleman at a recent AARP meeting.

All About Robin Handleman is on page 35.

You must read about Robin and her Bucket List.

Her presentation of her teaching experiences were very heart warming.

She only wishes she could!

Toffolon Teacher Mike Zaba Wins Prestigious ~ Milken Family Foundation Award ~



Shown above center Toffolon Teacher Mike Zaba poses with a prize of \$25,000 from the Milken Family Foundation recognizing him as Educator for 2018. Mr. Zaba was the single award winner for the entire State of Connecticut. The award is recognized as the "Oscars" of Education throughout the country. Governor Ned Lamont was present for the surprise announcement at Toffolon School.

History of the Plainville Fire Department / Page 8



Three Generations of Plainville Ladder Apparatus

- 1949 Diamond T Service Ladder
- 1968 American LaFrance 80' AeroChief
- 1994 KME 102' AERIALCAT

Photo by Stella Laurie, Delivery of the new KME, April 1993

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NEXT ISSUE WILL BE

March 2019

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February 15th

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EMAIL: hmtnn@comcast.net

OUR WEBSITE: Complete Paper

www.plainvillehometownconnection.com

All contributions, news items and advertisements may be dropped off in the box at 27 Sherman Street or sent to the above email address.

Legal Advisor

Attorney Thomas A. Wurz

132 East Street, Plainville, CT

This paper is published monthly as a service to the citizens of Plainville, Connecticut by Plainville Community News, Inc. It is a non-profit, 501C, all volunteer group of residents who are interested in informing our citizens of community activities and local news. All positive contributions are welcome and will be printed subject to the approval of the staff on a space available basis.

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Happy Valentine's Day



Plainville Property Transfers

- 40 Bartlett St:** Meghan Dibble of Plainville to Sukhwinder S. Azaad, \$190,000 on 12/19/2018
- 35 Florence Ln:** Pamela J. Ryglisyn of Plainville SHF Properties LLC, \$65,000 on 11/14/2018
- 97 Dallas Ave Unit B6:** Ewa Sedrowska of Plainville to Joseph A. amd Marilyn A. Babiarz \$145,000 on 11/14/2018
- 31 Franklin Ave:** Laura J. and Marshall G. Lacombe of Plainville to John and Guy Mottola, \$150,000 on 11/13/2018
- 24 Ledge Rd:** Deutsche Bank NatlT Co. of Plainville to CR 2018 LLC, 20,200 on 11/13/2018
- 125 Ledge Rd:** Oak Land Developers LLC of Plainville to Barbara R. Beregon and Dorothy Delernia, \$385,000 on 11/15/2018
- 83 N Washington St:** Wells Fargo Bank NA Tr of Plainville to WCTD Investments LLC \$40,040 on 11/14/2018
- 28 Pearl St:** Michael and Teri A. Chass of Plainville to Jason and Nicole Hammick, 167,000 on 11/13/2018
- 22 School St:** Dream Estate LLC of Plainville to Crystal Gatcome \$230,000 on 11/15/2018
- 278 W Main St:** Camille an deborah H. Sirois of Plainville to Dean J. Rodrigue \$237,700 on 11/14/2018
- 18 Black Birch Rd:** Katarzyna and Krzystiof Labanowicz of Plainville to Michael D. Firmani \$263,000 on 11/19/2018
- 39 Julie Rd:** Dorota and Zbigniew Szymanski of Plainville to Barbara and Marek Herdzik \$305,000 on 11/19/2018
- 20 Parkside Dr:** Marcy Levey of Plainville to Agnes Alston, \$185,000 on 11/26/2018
- 217 Unionville Ave:** Patrick an Linda Sisti of Plainville to Bernard N, Castiglione \$175,000 on 11/29/2018
- 183 Arcadia Ave:** Elizabeth A. Sanders of Plainville to Leah E. Osullyn \$190,000 on 12/04/2018
- 1 Don St:** Michael and Barbara Bowling of Plainville to Jesssse Belanger \$268,000 on 12/05/2018
- 35 Hardwood Rd:** Pelletier Arline M Est and Liette Pelletier of Plainville to Pamela L. Whitman \$150,000 on 12/06/2018
- 7 James Pl:** Michael J. and Wendy A. Simard of Plainville to Krzysztof and

- Katarzyna Labanowicz \$320,000 on 12/03/2018
- 15 Hemingway St:** Marcia A. Wahl-Flynn of Plainville to Gregory Pietscher \$192,900 on 12/04/2018
- 23 Peach Orchard HI:** Angelo and Jacquelyn H. Cianchetti of Plainville to Mark and Barbars Marzi \$305,000 on 12/03/2018
- 13 Plum Tree Rd:** Wilmington Svhs Fund Soc of Plainville to Erica Richardson \$149,900 on 12/03/2018
- 225 Unionville Ave:** Joseph A. Lippia and Josephine A. Blackstone of Plainville to Thomas J. Pysh and Elyse Gottehrer, \$115,667 on 12/04/2018
- 28 Welch ST ;** Rosemary A. Morante of Plainville to Magaly Correa, \$235,000 on 12/04/2018
- 165 East St:** 151 Realty LLC of Plainville to Twn Development LLC, \$1,050,000 on 12/18/2018
- 5 James Pl:** 87 Spring Lane LLC of Plainville to David Karwowski, \$325,000 on 12/17/2018
- 14 Junior Rd:** Michael and Crystal Lapointe of Plainville to Daniel Mulcunry, \$279,900 on 12/19/2018
- 25 Maiden Ln:** Alan J. and Shawn Cohen of Plainville to Patrick T. Vibert, \$266,500. on 12/17/2018
- 30 Beechwood Rd:** Oxbow Group LLC of Plainville to Daniel M. Levesque, \$225,000. on 12/24/2018
- 39 Betsey Rd:** Jenne D. and John J. Kalinowski of Plainville to Kristy M. Uliasz, \$210,000 on 12/27/2018
- 129 Bohemia St:** Joan Dante of Plainville to Richardson H. Hegeman and Kristrn R. Yeager, \$221,000 on 12/27/2018
- 442-450 East St:** Salvatore Barbgallo of Plainville to Wells Fargo Bank NA, \$800,000 on 12/26/2018
- 175 Tomlinson Ave:** Joseph and Theresa Tierpack of Plainville to J Vilches-Barzola, \$145,771 on 12/26/2018 on 12/26/2018
- 26 Beckwith Dr:** DMG Properties LLC of Plainville to Kayla Fortin, \$160,000 on 1/02/2019
- 7 Gilberte St:** BCF LLC and US Bank NA Tr of Plainville to Neico LLC, \$87,932 on 1/03/2019
- 46 Hughes St:** Philip J. Giuliani of Plainville to John E. Cataldo and Samantha P. Struzinski, \$191,500 on 12/31/2018
- 24 View St:** Angela A. and Michael Babowicz of Plainville to Lynne Vitale, \$195,000 on 12/31/2018.

Dates to Remember...February

Tuesday 12th Lincoln's Birthday --Tuesday 14th Valentine's Day

Monday 18th Presidents Day-- Friday 22nd Washington's Birthday

Remember.....Your Anniversary & Spouse's Birthday!

Take a peek..

- Town Manager's Report.....4&5**
- Schools in Review.....12 & 13**
- Cross Word Puzzle.....15**
- Make My Day.....16**
- Movie Review.....22**
- Ask The Brayne.....35**
- Classified.....27**
- Religious Directory.....28 & 29**
- February Birthdays.....30**
- Obits.....36, 37, 38 & 39**

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ROBERTSON AIRPORT

Robert E. Lee, Town Manager's Report to Town Council January Town Council Meetings

Town Council

January 7, 2019

Library Program Update – Trish Tomlinson

- Library Director Trish Tomlinson has recently completed her first six month working for the Town of Plainville. She was unable to attend but will be present at a future meeting

Valley Water Update

- Last year Valley Water engaged Tighe & Bond to perform a study to determine options to soften the water that they deliver to their Plainville customers. The engineering study was completed last May and Valley Water then conducted a survey to “solicit information from customers regarding concerns related to hard water and asked for input on what response they would like to see” from the Company.
- According to Valley Water, 18% of their customers responded to the survey. They stated that two-thirds of those who responded said that the hard water was either a moderate problem which they could live with, or not a problem at all.
- They went on to state that more than one-half of the respondents claimed they were unwilling to pay for any associated water rate increase for softening. The Valley Water Board of Directors have determined that, rather than constructing a costly treatment plant, they will pursue an alternate course of action through operational changes such as blending with their other water sources to reduce hardness as well as provide assistance and advice on how to deal with the effect.
- Town staff will be meeting with representatives from Valley Water, the State Department of Health and PURA to get a better understanding of what they have proposed.

Mailbox Replacement Policy

Dominick Moschini, Superintendent of Roadways

“IT IS TIME TO CHECK THE CONDITION OF YOUR MAILBOX AND POST”

The Town's policy regarding damage to mailboxes and/or posts during snow plowing operations is as follows: The Town will replace mailboxes and/or posts only if it is actually struck by the snowplow. There must be physical contact between the plow and the mailbox and/or post.

The Town will not replace any mailboxes and/or posts constructed of inappropriate materials such as plastic and those damaged by the weight of the snow being discharged off the snowplow.

Residents are expected to maintain their mailbox and/or post in such a manner that it will withstand the pressure/impact of snow and ice cascading off the *snowplow*.

- Notices have also been sent to all of all of their customers as well regarding the survey and their plans for moving forward.

2019 Small Cities Grant Application

- The Town recently advertised for consultants to assist in preparing a Small Cities application for the upcoming year. One response was received. It was submitted by A&E Services Group, LLC of Wolcott.
- The owner of A&E worked for the Town's previous consultant – L. Wagner & Associates and is familiar with Plainville. Larry Wagner and his company is no longer submitting any new Small Cities Applications..
- The A&E proposal submitted a fee schedule that mirrors the previous fee schedules of L. Wagner. Town staff is recommending that A&E Services Group, LLC of Wolcott be engaged to assist with the 2019 Small Cities application and other services relating to same. There is an item under New Business regarding this recommendation.

Town Council/Board of Education Joint Budget Meeting – 1/15/19

- The Joint Meeting of the Town Council and Board of Education to discuss the FY20 budget is scheduled for Tuesday, January 15th beginning at 6:00 pm in the Peter Chase Auditorium at the Plainville Library. Presentations will be given by the Superintendent of Schools and the Town Manager. Residents are invited to attend this joint meeting as well.

Budget Discussion – 10 Year Review

- Budget trends from FY09 to FY19 will be presented to set the stage for the development of the FY20 Town Budget.

HAPPENINGS

PLAINVILLE PUBLIC WORKS DEPARTMENT

Residents may bring their Christmas trees to the Transfer Station on Granger Lane beginning Thursday, December 27, through Friday,

January 18, free of charge. Trees should be placed in the designated collection area. Residents using a bag to transport their Christmas tree should remove it from the bag and dispose of the bag in their regular household trash.

If residents are unable to transport their Christmas tree to the Transfer Station, the Roadways Department will be collecting them the week of January 14 – 18. Residents are asked to leave their Christmas trees at the curb by January 13. Trees should be free of ice and snow and should not be left in the road or blocking any sidewalks or walkways.

PLAINVILLE SENIOR CENTER CAREGIVING CONNECTIONS,

For anyone taking care of an older adult, now is a good time to strengthen our resolve and exchange tips and caregiving successes. Caregivers from neighboring towns are welcome. Call Bette at the Senior Center with any questions or concerns.

HELP CHANGE THE SCRIPT ABOUT OPIOIDS,

Connecticut is among the top ten states with the highest rates of opioid-related overdose deaths. To help fight the opioid epidemic here in the state, new educational materials are being developed on opioid misuse prevention, safe medication storage and disposal and more. A representative from Wheeler Clinic will provide new materials for your review and feedback.

SNAPPY SENIORS

The Snappy Seniors Camera Club usually meets on the third Thursday of the month at the Plainville Public Library.

HOMEENERGY

CONSERVATION TIPS THAT CAN SAVE YOU MONEY!

Learn how to reduce your monthly heating and electric bills with a Home Energy Assessment from Bantam Wesson. Find out how a Building Performance Institute certified technician can seal drafts and cracks, check insulation, test duct work, provide energy-efficient light bulbs and improve water usage.

UCONN WOMENS BASKETBALL

There are two great opportunities to the UCONN Women's Basketball team play at Gampel in Storrs, CT. A weekend daytime game.

February 9 – Temple University

Tickets and transportation cost is \$28, due at registration. The bus leaves the Senior Center at 10:30 a.m. and arrives in time for lunch(on your own). Arrive back in Plainville approximately 4:30p.m Game times at 1:00 p.m. You can also drive yourself and just by the tickets from the Senior Center at \$20 each. Call the Senior Center at 860-747-5728.

PLAINVILLE HISTORICAL SOCIETY

On Saturday, January 19th at 2:00pm the Plainville Historical Society kicked off the town's Sesquicentennial year with a program about the history of Plainville Fire Department, presented by former Fire Chief David Laurie. This will be one of a series of monthly programs focused on local history. The Society invites all to join them at the Historic Center at 29 Pierce Street.

PLAINVILLE PROBATE COURT

Effective January 9, 2019 the Town of Plainville was transition from the Regional 19 Probate Court to the Farmington Regional Probate Court.

Please be advised, matters that were filed in Region 19 Probate Court (located in Bristol) before January 9 will continue to be handled at that court unless a party requests a transfer.

Beginning January 9, 2019, all new Plainville matters should be filed in Farmington.

Farmington Regional Probate Court

1 Monteith Drive
Farmington, CT 06032

Probate Judge:

Hon: Evelyn Daly

Office: 860-675-2360

Plainville Historical Society Historic Center Hours

Office- Open

Monday's and Wednesday's - 9:00 am-12:00 Noon

For research and group tours

Please call (860)747-6577 during office hours. Thank you!

Town Happenings

Reports By: Scott William Colby Jr.,

Assistant to the Town Manager Town of Plainville

1 Central Square, Plainville, CT 06062

(860)793-0221 Ext. 209

colby@plainville-ct.gov

UNABLE TO ATTEND TOWN COUNCIL MEETINGS?

If you have an issue you would like to discuss with the Council or a Councilor, just call

860-793-0221 ext. 205

Leave your name and phone number and ask for a Councilor to contact you.

They are here to serve you!

Town Manager's Report Town Council January 23, 2019

March Bike Races – Matthew Stuart

Matthew Stuart, President of the Hartford Cycling Club is here this evening to give details of the upcoming "spring" training race series that will be held in the Farmington Valley Corporate Park off of Northwest Drive during the month of March.

Betty Boukus Month of Service – Shawn Cohen and Ronda Guberman

Shawn and Ronda are here this evening to discuss the Senior Center's initiative to have a Town-Wide "Betty Boukus Month of Service". They are inviting groups and individuals to "Change the World through Caring & Kindness" between March 15th and April 15th.

Norton Park Concession Building Bid

On January 8, 2019, the Town received twelve bid proposals to construct a new restroom/concessions building at Norton Park. The low bid was submitted by Millennium Builders of Rocky Hill in the amount of \$282K. Millennium has successfully completed similar work for the Town in the past.

All costs associated with this construction will be paid for from

a State Grant received several years ago to make improvements at both Norton and Paderewski Parks. The grant was secured through the assistance of former state representative Betty Boukus.

- Town staff is recommending that the Town Council authorize the Town Manager to execute a contract with Millennium Builders of Rocky Hill to construct a restroom/concessions building at Norton Park in the amount of \$282K. There is an item under New Business regarding this recommendation. If approved, construction will begin this Spring.

Economic Development Coordinator

- I am pleased to announce that Cal Hauburger has been appointed as the Interim Economic Development Coordinator for Plainville. Mr. Hauburger has a graduate degree from Fairfield University and has been working in the Town Manager's Office as an intern.

- This appointment was made after consulting with the Economic Development Commission Chairman Val Dumais. He will begin his new position beginning next Monday, January 28, 2019.

Financial Dashboard

- The Dashboard for the first six months of the fiscal year was included in your information package and has been posted on the Town website.

Dining Concepts

A new restaurant website is being launched devoted to the restaurant industry. Dining Concepts CT of New Britain is being designed and developed by Don Satalino, a 30 year veteran of the industry. Having worked mostly in the bar & restaurant capacity, he also worked at the Mohegan Sun Casino as a beverage supervisor. While working there, he also taught some alcohol awareness programs and rewrote their beverage manual as well. Don has also taught several bartending classes at Plainville Adult Education in the past.

He has seen a lot of restaurants and bars fail, due to the several factors, they are either under capitalized, mismanaged, lack of knowledge, poor quality of food, poor service, just to name a few then they are forced to close.

Don has put together a website directory where restaurant owners can be listed. All other food businesses are welcome. One of his niche services is a birthday celebration promotion. Believe it or not, about 70% of people like to go out to eat for their birthday. A lot of restaurants don't seem to offer such type promotion to bring them in.

Dining concepts CT allows restaurant owners to be listed for free and can put a birthday promotion in place. For aggressive, motivated owners, they can implement a birthday promotion in place, plus offer other promotions, and incentives as well. Besides being listed under restaurants, they will be listed under categories such as banquet venues/caterers. There is also a link where restaurant owners can send in a form to hire restaurant workers. Some other websites charge as much as \$25 to post a job opening, we don't. We even have small business like cards they can hand out to customers. These cards contain information about Dining Concepts CT, plus information about our instant lottery tickets giveaway. No other business in this area has this type of promotion. There is a low cost affiliated with a standard listing. However, fees are waived if the restaurant owner utilizes one of

their financial products and services. Either credit card processing or business funding.

Don has teamed up with a finance company where over 40 plus lenders can finance business owners. Their lenders like to say yes. Sad to say, a lot of restaurant owners go to bank for financing, just to get turned down. Banks don't like to finance restaurants.

The lenders that Don uses, the rates may be high. He uses the term, high risk, high rates, just because the restaurant industry is a risky one. Business owners can seek funding from 10k-50k or higher. What is needed is a simple 1 page application, 3 months bank statements, 3 months merchant statements, plus several other documents and a business owner can have funding within a week.

Dining Concepts CT website has set aside areas where other non related businesses are welcome to have banner advertising. Some of these businesses can advertise for virtually low cost or no cost and some will have exclusive features. Some banner ads can be seen on every page.

There is no other business in this state that advertises any type of banner ad and has probably never seen anything like what we have. Don has set aside a page exclusively for all types of businesses. Auto dealers, auto repair shops, real estate companies, furniture stores are welcome. Here again, low cost, to no cost. Don feels that while a lot of people go out to eat because they have a restaurant promotion, they can stop at participating business sponsors all in the same trip.

Visitors that go to our website, they also have a chance to send an entry form in for a chance to win instant lottery tickets and restaurant gift cards. Only those restaurants that are in our area restaurant network, will gift cards be purchased. Details on my website to follow. For further information, visit my website at www.DiningConceptsCT.com. **Contact phone number is 860-797-2159**

Women & Girls' Fund Awards Empowerment

That seemed to be the theme of the Women & Girls' Fund's Annual Meeting & Grantee Reception held on January 16, 2019. Empowering young girls and women to lead successful lives. Empowering local non-profits to help build a stronger community.

Empowering donors to provide opportunities for women and girls to achieve their full potential.

The annual event gathered together over 60 people - donors, community members and Fund representatives - to award a record \$55,227 in grants to 19 organizations serving women and girls in Bristol, Burlington, Plainville, Plymouth, Southington and Wolcott.

Below: Re-printed with permission from New Britain Herald. Home delivery only \$4.49/wk Publisher reserves right to change the prices

Lee: Plainville's budget has decreased over 10 years

By BRIAN M. JOHNSON
@BRIANJOHNSON19

PLAINVILLE — With budget season coming up fast, Town Manager Robert E. Lee presented a look at town budgets over the past 10 years at Monday's Town Council meeting.

The presentation showed that expenditures in 2009 were \$52.6 million and in 2019 they are expected to be \$60 million — a difference of about \$7.4 million, which represents a 14 percent increase over 10 years or a 1.4 percent per year average increase.

The inflation rate has increased 16 percent over the last 10 years, however. Lee said that the total budget increase has been less than the rate of inflation during that period. Taking inflation into account, he said, the expenditure budget has actually decreased over the last 10 years.

"I'm very proud of our town staff who work day in and day out to save us money and present a budget in a timely and efficient manner," said Lee. "I'm also proud of the strong relationship we have between our town staff and our Board of Education and our residents who overwhelmingly vote in support of our budgets and initiatives. I would

hold our budgets up against any from surrounding communities."

The tax rate has increased 7.6 mills from 26.24 mills in 2008 to 33.84 mills in 2017. This represents a 29 percent increase, but Lee said that number is "misleading" because there were two revaluations that occurred in town during that time period. The amount of taxes that a person pays is the mill rate multiplied by the value of a property. Thus, some property owners will have tax increases below the ten year mill change and others had them higher.

"The primary reason for the increase has been the reduction in state revenues, reduction in the use of fund balance, lower grand list

increases and lower interest rates on investments," said Lee. "However, the increase of the mill rate has primarily impacted commercial and industrial properties with many residential properties seeing increases more in line with the rate of inflation and the social security increases."

Lee said that over the 10 year period, the town has been able to "begin a road bond program, enhance recreational facilities, enhance educational opportunities, maintain infrastructure and continue to provide essentially the same level of services that maintains our quality of life."

"Due to the difficulties facing the state budget, the question becomes

how long can this pattern of relatively low increases to the local property tax continue going forward while maintaining the same level of service to which our citizens have become accustomed?" said Lee.

The Town Council and Board of

Education will meet Jan. 15 from 4 to 9 p.m. in the Peter Chase Auditorium of Plainville Public Library at 56 E. Main St. for a joint meeting to discuss this year's budget. The public is invited to attend.

Everyone Should speak up!!

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Where are They Now?

Brownie Troop 88, Wheeler School 1965. Kathryn Egri, Troop Leader, would love to hear from you about the girls in her Troop. Check page 35 for the names of the members, if you have information about any of them, please contact Mrs. Egri or the Hometown Connection (860) 747-4119



DODGEBALL TOURNAMENT

Benefit for Plainville High School Project Graduation.

Thursday, February 14th.

Wheeler YMCA, 149 Farmington Ave., Plainville

\$10. per player, Team of six players

\$2 Spectator Admission

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Connecticut Council on Problem Gambling Pushes for Consumer Protections in Sports Betting Legislation

Organization calls for Connecticut legislation to mirror recently proposed Federal framework

WETHERSFIELD, CT - On the heels of the announcement of a proposed bipartisan bill outlining a federal framework for sports betting, the Connecticut Council on Problem Gambling (CCPG) will push for similar consumer protections to be included in any sports betting legislation in Connecticut. Among the bill's consumer protection provisions, revenues are designated for gambling addiction research, prevention and treatment, as well as the establishment of gambling-related consumer protections such as disclosure and advertising.

Diana Goode, Executive Director of CCPG, says, "Understandably, many states see legalized gambling primarily as a revenue source and jobs generator rather than as a public health issue. It is our obligation to ensure that funds and programs are dedicated to counteract gambling's negative impacts and strengthen protections for those who suffer from the potentially devastating consequences of disordered gambling."

For more information, Diana Goode, please contact Art Mongillo at (959) 282-2594 or ArtM@ccpg.org.

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Petit Prepares for 2019 Legislative Session Announces Committee Assignments



HARTFORD - State Representative William A. Petit, Jr. (R-22) is joining his fellow colleagues in the Connecticut General Assembly in preparing for the start of the 2019 Legislative Session which convened Wednesday, January 9. Petit took the oath of office and began serving his second term in the Connecticut General Assembly.

"I am looking forward to getting back to work on behalf of the people of Plainville and New Britain and the state of Connecticut," Rep. Petit said. "This promises to be a very busy session with much work to be done, and I am ready to roll up my sleeves and get moving. I encourage anyone who has questions or concerns regarding state government to contact me."

Rep. Petit has also announced his committee assignments for the 2019-2020 legislative sessions. He has been appointed by House Republican Leader Themis Klarides as Ranking Member of the legislature's Public Health Committee, serving as the House Republican Caucus' senior leader of the committee.

"I'm honored to have been selected by Leader Klarides to serve as Ranking Member of the Public Health Committee for the upcoming term," Rep. Petit said. "There will be many important issues that will come before the committee this session, and I look forward to leveraging my career as a medical doctor and consultant in the field to help to inform public policy and best practices to ensure the health and well-being of the people of Connecticut of all ages."

House Republican Leader Themis Klarides added, "I am thankful to Rep. Petit for his steadfast and unwavering service to our House Republican Caucus. I know that I can rely on him to maintain discipline and ensure that business in the Public Health Committee runs efficiently and best represents common sense policies dedicated to the well-being of the people of Connecticut."

Rep. Petit was reappointed to the Appropriations Committee, stating he is committed to fighting for common sense policies that will help Connecticut businesses grow and thrive while reining in state spending of taxpayer dollars and restoring fiscal health. Petit has also been newly appointed to serve on the Energy & Technology Committee for the upcoming two year term.

The 2019 Legislative Session will run from January 9 to June 5. Rep. Petit can be reached via email at William.Petit@housegop.ct.gov and 800-842-1423. Constituents can follow his legislative activity throughout the session by logging on to his website, www.reppetit.com and following him on Facebook at www.Facebook.com/RepPetit

William A. Petit, Jr. represents the towns of Plainville and New Britain in the General Assembly.

Life With Wanda



As the years roll along everyone has a day or time they look forward to reaching. Some of those days are good and some, not so much. When you are real young you look for Independence Day, you figured twenty-one was the magic number, perhaps you thought you will have your own say and no one can tell you what you can or can't do. Then you soon find out there is always someone or something that has control over you. Then you hit thirty and you wonder how you got there so fast. Forty is another shock. Oh, midlife, I wish I could see that again but onward you must go and the next few years everything seems to be going along just fine, work, family, home, vacations and the kids move out on their own. Look out, you haven't reached Depends Day, yet. Some of you might, in fact those of you who haven't, are probably wondering what is Depends Day? It is not a national holiday, it doesn't fall on the same date or time for everyone. It seems you're going along just fine and you go to bed at night and wakeup and it's Depends Day! In the middle of the night you might cough in your sleep and get up to use the rest room but don't make it in time and that my friends is "DEPENDS DAY." Those of you that have not reached Depends Day don't laugh because you will, trust me it's waiting for you just around the corner. The worst part of Depends Day, when it arrives, is you look down at your wet pajamas and say, "How the hell did that happen?" Then you have to go to the store and get your package of Depends and don't you know you get the clerk that has to get a price check for some kid because the Depends aren't price. Oh, the embarrassment of it all. I always say I'm picking them up for a friend or go to Wal-Mart and go through self check out.

A word of advice, be prepared, go to the store and get a package and put it under your bathroom sink, they don't go bad. Depends might not be part of your everyday life; it just Depends!

AARP TRIPS

Check WFSB Channel 3 for any cancellation of trips due to inclement weather. It will be listed as "Plainville AARP Event Cancelled"

NOTE: There will be no casino trips

New Orleans Tour April 1-9 2019 \$2299 plus tax Includes airfare roundtrip, hotel in the French Quarter, dinner at a Cajun Restaurant with Cajun band, trip to Mardi Gras World (see floats), dinner at New Orleans cooking school, visit National WWII Museum, Bayou and swamp cruise, dinner at Court of Two Sisters and more.

New York to Panama Canal Cruise - 16 Days and 15 nts. Nov. 9-24/2019. Visit Curacao, Aruba, Santa Marta, Colombia, Cartagena, Panama Canal, Puerto Limon, Costa Rica, Roatan Bay Islands, and more. Includes bus to N.Y. and flight home from Tampa. Inside cabin \$1999, Outside \$2399 and balcony \$3049 plus tax

New Hampshire-Riding the Rails - July 22-24 2019 \$615 (Overnight trip 2 nights) Ride the Winnepesaukee along the shores of the lake, stop for a picnic lunch Stop at Keller Candy and Ice Cream Store, 2 night at the Mountain Club on Loon in Lincoln, N.H. Ride Conway scenic RR along Saco River. Shop and lunch in Conway, four course dinner on Café Lafayette Dinner train. Visit Quechee Gorge (Vermont's Little Grand Canyon) more

NEW Cape Cod and Nantucket Daffodil Festival April 26-28 \$591.00 Includes rt transportation, hotel, ferry to Nantucket 5 meals, 2 breakfasts and 2 dinners. Admissions wherever applicable, taxes and gratuities. We will visit the fabulous Heritage park and museum, Cape Cod Potato Factory, have a lobster dinner and brunch at the Daniel Webster Inn.

Wonders of Vermont- Vermont Country Store - Sept. 2019 The store has something for everyone. Travel to Castle Hill Resort an English Cotswold style mansion on the National Historic Register Enjoy a plated lunch in an elegant setting, Enjoy stop at Cameron's Winery. Price approximately \$95 Coming in April - Trip to the new MGM Casino!!!!!!!!!!!!!!!!!!!!!!

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Plainville "POPS!" Comes to Plainville

Plainville "POPS!" comes to Plainville on February 26th! The Plainville Wind Ensemble explodes into their winter concert season with this free, rousing concert at 7pm at Plainville High School with music that surely will help rid folks of their winter doldrums. Directed by Ken Bagley, the program will feature music such as The Sword



of Titan, MetaMarch, There's no Business Like Show Business, Bernstein Tribute, Harry Potter, The Incredibles, Samba for Flute and Original Dixieland Concerto. The concert will also feature three of their smaller ensembles, Center Stage Jazz, Plainville Flute Choir and Pick-A-Rhythm Kings.

Plainville's premier symphonic concert band will be performing at two prestigious events this spring. Chosen in a blind audition, the group will perform at the Association of Concert Bands National Convention held in New Jersey/New York and in June will be one of seven New England bands chosen for the Festival of Bands held in Faneuil Hall. The concert will benefit the Plainville Wind Ensemble, helping to raise funds for bus transportation. Free will donations may be made at their table in the foyer before and after the concert.

The Plainville Wind Ensemble, an eighty two member symphonic concert band has been performing free concerts throughout Connecticut since 1987. They have been featured in the national magazine Making Music Magazine and The Journal of American Concert Bands.

Concerts such as "Plainville Pops" are a reminder of how music is an essential ingredient in the quality of life. There is no sound as intriguing and heartfelt as hearing the sounds of an instrument played solo or within an ensemble such as the Plainville Wind Ensemble.

For more information on the band and/or concert, log onto www.plainvillewindensemble.com or visit their site on Face Book.

Historical Society Program on the History of Plainville Firefighting

On Saturday January 19th, the Plainville Historical Society kicked off 2019 with a program about the history of the Plainville Fire Department. This is one of a series of programs that will highlight local history during the year in which we celebrate the 150th anniversary of Plainville's incorporation as a town.

The presenter was David Laurie, former Fire Chief who was with the department for 43 years and is a lifetime member of the Plainville Fire Company. David has done extensive research on the history of local firefighting. He is a true treasure trove of information on the topic from the 1800's through our current era.

In addition to an historical overview, he gave special focus to the evolution of our fire alarm system over the years. Just think about it - how did firefighters find out about a fire in the days before modern technology?! David also highlighted some of the town's more memorable fires in our history.

The program was held at the Plainville Historic Center at 29 Pierce Street. Elevator access to the meeting room is available. Coffee and refreshments were served. The Historical Society invites all to come and enjoy a program about one of our town's most vital and beloved public services.

The Historic Center can be contacted at 860-747-6577 or via email at plvhistorical@gmail.com. You can also follow the Plainville Historical Society on Facebook.

February 16th Program to Highlight Plainville's African-American Heritage



In recognition of both Black History Month and Plainville's 150th Anniversary as a town, the Historical Society is doing their February program on local African-American history. The presenter is Gail Johnson Williams, the Society's expert on the community's rich heritage of African-American history. The program will cover historical highlights as well as individual persons and groups who have contributed so much to Plainville over the years.

The event will take place on Saturday February 16th at 2:00 PM at the Plainville Historic Center at 29 Pierce Street. Elevator access is available. Refreshments will be served and as always, the programs of the Plainville Historical Society are offered free of charge to all interested persons.

The Society can be reached at 860-747-6577 or through email at plvhistorical@gmail.com. Society events and other information on local history can also be followed on the Facebook page of the Plainville Historical Society.

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Veterans Strong Community Center, Inc. is a regional information and resource center.

The Center is a reboot of a formerly federally-funded program that closed in June 2016. The Center opened in July 2016 as an independent organization and received its 501(c)3 non-profit status in January 2018. The Center is committed to improving services, assistance and communication to Veterans, Service Members and their Families throughout the Greater Bristol area – including the communities of Bristol, Burlington, Harwinton, Plainville, Plymouth, Thomaston and Wolcott – regardless of character of discharge or branch/component.

A representative from the Center will be available at the Plainville Public Library generally on the 3rd Friday of the month, with the exception of March (3rd Thursday) and April (4th Friday) – from 10 am – 1 pm. The specific dates are February 15th, March 14th, April 26th, May 17th, and June 21st.

The normal hours of operation are Monday – Friday, 8 am – 2 pm, in Bristol City Hall, 111 North Main Street, Bristol. They can be reached at phone 860-584-6258 (860-951-6686 cell number to be used from 2 pm – 5 pm and when closed due to outreach). The email contact is info@vetstronginc.org.

Follow the Center on Facebook, Instagram and Twitter: Veterans Strong Community Center, Inc.

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On behalf of Project Graduation 2019, **YOU'RE INVITED TO** our meetings held at the Plainville YMCA: Meetings are held on the first Wednesday of each month....

Next Meeting February 6, 2019

Please pass the word on to anyone & everyone...

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CPOA of Plainville

CPOA/Citizens and Property Owners of Plainville is a civic minded group of residents of Plainville. They meet monthly the first Tuesday of every month, 7 PM at the Plainville Library. They discuss local issues and concerns whether it be in private neighborhood or a town issue affecting everyone. The public is invited to attend.

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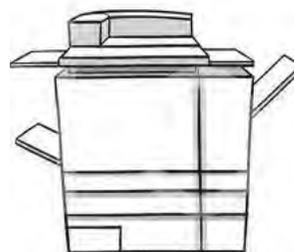


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WHITING MOTORS is the newest in a recent chain of new Plainville Chamber of Commerce members to open their business here in Plainville.



Taj and Jennifer Sehmi are very enthusiastic about their new business venture and shared their enthusiasm at their grand opening. The event was catered by Rooster & Company and was held at 195 Whiting Street (Hart's Corner) on December 13th. Mark DeVoe, EDA Director joined Jennifer, Sehmi and family them to the Plainville business family..

Taj [Sehmi] and I are a family with 5 children. For years we have known that this is something we wanted to do. My brother is co-founder of Plan B and Owner of both Rooster Co. (farm to table) and Flora (vegan). He's been an inspiration as to the simplicity of just being passionate about something and rubbing pennies together is a magic of its own. We learned after kids that watching expenses was key and Taj has been servicing our cars forever! It really is his passion and he loves people and takes pride in being helpful. I have joked with family and friends - we may just "give everything away".

We have the only boy of the 5, AJ who is 19 helping us with reaching the community. Our first big and exciting goal is to raffle a 2010 Nissan Sentra. Raffle tickets will be \$10 and proceeds after we meet cost will be donated to Plainville High PTO.

I've gone through years in and out of my level of involvement in our schools PTO's. I have seen how hard they work and show truly selfless the parents involved are. Maybe someday we can do something similar in Newington where we reside BUT right now we want to show our community here we

are excited to be here and are first and foremost thankful to have found such a great location.

Our children are 20(APRN at UCONN- Becca Bernardo, AJ (19- will greet you at Whiting and is a pro-wrestler and travels New England's weekends as Zane Bernardo, twin girls Kira and Ava who are in 4th and play Sax and violin and viola. And - sweet Kalli... I'm baby 5- she loves her acro dance and is in 2nd grade. (We also have a dog and a cat... Harley and Thomey ... I wrapped him for Christmas in paper□)7

This IS our dream.

We are also so thankful to our Landlord Denise Mongillo whose family has had businesses in Plainville for years. Her story and her heart are just incredible. One of the first times we met I was telling her how much I missed real Italian ragu ... next day at then shop - a complete spread... and fresh bread- fresh mozzarella tomato and basil.

This is probably way more than you want to know - include whatever works for you. We are just so excited to be here!

Thanks! Jennifer Sehmi_

Coffee & Conversation



Rep. Petit and Sen. Martin to Host Coffee & Conversation Legislative Events State Representative William A. Petit Jr. (R-22) and Sen. Henri Martin (R-31) invited Plainville residents to join them on January 15th for their first Coffee & Conversation events to discuss the start of the 2019 legislative session.

Bolo Bakery, 33 Whiting St., Plainville in the morning and 6pm to 7 pm at: Rebel Dog Coffee, 393 Farmington Ave., Plainville

These events are designed to provide residents with an opportunity to speak with the each of the representatives in a relaxed setting about issues affecting the district, bill proposal ideas, or other legislative related topics. If you have any questions and could not make the events but would like to connect with the representatives, please call (800) 842-1423 for Rep. Petit, or (860) 240-0022 for Sen. Martin.



P-l-a-i-n-v-i-l-l-e faves and raves

Here are some of your favorite places, people or things around town to rave about this month!

{Joanne raves} I stopped in the new Breakfast, Deli & Grocery establishment on Webster & West Main Street the other morning because I noticed a lot of cars and Pick up trucks there. Once inside I knew why it was so busy. the breakfast was great. Nina's Kitchen is where I will eat. *It is a gift to the neighborhood & community.*

{Deb faves} J. Timothy's is the best in town for Chicken Pot Pies. Yes, we order for TAKE OUT because when my husband decides that is what he would like for dinner. He is happy and so am I.

The owner is the Pharmacist, Surchi opened the Plainville Community Pharmacy at 170 East Street about a year ago. She is an asset to our Town. She takes pride in giving you the best service and advice. Thanks.

{Paul raves} E-mail your "fave or rave" in today to be in the March issue. Praise your contractor for doing a good job or tell us about your favorite restaurant, store, or service you received by a professional. E-mail HMTNN@COMCAST.NET Phone 860-747-4119 Thank You!!

Email your faves and raves to share it with everyone! Let's hear what you have to say, we need your comments! plainvillefavesandraves@gmail.com

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PLAINVILLE AARP SUPPORTS GRANDPARENT CAREGIVERS



Left to right: Eileen Cyr, Stephanie Soucy, social worker for Grandparents Raising Grandkids, Sue DesRochers, President Plainville AARP, Lois Schmidt, VP Plainville AARP, and Mary Lou Cassille.

The Plainville Chapter of AARP presented a donation to the Grandparents/Relatives Raising Grandchildren program. The money will be used to support the families who are part of the program. The program is run by the Plainville Senior Center.

If you are a grandparent/relative raising grandchildren and are interested in learning more about these support groups, please contact the Plainville Senior Center, 860-747-5728.

The Plainville AARP Chapter supports many local organizations including the Food Pantry, Fuel Bank, Homeless Vets, Plainville Historical Society, Dial-A-Ride, Plainville Senior Center and the concerts at Norton Park.

If you would like to join the Plainville AARP Chapter and help support various community organizations that focus on our senior citizen needs, please contact Barbara Cichon, membership chairperson at 860-584-6551.

Lighting as a Decorating Tool

By: Laura Davis, Owner of The Light Hangar Company

It's officially winter now. A time to typically lay low with nights spent in your living room watching some feel-good TV. At least that's what I like to do. There's nothing like curling up on your couch and indulging yourself in some unrealistic TV show. I've always gravitated towards HGTV and the renovation shows. I think naturally everyone wants to make his or her home as beautiful as possible. It's the center of your life and where you spend most of your time. Who wouldn't want to look at a perfectly decorated and staged home every day? As long as it keeps itself clean!

I love watching the transformations of the homes on TV and it certainly fuels my desire to redecorate my own home. Ideally, I'd have a \$50,000 renovation budget to get a new kitchen, powder room and have a professional designer buy the designer furniture. But realistically, my budget is whatever I can scrape up and convince my husband that it wasn't "that expensive". What if we could do little updates here and there that made a big impact? Have you ever considered lighting as a decorating tool?

Lighting? As in lights? Of course! As a homeowner and retail lighting store owner, I find the most important thing customer's want is light. Bright lights. There's no need to struggle trying to see the recipes in your cookbook or to fumble for the shampoo in the shower. The proper lighting can make your life easier as well as making your home look bigger and more inviting. Here are a few places that you might not have thought to add lighting:

UNDER CABINET LIGHTS. No matter how good the lighting is in your kitchen, there will always be a dark spot under your upper cabinets. It's just science. Having additional lighting on your countertops will help with prepping, cooking and just living.

SHOWER. This is a definitely a more modern feature and one that most older homes weren't built with. There's no need to be showering in the dark anymore. One

wet-location recessed light will do. And while we are in the bathroom, did you know that there are exhaust fans that look like light fixtures? There are also exhaust fans with heat, nightlights and bluetooth speakers. Function doesn't have to mean ugly anymore.

SCONCES. Ever want a little mood lighting instead of all your lights on full blast? Sconces are a great way to give that effect. A few options for a sconce might be in the dining room for ambiance, the living room for lighting while watching TV or on either side of your bed for reading. A little light goes a long way.

CHANDELIERS. Of course chandeliers are a focal point of any room. A large chandelier over the island is popular as well as over the dining table. Entry way chandeliers highlight tall ceilings and are a nice way to greet guest. There are so many sizes and styles these days that you will certainly find one to add pizzazz to your home.

RECESSED LIGHTS. Adding recessed lights is the most popular request I see. Most older homes were not built with more than one center light or a switched outlet. Adding additional lighting to cover the whole room is a nice feature and one that won't go out of style. This option, however, does require professional electrical assistance. Contact a professional today for a quote.

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PHS Hosts "Breakfast of Champions"



The Plainville High School Physical Education Department recently held their end of the semester "Breakfast of Champions Breakfast" catered by Dunkin' Donuts. Congratulations to the 64 freshmen and 58 sophomore students who passed all four components of the CT Fitness Test.

MSP Participates in Bystander to Ally Workshop



On December 16th, 28 students at the Middle School of Plainville (MSP) participated in a Bystander to Ally workshop led by representatives from the Anti-Defamation League (ADL). Students learned how to support the targets of negative behaviors like name calling and teasing. Students also learned about when they should intervene and when they should seek adult assistance. This workshop is part of the Positive Behavioral Interventions Support (PBIS) program at MSP that is helping educate students about how to be positive leaders in both the school and their community. Thank you to the Norton Trust Fund for its grant support and for helping make MSP be a "Great Place to Learn".

Wheeler School Hosts Student Conferences

Students in Maria Hitt's third grade class at Frank T. Wheeler Elementary School participated in "student run" conferences this month. Wheeler third grader Lylah Andrews, (pictured) shared work she is proud of, goals for next term and explained literacy rotations to her family during a student led conference.



Toffolon School Joins Crayola "ColorCycle" Program

In keeping with the focus of conservation and eco-friendliness, Louis Toffolon Elementary School has sent its first box of recycled markers to

Crayola as part of the Crayola "ColorCycle" program! Earlier this year Toffolon Office Professional Michele Fischer-Paul introduced the program to the Toffolon community, and now Toffolon has joined schools throughout North America in the recycling program. Through the ColorCycle program initiative, students in schools across the United States and Canada are able to collect and repurpose used markers. Toffolon initially collected 9 pounds of used markers to be sent for recycling, and will continue throughout the school year.

Toffolon School Holds Science Days



Thanks to a generous grant from the Plainville Community Fund at the Main Street Community Foundation as well as additional funds that were raised by the Louis Toffolon Elementary School PTO, Toffolon held two Science Days during the school day (Monday, 12/17 for Grades 3 to 5 and Tuesday, 12/18 for PreK to Grade 2). All students participated in three separate science programs and did a hands-on science experiment. The student scientists all started the day with an assembly by the Connecticut Science Center's "Science in Motion" Traveling Program ("Rockin' Robots" for the older scientists and "Your Amazing Body" for the younger scientists). The children then broke into groups by grade level and traveled the Milky Way in a Planetarium dome by "What's out There" as well as having the opportunity to learn about (and touch!) many amazing reptiles and amphibians thanks to Riverside Reptiles. Math and Science Coordinator Phil Sanders guided the students in a hands-on science experiment that got them thinking about how density effects liquids



PLAINVILLE HIGH SCHOOL STUDENTS HONORED WITH "STUDENTS ROCK AWARD"



In photo: Assistant Superintendent of Schools, Steven LePage, Zoe Leider, Ryan Espinoza-Ortiz, and Plainville High School faculty member, Maria Colangelo.

Plainville High School students Zoe Leider and Ryan Espinoza-Ortiz have been named recipients of the first semester "Students Rock Award" recognizing their outstanding contributions to Plainville High School.

In seeking a way to honor students who "do the right thing every day," the Plainville High School Mentoring Committee, comprised of high school faculty members and led by fellow faculty member Maria Colangelo, created the Students Rock Award during the 2009-10 school year.

Toffolon School Welcomes Author



The Louis Toffolon Elementary School PTO was excited to bring in author Dana Meachen Rau to conduct programs for all Toffolon students. Rau has written over 350 books in many genres - early readers, historical fiction, biographies, cookbooks, picture books, and non-fiction. Many students were familiar with her books, "Who was Gandhi," "Who Are the Rolling Stones," "Robot, Go Bot" and Flip-Flop!" Students in pre-kindergarten through second grade learned about the "Author's Backpack," an invisible backpack where ideas can be collected and then transformed into stories. Students in grades 3 - 5 focused on "Research, Rewriting, and Rewards," and discussed the process from idea to bound book, including the roles of the author, illustrator, editor, designer and printer. Both programs engaged students in dialogue about the creative process.

February 18th is President's Day

I Pledge Allegiance to the Flag...



VFW MADELEY-ROBERTS NO. 574 PROVIDES FUNDING FOR BOOKS AT ELEMENTARY SCHOOLS



Local VFW Madeley-Roberts Post No. 574 recently sponsored the Plainville Community Schools Reading Partners program at Linden Street School, Louis Toffolon Elementary School, and Frank T. Wheeler Elementary School, with a financial donation for books.

PHS Students Connect With Peers Across the Globe



learning. “The area in Peru is very remote; in fact when we were ready to ship the books to the students, I had to send them to the teacher’s house, as there was no mail delivery to where the children attend school,” explained Naka.

The PHS students each created a colorful book in Spanish for the students in Peru. They incorporated vocabulary and other curriculum components that they were learning in class as they developed the books, which were all based on the theme of “what did you do over the summer vacation?” Eighty student-made books were shipped to Peru excitement by the young students. saw their happiness with that small detail I felt so excited,” added Adriana Santiago.

Hot Cocoa Booth at Toffolon Winter Fair



The Louis Toffolon Elementary School Student Council hosted a Hot Cocoa Booth at the Toffolon Winter Fair held on December 7th. The donation for a cup hot cocoa was one canned good or .75 per cup. All donations are being sent to the Plainville Community Food Pantry. The Student Council officers are: President Sofia Corvello, Vice President Sadie Brann, Secretary Delilah Cretella, and Treasurer Tess Couture.

Students in Kristi Naka’s Spanish classes at Plainville High School are connecting with peers across the globe through two unique hands on classroom projects this year.

Earlier this year, students in four of Naka’s classes began work on creating children’s books for preschool aged children in an impoverished, remote jungle area in Peru. Through a connection from a fellow Connecticut Spanish teacher, she became aware of the “school” in Peru, where the young students have very few materials or books for



Gifts Collected for Victorian Gardens



Plainville Adult and Continuing Education students collected holiday gifts to benefit Victorian Gardens, a local Residential Care Home for Adults in Plainville. (photo: Staff and Adult High School Credit Diploma students)

MSP Art Club Makes Ornaments



In celebration of the holidays, students in the Middle School of Plainville’s Art Club made beautiful ceramic gingerbread men ornaments. These ornaments were created as gifts for members of the Plainville Senior Center.

Toffolon Student Council Collects Treats for Troops



The Louis Toffolon Elementary Student Council held a Treats for Troops candy drive during the first week of November. Toffolon students and their families donated a portion of their Halloween candy that was being collected for our local and nearby Veterans.

Of The United States of America

OH My Aches!

By:
Channing Harwood
PT, DPT
Orthopedic Resident



vomiting, dizziness, slurred speech or even sensitivity to light or slightly delayed response to questioning after an on-field incident should be evaluated by a health care professional before returning to action.

Shoulder injuries. The shoulder is the weakest joint in the body, and so it is particularly susceptible to injuries such as dislocation, strains, sprains and misalignment. If an athlete experiences a lack of flexibility, strength or stabilization in the shoulder due to a blow or to overuse, it could point to a larger issue and should be assessed by a professional.

The plantar fascia, or the arch tendon, is a thick band of connective tissue in the bottom of your foot. Many athletes in sports that involve lots of running or jumping may experience plantar fasciitis and try to walk it off, but the symptoms can become more painful over time if not treated. Symptoms include pain near the bottom heel of the foot, especially after activity or long bouts of standing, pain when stretching the foot and/or pain when pressing the sides of the heel.

If anyone you know is experiencing these symptoms, you should have them evaluated by a professional who can diagnose the problem and offer treatment options. In many cases, a school or team's athletic trainer can and should perform a preliminary assessment as soon as possible, but if a more in depth evaluation is suggested, or if symptoms persist, you can call us or go online and schedule an appointment without a doctor's referral. We're here to be your PT for Life!

Plainville Fire Company Makes Contribution



Firefighters Adam Barbuto, Ashley O'Connell, Captain Kurt Plourde and Firefighter Doug Doughty presented Joyce Bray, President and Louise Belkin, Treasurer of the Connecticut Breast Health Initiative in New Britain a check for \$2,000.00. Monies were raised throughout the year by selling Breast Cancer Awareness pink t-shirts at various Plainville Fire Company functions such as the Fire Company's Hot Air Balloon Festival, the pasta dinners, and Breakfast with Santa.

WELCOME !!! Another New Business



The Dollar General is located across the street from Pagliacci's Restaurant on East Street (former Taylor Rental site). Daniel Petuch is the General Manager. "Stop in to say HELLO and browse around!"

New Customers Always Welcome!



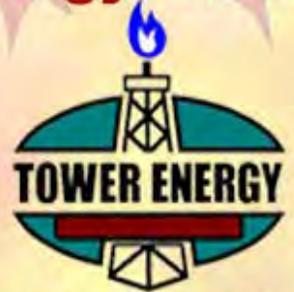
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Second Look..In case you missed it...

Pierrette's Closet Relief Fund

By: Lynn Davis, Director of Community Relations

Plainville Adult and Continuing Education has received a \$500 donation from Roger Plourde, to establish the "Pierrette's Closet Relief Fund." The fund was created to honor the memory of Plourde's deceased wife, Pierrette, who passed away in 2016. The primary purpose of this fund is to assist Plainville Adult Education's mandated program students, who are in need of temporary financial assistance. Adult education students may apply through a formal application process to receive assistance, capped at \$100. Funds are reserved to address immediate needs not supported through Adult Education funds, such as transportation or clothing. Jill O'Brien, Coordinator of Plainville Adult and Continuing Education commented, "Many women in our program have benefited from Pierrette's Closet, an onsite career-clothing donation resource. And now, thanks to Mr. Plourde's ongoing generosity, we will be able to help more students meet their academic and career goals, by making life's challenges a little easier.

Those interested in donating to the fund, may contact Jill O'Brien at the Plainville Adult and Continuing Education Department: (860) 793-3209.

**Plainville Fire Company
2019 Company Officers:**

- Captain David Massey
- 1st Lieut. William Gammon
- Lieut. John Myska
- Lieut. Paul Brousseau
- Lieut. Thomas Moschini, Jr.
- Lieut. Douglas Marcarelli
- Treasurer Ray Moreau
- Asst. Treasurer James Lenois, Sr.
- Secretary Allyn Kall
- Asst. Secretary Phillip Brousseau

**AAA Speaks Out:
A Dim View of Older Headlights**

New research from AAA reveals that older headlights generate only about 20 percent of the light that new headlights do, leading to dangerous nighttime driving conditions. But, AAA reports, it's an easy, relatively inexpensive fix. The decrease in lighting is caused by sunlight damage to the headlights' protective plastic coating, resulting in cloudy or yellowed discoloration, which considerably diminishes the headlight's ability to provide adequate light on dark roadways. With 50 percent of crashes occurring at night, AAA urges drivers to check their headlights for signs of deterioration and invest in new headlights or, at a minimum, a low-cost fix to boost the safety of driving after dark.

"Previous research from AAA revealed that headlights on the road in the U.S., even when new, don't produce a sufficient amount of lighting, so any reduction in performance is a real safety issue," says Amy Parmenter, spokesperson for AAA in Greater Hartford.

Depending on where and how the vehicle is used, headlights can begin showing signs of deterioration as early as three years to five years.

AAA also examined the effects that replacing or restoring a headlight can have on improving the amount of light produced. Researchers determined that replacing headlights with original equipment manufacturer parts is the most effective method to restore light output back to 100 percent.

Aftermarket parts also performed well, restoring light output between 83 and 90 percent, however these did fail to meet certain requirements for light intensity and were found to be more likely to produce glare for oncoming traffic.

Unlike batteries or tires, most drivers are not in the habit of routinely inspecting their headlights. AAA suggests drivers check their headlights for changes in appearance and if the bulb is difficult to see, it is time to have the lenses replaced or restored as soon as possible.

GOOD LUCK & WE SURELY WILL MISS YOU!



On December 31, 2018, I will start my new position as City Planner in Middletown, CT. Collectively, I've been with the Town of Plainville for nearly 19 years. My new position as City Planner will allow me to step down as Director of Plainville's multi-discipline office while being able to concentrate on my first love - Planning. There is really not much more to say other than thank you for your loyal support. We've been more like colleagues than a typical "reporter - official relationship." For that, I am truly grateful. - Mark DeVoe

Contributed by Dr. Tim
125 years ago you didn't have to ask permission from the government to:

- Collect rain water
- Own property
- Renovate your home - build a home
- Use a transportation vehicle
- Get married - hunt - Own a weapon
- Grow food on your property
- Cut hair - sell a product - protest
- Set up a lemonade stand or sell your farm produce.
- (How many more can you think of?)
- You can do virtually nothing without being extorted by government and obtaining their permission first.
- If you still think you're free, you're deluding yourself. You live in a tax farm as free range hen

**At the Plainville Senior Center
LePetit Cafe**

Open TUESDAYS and WEDNESDAY

11:00 a.m.—1:00 p.m.

Le Petit Café features a variety of made-to-order fresh salads, grilled Panini sandwiches and weekly specials. Le Petit Café is open to the public. Invite your friends and family to enjoy our selection of wholesome, hand-crafted foods that are sure to **WOW** your taste buds!

Crossword

1	2	3	4		5	6	7	8	9	10									
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- CLUES ACROSS**
- 1. SHEEP SOUNDS
 - 5. TURN UP
 - 11. STATEMENTS OF SUPPORT
 - 14. SPELLS
 - 15. EVILDOER
 - 18. ONE-TIME BASEBALL STADIUM STAPLE
 - 19. ACTIVITIES
 - 21. WWII-ERA US PRESIDENT
 - 23. SOFT, FLEXIBLE LEATHER
 - 24. PROVERB
 - 28. WISH (HINDU)
 - 29. INJURY TREATMENT
 - 30. RED SOX ACE
 - 32. "DEADLIEST CATCH" CAPTAIN
 - 33. BASEBALL STAT
 - 35. WHERE MARINE LIFE LIVES
 - 36. HEARTBEAT TEST
 - 39. SIGNS ON THE DOTTED LINE
 - 41. ATOMIC #24
 - 42. BIND SECURELY
 - 44. SWISS NOBEL PEACE PRIZE WINNER
 - 46. FRAGRANT BROWN BALSAM
 - 47. WHERE YOU WERE BORN
 - 49. SELLS A TICKET FOR MORE THAN ITS PRICE
 - 52. WHERE GOODS ARE PRESENTED
 - 56. JEWISH SALUTATION
 - 58. FRUITS
 - 60. POORLY EDUCATED
 - 62. MICROORGANISM
 - 63. DEPICTED
 - 69. SELLER OF A SERVICE
 - 70. EQUALITY
 - 71. IT'S SOMETIMES PASSED
 - 72. CITIZENS WHO ARE QUALIFIED TO VOTE
 - 73. GREEK LETTER
 - 74. BODY PART
 - 75. BOXING RESULT
 - 76. NEWS
 - 77. PREDATORY SEMIAQUATIC REPTILES
 - 78. COCKATOO
 - 79. THE NFL'S BIG GAME (ABBR.)
 - 80. LEGUMINOUS EAST INDIAN TREE
 - 81. NEWS REPORTING ORGANIZATION
 - 82. A NEMESIS OF BATMAN
 - 83. LEGAL TERM
 - 84. NOT ALL
 - 85. A WAY TO GREET
 - 86. KNOT IN A TREE
 - 87. SATISFY
 - 88. RUSSIAN SPACE STATION
 - 89. A BABY'S MEALTIME ACCESSORY
 - 90. STITCH TOGETHER
 - 91. ___ AND BEHOLD
- CLUES DOWN**
- 1. BALLPLAYER'S TOOL
 - 2. HAIRDO
 - 3. FROM A DISTANCE
 - 4. BELT ONE OUT
 - 5. REVISING A TEXT
 - 6. MORE (SPANISH)
 - 7. BELOVED SPIELBERG ALIEN
 - 8. BBQ DISH
 - 9. PROVOKE
 - 10. WITHIN
 - 12. CANADIAN FLYERS
 - 13. SMUGLY SMILE
 - 16. BUFFALO
 - 17. LAKE IN THE KALAHARI DESERT
 - 20. GRAB
 - 22. RURAL DELIVERY

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Plainville's 150th Anniversary in 2019

Questions or More information call 860-747-5728

Answer on page 30

Make My Day

by: **Raymond Gormier**

Phone **860-747-4119**

Email:

hmtnn@comcast.net

Have you ever had someone do something that made your day? Be it an employee of a business, a police officer, town worker, neighbor or even a co-worker that you would like to thank.

Perhaps you would like to thank a neighbor for a kindness and we would like to help you give this person recognition for a job well done. If this person works for a local business we are sure his or her employer would love to hear his or her employee is going that extra few steps to help their customers.

Call 860-747-4119 and leave the name of the person, you may also E-mail your "MAKE MY DAY" to **HMTNN@COMCAST.NET**

On January 8th we had a little snow and my front steps and sidewalk were very slippery. The neighbors son age 10 years old cleaned off my front steps and brought the New Britain Herald from the driveway to my front door!! *He made my day!!*

Pamela H.

And Where are They Now?

Perhaps we are missing stories about other former residents of our town that have moved from the area and/or they perhaps have gone on to attain fame and fortune around the world.

If you have someone you would like to write about, perhaps a former friend or neighbor, we would be very happy to hear about them and their successes.

Just call us at 860-747-4119 or e-mail us your story and perhaps even a picture at hmtnn@comcast.net

Young at Heart -- Senior Center News

MADAM WALKER, SELF-MADE MILLIONAIRE

THURSDAY, FEB. 21, 11:00 A.M.

Program will be followed by free light lunch.

Most people who have heard of Madam C.J. Walker will tell you one or two things — she was the first black millionaire and she invented the world's first hair-straightening formula and/or the "hot comb." But there's more to the story! Join performance artist Gwendolyn Quezaire-Presutti to hear the full account, as she portrays this remarkable, inspirational character and brings to life her success as a black business-woman during the worst years of the Jim Crow era. C.J. Walker was brilliant and struggled doggedly to escape poverty and build a better life. She built a successful business and mobilized 20,000 African American women as her employees and paid them a fair wage. Through her philanthropy she reconfigured the philosophy of charitable giving in the black community, and through her political activism she fought against racial injustice. As much as any woman of the 20th century, she paved the way for the profound social change that altered women's place in our society.

For the past 20 years Gwendolyn Quezaire-Presutti has engaged audiences with performances giving voice to real life accounts, struggles, self-determination and triumphs of the women she portrays. In February 2018 she engaged and inspired her audience at the Senior Center with her portrayal of Onee Judge. Gwendolyn is dedicated to studying the character, philosophy, courage and grace that have helped black American women survive and flourish. Program is free and includes a complimentary light lunch. Sign-up begins January 8.

SMART HEART

FRIDAY, FEBRUARY 8, 9:30 A.M.

What organ works tirelessly for you from the moment you're born, without rest, non-stop? How can you make life easier for your heart — and thereby extend your own? Diet and lifestyle are paramount to a healthy heart, so join Miles Everett, nurse, educator and registered dietitian, to find out how to love your heart. Program is free. Call the Senior Center beginning January 8 to register.

MIX & MATCH CASSEROLES

THURSDAY, FEBRUARY 28,

10 A.M.

Join Peter Fescue, Dining Services Director at Mulberry Gardens of Southington will present this program. With Peter's formula you can create hundreds of recipes with just a few basic ingredients! Come and see what you can cook up! Program is free. Sign-up began Jan. 8th.

VETERANS' COFFEE HOUR

FEB. 5 AND MARCH 5

These monthly information and support meetings are conducted by Wayne Rioux, a Veteran's Liaison for Hartford HealthCare at Home. FOR ALL VETERANS OVER 60 AND THEIR SPOUSES. There will be no meeting in January 2019. Please call the Center at 860-747-5728 to register. Sign-up has begun.

CHINESE

NEW YEAR LUNCHEON

THURSDAY, FEBRUARY 7 NOON

Celebrate 2019, the Year of the Pig, at the Plainville Senior Center with a buffet lunch! We will enjoy some of the most popular Chinese dishes, including General Tso's Chicken, Pork Lo Mein, Beef with Broccoli, Sweet and Sour Chicken, Pork Fried Rice and Shrimp with Mixed Vegetables. For members only. Cost is \$10 per person, due at registration. Sign up began January 8.

Income Tax Assistance Comes to the Senior Center:

February 5 — April 16

The Plainville Senior Center is pleased to host AARP Tax-Aide, a free program that provides income tax preparation assistance for low- to middle-income taxpayers of all ages, with special attention to persons aged 60 and older. Taxes are filed electronically at the session, so if married, both husband and wife must be present during an income tax counseling session. Taxpayers must bring all information and documents that apply to their 2018 income tax, including:

- Personal identification (Photo ID) such as Driver's License or Passport.
- Social Security cards or Individual Taxpayer ID cards for everyone to be included on the return
- Birth dates for you, your spouse and all dependents to be included on the tax return
- Wage and earning, pension or other income statements from all employers/payers
- Interest and dividend statements from banks and financial institutions
- Brokerage statements
- Health insurance exemption certificate, if available
- A blank check for proof of bank account routing for direct deposit
- Total paid for daycare, and the daycare provider's tax ID number such as Social Security number or EID
- Forms 1095-A, B or C, Affordable Health Care Statements
- Your Tax Records envelope with last year's (2017) filed federal and state returns and other tax documents.

Appointments will be held on Tuesdays from February 5 through April 16 between 10 a.m. and 2 p.m. To schedule an appointment with a certified Tax-Aide counselor or for more information, call the Senior Center at 860-747-5728. You may pick up an information sheet in advance at the Center. Sign-up began



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*Here
Are
some
More
Gun
Tips*

#1 WHEN ON THE RANGE, HOLD GUN FIRMLY, LOCK YOUR ARMS STRAIGHT OUT, AND PRESS THE TRIGGER WITH THE TIP OF YOUR FINGER UNTIL THE GUN FIRES, A SQUEEZE OR A PULL WILL MOVE YOUR GUN SLIGHTLY AND THROW YOUR SHOT TO THE LEFT OR RIGHT, DEPENDING WHAT HAND YOU ARE USING ! IF YOU CAN PASS A PENCIL BETWEEN YOUR TRIGGER FINGER AND THE FRAME OF THE GUN, YOU HAVE THE PERFECT HOLD FOR TARGET PRACTICE !

#2 FOCUS ON THE FRONT SIGHT OF YOUR FIREARM , NOT THE TARGET ! YOUR EYES CAN ONLY FOCUS ON ONE THING AT A TIME, NOT THREE ! IF YOU FOCUS ON THE TARGET, YOUR FRONT SIGHT WILL MOVE, IF YOU FOCUS ON THE REAR SIGHT, THE WHOLE GUN MAY MOVE ! THE CORRECT SIGHT PICTURE IS THE FRONT SIGHT CRISP AND CLEAR, THE REAR SIGHT AND THE TARGET SLIGHTLY FUZZY

#3 BUY A FIREARM AND CALIBER YOU CAN HANDLE ! REMEMBER IT'S BETTER HITTING WITH A 22 THAN MISSING WITH A 45 !

REMEMBER, THE ONLY SAFETY ON A FIREARM IS YOU !!!.....JIM



DENTAL HEALTH

By: David R. Edelson,



PLAINVILLE DENTAL GROUP
92 East Street Plainville, CT
860-747-1004

As quick meals in the form of "nutrition" bars and carbonated beverages help teens alert and on schedule between school. Extracurricular activities and part-time jobs, today's fast-paced lifestyle threatens to leave a generation with permanent damage to oral and overall health.

Premature loss of tooth enamel and weakening of overall tooth structure are two devastating oral effects of teens poor diet that cannot be reversed later in life.

Adolescence is the time of peak bone growth, a time when more nutrient-packed calories are essential to fuel growing bodies and strengthen teeth and bones, however adolescence is the same time when soda and sugary, high carbohydrate foods are rapidly displacing healthy foods such as milk, fruits, and vegetables.

The easy access of sugary beverages and foods from home to school and everywhere in between has compromised the health of teens teeth and helped fuel the national obesity epidemic.

Reports show drinking soda seems to be one of the most significant causes of increased cavities and obesity for today's teens.

**FAST-PACED LIFESTYLE
ERODING TEENS TEETH**

The phosphoric, Citric, tartaric, and carbonic acids in soda are linked to breakdown of tooth enamel around dental sealants and restorations, further compromising teens teeth and leading to more extensive dental treatment to prevent tooth loss.

Soft drinks and bone density

The phosphoric acid in most regular and diet cola drinks limit calcium absorption and has a direct influence on bone density. By age 16, girls have accumulated 90 to 97 percent of their bone mass, making adequate calcium intake vital. However, national statistics show only 19 percent of girls ages 9 to 19 are getting the recommended 1,300 milligrams of calcium a day.

Research also confirms a direct link between soft drink consumption and bone fractures in teenage girls.

These girls are at an extreme risk for developing osteoporosis, already exhibiting symptoms of this disease in their teen years. Early education on the importance of calcium consumption is key to reversing this trend.

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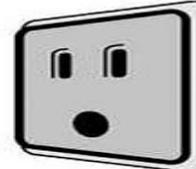
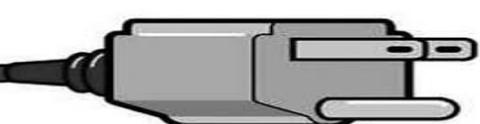
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From My Balcony

By Jeannette Hinkson

Every year, during the holiday season, a new nut falls from the trees and this year my award goes to the biggest nut of all, it is one Jennifer Sinclair who happens to be the Principal of a Manchester, Nebraska elementary school. According to the news and snoops, Ms. Sinclair banned candy canes stating, they were shape like a "J" which stands for Jesus. She was suspended but how do BOE's hire such people that are there to fill the minds of children with such crap. ***Doesn't anyone check on what is going on in classrooms today?***

I hear people say; we want that removed or take this or that out of public building because it offends someone. These things, that are removed, are statues and scripture that have been in place for years but because someone or some origination, use whatever their means might be they to have these things are removed from where they have stood for years just because someone says they are offended by them.

I hear and see many things that offend me every day and unless I can gather a large group of people that are willing to march in the streets, riot and burn buildings, what I find offensive will remain.

Perhaps you would like to say what offends you. Just drop a note to the paper or call and leave a message on our machine. You don't have to leave your name but it just makes me wonder if some of my friends and those I speak with are as tired of people saying something offends them. Then right away some politician, not wanting to lose a vote, has a beautiful statues or scriptures removed.

Many times we print something and boy, someone calls us on it. We welcome anyone wishing to write a story or write a rebuttal, please do.

Now, on the Washington outlook: Old Nancy and Chuck would vote over fifty billion for Bush or Obama to build a wall on the southern border and say no to Donald Trump, WHY? Only one reason it's called Donald Trump! They don't care about those people in the border states, they don't care about those people wanting to come into our country nor do they care about the officers on patrol every day that have to take abuse from everyone they come in contact..

Good officers that began their career with the idea of making this a better world but now walk on eggs, so as to say, because the slightest misstep, they are hauled into court accused of every crime some lawyer can come up with. I don't feel Chucky and Nancy care a rat's tail about the people in the United States, for that matter. All they care about is their job and they are scared to death of Donald Trump.

In two years he has done more for the world than most in Washington have done in fifty.

A few weeks ago I spoke to a woman who is a highly educated doctor and hates Donald Trump and I asked her why? Her answer was she doesn't like the way he talks. I told her he is saying, out loud, what the everyday "Joe American" has been saying in their homes for years. We are tired of supporting the world or those that feed off us. I asked her, If she had stock and she reluctantly said "some," my next question was, aren't you doing better? Do you live better, is your practice better? Even though, she still, doesn't like the way he talks. **BIG DEAL!** She is from another country, welcome to America lady, in his country most people call a spade a spade and perhaps that is what is wrong, we are letting foreigners in and they want to tell us how to think, speak and live! If you don't like the we live don't let the door hit you, you know where, on the way out.

What has anyone is Washington or even our capitol in Hartford done to make your life better. Your taxes are up; services, I feel you aren't any better yet you have more laws to go by and more hoops to jump through. While the president worked in Washington, to resolve the boarder problem, the Democrats frolicked on the beaches of Puerto Rico thumbing their nose at the people they are supposed to represent. Let these people actually show there are earning their pay or perhaps get paid by what used to be known as piecemeal and you might see some of them on the street corner with signs reading, **"will work for food,"** but the word work is the problem they never had to do any of that because we have been supporting them for decades.

P.S. President Trump has been accused of anything and everything with investigations costing taxpayers millions and nothing can be found. The only thing the democrats haven't thought of is perhaps Donald Trump is actually an alien from outer space. (That investigation should cost us another twenty five million) If this stuff wasn't costing taxpayers so much money, maybe we could laugh.

Woodstock at 50: Nostalgia and Revisiting the Past

By Francis Rexford Cooley

Michael Lang, one of the original promoters of the Woodstock Music and Arts Festival, announced a 50th anniversary Woodstock Festival to be held at Watkins Glen, N.Y. The Bethel Woods Center for the Arts, at the site of the original Woodstock festival, announced an anniversary show to be held the same weekend at Bethel, N.Y. Additionally the Woodstock Playhouse, which is actually in Woodstock, N.Y., previously announced they would hold a commemorative anniversary concert to commemorate the 50th anniversary of a rock festival which has come to define the "hippie era." The festival was, according to writer P. Smart, "... the perfect antidote to the Tate murder news and long lists of Vietnam War dead..." a feel good story for the turbulent summer of 1969 dominated by war and the Manson family. A money making scheme that became the "free" event of the summer. Now being repackaged to be consumed a half-century later as if one can be magically transported back to a place that never even existed.

To most people Woodstock is not a rock festival, it is a film giving a sanitized version of what happened at "Woodstock." The festival "mythologically" created a version of what youth culture in Woodstock was supposed to represent, the music, the art, the scene that had developed as musicians like Bob Dylan came to record there. The festival itself took place in Bethel on the other side of the Catskills from Woodstock. The film, "Woodstock" further sanitized the myth by leaving out those performances which were awful. The Grateful Dead's set was so bad the band refused to allow any film or tape of it surface. The audience to the film did not have to deal with the actual rain nor mud that plagued the event, the lack of facilities, food, and medicine that spurred then Governor Nelson Rockefeller to call up the New York National Guard to bring in relief supplies, nor the traffic jam so bad it shut down a section of the New York Turnpike. Instead the audience is served a story of peace and love, with just a bit of acknowledgement of the massive relief effort put forth by the State of New York to avoid a calamity as near a half million rock fans descended upon Bethel, N.Y. like a plague of locusts.

Promoter Michael Lang's two previous attempts to revisit "Woodstock", at Saugerties, N.Y. in 1994 and Rome, N.Y. in 1999 are not as fondly remembered as the original festival. The 25th anniversary Woodstock, known as Woodstock '94, is best remembered for the rain and mud that dominated the weekend, along with throngs of non-ticket holding music fans who descended upon the festival site over-taxing the facilities and irritating those who actually paid for the privilege of sitting in mud while listening to a range of acts from Santana to Green Day perform. Woodstock 1999, held at the former Griffiss Air Force Base in Rome, N.Y. is best remembered for the oppressive heat, price gouging, and fires lit in response to the heat and price gouging all caught before MTV's camera crews and beamed across the world live on cable T.V. while bands like the Red Hot Chili Peppers, Metallica, and Limp Bizkit rocked on. Both the 1994 and 1999 Woodstocks



were roundly criticized for failing to live up to the mythological purity of the original festival.

Less remembered in the collective consciousness were the attempts to recreate Woodstock musically in both 1979 and 2009 on the tenth and fortieth anniversaries. 1979 saw dueling anniversary shows, Woodstock '79 at Madison Square Garden (MSG) featuring a number of Woodstock alumni including Richie Havens and Steven Stills, and Woodstock Reunion held on Long Island again featuring a number of Woodstock alumni including Johnny Winter and Canned Heat. The MSG show produced an all-star album and quickly faded from memory while the Long Island show was plagued by problems, nearly cancelled, and ignored by all but those who attended. The fortieth anniversary produced a tour, The Heroes of Woodstock, which returned to the site of the original site of the festival in Bethel, now a 15,000 capacity amphitheater, selling only musical nostalgia as bands such as Jefferson Starship with Tom Constanten, who played keyboards for the Grateful Dead in 1969, revisited the set lists of the original Woodstock era. Attendees to the 40th anniversary tour reveled in the nostalgia of the music without the maddening crowds, lack of sanitation, nor dreadful weather all in a long evening of music.

Nostalgia is big business. One hit wonders get back on the road twenty, thirty years after their hit to adoring thirty-, forty-, fifty-something old fans taking a night of music in and remembering when they were younger, thinner, had more hair. The bands may not have all the original members, some only have the drummer, but for a night one is transported back in time for a couple of hours. But everyone knows it is only a bit of nostalgia, an attempt to pretend one is young again, when one first saw the band or heard their hit, not some event of major cultural significance in the annals of Western Civilization. Woodstock is a myth. The festival tried to capture the essence of the music, art, youth scene of the counter culture of 1969. It instead became a near disaster captured and mythologized on film as a miraculous story of peace, love, and music for a generation that saw war, riots, and insanity on the evening news. Woodstock the myth overshadowed Woodstock the reality in the collective consciousness. So much so that many of those who attended have attached a meaning greater to the festival in their public recollections than it possibly deserves, to say one "attended Woodstock" has become a badge or symbol of one's connection to the entire counter culture movement of the late 1960's. One can repackage the music of Woodstock as nostalgia but one cannot recreate a myth, a symbol for a generation that exists in memory but never truly existed in reality. Both Woodstock '94 and Woodstock 1999 bared more of the reality of Woodstock the festival than recreating Woodstock the myth. Michael Lang's 50th anniversary Woodstock will in all likely-hood be more similar to '94 and 1999 than the myth he has been selling for fifty years.

Francis Rexford Cooley attended the 40th Anniversary Tour at Bethel Woods in 2009.



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A Few Key Ingredients

By: *Linda Coveney*

What are the few key ingredients that you must have in your kitchen? Recently, I started to notice a trend in the foods that most frequently find their way into my grocery cart and form the basis of many of my favorite meals.

For me, these key ingredients for lunch and dinner (and sometimes breakfast) are:

Extra virgin olive oil, onions, garlic, parsley, colorful seasonal vegetables, brown rice and lentils. I'm not a vegetarian and do incorporate meat proteins from time to time as well.

The nutrient return of these key ingredients is plentiful. By enjoying these foods, I receive an abundance of flavonoids or powerful antioxidants that protect my heart and provide cancer protection. Additionally, I benefit from a boost of my immune system, an increase in fiber consumption for a healthy gut and balance my plate with protein and healthy fats. It's easy on my pocketbook as well.

When dinner time comes around, here are some of the meals I make

from these foundational foods.

1. Start with a sauté of onions, garlic and celery, add water, parsley and more vegetables and spices to make soup. I sometimes like to add lentils. In winter, add root vegetables such as parsnips. Cook until tender and then blend for a creamy, warm comfort soup
2. Prepare brown rice using water or the soup stock from above. Sauté onions, garlic and other colorful vegetables. Add in the cooked brown rice and continue to sauté for a slightly different crunchy texture to the rice. Add salt and pepper, parsley or other spices for a side dish or full meal with a salad. You can always add a meat protein or lentils and other beans for added protein.
3. Add onions and garlic to ground turkey, chicken or meat to make meatballs or the base for a meat-sauce.
4. Make a pot of angel hair pasta and replace tomato sauce and meat with a sauté of onions, garlic, celery, spices and other vegetables. Add some mushrooms to boost your intake of antioxidants.

This is by no means an exhaustive list of foods and herbs that I incorporate into my diet. It is meant to illustrate that meal planning can be simple and inexpensive.

I also enjoy fruits and fresh leafy greens and oatmeal. For snacks, I like hummus or nuts and to satisfy my sweet tooth, 85% cacao chocolate. A bite size

portion keeps me from binging on other high sugar/high fructose alternatives that play havoc with blood sugar. Water and herbal tea are my beverages of choice.

So, next time there is a pending snowstorm, I'm not going to worry about whether the stores run out of bread, milk and eggs.

My transition to healthier eating began when I realized that my lack of energy along with added weight were a direct result of a poor diet. I learned how whole food changes everything from Institute of Integration Nutrition and The Institute of Sustainable Nutrition (TISON), located in West Granby CT. TISON is an innovative hands-on year long program focused on culinary arts, sustainable gardening, kitchen medicine and much more.

At first, I was all over the place, buying up new produce and superfoods. Some I liked, some I didn't and some went bad in my refrigerator before I

found a way to incorporate them into my diet. Overtime, I found my short list of uncomplicated but powerful foods that fit me and my lifestyle. It's easier now.

As a result of my recent herbal studies, I have also crowded out typical over the counter pills in the medicine cabinet with herbal teas and tinctures. I now enjoy kitchen medicine made with nutrient rich whole plants. I'll share more about this in a future article.

So, if you feel that your go to foods are no longer serving you, use this February, the month of love and heart health to explore food choices that will better support your goals for 2019.



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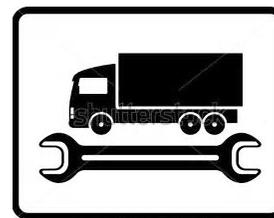
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THE TEA PARTY PATRIOTS

WAKE UP AMERICA

By Gene

The past year has seen many violent uprisings; the mainstream media would like you to believe these are spontaneous - but digging deeper reveals a web of organizational ties spanning from the protestors, to leftist billionaire George Soros, to Congress. Who is behind this network, and what is its purpose? The Deep State?

THE RED-GREEN AXIS is the unholy alliance between Communists and the Muslim **BROTHERHOOD** to destroy America. Both seek to destroy America's government but for different reasons. Where the Muslim **BROTHERHOOD** aims to institute an Islamic, Sharia-rules government through "Civilization Jihad," the Communists/Progressives seek to establish a totalitarian, Marxist government.

These are some of the organizations you should pay attention to:

- Muslim BROTHERHOOD** (CAIR)?
- CPUSA** (Communist Party USA)
- DSA** (Democratic/Socialists of Am.)
- PDA** (Progressive/Democrats of Am.)
- ARA & CARA** (Alliance for Retired Americans)
- CLW** (Council for a Livable World)
- AFSCME, SEIU, AFL-CIO** (Labor unions working closely with CPUSA)
- WORKING FAMILIES PARTY** (A collaborative effort of the Democratic Socialists of Am. and Communist Party USA)

Along with these groups, here are some names you should pay attention to: The Clintons, James Comey, John Brennan, James Clapper, Michael Hayden, Susan Rice, Eric Holder, Diane Feinstein, Maxine Waters, David Gergen, CNN's Anderson Cooper, Philip Mudd, and Max Boot, along with the Rockefeller family, George Soros, and countless others that, taught us the identities of a few of the gang who wants to destroy this country. For instance, the Soros Group interfering with the duly elected governments of Macedonia with money and encouraging violent protest, applying Saul Alinsky's "Rules for Radicals". Not the rule of law and order.

The mid-terms are over, now

what? Should we take off less than two years, wait for the next go around election? Will it be a struggle to keep both sides energized? Able to push the hot bottoms at the right time (timing is everything) and the Progressives know how and when. The Democrats will have a nightmare selecting their 2020 candidate for President. There will be a left wing liberal push for their nominee. Liberals are free to bellyache all they want that they have repeatedly won the overall popular vote for the Presidency and Congress while still losing elections, and that the system is therefore "rigged." That is why the electoral college is set up by our forefathers. It is a fair way to elect the President and not just the East Coast and West Coast but all having a fair share in electing the Presidency. The Trump Presidency has slowed the liberal globalist agenda, and more people are beginning to understand the problems. The result of the mid-term means, if nothing else, that the President survived his first major political test more than adequately. Or will we all be happy when first class stamps are 2.49 each and mail delivery will be one day a week (only Thursday)?

As far as immigrations goes, the Democrats liberals and progressives seem to come up with a lot of criticism, but have no answers when you ask the question..what are we supposed to do about people breaking through barricades and coming into this country illegally and not following the rules? **A COUNTRY WITHOUT BORDERS IS NOT A NATION.** Or are we ready to let the Uber crowd, bird house (blind walking, and the likes of (Alexandria Ocasio-Cortez) take over the country?

There is a program out there (Wounded Warriors Sports Program/Project). The Ping Golf Clubs and Bags made right here in America (AZ). Provide new fitting golf clubs to these vets with lessons at no charge. Ping has pride and good judgment not to advertise this program and does not want openly or needs credit. This is America's way.

As mentioned before: Cicero in 42 B.C. mentioned that we should expose the dangers of the liberal establish, but it cannot survive treason from within. "An enemy at the gates is less formidable, for his is known and he carries his banner openly".

Some copy and information from the Patriot News and New American magazine, Volume 34, No. 20.

From the Desk of.....

Thomas A. Wurz

WRITTEN AGREEMENTS

In order to have an enforceable agreement it is not always sufficient to have merely an understanding between the parties. In fact, there are specific instances when it is required by law to have an agreement formalized in writing. Particular examples of such transactions include the purchase of goods for \$500 or more and a service contract for a job that cannot be completed within a year as defined by its terms. The Statute of Frauds is the "code" adopted by most states requiring certain agreements to be put in writing. Since it seems like we are constantly bombarded with agreements to click on or sign, I figured I would discuss some of the code and what I would ideally change.

If I had the power to redraft an area of the code, I would change the area that speaks to implied warranty disclaimers by making the standards less rigid to form a valid disclaimer. Instead of requiring the language to use the term merchantability and have everything be considered conspicuous. I would only require a disclaimer section in the contract, in the standard 12 point font, and a valid signature from the buyer. The responsibility to review the contract should be on the buyer, so long as they have a reasonable opportunity to do so and are not subjected to any deception on the part of the seller. To favor a wholesale prohibition of implied warranty disclaimers would be too great a windfall to consumers. By taking away certain protections from sellers less people would be willing to enter the marketplace as a business owner, hurting commerce. Furthermore, markets need competition, so if you take away peoples incentive to start businesses you could end up with monopolies. Implied warranty disclaimers should function as a way of limiting sellers' liability while buyers are afforded the right to agree to them or to not agree.

The phrase "as is" is afforded too much power in the code and should be discarded due to its oversimplification of what a buyer is entering into. Whereas the technical aspects of disclaiming warranties should be clear cut, so should the rights of what the buyer is giving up. The limiting of implied warranties should be spelled out in the contract so that there are no surprises when entering a contract. A buyer should have all the facts laid out before them when they are making a purchase not merely left to wonder what "as is" really entails. The goal of a sales contract should be to provide a product that suits the wants and needs of a customer while ensuring a seller that they will not be subjected to overreaching liability after the sale.

In section 108 of the Magnuson-Moss Act, the ability to disclaim implied warranties is made quite difficult. However, I am not wholly opposed to the language that 108(a) uses because it relates to what the seller contracted with the buyer to provide in terms of warranties. By making a written warranty to a seller the buyer should be held to such a warranty. The idea that parties should be able to contract for whatever they want is something that should be upheld, as long as there is no fraud or coercion involved. In section 108(b) the limiting of duration for implied warranties is a standard I would not redraft because again it would have to be made clear and unmistakable. The seller should only have to include it in the contract instead of making it rise to some level of prominence that would be decided by a court. By keeping a durational limit in place a seller will be insured of limiting their liability and a buyer will be afforded an adequate amount of time to bring any concern to the seller.

Ultimately my redrafting would be an attempt to help fair dealing to ensure customer confidence while providing sellers the incentive to continue in their business, which would hopefully strengthen the marketplace.



Attorney Thomas A. Wurz

is an associate of his father Attorney Theodore J. Wurz, LLC in the law office of Attorney Richard Witt at 132 East Street. Attorney Wurz is a graduate of Avon Old Farms School in 2001, Providence College in May 2005 on the Dean's list and Juris Doctor Program at Western New England College School of Law in May 2009. He was admitted to the Connecticut Bar and U.S. Federal Court in 2010. His activities and interests are Secretary of Sports Entertainment Law Club at WNEC and is a Special Olympics Volunteer.

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The Circumspect Critic

by: **Robert James O'Dell**

"Mary Poppins Returns"



P.L. Travers. Andrews brought her glowing vitality to the larger than life character that made her accessible as well as

irresistible. Andrews and Poppins were a match made in heaven and the memorable songs, exhilarating dance numbers and the mixture of real and animated characters made for a cinematic experience that is exactly what a family film should be. After a 54 year lapse, Disney Studios decided to revisit one of their most endearing iconic characters with a follow up taking place 30 years after the first which reunites the flying nanny with the Banks family. It was a risky move. Could they possibly capture that movie magic a second time with Poppins?

I am happy to report that "Mary Poppins Returns" is a joyous return to the magical mayhem that Poppins brings with her in her bottomless suitcase. If it doesn't quite reach the heights of its predecessor, it comes close enough to measuring up to allow us to put out the welcome mat for the pernicious nanny.

You can tell that this film was made with a great deal of love and reverence for the first film. It pays homage to what came before and it recreates much of what distinguished it. The world of inner despair and problematic reality is nicely laid out and perfect groundwork to reintroduce the positivity of Poppins' return. Her enticingly

effervescent magic sweeps the latest Bank's children into a wondrous world in stark contrast to the circumstances of their lives. David Magee has whipped up a clever screenplay from a screen story he concocted along with John DeLuca and director Rob Marshall. With spirited songs by Marc Shaiman and Scott Wittman, choreography by John DeLuca and classic hand drawn animation, "Mary Poppins Returns" delivers a delightful diversion from our current state of affairs and sparks the childlike optimism we all once shared.

One of the major complaints that has been issued regarding "Mary Poppins Returns" is that it doesn't offer any memorable songs and what songs it does offer are totally forgettable. While I will agree that there are probably no songs that will reach the level of "A Spoonful Of Sugar" or "Chim Chim Cheree" in popularity, it does contain a number of songs that have stayed with me in the week since I saw the film. The songs are catchy, melodic and nicely blended into the film's events. There is a great deal of fun and whimsy to be had in "Can You Imagine That" a bouncy tune that effectively underscores Poppins introducing the Banks children to the magic she can awaken in their lives. I loved "The Cover Is Not The Book", a toe tapping ditty with witty lyrics and a perceptively rendered message for the young and the old. And Emily Blunt delivers a moving rendition of "The Place Where Lost Things Go", a touching ballad that is as good as anything featured in the original film.

Speaking of Blunt, I can say without reservation that she does the role of Mary Poppins proud. Not possessing the vocal command of Julie Andrews doesn't prevent her from impressively performing the songs as well as demonstrating tremendous versatility

in all the song and dance numbers. Blunt is amongst the best of actors gracing the silver screen today and as she has shown in Disney's other musical collaboration with director Rob Marshall, "Into The Woods", she has a natural talent for performing musical numbers. Blunt gives Poppins a bit more brassiness, a sassy spirit, is a bit more acerbic and vain than Andrews interpretation but is still the model of goodness personified. Blunt is a joy to watch and is practically perfect in the most delightful way.

The supporting cast are all infected with the very same spirit of awe and wonder for the magical story they are participating in. Lin-Manuel Miranda as Jack, the local streetlight caretaker who assists Poppins with the magical trips she brings the children on, is as personable and lovable as it is humanly possible to be. The three young thespians who play the Banks children are all Disney cute, energetic and talented. Ben Wishaw gives us a sweet melancholy adult Michael and provides one the film's most heartfelt moments early on in the story with his performance of "A Conversation" which he is singing to his departed wife. Emily Mortimer is the image of innocence as the adult Jane making the character's vulnerability and sweetness feel authentic. Colin Firth is all stuff shirt arrogance as the conniving bank manager, Wilkes. The film also features the tremendous talents of David Warner, Dick Van Dyke, Meryl Streep and Angela Lansbury in extended cameos that are like the frosting on a delicious cake.

"Mary Poppins Returns" may not live up to the long held legacy of Julie Andrews and Dick Van Dyke's universally recognized family classic but by Jimminie, it is a splendid sprinkling of happy dust that should be treasured by moviegoers of all ages.

Ratings: Acting: 98% Directing: 95% Choreography: 94% Original Songs: 90% Musical Score: 92% Animation: 100% Cinematography: 98% Entertainment Value: 100% Overall Rating: 94%

Under Investigation

A pocketbook was taken from the grocery cart in Gnazzo Food Center parking lot on Saturday night. It was later recovered in the dumpster of the CVS Store also on East Street. The Plainville Police called by a CVS employee that found the pocketbook and the police retrieved it. I arrived at the Police Station to wait for the Officer. Upon returning to the station the Officer asked me to check to see what was missing. All the money was taken *but believe it or not* all the Credit Cards, Bank Debit Card, Social Security Card, Health Insurance, Driver's license and etc. were not taken. *For that I want to thank the person or persons that stole the money for not taking all my personal cards.*

The police checked surveillance cameras and have pictures of persons that were in the area between 4:45 & 5:30 pm. They have posted them on Facebook and are checking with pictures at the stores to get their names.

Now, if you have any of the money left, put it in an envelope and mail to: Plainville Police Station

C/o Gnazzo & CVS

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Plainville, CT 06062

I will not press charges if you return the money when the Police arrest you. HB

I don't recommend films. I just give you my take on them.

MARY POPPINS RETURNS

2018 Rated "PG"

starring Emily Blunt, Lin-Manuel Miranda, Ben Wishaw

directed by Rob Marshall

Thirty years after Mary Poppins (Emily Blunt) had first entered the lives of the Banks family, the two children, now grown, are suffering from the throes of the depression that is affecting life in London. Michael (Ben Wishaw) still mourning his recently deceased wife lives in the family home with his three young children, Anabel (Pixie Davies), John (Nathanael Saleh) and Georgie (Joel Dawson) and his sister, Jane (Emily Mortimer). With the bank threatening foreclosure on their house and Michael unable to concentrate on the work necessary to keep them solvent due to his depression over the loss of his wife, things seem quite hopeless. It is, of course, the perfect time for the return of the magical nanny, Mary Poppins.

We are all pretty much aware of the phenomenal success enjoyed by the original, "Mary Poppins" in 1964. When the fresh faced Broadway discovery, Julie Andrews, was passed up for the role she created in the Broadway smash, "My Fair Lady", Walt Disney immediately hired her to play the lead character in his studio's big musical extravaganza film adaptation of "Mary Poppins" which he was compelled to make at the urging of his young daughter. Poppins was featured in a series of children books by author,



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Michael was determined to found Jane's Place so that it would represent, serve, and give back to communities affected by cancer.

In designing Jane's Place's brand identity, it was imperative that certain visual cues be used to bring awareness to the mission behind it. In using pink, Jane's Place aims to focus on breast cancer. Along with the color pink, Michael also found a signature from his mother dated in 1984. We chose to use these 2 symbols to represent his mother. Additionally, there is a black ring within the pink seal logo that represents the fight against melanoma – in honor of Michael's sister. Additionally, Jane's Place will donate 10% of sales from "Jane's Berry, Berry Blast", named after his mother, to help local families dealing with the disease.

By tying in these deeply personal and important causes to the mission behind Jane's Place, Michael is able to honor his mother while keeping his sister as a permanent part of this journey. Stop by Jane's Place, 161 Woodford Avenue, Plainville.

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Answers To Your Questions About Levothyroxine

Levothyroxine is a medicine that's used when your body doesn't make enough thyroid hormones. Thyroid hormones help control body functions such as your heart rate and how your body burns calories. If your thyroid hormones are low, you can have problems such as constipation, feeling cold, being tired, and gaining weight.

There are a number of factors to consider when treating patients with levothyroxine, including timing of doses, interactions with other drugs, monitoring, and determining which product to dispense. You often hear myths about the "right way" to take levothyroxine...that can lead to unnecessary confusion and hardship for patients.

We've heard the stories of patients who set their alarms for 5 AM to make sure they take levothyroxine before breakfast or other meds.

But this usually isn't realistic...or necessary. For patients, adherence and consistency is the key. And checking TSH about 4 to 8 weeks after a change.

What is the best time of day to take levothyroxine?

A good time to take levothyroxine is about 30 to 60 minutes before breakfast. Taking levothyroxine on an empty stomach will help you get the best effect from the drug. Swallow the pill with water, because some drinks such as coffee or juice can lower the effects of levothyroxine.

If it's easier for you to take levothyroxine at bedtime, that's okay too. Just be sure you wait about four hours after your evening meal so your stomach will be empty.

Remember that the most important thing about taking levothyroxine is that you take your dose at the same time each day and in the same way. Your prescriber can adjust your dose to make sure you are taking the right amount.

Are there medicines I should avoid while taking levothyroxine?

Some medicines can lower the effects of levothyroxine. These include iron pills and antacids, or vitamins that have aluminum, calcium, or magnesium. You can still take these medicines, just not at the same time as levothyroxine. It's usually best to separate them from levothyroxine by about four hours.

Tell your pharmacist or prescriber if you take any of these medicines so you can work together to come up with a good plan. Once again, taking levothyroxine the same way every day is important so it works best for you.

My pharmacy gave me a different brand of levothyroxine. Is that okay?

Yes. Your pharmacy will usually try to give you the same brand of levothyroxine each time your prescription is refilled. If your brand is not available, they will give you a different brand that works the same. If you get a different brand of levothyroxine, your pharmacist will let you know. If you have any concerns, your pharmacist is happy to discuss this with you.

When should I call my prescriber?

You will need to check with your prescriber if you have signs that your thyroid hormone levels are too high or too low. If your levels are too high you can have rapid heartbeat or tremors, feel irritable or nervous, or run a fever. If your levels are too low you might feel tired, depressed, achy, or extra sensitive to cold temperatures.

Your prescriber can check your blood levels of thyroid hormone to decide whether or not your dose of levothyroxine needs to be adjusted.

Levothyroxine Absorption: The Effect of Food and Drugs

Interacting Drug or Substance Mechanism of Interaction Strategies to Consider Acid Suppressants H2-blockers Proton pump inhibitors Antacids Mechanism is controversial, but may involve reduced absorption of levothyroxine due to an increase in GI pH. Effects may be more likely with chronic acid-suppressing therapy. Check TSH four to eight weeks after starting or stopping chronic acid suppression, based on the general recommendation to check TSH four to eight weeks after dose adjustments of levothyroxine.

Aluminum hydroxide

Aluminum can bind levothyroxine in the GI tract reducing its absorption. Separate aluminum-containing antacids and levothyroxine by at least four hours. Bile acid- Sequestrants-Cholestyramine Colesevelam-Colestipol Bile acid sequestrants can bind levothyroxine in the GI tract and reduce its absorption.

For patients taking colesevelam (Welchol), levothyroxine should be taken at least four hours prior to colesevelam. Product labeling for levothyroxine advises separating these products from levothyroxine by at least four hours or monitor TSH levels

Calcium salts

Calcium can bind levothyroxine in the GI tract and reduce its absorption. Absorption of levothyroxine may be reduced by around 20%. Separate levothyroxine and calcium supplements by at least four hours.

Chromium

Chromium may bind levothyroxine in the GI tract and reduce its absorption. Serum levels of levothyroxine may be reduced by about 17%. Take levothyroxine at least 30 minutes before or three to four hours after chromium. Keep in mind that most multivitamins will

contain chromium.

Grapefruit Juice

Grapefruit juice may delay the absorption of levothyroxine and reduce its bioavailability. Maintaining a consistent diet may be the best strategy.

Iron salts

Iron can bind levothyroxine in the GI tract and reduce its absorption. Separate levothyroxine and iron supplements by at least four hours.

Lanthanum Fosrenol

Lanthanum may bind levothyroxine in the GI tract. Lanthanum can reduce the absorption of levothyroxine by around 40%.

Separate levothyroxine from lanthanum carbonate by two hours. Monitor TSH levels.

Magnesium salts

Magnesium may bind levothyroxine in the GI tract and reduce its absorption.

Separate levothyroxine and magnesium-containing products by at least four hours.

Orlistat Xenical, etc

Orlistat may reduce absorption of levothyroxine or iodine salts in the GI tract. Separate levothyroxine and orlistat by at least four hours. Monitor for changes in thyroid function.

Patiromer Veltassa

Patiromer can bind to levothyroxine in the GI tract and reduce its absorption. Separate levothyroxine and patiromer by at least three hours.

Raloxifene Evista

The mechanism for this interaction is not known. Simultaneous administration of raloxifene and levothyroxine can increase the dose requirement for levothyroxine over time. Separating levothyroxine and raloxifene by 12 hours appears to prevent the interaction.

Sevelamer Renagel, etc

Sevelamer may bind levothyroxine in the GI tract and reduce its absorption. Sevelamer may reduce the absorption of levothyroxine to a greater extent than calcium products used for phosphate binding. Separate levothyroxine and sevelamer

by at least four hours, or monitor TSH levels

Simethicone

Simethicone may bind levothyroxine in the GI tract and reduce its absorption. Simethicone may decrease gastric acidity which is needed for adequate absorption of levothyroxine.

Separate simethicone and levothyroxine by at least four hours.

Sodium polystyrene Kayexalate

Sodium polystyrene can bind levothyroxine in the GI tract and reduce its absorption.

Separate oral sodium polystyrene and levothyroxine by at least three to four hours.

Soy Soybean flour may bind levothyroxine in the GI tract. Soy products may reduce the absorption of levothyroxine.

If levothyroxine dose is taken prior to breakfast, consider avoiding soy-containing foods with that meal if possible. However, maintaining a consistent diet is the best strategy.

Coffee or espresso Coffee may bind levothyroxine in the GI tract, and reduce its absorption by around one-third. Tea could theoretically have a similar effect.

Wait one hour after taking levothyroxine before drinking coffee. At minimum, wait 30 minutes.

Sucralfate Carafate (U.S.)

Sucralfate may bind levothyroxine in the GI tract and reduce its absorption. Sucralfate may decrease gastric acidity which is needed for adequate absorption of levothyroxine.

Levothyroxine labeling suggests separating administration by at least four hours

Walnuts, dietary fibre

May bind levothyroxine in the GI tract and reduce its absorption. Maintaining a consistent diet may be the best strategy.

Patients need to take levothyroxine at adequate doses for 3 to 6 months to see a full benefit.

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Thank you, Helen Bergenty

This offer of FREE ads by Mizzy Construction, Inc. are just for you! So, this is an opportunity to sell items you no longer need and/or an opportunity to buy items that you wanted but didn't think you could afford. All other newspaper's Classified Ads are mostly for out-of-town ads. Now, you can advertise your excess items and/or shop right here in Plainville.

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WEEKLY WORSHIP SCHEDULE

Nursery Care is provided for all

Sunday Services

10:00 am

Sunday School for All Ages

11:00 am

Morning Worship Service

6:30 pm

Evening Worship Service

Wednesday

7:00 pm Bible Study and Prayer

For information about the church
visit our website @ cobplainville.org

WONDERFUL BLESSINGS

The text of Scripture I want to highlight is 1 Peter 1:3-5. In this passage Peter speaks of three blessings that every born again believer has. These three blessings are: (1) a living hope. What does Peter mean by that? He is talking about a living reality or assurance. This living hope consists of the coming of Jesus Christ (Titus 2:13), the special room He is preparing for each believer (John 14:2) and eternity with Jesus Christ. (2) An incorruptible, undefiled, unfading inheritance. What is this inheritance? Peter doesn't get into details in this text but elsewhere in Scripture we learn that believers are heirs of God and joint-heirs with Christ (Romans 8:17) and we will rule with Jesus Christ in the thousand year kingdom (Revelation 2:26-27). And (3) eternal security, that is, every born again believer is safe and secure in Christ forever! Blessed assurance indeed. These are three spiritual blessings God gives to every believer. Well, how about you? Do you have these three blessings? If you are a believer you do. We need to believe God and be very grateful for these blessings. We also need to meditate upon them for they will encourage us as we go through this journey on earth. If you are not saved then these blessings are not yours but they can be. You need to admit that you are a sinner, that is, you have broken God's laws (Romans 3:23). You then need to believe/trust the Lord Jesus Christ as your personal Savior (John 1:12; 3:16). He died on the cross for your sins, was buried and rose again the third day (1 Corinthians 15:3-4). If you trust Him today He will be delighted to save you (2 Peter 3:9).

PLAINVILLE UNITED METHODIST CHURCH

56 Red Stone Hill, Plainville, CT 06062

Rev. Stephen Volpe, Pastor

Church (860)747-2328

Parsonage (860)747-2592

Email: office@plainvilleumc.org

FEBRUARY SCHEDULE

SUNDAY SERVICES

&

CHURCH SCHOOL

Pre-K to High School: 9:00 AM

WORSHIP TIME 10:00AM

REGULAR EVENTS

Tuesday Ladies.....Tuesdays, 9:30 AM

AA.....Sundays, & Wednesdays, 7 PM

Al-Anon.....Mondays, 7 PM

Boys Scouts.....Thursdays, 7 PM

SPECIAL EVENTS

SOUPER BOWL OF

CARING SUNDAY

WORSHIP WITH

HOLY COMMUNION:

(Celebrated with Gluten Free Bread)

Sunday

February 3, 10 AM

BOY SCOUT SUNDAY:

February 10, 2019

AMERICAN RED CROSS

BLOOD DRIVE:

Monday, February 11

1 to 6 PM

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Rev. Dr. Jim Caron, Pastor

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Available for 1 month to 4 years)

Tuesday: Ladies (Bible Study: Sermon on the

Mount) Video by Sinclair Ferguson

Tuesday Night Prayer Meeting- 6 to 7 pm

Men's Tuesday Night:

The Return of Christ Bible Study

Team Worship Band:

2nd and 4th Sunday of the month.

Visit us on Facebook:

com/groups/faithbiblechurchct/

860-747-5209

Call the church for info/questions

and church prayer line

FAX (860-747-5011)

Call us for your requests (confidential)

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May the Sacred Heart of Jesus be adored, glorified, loved & preserved throughout the world now & forever.

Sacred Heart of Jesus, pray for us.

St. Jude worker of miracles, pray for us.

St. Jude helper of the hopeless, pray for us.

Say this prayer 9 times a day. Your prayer will be answered.

It has never been known to fail. Publication must be promised.

My prayers have been answered.

Thank you & God bless you St. Jude." Sally

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FAX 860-747-5407
New Parishioners

Welcome! if you are new to the parish, please introduce yourself after Liturgy or at the Rectory

Liturgy Schedule

Sunday Liturgy - Church
Saturday 4:00 P.M.
Sunday 8:30 A.M. & 10:30 A.M.

Weekday Liturgy

Mon., Tues., Thurs., Fri. & Sat. 8:00 A.M.

Devotions

Rosary- Monday through Saturday before the Morning Mass.

Sacrament of Reconciliation

Saturday At Noon

Sacrament of the Sick

Arrangements can be made for any sick person to be anointed. Holy Eucharist is brought to the homebound by our Eucharistic Ministers and the parish clergy.

Human Trafficking – What Can YOU Do?

On Sunday, February 10th Our Lady of Mercy Church, 19 S. Canal St. in the back of the building, Room 106 at 7 PM will host a presentation conducted by the Human Trafficking Task Force of the Archdiocese of Hartford in the Parish Center. This presentation will explore the various aspects of human trafficking and what groups and individuals can do to fight it. Program is free and all are invited.

For more info call 860.747.6825

PLAINVILLE SEVENTH DAY ADVENTIST CHURCH

97 Broad Street
Church Phone **860-747-5867**
Pastor 1-646-522-3471

E-mail: plainvillesda@gmail.com

jacksonsg5@sbcglobal.net

Pastor Franklin Jackson

Saturday Morning

Bible School @ 9:30 a.m.

Worship Service @ 11:00 a.m.

FREE lunch after service

Wednesday Evening

Family Prayer Meeting @ 6:30 p.m.

The Lord Jesus Christ loves you ...

John 3:16

THE CONGREGATIONAL CHURCH OF PLAINVILLE

A congregation of the United Church of Christ
130 West Main Street Plainville

Phone 860-747-1901

ALL ARE WELCOME!

CHURCH OFFICE EMAIL:
churchoffice@uccplainville.org

WEBSITE: www.uccplainville.org

WORSHIP AND CHURCH SCHOOL

Every Sunday: 10:00 a.m.

Coffee Hour: 11:15 a.m.

The Sacrament of Holy Communion celebrated the first Sunday of each month

THE PLAINVILLE THRIFT SHOP

Phone 860-747-2418

**Open Wednesday & Thursday
10:00 a.m. to 4:00 p.m.
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115 West Main Street Plainville, CT 06062

churchofoursaviourplainville@gmail.com

and www.churchofoursaviourplainville.org

860-747-3109

SUNDAY WORSHIP

Holy Eucharist 10:30 am
Church School 10:30 am
Coffee Hour 11:30 am

OFFICE HOURS

Wednesday – Friday 9:00am -1:00pm

PARISH PROGRAMS

Every Tuesday	NA	7:00pm
Every Thursday	AA	7:30pm
Every Saturday Women's	AA	9:00am
Saturday	AA	9:30 am

Ample Parking in rear of Church

The Ten Commandments

1. *I am the Lord, your God. Thou shalt not have any strange Gods before Me.*
2. *Thou shall not take the name of the Lord thy God in vain.*
3. *Remember to keep the Lord's day.*
4. *Honor thy father and thy mother.*
5. *Thou shall not kill.*
6. *Thou shall not commit adultery.*
7. *Thou shall not steal.*
8. *Thou shall not bear false witness against your neighbor.*
9. *Thou shalt not covet thy neighbor's wife.*
10. *Thou shall not covet your neighbor's goods.*

REDEEMER'S AME ZION CHURCH

110 Whiting Street, Plainville, CT 06062

Phone: 860-747-1808

WORSHIP SERVICES

Sunday School	9:00-9:40 a.m.
Praise & Worship	9:45-10:00 a.m.
Church Service	10:00 a.m.

BIBLE STUDY

Wednesday 11:00 a.m. & 7:00 p.m

BOARD MEETINGS

Senior Ushers (1st Sat before 1st Sun) 11:00 a.m.

Gladys Floyd Missionary Society

(2nd Sun after service)

Deaconess Board (3rd Sun)

Lay Council (1st & 3rd Sat) 9:30 a.m.

Christian Education (3rd Tues) 7:00 p.m.

Men's Meeting (2nd/4th Sat) 9:30 a.m.

PEP (Every Sat) 1:00-4:00 p.m.

Trustee/Steward (2nd Sat of Aug., Oct., Dec., Feb. &

Apr. at 9:30 a.m. and 2nd Mon. of Sept., Nov., Jan.,

Mar. & May 16 6:30 p.m.

CHOIR PRACTICE

Senior (Sat before 1st Sun) 5:00 p.m.

Jubilee (Sat before 2nd/4th Sun) 5:00 p.m.

Mass/Youth choirs

(Mon. after 1st/2nd Sun) 7:00 p.m.

NEW COVENANT APOSTOLIC CHURCH

139 New Britain Avenue

P.O. Box 551 Plainville, CT 06062

Suffragan Bishop--George Knight, Pastor

Elder Joseph Green, Associate Minister

Phone 860-747-3128 Church

Residence & FAX 860-224-9409

Call for SCHEDULE OF WORSHIP

Vacation Bible School August 2-3

*Come, bring a friend and
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**All past, present and future members
are invited.**

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Unconditional Love

By: Sally Miller



When people think of Valentines Day, they think of the people they love and they want to let them know how much they are loved. But how often do we tell them how much we love them. This year some of my thoughts go back to my childhood and the people who loved me unconditionally.

Today, I am thinking back to my childhood and I think of my Mom, who, when I made a mistake, simply told me how I should do it better next time. She never scolded me when I tried hard but just continually loved me unconditionally. She worked hard to support my sister and I and taught school until she was 70 years old. I realize now that she drove from Plainville to Waterbury because she had such an unconditional love for the special needs children that she taught in Waterbury.

I think back to the time that we moved in with my Grandparents. Now that I am older, I know that it had to be an inconvenience for them. Us living there had to have changed their life forever. But despite that, when we showed up, they were waiting for us with warm smiles, hugs and a table full of food. I can still feel the love of my Grandmother as I nestled my nose in her neck. Throughout the time that we lived with them, was the happiest love filled time of my life. I think about all they sacrificed and I am sure that they never thought twice about. I know now that they loved us oh, so unconditionally.

When my grandchildren were very young, I used to tell them that I loved them, and they would say, "how much Grammy" and I would stretch both arms out as far as I could and say this much. Their response was to giggle. As time went by and circumstances in our lives changed, I started telling them that I loved them unconditionally. This would make their little faces light up, their eyes would close for a second and then they would smile up at me.

Throughout their lives, I would try to explain to them the different kinds of love there were. I hoped that it would make them become better friends, spouses and parents .

My Granddaughter, Sarah, who works and lives in Boston, called me Saturday and we talked for a half hour. When she got ready to hang up, she said , "love you unconditionally Grammy" and I closed my eyes for a second and wiped away a joyful tear and smiled

HAPPY VALENTINES DAY!

Bristol Chapter N.A.A.C.P. Celebrates Dr. Martin Luther King, Jr. with a Community Breakfast



"Preparing for Tomorrow in Today's Climate"

Guest Speaker: Bobbi Brown

On January 19, 2019 a special program celebrating the birthday of Dr. Martin Luther King, Jr. was presented at Bristol Eastern High School and hosted by the Bristol N.A.A.C.P.

Lexie Magnum, President of Bristol NAACP opened the program and introduced Marquis Floyd, a 2000 graduate of Plainville High School. Marquis presented background information about Todd Joseph Smith, the Master of Ceremony. Several musical selections were presented by the N.A.A.C.P. choir.

Other speakers for the event included Mayor Ellen Zappo Sassu, City of Bristol, Rep. Whit Betts, State of Connecticut, Dr. Susan Moreau, Superintendent of Bristol Schools and Kathy Pugliese, Chairperson of the Plainville Town Council.

The keynote speaker, Bobbi Brown is a native of Bridgeport, CT and has traveled across the state speaking at events and empowering young people. She launched her own radio talk show "Let's Talk Brown" and is a dynamic speaker traveling across the world encouraging listeners to take an active role in their own growth and the improvement in their communities.

Rep. Petit and Sen. Martin Honor Plainville High School Student



Representative William A. Petit Jr. (R-22) and Senator Henri Martin (R-31) present Plainville High School student Jason Demmons with a legislative citation last Tuesday night during their Plainville Coffee Hours at Rebel Dog Coffee. Demmons received the award for his excellent academic work which has resulted in him being ranked in the top ten percent of his graduating class.

Vasa Order of America CT District 1 Local Lodge Karl XII, No. 103



Pictured above: 1. to r. Financial Secretary, Arlene Ogonoski; Vice Chairman, Jean Olson; Chairman, Kay Kalwat; Recording Secretary, Art Ogonoski; and members Rebecca Yacovino; and Margaret Yacovino

On Saturday, January 5th, Local Lodge Karl XII #103 of the Vasa Order of America held their officer installation ceremony at the Oasis Restaurant on Pine Street, Bristol. District Deputy, PDM Dale Youngstrom conducted the ceremony and Elsie Froberg read the Chaplain's Message.

"Vasa Order of America was incorporated in 1899, with this goal: To perpetuate the noble heritage of our forefathers and to foster Nordic cultural activities by encouragement and example to its members."

The Vasa Order was established here in Connecticut as a benevolent society dedicated to helping Swedish immigrants adjust to the new country and to provide medical benefits.

Today Vasa represents the value of maintaining ones past cultural connection through student awards for excellence in scholarship, community support, and philanthropy.

We invite you to be a part of this endeavor. www.vasaorder.com for more information.

Silver City "Arrive & Drive"

The Silver City Quarter Midget Club is in their 61st year and have many 2nd generation drivers. It is located in Meriden, CT it offers competitive racing opportunity for drivers aged 5 to 17 years old, and is always looking for new members.

Silver City will be hosting one of their two "Arrive and Drive" events in late March or early April .

If you know someone who may be interested, please visit the website, or email Wendi at wendilynne3@gmail.com or follow them on Facebook at Silver City.

Christmas Past 2018



Just in Time for Christmas!

Kelly Hyjek 2 years old who loves the outdoors enjoyed the first snowstorm of the year.

Kelly and the Snowman are waiting for more snow so Santa can deliver all their Christmas presents.

Breakfast With Santa

Santa and Mrs. Claus attended the Our Lady of Mercy Breakfast to meet the children with their *wish lists*.



Toffolon School Choir

The 5th Grade students visited the Apple Rehab Farmington Valley and the Plainville Senior Center to spread Christmas Cheer with song. Principal Lynn Logoyke, Mr. Greg Wilfrid, Choir Teacher and Mr. Michael Boncimino, Band Instructor accompanied the students.



Apple Rehab Christmas Party

The Apple Rehab Staff presented the residents with refreshments and entertainment for the holiday.

Pictured below are the entertainers: Nancy Trecina and Nick Stargu on the right, Middle is Margaret McCaign Director of Recreation to her right are her Assistant Directors, Janet Smedeker and Jocelyn Harris.



WHEN YOU WISH UPON A STAR Maci lives in Plainville and Her Wish Was Granted



The only thing three year old Maci Lipski wanted for Christmas was to see Mickey Mouse. Maci was told Mickey lived in Florida near her grandfather and great grandparents. One morning she stood on the sofa looking out the front window and when her mother asked what she was looking at she said she was looking for Florida. As a surprise the entire Lipski family flew to Florida and for Christmas Maci got her wish. Pictured is her first reaction when she saw her hero, *Mickey*. *Priceless!!*



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In Plainville



Manafort Brothers Incorporated



PHOTO: From left: Nick Manafort, Jesse Garuti and Jason Manafort of Manafort Brothers, Staff Sargent Anders and Corporal Hess of 225 Fox Company Marine Corps Reserve of Plainville, Jon Manafort of Manafort Brothers, Past Commandant John J. Lynch, Detachment Commandant James Morris and Past Commandant Fred McGoldrick of the Marine Corps League-Hardware City Detachment 781 of New Britain, and Jon Manafort loaded up 100 new bicycles donated by Manafort Brothers to Toys for Tots on December 13th in honor of the company's 100th anniversary.

U.S. MARINES PICK UP 100 BIKES DONATED IN HONOR OF 100TH ANNIVERSARY MANAFORT BROTHERS ANNUAL TOYS FOR TOTS BICYCLE DRIVE BENEFITS LOCAL KIDS

WHO: The entire staff of Manafort Brothers Inc.

WHAT: Brighten the holidays for children in need by donating 100 new bicycles to the U.S. Marines Toys for Tots program in honor of the company's 100th anniversary. The Marines will load up all of the bikes at the company headquarters then start distributing them in Plainville and neighboring towns. Each year since 1997 Manafort Brothers' employees have hosted a company-wide Toys for Tots collection. In 2007, they started the bike drive.

WHEN: Thursday, December 13th 10 – 11am

WHERE: Manafort Brothers Inc. 414 New Britain Ave. Plainville, CT

WHY: As a compassionate corporate community supporter, Manafort Brothers has always been committed to giving back to many local charitable organizations. The company regularly contributes to an extensive list of civic, children's and health groups, such as Wheeler Clinic, the VFW, Boys and Girls Club of New Britain, Boy Scouts Pack 49, Berlin Police Association, New Britain PAL and Plainville Police Union Local #1706, as well as several sports teams and leagues, including Berlin High School Hall of Fame, Plainville High School Backers, Plainville Little League, and the Plainville Colts, among many others.

Founded in 1919, Manafort Brothers Incorporated is a recognized leader in the construction and demolition services industry. Headquartered in Plainville, CT, the 4th generation, family-owned company has regional offices in Worcester, MA and Cumberland, RI. For more information visit www.manafort.com or call 860-229-4853.



Dr. Lantiere Has collected "Toys for Tots" for over 12 years in Honor of Jake Vandrilla, a former Marine. Jake asked if we would help with the Marine's project. The Marine center located here in town does a wonderful job with the distribution of the toys. We wish to Thank everyone that helps each year for the success of this project.

Dr. Lantiere's office is located at 29 Park Street, Plainville, CT 06062, phone (860)747-9339.

TOYS FOR TOTS

Keith & Ken Gnazzo would like to Thank Our Customers that helped us with the Toys for Tots Marine's project again this year!!
 ~ Gnazzo Food Center



Joshua Brunelle's 7th Annual Christmas Display

The display is in honor of his mom who passed away in 2011. He also collects non-perishable food items and toys for the Plainville Food Pantry.

Pet Page

To list your "HOME NEEDED or PET WANTED":

E-mail: HMTNN@COMCAST.NET, Mail information to Hometown Connection, 27 Sherman Street, Plainville, CT 06062 or Call and leave message 860-747-4119.
Attention: Jeannette Hinkson



Send your pets pictures for their Birthday Party and/or Family Special Occasions to hmtnn@comcast.net

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Happy Valentine's Day from the littles from Amy's Pampered Pawlor



Bring in this ad with the picture and receive \$5.00 off per grooming Call and make your appointment now! 860-329-2910 860-793-8609

We hope to see you soon!

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Owner



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Dooch by Wendell Copeland



About Robin Handleman



In January she left for Indonesia to train the teachers and students on the communication boards. And she will volunteer in Nepal, Sri Lanka, Pakistan, Cambodia, and Laos. Returns back to America on June 23.

When she came back from Indonesia, teaching children with special needs, she saw that they were very very smart and they are receptive language was outstanding. They knew exactly what she was saying when she spoke slowly and clearly in English. Robin came home and started fund-raising for iPads for a Indonesia on her Facebook page. In three months she was able to raise \$2500. She bought iPads at the Black Friday sale at Walmart, special equipment for children who do not have use of their hands and are in wheelchairs, iPad cases and screen protectors, as well as conversion adapters so they work in Indonesia.

A program will be downloaded on the iPad called a communication board. The teachers in Indonesia will put the pictures and words in Ballinese so the students will be able to see it in their home language as well as in English. They will be able to point on the picture, and it will say "I am hungry" or "I want a drink please". Robin will be giving students with special needs "a voice" to communicate with their friends and their teachers. How awesome is that??

There are 45 students in the school, so this is a project that will probably take five years to complete. Robin continues to collect donations so please feel free to send any amount from your heart to the following address:

**iPads for Indonesia
P.O. Box 310015
Newington, CT 06111**

Thank you in advance for your support. If you belong to a nonprofit organization or organization that helps students, Robin would be happy to come and speak when she returns in June. She also brings presents with her!

Robin can be reached at robin.handleman@gmail.com.

JESSICA FRITZ AGUIAR, ATTORNEY, APPOINTED TO BOARD at For Goodness Sake



For Goodness Sake, a local 501c3 nonprofit that provides donated furniture and household goods to individuals and families struggling

with homelessness, poverty, and other severe life challenges, has appointed local attorney Jessica Fritz Aguiar to its Board of Directors. Kendra Morales, President and Executive Director of For Goodness Sake, stated, "Jessica is a passionate supporter of For Goodness Sake, and we wanted to bring that passion and her amazing talents to the Board. We've just completed developing our Five-Year Strategic Plan, and Jessica's professionalism, skills as an attorney, and, most importantly, her dedication to For Goodness Sake and our mission, are just what we need to move the organization forward and achieve the goals laid out in our plan."

Jessica Fritz Aguiar is a mother of four and a Senior Claims Analyst with the Employment Practices Liability Group at Allied World Insurance Company in Farmington, Connecticut, where her work focuses on all aspects of employment law. She graduated with a bachelor's degree in Government from Cornell University and from Boston University School of Law, cum laude,

commentator at employment law seminars and conferences. Ms. Fritz Aguiar is a member of her office's Giving Committee and reads to elementary school children in New Britain with the Read to a Child Program each week. In her spare time, Ms. Fritz Aguiar also enjoys spending time with her family and is an avid reader and true crime fan.

For Goodness Sake's mission is to restore dignity and independence to people struggling with homelessness, poverty, and other severe life challenges by providing them with the furniture and basic household goods they need to make their house into a home. For Goodness Sake is a 100% volunteer-run furniture bank, partnering with over 40 local organizations to reach people throughout central Connecticut.



For Goodness Sake has helped nearly 1,000 clients since it was founded in 2013. Clients include people moving into their first apartment from being on the streets, families moving out of homeless shelters, victims of domestic violence, homeless veterans, and people that are homeless and in need of support for a variety of other reasons.

The organization accepts gently used furniture and household goods from the community. To learn more about how to donate or volunteer at For Goodness Sake, visit their website at www.forgoodnessake.org.

Robin Handleman knew she always wanted to be a teacher. When she was younger she would hold "class" in her basement with all of her friends being the students.

Her dream came true, and she taught children with special needs both in New Britain Connecticut and Rockville Maryland. Upon retirement after 45 years of teaching, she wasn't ready to hang up her teaching credentials. Her second desire was to teach overseas.

Her first adventure was volunteering in Vietnam as part of the humanitarian mission. Then she went to Thailand for four months of teaching English as a second language. For the past eight months she traveled to Indonesia, Malaysia, and India, helping the homeless, children with special needs, and teaching English as a second language.

Plainville AARP was pleased to have her as our January speaker. Olga Callender, our program chairperson previously taught with Robin. She shared her adventures with us with awesome photographs as well. She stated that she had hit the trifecta because now at 67 years old she is teaching, traveling, and volunteering.

She will volunteer in a country for 2 to 4 weeks and then stay an extra week to see the lay of the land. She pays for all of her airfare and visas, and depending on the country sometimes room and board.

Brownie Troup 88 Wheeler School 1965

1. Deborah Grandy
2. Donna Polardy
3. Jamie Elliott
4. Robin Smith
5. Joyce Egrie
6. Holly Burgess
7. Besty DiLac
8. Christine Appleby
9. Wendy Hanlon
10. Penny Hanlon
11. Kim Manucci
12. Beth Camp
13. Beth Restelli
14. Nancy Lutko
15. Diane Mallia
16. Jennifer Nuding
17. Diane Pelletier
18. Rosemary Tagorellia
19. Hide Palace
20. Rosemary Underwood
21. Laurie Hanson
22. Patricia Manafhan

Troup Leader- Kathryn Egri

To: All Civic & Religious Organization
From: The Editor

We would like to appeal to everyone.

Almost all the volunteers of the HOMETOWN CONNECTION have full time employment or young families, which makes it humanly impossible to attend or contact you all.

We would love to have you share all your activities with our readers. Please forward all news and pictures to:

Email- HMTNN@COMCAST.NET
Phone: 860-747-4119

Thanking you in advance.

Ask the Brayne...

- Q. Someone said they saw a Bald Eagle on Lewis Street do you think they did?**
- A. Yes, I know for a fact, I saw it also and took a picture with my phone. If I can print it, I will perhaps next month.**
- Q. What is going on in Plainville? We are lucky, with so many new businesses are opening up in Plainville.**
- A. We have easy access to all highways, stable property taxes, great schools that attract young families, an airport, the residents support the local businesses. Tell me why you think that it is happening.**
- Q. How do I submit questions to you?**
- A. To submit questions call 860-747-4119, E-mail hmtnn@comcast.net, write to Hometown Connection, 27 Sherman Street, Plainville, CT 06062 or drop them at the office.**

Deadline for submitting questions is the 15th of each month
Next issue of the Hometown will be in March.
Thank you for this issue questions. Please keep them coming!
Have a Happy Valentine's Day

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OBITUARIES

~ Franklin R. Pylant ~



91, longtime resident of Plainville, passed away peacefully on Tuesday, January 22, 2019 at Countryside Manor in Bristol surrounded by loved ones. He was the beloved husband of 34 years



to Joanne R. Pylant.

Franklin was born July 18, 1927 in Camden, New Jersey, son of the late Rogers Thomas and Elizabeth (Hughes) Pylant. After high school, Franklin enlisted in the U.S. Army and proudly served his country for 23 years. He served in post-WWII Germany and served two tours of duty in South Korea. Franklin was also a veteran of the Vietnam War where he earned the Bronze Star for meritorious service in a combat zone while serving with the 334th Armed Helicopter Company in Bien Hoa. He retired from the U.S. Army shortly thereafter having earned the rank of Master Sergeant. Prior to his deployment to Vietnam, he was stationed at Brainard Field in Hartford and resided in the former government housing on Cassidy Drive in Plainville, with his children and wife, Liliya V. (Snapitis) Pylant, who predeceased him in 1981. After his retirement, the family established their permanent home in Plainville. Franklin went on to work for the USPS as a postal carrier, retiring after 25 years of dedicated service. He was actively involved in his community between serving as Scout Master for Boy Scout Troop 30, volunteering with the Plainville Food Pantry and teaching Sunday school at Grace Lutheran Church in Plainville where he was a member for over 50 years. In 1999, Franklin was recognized as the Volunteer of the Year in Plainville for his active community involvements. He was also the former education officer for the Hartford Power Squadron and a member of the VFW.

In addition to his wife, Franklin is survived by his son, Rogers Thomas Pylant and his wife, Jeneen of Middletown; his daughter, Christine Walker and her husband, David of Heathrow, FL; his grandson, Edward Gonzalez of Cromwell; his two great-grandchildren, Maxwell and Michael; his stepson, Joseph Beaudin and his wife, Patricia of Bristol; his stepdaughter, Patricia Beaudin of New Britain; his sister, Anna Martin of New Jersey; and several nieces, nephews, and extended family.

Franklin's family would like to thank the nurses and staff at Countryside Manor in Bristol for their loving care and support during their time of need.

A Service in Celebration of Franklin's life was held at Grace Lutheran Church, 222 Farmington Avenue, Plainville. Burial followed at West Cemetery in Plainville. Full military honors were accorded. In lieu of flowers, donations may be made in memory of Franklin to a charity of one's choice.

~ Mary D'Addese ~



96, of Plainville, died peacefully at home on January 22, 2019.

Mary was born on July 13, 1922 in Montalto Marche, Italy to the late Giovanna and Marcello Joseph D'Addese. Mary graduated from Plainville High School in 1940 and worked for many years as an executive secretary to the President

of the Bristol Brass Corporation. She was a member of Our Lady of Mercy Church and the Plainville Senior Center. Mary enjoyed traveling and was an avid reader. She especially liked to cook and was considered a gourmet chef by many. She was noted for her baked stuff shrimp and lobster, mushrooms, cheesecake, and lemon pies.

She is survived by her sister, Josephine D'Addese and her brother, Anthony D'Addese and his wife, Frances; her nieces and nephews, Jacqueline D'Addese, Kathleen Joslyn, Joseph D'Addese and his wife, Yvonne, Jacqueline Dionne, Karen and her husband, Maurice Ouellette, and Stewart Schwab; her great nieces and nephews, Krysten and her husband, James Robbins, Stephen Joslyn and his wife, Robyn, Sarah D'Addese, Jennifer Aquino, and

~ Jane (Schmidt) Marsh ~



89, of Plainville, CT, passed away peacefully on Monday, January 21, 2019, at West Hartford Health & Rehabilitation. She was born on August 14, 1929, in New Britain, Connecticut, and lived most of her life in Plainville, CT.

Jane is survived by her four children, Scott Marsh, of CA, Kim Temple and

husband Chris of Bristol, CT, Leigh Kim and her husband David of Glastonbury, Chris Marsh and his wife Linda, of West Hartford, along with her loving grandchildren, Ryan Temple, of Bristol, CT, Cody Temple and his wife Rachel, of Milford, CT, Jennifer Marsh and her fiancé, Jared Jenevein, of Sunnyside, New York and Sean Marsh of West Hartford and two great grandchildren, Aiden Temple, and Avery Temple.

Jane was predeceased by the love of her life, David Marsh, whom she was married to for 47 years, her parents, Gottfried and Luise Schmidt, sister, Alice Lepore, brother, Bill Schmidt, sister-in-law, Ruth Kalb, and brother-in-law, Jack Marsh. She is survived by her siblings: Louise Johnson, George Schmidt, Norma Francini, and John Schmidt.

Jane attended Plainville High School, and graduated from E.C. Goodwin Technical School for Hairdressing. She quickly became a master of her craft, and worked most of her life at Beauty by Us, in Bristol, CT. She was known to never miss a day of work, and most thought she was the owner, as she was there to open and close and do everything in between. She had a huge heart and if someone was unable to come in, she drove to them!

Jane opened her heart and home to many, including her involvement in The Fresh Air Fund, bringing underprivileged children from New York to vacation in the country.

She and her husband Dave, made their home a special place for many children and families. She enjoyed crafts, painting, sewing and gardening. She also loved the Plainville Library and was an avid reader. She was past president of the Plainville Business and Professional/Women's Club, and Chairwoman of the West Central area Open Door Society. She loved visiting the seashore, listening to classical music and enjoyed going to a good play! Most of all, she loved her family. She will be sorely missed by everyone who knew her. The family would like to thank all of the nurses and staff at West Hartford Health and Rehabilitation. At the request of Jane, the burial will be private. In lieu of flowers, memorial contributions can be made in Jane's honor to: The Fresh Air Fund, 633 Third Avenue, 14th floor, New York, NY 10017, or the Alzheimer's Association, CT Chapter, 200 Executive Blvd S, #4b, Southington, CT 06489. The Bailey Funeral Home 48 Broad Street in Plainville had care of arrangements.



Robbie Ouellette; her great-great nieces and nephews, Grady, Kinley, Ryleigh, and Landon; and her best friends Edith Nelson and Katherine Fiorito. Mary was predeceased by her brother, Harry D'Addese and his wife, Margaret (Penny); her nieces, Susan Schwab and Camille Graziano; and her dear friends, Natalie Olashaw and Marion Collins.

Special thanks to her caregiver, Maria Garzkowski of Euro Homecare, Lucille Levesque and Sal Penta of Hartford HomeCare, the staff of Touchpoints at Farmington, the staff of floor G at Bristol Hospital, Diane and Camille Albert, and the Plainville Police.

Calling hours were at the Bailey Funeral Home, 48 Broad St., Plainville. Mass followed at Our Lady of Mercy Church, 94 Broad St., Plainville. Burial was in Saint Joseph Cemetery in Plainville. In lieu of flowers, the family asks that donations in memory of Mary be made to the St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN, 38105.

“Ask Sheila”



Q1: I am still working and have Medicare Part A and have Health Insurance with my employer. Should I switch to Medicare A & B and drop my Employer Plan?

A1: *You should review and compare your Employer coverage and costs to the*

Medicare part B coverages and costs before you make this decision.

If you decide to move to Medicare part B, you cannot go back to your Employer Plan.

Q2: If I have Original Medicare Parts A and B and need outpatient surgery (ie: knee replacement) will I have copays?

A2: *Medicare covers 80% of Medicare Approved services. You would be responsible for the remaining 20% of the costs under Original Medicare.*

Q3: I have Medicare A and B and a Medicaid grey card. I don't have Dental or Vision coverage; Is there any way to get Dental and Vision coverage?

A3: *If you have Medicare A and B and a Medicaid grey card, there is a Special Plan available that also includes both Dental and Vision coverage with no out of pocket cost. Give me a call and we can review this plan and check your eligibility.*

If you have specific questions, give me a call !

Cell 860-965-0091

AmericanSenior Benefits.com

**Have Medicare questions?
I have answers.**

Sheila Dow

Licensed Sales Representative

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Farmington, CT 06032



**To: All Civic & Religious Organization
From: The Editor**

We would like to appeal to everyone.

Almost all the volunteers of the HOMETOWN CONNECTION have full time employment or young families, which makes it humanly impossible to attend or contact you all.

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Email- HMTNN@COMCAST.NET

Phone: 860-747-4119

Thanking you in advance.

Jeannette Hinkson, Editor

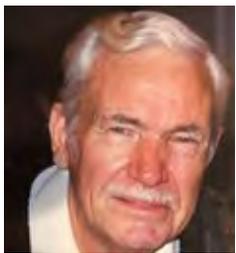
Burial Rights & Cremains in St. Joseph Cemetery

Parish Office/Cemetery Office 19 South Canal Street, Plainville

860-747-6825 Phone/8607475407 Fax

OBITUARIES

~ Harold A Bissonette, Sr. ~



90 of Bristol Ct. passed away on December 19, 2018 at his home in Bristol. Born in New Britain CT January 18, 2018. Raised in Plainville Ct. and although he moved to Bristol his heart was in Plainville where he spent most of his time. He was a superintendent

for Interstate Renovating for over 35 years before he eventually took the business over. He was a well known mason and steeple jack. He had a great sense of humor and loved cars especially his Buicks. He is survived by his step son Lawrence Belisle of Barefoot Bay Florida, a son Harold "Buzz" Bissonette and his wife Lana of Vero Beach, Florida a daughter Nancy Demartin and husband John of Plainville Ct, a daughter Kathy Oakes and husband Paul of Plainville Ct., a step daughter Janet Nigro and husband Andy of Bristol Ct. and many grand children, great grand children, nieces and nephews. He was predeceased by his wife Dorothy Bissonette a daughter Carol Bissonette a step daughter Joan Thibodeau. Funk Funeral Home, Bristol Ct. is in charge of arrangements. There are no calling hours and burial will be at the family's convenience. Memorial donations may be made to St. Jude Children's Research Hospital

~ Arline B. (Main) Jones ~



93, formerly of Plainville and Southington, passed away peacefully on Sunday, January 6, 2019 at Cassena Care at New Britain. She is now reunited with her loving husband, Wallace C. Jones.

Arline was born on June 23, 1925, in New Britain, daughter to the late Walter H. and Isabella (MacGregor) Main. She grew up in Plainville graduating from Plainville High School Class of 1943. Arline worked in many capacities as a clerk and retired from Parsons Buick of Plainville after several years. She was a member of the First Congregational Church of Southington, UCC, where she formerly taught Sunday school. Family was the most important aspect of Arline's life and she will be deeply missed.

Arline is survived by her son, Wayne T. Jones and his wife, Therese, of Southington; her grandchildren, Wallace C. Jones and his wife, Jennifer, of Killingworth, and Wayne P. Jones and his wife, Rebecca, of Plantsville; her great-grandchildren, Abigail, Owen, Camden, and Cailyn, and several nieces and nephews. In addition to her husband, she was predeceased by her sisters, Myrtle Hurlburt, Gwen Sunderland, and Elizabeth Campanelli.

The family would like to extend their thanks to the staff at Cassena Care for their care of Mom. Their caring and kindness is truly appreciated.

A Memorial Service in celebration of Arline's life was held directly at the First Congregational Church of Southington, UCC, 37 Main Street, Southington, CT 06489. Burial will be held privately at a later date. In lieu of flowers, memorial donations may be made to St. Jude Children's Research Hospital, 501 St Jude Place, Memphis, TN 38105.

~ Irene Elizabeth (Wrotniak) Cyr ~



64 of Plainville, loving mother, Babci, sister, aunt and friend passed away peacefully on Saturday, December 8, 2018 at UCONN Health Center in Farmington.

Irene was born on September 5, 1954, one of four daughters (the sweet one!) to the late

Ksawery and Elizabeth (Fray) Wrotniak. A 1972 graduate of Bristol Eastern High School, she settled in Plainville and quickly started her family, becoming a devoted mother to her three sons. She dedicated herself to their schooling and extracurricular activities, creating priceless memories and instilling in them her high morals and integrity. Known for her deep intellect and creativity, Irene was a woman of great strength and kindheartedness, who faced challenges head on with grace, dignity, and little bit of quick wit. She will be missed dearly, leaving a legacy of love and life lessons for her family.

She leaves behind her adored sons, Michael Xavier Cyr of Bristol, Matthew Robert Blake Cyr and his wife, Jessica of VA, and Marc Henry Cyr and his wife, Chiara Marsoner of Germany and was the proud Babci to Kaleigh Elizabeth, Madison Marie and Natalie Paige Cyr. She also leaves her siblings, Halena Nesbit and her husband, Dave of FL, Lydia Brown and her husband, Tom of TX, Emelia (Mary) Boisvert, with whom she shared a special bond, and her husband, Tom, of Plainville and Henry Wrotniak of Farmington; her uncle, Felix Vasilaitis of Bristol, and her aunt and Godmother, Helena Fray of Bristol; along with several nieces and nephews.

Irene's family extends their sincerest gratitude to the staff and caretakers at Bristol Hospital Nursing Association, especially Elise Bergenty, Roxanne Root and Heidi Creeknore, who became her second family for the past 15 years.

In lieu of flowers, Irene may be remembered with contributions to the Schizophrenia and Related Disorders Alliance of America: <https://sardaa.org/donate2/> or the MPN Research Foundation: www.mpnresearchfoundation.org/donate-to-MPN-research

Honoring the family's wishes, Irene's life will be celebrated with private services. She will be laid to rest with her parents at West Cemetery at the convenience of the family. For online expressions of sympathy, please visit www.PLAINVILLEFUNERALHOME.com

~Richard N. Putnam~



beloved brother and uncle, 63, of Bristol, passed away on Friday, December 7, 2018 a day before his 64th birthday at Countryside Manor in Bristol. He is now reunited with his beloved wife, Carol (Lewkewich) Putnam, who predeceased him.

Richard was born December 8, 1954 in Glens Falls, New York, son to the late Raymond Putnam and Marguerite (Charlebois) Cleaves. He worked in transportation as a bus driver for many years in New York.

Richard is survived by his sisters, Debbie Wood and her husband, Wes, of Plainville, Jeanne Miller and her husband, Michael, of Rocky Hill, his brother, Frank Cleaves, of New Britain, and several nieces, nephews, and extended family.

Funeral services were held privately. There were no calling hours. Bailey Funeral Home, 48 Broad St., Plainville is assisting the family with arrangements.

~ Mary (Danilevich) Jadick ~



96, of Bristol, passed away peacefully on Saturday, January 12, 2019. She is now reunited with her beloved husband of 73 years, Thomas, who predeceased her six months ago. Born in Northampton, MA on October 3, 1922, she was the daughter of the late Vasile and

Julia (Bolduc) Danilevich. Mary worked for Marlin-Rockwell for more than 40 years, where she met the love of her life, Tom. Inseparable since their twenties, their life journey together included world travels, countless golf games, casino visits and relaxing in the sun at every opportunity.

Mary was predeceased by her siblings, Mildred, Gus, Joseph, Paul and Michael Danilevich. They were blessed with many nieces and nephews, including their caretakers who made their final years more enjoyable, Elaine and John Cyr of Plainville, with whom she recently made her home, their daughter, Michele and her boyfriend, Matt; along with many dear friends, whose kindness and support will forever be remembered. A special thank you to her nurse, Kim Doerfler, whose compassion and love was ever-present.

Aunt Mary may be remembered with contributions to Dog Star Rescue, PO Box 721, Canton, CT 06019 or at <http://dogstarrescue.org/donate/> Mary's family will celebrate her life with private funeral services. For online expressions of sympathy, please visit Mary's tribute page at www.PlainvilleFuneralHome.com

~ Vivian Mae (Hunter) Nielson ~



89, of Plainville, passed away peacefully with her family by her side on Thursday, January 10, 2019 at Touchpoints of Farmington.

Born in Hartford on July 31, 1929, she was the last surviving of four children to the late Earle and Minetta (Temple) Hunter.

She settled in Plainville where she raised her two sons, and worked for the family business, Nielson's Pools, as well as for D.R. Templeman. A devoted mother and Grammy, Vivian she will be missed for her effortless courage as she faced life's struggles and her admirable aptitude to keep singing until the end.

She is survived by her sons and daughters-in-law, Rod and Barbara Nielson of Plainville and Gary and Jeanette Nielson of Hopkinton, NH; her grandchildren, Sarah Nielson of Cumberland, ME and Tyler Nielson and his wife, Michelle of Bristol; and her two great-grandchildren, Nicholas Signorelli and Lillian Nielson. She also leaves many nieces and nephews and her second family at Touchpoints. She was predeceased by her former husband, Kenneth Nielson, her dear friend and companion, Samuel Brown, and her three brothers, Edward, Robert and Vern Hunter. Our sincerest appreciation to Dr. Steven Zebrowski and the staff, CNAs, and RNs at Touchpoints of Farmington, especially Suezette and Kisha, for their heartfelt and expert care. You are truly special people! A special thank you her hairdresser, Robyn, who brightened Mom's world once a week for many years, and to her good friend Theresa who always took the time to visit.

Vivian's love for dogs may be remembered with contributions to the Connecticut Humane Society, 701 Russell Rd, Newington, CT 06111 or www.cthumane.org

Honoring Vivian's wishes, her family will celebrate her life privately. For online expressions of sympathy, please visit www.PlainvilleFuneralHome.com

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OBITUARIES

~ JLester "Bruce" Olmstead ~



90, of Plainville, passed away Tuesday January 2, 2019 at Apple Rehab of Farmington Valley in Plainville, surrounded by his loving family. He was the husband of Patricia (Tufts) Olmstead.

Bruce was born February 25, 1928 in New Britain, the son of the late Lester Lockwood and Ellen J. (Burke) Olmstead and has been a Plainville resident since 1965. He was a 1946 graduate of New Britain High School. Following graduation Bruce proudly served his country in the United States Army. He was employed as an Inspector at Emhart of Berlin retiring after many years of service. Bruce was a member of the VFW Post 511 of New Britain and the Plainville Stamp Club. He had a passion for the Revolutionary War and attended many Bicentennial reenactments. Bruce was a talented artist, who especially enjoyed sketching. He loved to roller skate and was still skating well into his 80's. He also enjoyed traveling with his family, visiting all 50 states as well as Europe, Japan and the South Pacific. Bruce was a Communicant of Our Lady of Mercy Church in Plainville.

Besides his loving wife Patricia, he leaves his son, Bruce D. Olmstead of Columbia, AL, his daughters, Lynn Rankin and her husband Douglas of Taunton, MA and Patricia Nordel and her husband David of Billings, MT, his grandchildren, Douglas, MacLean and Gillian Rankin, Alexander, Elizabeth, Ethan and Patrick Olmstead, David Nordel and his wife Natae and Dominic Nordel and his great granddaughter, AvaLynn Nordel. He also leaves his aunt and many nieces, nephews and cousins. Bruce was predeceased by his sisters, Lucille, Phyllis and Virginia.

Family and friends gathered at the Bailey Funeral Home 48 Broad Street in Plainville with a service in celebration of Bruce's life. Burial with military honors will be held privately. In lieu of flowers memorial contributions may be made to the VFW Post 511 of New Britain 41 Veterans Drive New Britain, CT 06051 or to the VFW Post 574 of Plainville 7 Northwest Drive Plainville, CT 06062.

~ Harriet Koskoff ~

of San Francisco, formerly of Plainville, Ct., died peacefully at her home in the Castro neighborhood on December 22 at age 82. Harriet was born to the late Atty. Milton M. Koskoff and Gertrude Farber Koskoff, who in the 1950s was a three-term State Representative. Harriet grew up in Plainville, attended Plainville High School, and after her junior year entered Carnegie Tech (now Carnegie-Mellon University) in Pittsburgh. Despite its name Carnegie Tech had a renowned theater department, and Harriet studied play writing there. She considered going to Yale for graduate studies at Yale Drama School, but instead, in 1958, she married Atty. William Ziering, of New Britain. The Zierings relocated to San Francisco in 1960 where they both lived out their lives. Though the marriage terminated in divorce in 1994, they remained loving friends and each provided strong emotional and sometimes financial support for the other. They had one son, Benjamin Ziering of Anaheim, California, who survives them.

Harriet was the creator/producer of three well-regarded documentary films: Patently Offensive: Porn under Seige (1991); Despair (1995), and Culture of Emotions (2005).

William Ziering died December 10, 2018, and the next day Harriet entered a Bay area hospital after exhibiting cardiac symptoms. She was discharged to home after several days and was found slumped over her desk a few days later by her dear friend and transcendental meditation guru, Paul Brown, with whom she was in near-daily contact. Besides her son Benjamin, she leaves her brother and sister-in-law, David and Charlotte Koskoff of Plainville, and a vast circle of creative, interesting and devoted friends.

~ Jean Kathryn (Shaw) Plourde ~



66, of Plainville, passed away peacefully at her home, surrounded by her family on Wednesday, December 19, 2018. She was the beloved wife of Jean Guy Plourde.

Born in Springfield, MA on August 14, 1952, she was the daughter of the late Milton and Kathryn (Elliott) Shaw. A lifelong resident of Plainville, she and Guy settled here upon their marriage where they raised their son and became proud grandparents. Jean help manage the family business, D & G Contractors, and upon retiring, enjoyed travelling cross country with Guy in their R.V. only to return home early because she missed her grandsons too much! A woman of great strength and kindheartedness, Jean will be remembered for the love she shared with everyone she came into contact with, and will be dearly missed.

In addition to her husband, Guy, she leaves her son and daughter-in-law, Kevin and Amy Plourde of Plainville, and was the adored "Maga" to Peyton, Logan and Griffin Plourde.

She is survived by her brothers, Don Green and his wife, Debbie and Richard Shaw; her sisters, Lynn Plourde and her husband, Dave, and Diane Bean; along with several nieces, nephews, 6 Godchildren, her best friend, Pam Martin and her husband, Bob, and their children, along with many other dear friends who she treated like family. She was predeceased by her brother, Sam Green and sister, Janice Allen.

In lieu of flowers, Jean may be remembered with contributions to the ALS Association, PO Box 37022, Boone, IA 50037-002 or www.alsa.org

A Mass of Christian Burial in celebration of Jean's life was held from Plainville Funeral Home, 81 Broad St, Plainville, followed by a Mass of Christian Burial at St. Dominic Church, 1050 Flanders Rd, Southington. Committal services followed at West Cemetery, Plainville. For online expressions of sympathy, please visit www.PLAINVILLEFUNERALHOME.com

~ Beverly Jean (Knox) Raymond ~



92, of Plainville, passed away peacefully at her home on Thursday, December 20, 2018. She is now reunited with her beloved husband, Robert E. Raymond, who predeceased her in 2015. Together they shared 67 loving years of marriage.

Beverly was born on May 1, 1926 in Waterbury, daughter to the late Purcell A. and Marjorie W. (Dickson) Knox and was a lifelong resident of Plainville. Beverly lived a blessed life filled with love and joy and was highly involved with many clubs and organizations in her community. She was an active member of the Congregational Church of Plainville, UCC, where she formerly taught Sunday school. Beverly was a member of the Order of the Eastern Star, former member of the Ladies Choral Club of Thomaston, and the Past President of the Bucks and Does Square Dancing Club of Berlin. In addition, she was a member of the Plainville Senior Center. She retired as a classified clerk for reporters from the New Britain Herald, Plainville office, after 24 dedicated years of employment.

Beverly leaves her son, Robert J. Raymond, of Litchfield; her daughters, Joyce R. Hornblower, of Austin, TX, Jean R. Hedus and her husband, Robert, of Litchfield, and Janet L. Chepurna and her husband, Donald, of Waterbury; her 14 grandchildren, 21 great-grandchildren, and many nieces and nephews. She was predeceased by her daughter-in-law, Diane Raymond and her sons-in-law, Thomas Hornblower and Ralph Bird.

Family and friends gathered at the Bailey Funeral Home, Funeral services for Beverly were celebrated at the Congregational Church of Plainville, UCC, 130 West Main St. Burial with committal services were held at Hillside Cemetery in Thomaston. Memorial contributions may be made to the Book of Remembrance at the Congregational Church of Plainville, 130 West Main St., Plainville, CT 06062.

~ Joan (Czerbinski) St. Pierre ~



82, of Southington, formerly of Plainville, passed away with her family by her side on Wednesday, December 19, 2018. She is now reunited with her husband Donald, who predeceased her in

2009.

Born in Windsor, VT on April 26, 1936, she was one of 3 children to the late Walter and Gladys (Fuller) Czerbinski. Raised and educated in Plainville, she married her high school sweetheart, Donald in 1955, established their family and became treasured members and volunteers in their community. An LPN in her earlier years, Joan cared for others at Bristol Hospital before retiring to devote herself to her family and to her town. She was a Cub Scout leader, and camp nurse for the Girls Scouts, a band parent and founding, lifelong member of the Athletic Backers Club. A former Chairman on the Plainville Town Council, she was a Senior Center volunteer since its inception, also serving on the Housing Authority and the Committee on Aging. Always one to find joy being surrounded by her family, she could be found many days alongside them at Saint's and was proud to celebrate their 50th anniversary last year. Joan was a woman of strong faith, a lifelong member, volunteer and benefactor at Our Lady of Mercy Church and was a member of the Catholic Daughters of America. The matriarch of her family and her community, she will be greatly missed.

She is survived by her sons and daughters-in-law, James and Linda of Southington, David and Nancy of Orlando, FL and John and Claudia of Bristol; her grandchildren who brought her the most joy; Joseph and his wife, Brooke, William and his wife, Lindsay, Ashley Goldstein and her husband, Ben, Tyler, Ryan, Morgan, Kevin, and Andrew; 2 great-grandchildren Sloan and Joey, and a great-granddaughter on the way; her brother and sister-in-law, Jeff and Loretta Czerbinski of Hagerstown, MD; her sister and brother-in-law, Janet and Bill Pettis of Rockledge, FL; her sister-in-law and dear friend, Janet St. Pierre; her uncle, Wayne Fuller and his wife, Treaty; and many nieces, nephews and extended family. In lieu of flowers, Joan may be remembered with contributions to the Petit Family Foundation, PO Box 310, Plainville, CT 06062 or at www.petitfamilyfoundation.org

Funeral services in celebration of Joan's life were held from Plainville Funeral Home, 81 Broad St, with a Mass of Christian Burial at Our Lady of Mercy Church. Committal services followed at St. Joseph Cemetery, where she was laid to rest next to Donald on the same day, nine years later. For online expressions of sympathy, please visit www.PLAINVILLEFUNERALHOME.com

BURIAL RIGHTS FOR ST. JOSEPH CEMETERY IN PLAINVILLE

If you have a grave plot in the cemetery, please contact the Cemetery Office at 860.747.6825 to name the person who will have burial rights of your plot after you pass. At St. Joseph Cemetery we allow three cremains to be buried on top of a full body in one 4' x 8' grave. We need on file who will have the rights to make those decisions. We will be happy to answer any questions you may have regarding this subject.

OBITUARIES

~ Roland O. Dumont ~



longtime resident of Plainville, 95, passed away peacefully on Saturday January 13, 2019 with his loving wife Beatrice by his side. He was born in Ste. Rose du Degelis in Quebec, Canada to Albert Dumont and Ivonne Roy on April 26, 1923 where he spent his early years with his parents

and eleven brothers and sisters. After working many intensely physical jobs including lumberjacking, Roland moved to Connecticut in 1963 with his newly wedded wife Beatrice with the promise of a good job and to pursue a new life. He found both of those and worked at New Britain machine for 25 years to tirelessly provide for his family. Throughout those years he made sure he kept in touch with his roots through summer and Christmas family vacations back to Canada. Later in life he enjoyed many years of travel and wintering in Florida as he explored his newfound passion for golf. Roland was a quietly strong, humble and proud man who always put his family first. He was loved and will be missed by many.

Roland was predeceased by his parents, his siblings Paul-Emile, Roger, Yvon, Rita, Georgette and Carmen. He is survived by his wife Beatrice of Farmington, his son Francis, daughter-in-law, Tania and grandson, Oliver of San Diego as well as his siblings, Jean, Laureat, Conrad, Lou and Rose Aimee.

A Mass of Christian Burial in celebration of Roland's was held at directly at Our Lady of Mercy Church 94 Broad Street in Plainville. Burial will be held privately. There were no calling hours. In lieu of flowers, the family requests those that wish make donations to Our Lady of Mercy Church 19 South Canal Street Plainville, CT 06062. The Bailey Funeral Home 48 Broad Street in Plainville has care of arrangements.

~ Horace "Buddy" Matthews, Jr. ~



88, of Plainville, passed away with his family beside him on Wednesday, January 16, 2019. He now joins his beloved wife, Jeannette (Ramsdell) Matthews,

who predeceased him in 2013. Born in Trescott, Maine on September 6, 1930, he was the youngest child of the late Horace and Winifred (Meyers) Matthews. He was raised and educated in Lubec, Maine, where he met his true love, Jeannette. Horace proudly served his country in the U.S. Army, serving in Germany during the Korean War. Upon being honorably discharged, he and Jeannette were married, and settled in Connecticut in the early 1950's where they raised their five daughters. A man of hard work ethics from a young age, he began with raking blueberries and chopping wood in Maine, to becoming a master machinist and centerless grinder, working for many area tool makers until his retirement at the age of 83. An outdoors enthusiast, Buddy had a lifelong love for hunting, a hobby he passed along to his grandsons, enjoyed playing golf, and taking annual trips to the Bahamas with Jeannette for more than 25 years. The paramount story teller and the master at scaring all three generations of his family, he will forever be remembered for his wittiness, (answering every question with a smirk and one word, "naturally"), his strength, persistence and love.

He is survived by his daughters, Terri Nichols and her husband, Richard, of Plainville, with whom he made his home; Peggy Sue Casarella and her husband, Bill, of Southington, Kimberly Mathews and her husband, Shawn, of Canada, and Tracey Matthews and Stephen Gaylord of Southington; and his 11 grandchildren, 16 great-grandchildren, and 4 great-great grandchildren, who will miss their Beepa. He also leaves many nieces and nephews, along with the dozens of well-fed squirrels that visited his deck each day. He was predeceased by his daughter, Elaine Fiorello, and his four siblings.

Horace may be remembered with contributions to the COPD Foundation, 3300 Ponce De Leon Blvd, Miami, FL 33134 or at www.copdfoundation.org or to Dog Star Rescue, PO Box 721, Canton, CT 06019 or at www.dogstarrescue.org

Family and friends gathered in celebration of Horace's life at Plainville Funeral Home, 81 Broad St, Plainville.

~ James H. Van Hoof, Sr ~



82, of Plainville, formerly of Bristol, passed away peacefully on Monday, January 21, 2019. He was the beloved husband of Carol (Apruzzese) Van Hoof, with whom he shared 57 years. Born in Hurley, Wisconsin on May 24, 1936, he was the youngest of three sons to the late Henry and Margaret (Higgins) VanHoof. Raised in Hurley where he attended local schools, he

furthered his education at Loyola University, enlisting in the U.S. Army shortly after. He proudly served his country for four years, was honorably discharged in 1960 and served in the Connecticut Army National Guard for 12 years. Jim earned his Master's Degree from the University of Hartford and his Doctorate from the University of Connecticut, and he served in public education as a teacher and an administrator in both Connecticut and Vermont. The former Principal at Bristol Central High School, he went on to become Superintendent of Schools in Sherman, Connecticut and in Ludlow, Vermont, from where he retired. A sports enthusiast, especially basketball, he enjoyed playing and being a spectator, and after maintaining his piloting skills from the Army, made a hobby of flying Cessnas throughout New England. Remembered for his Irish pride, his love for Jazz and Big Band music, he was a loving husband, father and grandfather, and will be missed dearly, leaving his family with many cherished memories.

In addition to his wife, Carol, he leaves his children, James H. Van Hoof, Jr. and his wife, Tracey, Thomas J. Van Hoof and his wife, Jean, Michael R. Van Hoof and his wife, Jennifer, and Holly B. Hannan and her husband, Scott; his adored grandchildren, Andrew, Ashley, Rebecca, Emily, Abigail, Megan, Caitlin, Sarah, and Mary; and several nieces, nephews and extended family. He was predeceased by his brothers, Gordon and Eugene.

Jim may be remembered with contributions to Favarh, 225 Commerce Dr. Canton, CT 06019 or at www.favarh.org

Funeral services in celebration of Jim's lifewereheld on Saturday with a Mass of Christian Burial at Our Lady of Mercy Church in Plainville, Connecticut. Committal services with Military Honors followed at St. Joseph Cemetery. For online expressions of sympathy, please visit Jim's tribute page at www.PlainvilleFuneralHome.com.



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