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Plainville Town Council Announces Michael Paulhus New Town Manager



The Plainville Town Council is pleased to announce that Michael Paulhus has been appointed as Town Manager. Paulhus succeeds Robert Lee who will be retiring after serving in the position for 18 years.

Mr. Paulhus is currently the Town Manager in North Branford and has held that position since 2013. His previous experience includes working in the private sector at RBC Wealth Management as well as serving the Town of Windham as Executive Administrator and then as First Selectman.

Mr. Paulhus received his Master of Arts in Public Affairs from the University of Connecticut, Master of Arts in International Affairs from Ohio University and Bachelor of Arts in Biology from Blackburn College. He is expected to begin on August 15th.

Plainville VFW 574 Gets New Fence



VFW 574 was looking to install a fence on our property. Plainville Rotary Club approached us and wanted to help. Not only did they donate all the material, but the Rotary members also volunteered to help install it.

We would like to thank Plainville Rotary Club for their generous contribution for our fence project.

Dave Dudek
VFW Post Commander
More photos on Page 14

Happy 4th of July



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NEXT ISSUE WILL BE
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DEADLINE IS:
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Safe Summer!!

Legal Advisor
Attorney Thomas A. Wurz
132 East Street, Plainville, CT

This paper is published monthly as a service to the citizens of Plainville, Connecticut by Plainville Community News, Inc. It is a non-profit, 501C, all volunteer group of residents who are interested in informing our citizens of community activities and local news. All positive contributions are welcome and will be printed subject to the approval of the staff on a space available basis.

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Town Council Meetings & Board of Education Meetings
Can be seen on Nutmeg TV- Channel #96 & Channel #93
Friday & Sunday Evenings

Plainville
Property Transfers

- 17 Ashford Rd:** Ann Marie Tardiff LT and Ann M. Tardiff of Plainville to Mary A Adams, \$220,000 on 5/20/2022
- 42 Basswood St:** Bounthanh and Sanh Angkhavong of Plainville to David Piel and Kayla Montanaro, \$245,000 on 5/18/2022
- 50 Clearview Dr:** Michael R. Beliveau of Plainville to Luis Nazario and Rumki Ahmed, \$180,000 on 5/19/2022
- 190 Tomlinson Ave Unit 13g:** Simona Khazak of Plainville to Krystian Koszykowski, \$192,000 on 5/16/2022
- 15 W Pine Way Unit 35:** Gregory and April Edgerton of Plainville to Michael R. Norton and Cheryl A. Majeske, \$329,900 on 5/16/2022
- 29 Hardwood Rd:** Tyler Roy of Plainville to Brandon Riollano and Samantha M. Lamkins, \$200,000 on 5/24/2022
- 125 Ledge Rd:** Dorothy Dileria and Barbara R. Bergeron of Plainville to Monica Croce, \$470,000 on 5/27/2022
- 122 Milford Street Ext Unit 3** Helen T. Maryniak of Plainville to Scott A. Richards, \$152,000 on 5/26/2022
- 8 Mill Rd Unit 8:** Jennifer M. and Amanda J. Martin of Plainville to Merry C. Enriquez, \$475,000 on 5/26/2022
- 12 Peace Ct:** Jon E. Packard of Plainville to Edwin and Kate A. Netupski, \$206,000 on 5/23/2022
- 5 Shepard Ln:** Kiersten D. Belanger of Plainville to Mathew Natale and Cathleen Nowak, \$295,000 on 5/26/2022
- 136 Tomlinson Ave:** Dominick N. Moschini of Plainville to Danielle R. Angelillo, \$190,000 on 5/23/2022
- 38 Bartlett St:** Mikele Dahlen of Plainville to Sherry R. Neron and Angel D. Lara-Late, \$315,000 on 6/3/2022
- 48 Bradley St. Unit 3** Zblgnlew and Jolanta Krol of Plainville to Alina Sawicka, \$185,000 on 5/31/2022
- 66 Carol Dr:** Barbara Abbott of Plainville to Jacques Dernerville \$365,000 on 5/31/2022
- 37 Fleetwood Dr:** Anastasia I.Halkias of Plainville to Christopher and Christina Wall, \$317,500 on 6/1/2022
- 112 Milford Street Ext Unit 85:** Cascade Funding Mtg T HB4 of Plainville to Erison Vatoci, \$140,250 on 6/3/2022
- 34 Sandstone Rd Unit 34:** Anthony and Melanie Lawson of Plainville to Jason and Milissa Lindquist, \$425,000 on 6/1/2022
- 124 White Oak Ave:** Badgers Construction LLC of Plainville to David Perrier and Dawn Owens, \$216,000 on 5/31/2022
- 11 Hanson Pl:** Michael F. and Diane A. Banczek of Plainville to Isabel and Edwin M. Yearwood, \$280,000 on 6/9/2022.

- 17 Hough St:** Zac LLC of Plainville to Simsbury Investment LLC, \$200,000 on 6/9/2022
- 36 Kent St:** Linda E. Lopez and Linda E Mikelenas of Plainville to Justin M. Malachowski, \$210,000 on 6/6/2022
- 177 Red Stone Hill:** Pace Homebuyers LLC of Plainville to Josefa M. Lugo, \$380,000 on 6/9/2022
- 177 Red Stone Hill:** Pace Homebuyers LLC of Plainville to Josefa M. Lugo, \$380,000 6/7/2022
- 51 Tyler Ave:** Matthew Wilkinson of Plainville to Darrell R. Salley, \$181,500 on 6/7/2022
- 19 Canal St:** Gta Properties LLC of Plainville to VMSU Property LLC \$312,000 on 6/13/2022
- 85 E Main St:** S Bnk Plainville Main LLC of Plainville to Garnett Properties LLC \$600,000 on 6/16/2022
- 492 East St Unit 22:** Karen J. Jones of Plainville to Nancy and Timothy M. Sullivan, \$81,055 on 6/17/2022
- 46 Lincoln St:** Janine B. Schade of Plainville to Peter J. Durkee, \$275,000 on 6/13/2022
- 22 Pequot Rd:** Zhen R. Liof of Plainville to Typhanie W. Alexander, \$289,900 on 6/15/2022
- 50 Pierce St Unit 36:** Samantha G. Verillo of Plainville to Maciej Pelka, \$160,000 on 6/16/2022
- 39 Reliance Rd:** Dorothy M. Pelletier FT and Stephen O. Allaire of Plainville to Luke D. Petillo, \$265,000 on 6/17/2022
- 91 Shuttlemeadow Rd:** Marcel R. Boilard RET and Joann Robideau of Plainville to Christina Cevallos and Juan Rodriguez, \$60,400 on 6/13/2022
- 91 Shuttlemeadow Rd:** Suzanne Skrzypek and Joann Robideau of Plainville to Christina Cevallo and Juan Rodriguez, \$241,600 on 6/13/2022
- 58 Skyline Dr:** CDF Properties LLC of Plainville to Alexander Bardocz and Martha L. Savignano, \$354,000 on 6/16/2022
- 19 Timber Hill Rd:** Pariser Enterprises LLC Of Plainville to Edwin A. Serrata, \$235,000 on 6/14/2022
- 58 Tomlinson Ave:** Gertrude M. Delin of Plainville to Travis Nichols, \$300,000 on 6/16/2022
- 15 W Pine Way Unit:** Ann S. Francisco of Plainville To Wesley E and Elizabeth Salek, \$380,000 on 6/15/2022

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Take a peek... 

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Robert E. Lee, Town Manager's Report to Town Council

June 6th & June 20th, 2022



Town Council Meeting June 6, 2022

Police Union Contract Amendment

- Over the last several months, Town staff has met with the Plainville Police Union to negotiate contract language to reduce police overtime. In return, the Town would make some increases to the police pension agreement.
 - Proposed changes to the Union Contract would restrict when officers can take time off when it causes overtime, reduce the payment of overtime during training classes, and give some additional flexibility in assignments. According to the Police Chief Chris Vanghele, these language changes are expected to result in yearly overtime being reduced by an estimated \$200K.
 - The Police Pension is proposed to increase the benefit multiplier calculation from 2% to 2.25% for police officers until their normal retirement date. If an officer continues to work for the Town beyond their normal retirement date, the multiplier will increase to 2.65%. The total retirement benefits would be capped at 75% of the participant's annual earnings. The estimated annual pension benefit cost would increase by approximately \$165K.
 - The changes in the pension benefits are expected to be helpful for recruiting certified officers and to retain existing officers for longer periods of time.
 - There are two items under New Business to consider the Side Letter to the Police Union Contract and the Side Letter to the Police Retirement Plan.
- #### Revenue Collector's Suspense List
- The Revenue Collector has submitted a proposed Suspense List to the Town Council totaling \$199,930.46. The list is prepared in accordance with the CT State Statute Section 12-165, listing those taxes that the Revenue Collector believes to be uncollectable.
 - These include motor vehicle taxes (\$86,589.94), Personal Property (\$65,591.93), Real Estate (\$46,081.45) and deceased persons who previously owned motor vehicles and/or personal property. (\$1,667.14).
 - The suspense list may still be collected and will be turned over to either a collection agency (TaxServ LLC), the town attorney, or the Town constables. To date, the Revenue Collector received payments totaling \$52K from last year's suspense list.
 - There is an item under New

Business regarding the Suspense List.

White Oak Redevelopment Project Discussion

- On February 22, 2022, the Town Council authorized a contract with Tighe & Bond to provide remediation oversight for the White Oak project for \$143,883.90. There were two tasks listed in the proposal that were inadvertently not included in the total projected cost.
- These two services were for Rental Equipment (2,000) and Laboratory Costs (\$25,092). These two items total \$27,092. Because these services are being paid through a State grant, this was reviewed by the Department of Economic & Community Development and they approved them being included under the project costs.
- There is an item under New Business that would authorize the Town Manager to execute Amendment # 1 to the "Tighe & Bond Agreement for Environmental Assessment Services of the former White Oak Property" dated April 12, 2022, in the amount of \$27,092.

4th Quarter Transfers and Additional Appropriations

- There are two items under New Business that would schedule Public Hearings at the June 20th Town Council meeting on the recommended 4th Quarter Transfers and an Additional Appropriation for FY22.
- Details on the transfers and additional appropriation will be available next week from the Finance Department.

Toffolon School Chiller Replacement

- At the May 2, 2022, meeting, the Town Council authorized spending \$300,000 to replace the chiller at the Toffolon Elementary School using proceeds from the American Rescue Plan. School Facilities Director Steve Busel is recommending that Trane US, Inc. be awarded the contract to replace the chiller for a cost of \$263,588.69.
- This would be a "turn key" contract that would provide all of the services related to the replacement except Professional Engineered stamped drawings and any Fire/Life Safety work that may arise.
- Steve Busel is also proposing to recommend Trane as a "Sole Source" for the work. This is because Trane currently provides chiller services in most of the other school buildings including the Middle School, Linden Elementary, and the High School.
- By using Trane, the Town will gain economies of scale by using the same contractor for maintenance & repairs at all these schools. Trane is also a U.S. company.
- The lead time for the equipment is 46-48 weeks which will be in

time for next year's cooling season which generally begins in April/ May.

- There is an item under New Business that would waive the bid process and award the Toffolon School Chiller Replacement to Trane Technologies, Rocky Hill, CT in the amount of \$263,588.69.

Roadways Vaccon Truck

- At the March 21, 2022 meeting, the Town Council authorized spending \$450K to purchase a Vaccon Catch Basin Cleaner using proceeds from the American Rescue Plan. Town staff solicited quotes from two vendors for the purchase.
- Superintendent of Roadways Mike Ferrara is recommending that the Town purchase a new Mack SECA (Sewer Equipment Company of America) Single Axel 9 yard catch basin cleaner The from Chadwick-Baross of Whitman, Ma.
- The net cost for the vehicle is \$469,310.26 which includes the trade-in of the current 1995 Vaccon. Mike Ferrara is recommending the Chadwick-Baross vendor because it is a simpler machine to operate and that they have two CT repair facilities.
- The price of the proposed vehicle was determined using SourceWell Cooperative Purchasing. SourceWell is a private company that has ready-to-use, competitively solicited contracts.
- There is an item under New Business that would waive the bid process and award the purchase of the Roadways Vaccon Truck to Chadwick-Baross, Whitman, MA, in the amount of \$469,310.26, which includes a truck trade-in credit of \$25K, utilizing SourceWell pricing.

Sale of Fire Engine 1

- For the last two years the Town has attempted to sell Engine 1 which is a 1989 American LeFrance. The original asking price was \$22,500. Last year the Town lowered the asking price to \$12-15K. The only offer that has been made to date was for \$4K. This offer was rejected.
- Last August, Matt Daskall recommended that he would recommend an offer in the "\$8-\$10,000 range".
- The Fire Department has received an offer of \$7,500 for Engine 1. There is an item under New Business that would authorize the sale of the 1989 American LeFrance Engine 1 to Justin Manafort in the amount of \$7,500. Chief Tom Moschini is here this evening to answer any questions regarding this offer.

American Flag Donation Box – Municipal Center & Library

- State Representative Bill Petit and State Senator Henri Martin will be holding their annual "Retire Your Worn American Flags" event between now and Friday, June 10th. American flags are currently being

collected at both the Plainville Public Library and the Plainville Municipal Center until June 10th afterward they will be properly "retired".

Mill Rate Discussion

- There is an item under New Business to set the mill rate for taxes that will be mailed on or about July 1st. Based on the State Budget that was finalized last month reducing the Governor's proposed municipal aid to Plainville by \$597K, the calculated mill rate currently stands at 31.14 mills.
- This is a decrease of 3.42 mills or -10% from FY22. There is an item under New Business to set the mill rate.

Summer Meeting Schedule

- The Town Council has historically held only one regular meeting during the months of July, August, and September. Town staff is suggesting that regular meetings be held on July 18th, August 15th, and September 12th. Please note that September 12th is the second Monday of the month.
- There is an item under New Business regarding these suggested dates.

HAPPENINGS

June 6, 2022

SENIOR CENTER TO REGISTER FOR FREE PROGRAMS, PLEASE CALL THE SENIOR CENTER AT (860)747-5728 HEALTH & WELLNESS FAIR CO-SPONSORED BY WEST CENTRAL CT TRIAD TUESDAY, JUNE 7, 9:30A.M. – 12 P.M. OPEN TO THE PUBLIC. COST: FREE!

Walk through and speak with over 20 senior provider professionals, health screenings, raffle prizes, receive a file of life packet and more. Call the Senior Center to register. Walk-ins are also welcome.

FABRIC POT HOLDERS TUESDAY, JUNE 14, 10:00 A.M INSTRUCTOR: EVELYN MORIN, COST: \$4. (LIMIT OF 8 STUDENTS.)

Must be able to use a sewing machine independently. Bring your own sewing machine or use one of the Senior Center's. List of supplies available at registration.

LEARN ALL ABOUT BEEKEEPING TUESDAY, JUNE 14, 1:30 P.M. COST: FREE!

Tammi Worsham from the Back Yard Beekeepers Association will present a program all about beekeeping. View bees at work on a comb and touch a wax comb. Call the Senior Center to register.

Continued on Page 5

Non-Emergency - SEE SOMETHING.....SAY SOMETHING

call Plainville Police 806-747-1616 - Emergency Call 911

MEMORY CAFÉ AT THE SENIOR CENTER

THURSDAY, JUNE 16, 2:30 P.M.
A SAFE AND SUPPORTIVE SOCIAL GATHERING FOR PEOPLE WITH CHANGES IN THEIR MEMORY ALONG WITH THEIR CARE PARTNERS.
COVID BOOSTER CLINIC
MONDAY, JUNE 20, 10:00 A.M.- 4 P.M.

Hartford Healthcare offers another Covid Booster Clinic. Moderna & Pfizer are available. If you had your first booster before Feb. 20, you can receive your second booster shot. First and second shots and the first booster shot are also available. Call the Senior Center to register.

The tax office is getting ready for the new July tax bills. They will be going out the end of June.

Town Council Meeting June 20, 2022

Honor Heights Discussion

- A Public Hearing was held on May 17th to receive comments regarding a possible sewer extension for the Honor Heights neighborhood. The proposal included utilizing Local Capital Improvement (LoCIP) monies that have been received over the last several years from the State. The State requires municipalities to notify them in advance how these monies will be spent.
- Town staff is requesting that the Town Council authorize the use of the LoCIP monies (\$580,000) towards the sewer extension project for Honor Heights. There is an item under New Business regarding this recommendation.

Middle School Project Discussion

- At the June 6th meeting, the Town Council heard a presentation regarding the proposal to “renovate like new” the Middle School of Plainville. The total cost of the project is estimated at \$58,723,517. The current reimbursement rate for the project is 65.71% for eligible expenses.
- CSG, the consultant for the project, is estimating that the net cost to Plainville will be \$24,399,621. There is a possibility to lower the net cost if the Town is successful in getting special legislation for a space waiver for the project. This would lower the net cost by \$3M. Additionally, the Town would be eligible for additional grant monies under the School Choice program if 5% of the Middle School population is a part of that program. That could lower the net cost by another \$3M.
- In order to lock in the current reimbursement rate of 65.71%, the Town must file a grant application to the Department of Administrative Services by June 30th. There is an item under

New Business regarding the grant application.

Charter Revision Discussion

- The Town Council has expressed interest in appointing a Charter Revision Commission to review the Town Charter. One of the items to be considered is whether Chapter 1, Section 1–Town Manager Qualifications – should be changed. The current language requires “during the tenure of office the Manager shall reside in the Town”.
- Town staff is suggesting that the Town Council conduct a work session before the July 18th meeting to further discuss this matter including the charge for the Charter Revision Commission and the potential number of members to be appointed.

Financial Dashboard

- The Dashboard for the period through May 31st was distributed to the Town Council members earlier today and posted on the Town website.

No Happenings Reported

Town of Plainville Tomlinson Avenue Bridge Replacement Project Road Closure

The Tomlinson Avenue Bridge will be closed to vehicle traffic effective Monday, April 11, 2022. A detour has been established, and signs will be installed to direct motorists. Motorists and pedestrians are encouraged to avoid the area and seek alternate routes.

The closure is expected to extend through the summer.

PLAINVILLE VETERANS MEMORIAL WALL

The following names have been added to the Plainville Veterans Memorial Wall.

- SSGT Alden E. Goldsmith - United States Air Force
- SSGT Dean A. Goldsmith - United States Air Force

The Memorial Wall is located on the main floor of the Plainville Municipal Center adjacent to the Town Clerk’s Office. Visitors may view the Wall during normal business hours. If you are interested in adding a Veteran’s name to the Wall, applications are in the Municipal Center, Senior Center, and

Town of Plainville

The Plainville Town Council is seeking residents to serve on a Charter Revision Commission. The Town Charter was last reviewed in 2012. The Charter Revision Commission will be charged with reviewing the current charter and any recommendations for changes to it. The Charter can be viewed on the Town’s website at <https://ecode360.com/28572806>

Applicants must be a resident of Plainville and a registered voter. Those interested in volunteering their time to serve should email the Town Manager at relee@plainville-ct.gov or contact the Town Manager’s Office at 860-793-0221 x8701 to request an application.

Lt. Eric Peterson To Be Coventry Police Chief
 by Brian M. Johnson

Plainville Police Department second in command Lt. Eric Peterson has announced that he will be leaving the local department after 25 years to become the new Police Chief in Coventry.

Peterson was approved for the role by the town council in Coventry Monday night. He will be wrapping up his tenure with the Plainville Police Department in mid-July.

“I’m thankful to all of the officers I have worked with these past 25 years,” said Peterson. “I’m really going to miss Plainville; we put in a lot of hard work together here and built some great friendships. But, I’m also really excited to be taking this next step. I have been working to prepare for a chief position for the past 10 to 12 years, going back for my master’s degree in Senior Command Leadership.”

Peterson said that he worked closely with both the late Matthew Catania, who died last March after serving as police chief since 2010, and his predecessor Daniel Coppinger, who retired in 2009.

“We worked hand in hand every day to recruit and retain employees, work with

the community and make sure that our department was equipped with the most modern technology available,” said Peterson. “During that time, I learned how to really get the community involved in policing.”

Peterson was appointed interim police chief last September and served in this role until the town’s current chief, Christopher Vanghele, was hired in January.

“We strove every day to deliver the best police service that we possibly could for the town of Plainville,” said Peterson.

Peterson is also looking forward to working in Coventry because it was where he spent much of his childhood.

“I grew up in Rockville during my early childhood years and my great grandmother lived in Coventry,” he said. “I have a lot of good memories of going out to swim at Coventry Lake from when I was about 8 to 11 years old.”

Brian M. Johnson can be reached at 860-973-1806 or bjohnson@bristolpress.com.

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Leave your name and phone number and ask for a Councilor to contact you.

From the Desk of: Cal Hauburger

White Oak – Incremental progress continues to be made at the White Oak site. Over the last week Tighe & Bond has begun their site working, including additional sampling and preparation of several reports, and required applications to DECD's voluntary remediation programs. Draft copies should be available for Town Staff review in the coming weeks. Additionally, Tighe & Bond has completed a site walk through with the Manafort Newport Realty team, coordinating a plan of action related to remediation in coordination with the conceptual end-use plans.

Additionally, work continues to finalize a financial assistance agreement with the DECD to release previously awarded brownfield funds. Staff turnover at the State has briefly delayed progress, but with the new team onboarded, we continue to move forward. Both the Town and Manafort Newport Realty feel encouraged by where things stand and hope that approvals are given in short order for both the financial assistance agreement, and the private sales agreement between the Town and Manafort Newport Realty.

Community Investment Fund – CT DECD has announced a new, legislative-backed, funding program available to certain municipalities across the state along with non-profits and development agencies within said municipalities. Plainville qualifies for this program being coded under a "Public Investment Community". The general purpose of the program is to provide those municipalities who usually miss out on standard "rural" or "urban" focused grants to fund infrastructure capital improvements or small business-focused assistance programs. Additionally, all projects must meet the other grant focus of advancing the fair treatment of traditionally marginalized communities. DECD is aiming to offer at least two rounds a year for each of the next five (5) years, offering a total of up to \$875 million in funding. As additional information becomes available in subsequent webinars, Town Staff will identify projects that would potentially meet funding criteria that may have gone unfunded in the past.

Central CT Chamber of Commerce – As you know, Plainville has rejoined the Central CT Chamber of Commerce after being independent for several months. Last week at the annual meeting, Plainville was officially recognized as a member community, with two town representatives, Quinn Christopher and Blaire Bouchard, being voted in as board members to represent Plainville. Both Quinn and Tabitha did a fantastic job reenergizing the Plainville Chamber while in charge and I believe made a fantastic choice in rejoining the Central Chamber, who employ full-time staff and will be able to widen the resources and networking ability of Plainville businesses.

EDA Membership – I have received a letter of resignation from Robert Berube from the Economic Development Agency. I want to thank Robert for his years of volunteering to the benefit of the Town and its businesses. The EDA now has a vacant Alternate Member position; the Town is advertising on its website for volunteers, and I ask that you keep this position in mind should you come across someone who may be interested in serving.

If you have any questions, feel free to reach out.

Cal Hauburger

Economic Development & Special Projects Coordinator

Town of Plainville

One Central Square, Plainville, CT 06062

P: (860)793-0221 x7178

hauburger@plainville-ct.gov

Please note, my extension has changed to x7178

B-I-N-G-O - IS BACK

Monday & Tuesday Nights 6:30 pm.

Doors open at 5:00 pm.

We are limited to 100 people.

First-come, First-serve!

VFW Post 574 Northwest Drive

FROM MY BALCONY

By Jeannette Hinkson

I would like to thank the lawmakers in Washington and any other person who is looking out for the welfare of the people of our country but most of all I would like to thank President Biden. Thank you for everything you have done to make our lives better and remove any of the day to day stresses we might endure. In January of 2022 the Social Security agency notified everyone on Social Security we would be getting a raise. Now, I figured what was I going to do with that extra \$18 per month? Not to worry, like everything else our government does they have an answer so as not burden the people with such a decision. Our bureaucrats just raised the cost of your Medicare insurance and now I don't have to worry about how to spend that SS increase. Thank you President Biden!

Another thing President Biden and his people have done, they can lay claim to more people in the United States are now living below the poverty level. Trips to the grocery store for seniors have been cut down because we can't afford the gas to get to the store. We have changed our diets and have started eating things we never thought we would try in a million years. Have you ever tried beef stew in a can? Yak! Spam is next but I'll save that for next Easter. I tried giving some of that canned beef stew to my dog and he walked away, that's same dog that has been seen eating dog poop. Again I say, thank you President Biden.

Local honey has gone up \$3 a bottle, are the bees charging more? How about your light bill that sure hasn't gone down and they want everyone to buy an electric car, can you see that one coming? How much do you think your light bill will be if everyone has an electric car and you have to depend on the local power company to supply everyone with power? Hell, they can hardly supply us with electricity now.

What happens when the power goes out? Can you imagine when they get it up and running and everyone not only tries getting their homes up and running and then you have everyone charging their cars at the same time? The meter will spin right off the side of your house and poof, blackout!! Thank you President Biden for shutting down all those gas lines and stopping all that drilling for oil, you sure took a load off of our minds, I wonder where all those pipeline workers are working now? The President sounds like Marie Antoinette when she was told her subjects had no meat or potatoes, her answer was, "Let them eat cake," as though they even had cake. When was the last time you had a steak President Biden? Perhaps I can send you a can of beef stew, my dog doesn't want it either, and your administration is still spending millions trying to discredit Donald Trump.

Under Donald Trump I can remember gas at \$1.89 per gallon, eggs \$1.79, bread at \$1.99 and it was buy one get one free and you could get a nice big steak for \$5.99. I bet you don't even know how much a steak costs because that is paid for by the people.. I looked at a ham the other day and it was \$56, someone is being a pig!

Oh yes, when I questioned the butcher I found China has bought up all the pig farms, is Hunter on that board in China also?

So again, I say thank you President Biden and all who voted for him, how's it working out for you so far?

I am thinking of getting buttons made that says, "You can thank me, "I voted for Biden." How many of you would wear that on your jacket?

Plainville Lions Roar

Plainville Lions generally provide donations and service to local concerns such as the Food Pantry, and scholarships for graduates. Following are Plainville Lions activities planned for this year. Please refer to our facebook or our website (i.e. www.plainvilleclions.org) for details and updates:

- **Sponsoring of Red Cross Blood Drive**
- **New Britain Stadium Bees Event** – to benefit the Lions Low Vision Center – July date tbd Also, we still **collect used eyeglass** (A list of them can be found on our website (i.e. www.plainvilleclions.org) under "Collection Box Locations".

Brian Lavigne, President

Energy and Connecticut

By: Francis Rexford Cooley

Energy is a major issue. The cost of energy, especially gasoline and diesel, has all but a few very worried. While the cost dominates the news on energy the question of how we will meet our future needs is one of paramount importance. While some believe solar and wind will provide our energy needs that is not at all realistic. A realistic long-range energy policy is paramount to Connecticut's long-term economic viability and success.

Currently Connecticut's electricity needs are met primarily by nuclear power from the Millstone Nuclear Power Plant and Natural Gas (some 95%). Biomass and Trash to Energy plants provide just over 3% and Hydroelectric 1%. Solar, Wind, and Coal make up fraction of a percent that is left. Millstone is licensed through 2035 and 2045 but only has a deal with the State to stay open through 2029 and could close if economically unviable, if it were to close Connecticut would simply go dark. Similarly, to move off of carbon-based energy, natural gas, would lead to the same problem. California provides an illustration of the issue of not producing enough energy to meet its peak demands as the Golden State has suffered through rolling blackouts during its extreme weather seasons. While the issues of whether Millstone will stay functioning in the 2030's and 40's may seem a long way in the future that future will be here sooner than one thinks. Power plants take a lot of time to plan and build, years.

Currently the Biden Administration is chiding the petroleum industry to expand production and capacity immediately in response to the massive spike in gas prices. Unfortunately, the Biden Administration is seemingly unaware of the reality of production regardless of whom controls it. It takes between six to ten years for a new oil well to be successfully sited, drilled, and brought to actual production. Nuclear power, natural gas, and other means of energy production take years and some cases more than a decade to go from plan to producing electricity. Lack of realistic planning will lead to problems down the road. This is why states like Connecticut must continually, and realistically, plan for their future energy needs.

The lack of a coherent plan can and will lead to disaster. Analysts are currently warning of a serious downturn in agricultural production due to the extreme high cost of diesel fuel. Simply put many farmers can't afford to run their tractors and other equipment needed to produce the food we eat. Hikes in the diesel tax, as Connecticut is implementing, are not helping Connecticut farmers bring their crops to market. While the temporary suspension of 25 cent gas tax is helpful to individual residents and may win political points the increase in the diesel tax impacts everyone as it hits local agriculture and industry and increases the cost of all products coming into the state as they are moved by truck and trail both reliant upon diesel to power their engines.

Without realistic planning what is now painful may seem mild compared to what the future may hold. Our energy needs are increasing. It is a simple reality in the digital world we live in. The laws of physics are straight forward. Move a mass over a distance at a given speed requires a given amount of energy. You cannot do the job with less energy. The only question is where do you get the energy. A thousands of years ago it was with human muscle, then horsepower and wind to the 19th Century and the Steam Engine and onward to oil and eventually nuclear in the late 20th century. The only constant has been the increase in our energy needs.

Connecticut will need a diverse and robust energy plan that includes nuclear, carbon based, trash to energy, hydroelectric, solar, and wind to meet the State's needs for the mid to late 21st Century.

**Francis Rexford Cooley is running for State Representative in the 22nd District in November.*

How Physical Therapy Supports A Healthier Heart

There's no better day than today to educate ourselves on the importance of heart health. A healthy heart plays a significant role in overall health!

This is a particularly important message for us in the United States. Heart disease is the leading cause of death in our country. It's a staggering fact when you realize that heart disease has been shown, in most cases, to be preventable with the adoption of a healthy heart lifestyle.

Heart Disease:

The Biggest Risk to a Healthy Heart

Heart disease actually encompasses several different types of conditions, including arrhythmia, atherosclerosis, cardiomyopathy, congenital heart defects, coronary artery disease (CAD) and various heart infections.

The most common one is CAD, with more than 3 million cases in the U.S. each year. CAD is caused by a buildup of plaque in the arteries, causing them to narrow and thereby limiting blood flow to the heart.

There are many different risk factors leading to heart disease. The CDC estimates that around 47 percent of Americans have at least one risk factor for heart disease. It's important to learn which ones are within your control, as well as those that are not.

HEART DISEASE RISK FACTORS WITHIN YOUR CONTROL

- High blood pressure
- High cholesterol
- Smoking
- Obesity
- Physical inactivity

HEART DISEASE RISK FACTORS YOU CAN'T CONTROL

Family history: Heart disease can run in a family. Your heart disease risk increases if a close family member has heart disease, so it's important to know your family's medical history.

Ethnicity: A 2010 study found that African-American men and women in the U.S. were 30 percent more likely to die of heart disease than non-Hispanic white men and women.

Age and Gender: Because plaque builds up over time, your risk of heart disease increases as you age. A 2016 study found that white men between the ages of 35 and 44 are about six times more likely to die of heart disease than white women in that same age group. The difference is less among people who aren't white. Additionally, after menopause,

a woman's risk of death from CAD is equal to or greater than the same risk for a man by age 75.

Even though it may be concerning to read about factors that are out of your control, it's important to be educated. If you're in a higher risk category or have a family history of heart disease, it's all the more critical to be proactive about monitoring your heart health and making sure you are doing all that's within your power to prevent heart disease.

The Importance of Resolving Chronic Pain

Did you know that people with chronic pain may be more likely to have a heart attack or stroke than those without chronic pain? Researchers believe that the link is in pain triggering myriad factors related to poor heart health, such as stress, lack of exercise, poor sleep and depression.

According to the CDC, over 20 percent of adults in the United States have experienced recent chronic pain. Physical therapy has been proven to help manage and, in some cases, completely resolve chronic pain.

Treatment methods range from exercise and massage to dry needling and heat/ice. If you suffer from chronic pain, the best way to get started resolving your pain is through a complimentary screening at your local ATI clinic. In 15 minutes or less, our licensed therapy team will provide you with recommended next steps to help you start to feel better.

Stay Active for a Healthy Heart

In a time when millions of Americans are still working from home due to the coronavirus, our population is more sedentary than perhaps ever before. One study found that those who sat for an average of three hours a day were 33 percent less likely to die of cardiovascular disease than people who sat for an average of seven hours a day. It is critical to stay active to support your heart health.

Keeping your body moving consistently throughout each day, if only for a few minutes, makes a difference in your health. Here are some tips for incorporating more movement into your daily routine.

Set a reminder on your smartphone or fitness tracker during times when you tend to sit for an extended period.

Stand up or try walking around your room during phone calls.

When you watch television, remember to stand up and walk around at least

once every hour.

While running errands, intentionally park in a spot farther away from the entrance to get in some extra steps.

Exercise and Take Control of Your Heart Health

In addition to short bursts of activity throughout your day, the U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion, recommends that adults get at least 150 minutes per week of moderate-intensity aerobic activity or 75 minutes per week of vigorous aerobic activity.

Aerobic exercise, more popularly known as "cardio", increases your heart rate and improves your cardiorespiratory fitness. It's a good idea to include both moderate- and vigorous-intensity activities in your routine, along with strength training and stretching exercises. Listed below are some examples of aerobic exercises by intensity.

MODERATE-INTENSITY AEROBIC ACTIVITIES

- Brisk walking (at least 2.5 miles per hour)
- Dancing
- Gardening
- Water aerobics
- Biking (slower than 10 miles per hour)

VIGOROUS-INTENSITY AEROBIC ACTIVITIES

- Hiking uphill
- Running
- Swimming laps
- Heavy yard work
- Cycling (10 miles per hour or faster)
- Jumping rope
- Moving your body frequently throughout each day improves your overall health. While aerobic exercise directly helps strengthen your heart, it also reduces heart disease risk factors and improves your overall heart health!

PT Can Help Improve the Health of Your Heart

Whether it be through daily activity modification or full-on vigorous aerobic exercise, movement of varied types will significantly help to improve heart health. But, what if you've been leading a sedentary lifestyle for a while? Or, perhaps, you're fearful of an old injury flaring up?

It might be overwhelming to start thinking about incorporating consistent movement back in your life. The good news is, you don't have to begin your journey alone.

Physical therapists are movement experts with the knowledge and skill to create a personalized plan for your ability level and fitness goals. Having the guidance of a physical therapy care team ensures that you will be monitored for safety, and can complete your therapy in a safe, friendly and encouraging environment.

TAKE THE FIRST STEP IN GETTING BACK TO YOUR BEST

We're Here to Support Your Health
Your heart is one of the most important organs in your body, pumping blood throughout, delivering oxygen and nutrients to your cells and removing waste products. It keeps you alive and able to seamlessly go about your day doing what you enjoy. Investing in your heart health now will serve you for a lifetime.

To learn more about how our team at Physical Therapy & Sports Medicine Centers of Plainville can help you get back to your best, schedule your appointment with us today. Call us at (860) 517-8885 or visit us on the web at www.PTSMC.com/Plainville. PTSMC is here to be your PT for heart health – and your PT for Life!

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MEDICINE CENTERS**

KEVIN M. CONNELLAN PT PARTNER/DIRECTOR

103 EAST MAIN ST SUITE, PLAINVILLE, CT 06062

(860) 517-8885



Plainville Sports Hall of Fame

The Plainville Sports Hall of Fame announced a star-studded list of honorees which has been named as its Class of 2022. The Plainville Sports Hall of Fame induction ceremony will be held October 22 at Hawk's Landing in Southington. Ticket information will be announced at a later date.

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P-l-a-i-n-v-i-l-l-e

Here are some of your favorite places, people or things around town to rave about this month!

(Mike Raves) I am very pleased to say my wife and I decided to try the pizza at the Stavros Pizza & Restaurant on Pine Street in Plainville. We suggest you try it, you will like it!!

(Susan Faves) Mike Auto Shop on Farmington Ave. takes special care of my car. I bring my car in for service every 6 months and I must say I have never had any problems. In fact it is as good as the day I bought it. Many Thanks to Mike and his staff!!

Email to: plainvillehometown@gmail.com

If you don't have a computer and have a Fave or Rave

Call 860-747-4119 and leave your message OR

Mail it to: Plainville Hometown Connection

27 Sherman St., Plainville, CT 06062

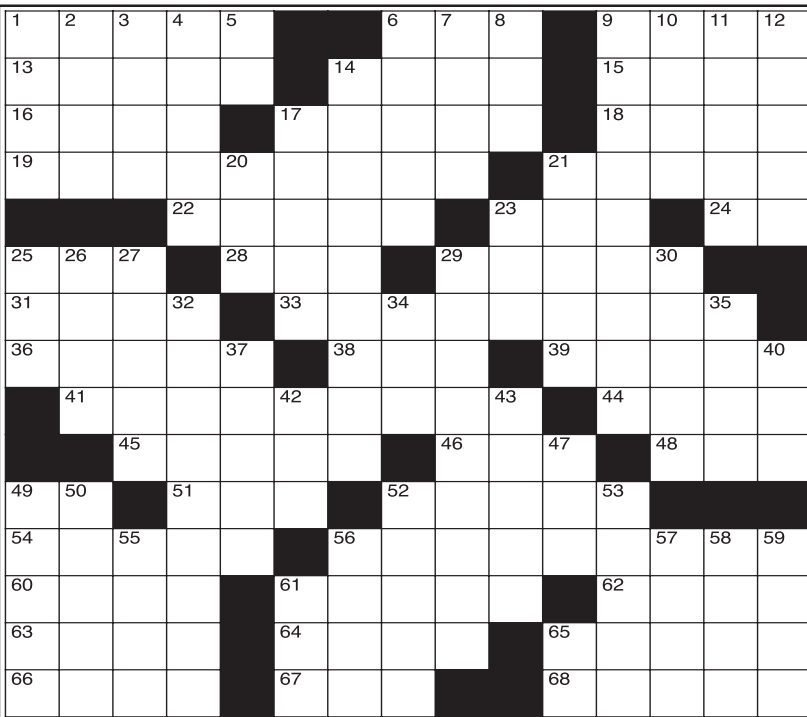
Email your Faves & Raves to share it with everyone!

Let's hear what you have to say, we need your comments!

plainvillehometown@gmail.com or mail to:

Hometown Connection, 27 Sherman St. Plainville, CT06062

Crossword



CLUES ACROSS

- 1. INFLUENTIAL SWEDISH, BELGIAN CLAN
- 6. SWISS RIVER
- 9. NOCTURNAL S. AMERICAN RODENT
- 13. LIKE COAGULATED MILK
- 14. LIMA IS ITS CAPITAL
- 15. LYING DOWN
- 16. JAI __, SPORT
- 17. EGYPTIAN STATESMAN
- 18. NAPOLEON DYNAMITE'S UNCLE
- 19. RENOVATED
- 21. CHADIC LANGUAGE
- 22. 18-YEAR PERIOD
- 23. BEVERAGE CONTAINER
- 24. NATURAL LOGARITHM
- 25. THE "MECCA" OF BASKETBALL
- 28. A WAY TO DARKEN
- 29. MACKERELS
- 31. ACTOR PITT
- 33. PLACES TO BUY SEAFOOD
- 36. TRUE FIRS
- 38. NEITHER
- 39. FENCING SWORD
- 41. ITALIAN PASTAS
- 44. ISLAND NATION CLOSE TO THE U.S.
- 45. BEGETS
- 46. RESEMBLES A POUCH
- 48. __ STUDENT, LEARNS HEALING

CLUES DOWN

- 1. MARK LEFT BEHIND
- 2. CRY WEAKLY
- 3. ANCIENT REGION IN MODERN SYRIA
- 4. FAREWELL
- 5. BLUE GRASS STATE
- 6. GENUS OF MOSQUITOES
- 7. S. ISRAELI CITY
- 8. YOU CAN GET STUCK IN ONE
- 9. ONE WHO MISTRUSTS OTHERS UNJUSTIFIABLY
- 10. FIRST MONTH OF ANCIENT HEBREW CALENDAR
- 11. TIGERS LEGEND FIELDER
- 12. MAKE MORE ATTRACTIVE

- 14. HORSES
- 17. SLIGHT PROJECTION IN TYPE-FACES
- 20. MALE PARENT
- 21. JACK AND JILL ARE TWO
- 23. AFTER B
- 25. LICENSED FOR WALL STREET
- 26. MISSILE WITH ABOUT 600-MILE RANGE
- 27. GODDESSES
- 29. A DAY KIDS LOVE
- 30. OILY SECRETION
- 32. ONE-TENTH OF A METER
- 34. A FATHER'S MALE CHILD
- 35. ONE POINT EAST OF SOUTHEAST
- 37. SILK GARMENTS
- 40. COOL!
- 42. THE COLOR OF ANGER
- 43. TRADE PROFESSION
- 47. IT CAN GET YOU AROUND
- 49. MOTHER-OF-PEARL
- 50. HURT
- 52. LEGENDARY SLUGGER HANK
- 53. POLIO VACCINE DEVELOPER
- 55. INCLINE FROM VERTICAL
- 56. SEA CREATURE
- 57. ACTRESS KATE
- 58. AFFIRMATIVE VOTES
- 59. NOTHING
- 61. PIE __ MODE
- 65. EXPRESSES SURPRISE

Answer on page 16

NOTARY PUBLIC :

KATHY PUGLIESE

50 West Broad Street PLAINVILLE, CT 06062

Phone 860-987-8705

“HAPPY & HEALTHY BIRTHDAY TO ALL”

JULY

- 2ND PAT LOSTOCCO
- 4TH ANGELO CIANCHETTI
BRIAN D. ROCHETTE
- 7TH MARK DEVOE
MARILYN SHORETTE
- 8TH MICHAEL CIANCHETTI
- 12TH TEENA GRAVEL (62)
- 13TH JAMES TALLEY (58)
- 14TH JASON MILLER
MARTY BROW
MAC HAYES, JR.
- 16TH ERIK PERROTTI
- 19TH SARA KLAPPRODT
PAM CHAMBERLIN
- 20TH KATHRYN EGRI
LEE DEROSIER (72)
- 21ST CAITLIN LOSTOCCO
- 24TH PETER G. JOHNSON (72)
- 27TH DEAN BRAYNE
DEWEY A. MAIN



AUGUST

- 5TH VINNY PUGLIESE
AVERY MONROE MADIGAN
- 6TH PETER GLADIS
- 13TH ROBERT GAUVIN
- 16TH STEVE NELSON
- 22ND ROBERT HINKSON
- 24TH ROBYN POULOS
- 27TH SUE GLOWIAK
JOEL BROW
- 28TH STAN GLOWIAK
CHARLES “ZEKE” BERGENTY
- 29TH KELLY DEROSIER

Belated Happy Birthday

John Osuch

Sunday, June 19th

Happy 3rd Anniversary

Wednesday, July 27th

Joan & Brian Gennett

Happy 22nd Wedding Anniversary

David & Veronica Brown

June 17th

with love Son Jake

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Anniversary, Engagement or Wedding Announcement

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VFW Bingo Northwest Drive

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1st Call of Numbers At 6:30 PM

Have Fun While You Support our Veterans!!

Make My Day by:Raymond Cormier

Have you ever had someone do something that made your day? Be it an employee of a business, a police officer, town worker, neighbor or even a co-worker that you would like to thank.

Perhaps you would like to thank a neighbor for a kindness and we would like to help you give this person recognition for a job well done. If this person works for a local business, we are sure his or her employer would love to hear their employee is going that extra few steps to help their customers.

Mothers & Fathers, I am sure your child has "Made your day". Let us know about some of the little things they do to help around the home, empty the baskets, wash the dishes, and etc. We will use first names only, but they will know who they are the one that helped out.

Call 860-747-4119 and leave the name of the person, with your message. You may also E-mail your "Make My Day" to: plainvillehometown@gmail.com

My neighbor Paul "Made My Day" last week when it was 80 degrees, knocked on my door and insisted he install my window air conditioner. I am grateful to have such a thoughtful neighbor.

I decided to buy some flower plants last week and started to arrange the locations to plant them in my front yard. I stopped for lunch and when I went back outside to plant them. To my surprise there were my two Grandsons doing my job! They were just stopping to visit me because they are out of school for the summer. They said they were happy to see that I had something for them to do for me. When they finished they asked if I had any other projects for them.

They really "MADE MY DAY"
Thank You with Love!
Gram

“Ask Sheila”

Q-1 If I move to Florida or any other state, can I take my Medicare Advantage plan with me ?

A-1 *No. Advantage Plans are different in each state, so if you move than you will have to get a new state specific Advantage Plan*

Q-2 I stopped working June 3rd, so no longer have Health Insurance through my Employer. I am 67 and have Medicare Part A. Do I have to sign up for Medicare Part B ? I don't take any Prescriptions and rarely go to the Doctor.

A-2 *You are required to have Credible Medical Coverage AND Credible Prescription Coverage once you turn 65. Since you just lost your Employer coverage you will need to sign up for Part B and get some type of Prescription coverage (Part D) within 63 days of losing your Employer coverage. You will need to get coverage to Begin by Aug 1st to avoid Late Enrollment Penalties*

Q-3 I am turning 65 soon and will be signing up for Medicare. I do not want to take my Social Security Benefits until I turn 70. How do I pay for my Medicare Part B ?

A-3 *Medicare will send you a Quarterly Invoice for your Premium payments. That will be \$170.10 per month for 3 months a total of \$510.30 each quarter.*

If you have any specific questions, or would just like to "Talk Medicare", Please feel free to give me a call at 860-965-0091

Sheila

AMERICAN SENIOR BENEFITS
 10 Waterside Dr., Suite 104
 Farmington, CT 06032
 Office: 860-676-0260 ext 296
 Cell: 860-965-0091
 SDow@AmericanSeniorBenefits.com



Sheila Dow
 Independent Agent

From the Desk of..... Thomas A. Wurz

LUMP SUM SOCIAL SECURITY PAYMENT

One of the more unknown benefits of Social Security is the possible lump-sum payment upon the death of a spouse. Certainly, the passing of a spouse is never an easy emotional and/or financial time. The lump-sum payment that I am referring to is only a minimal aid to help with final expenses. This payment does not relate to monthly Social Security allotments. It is a one-time payment.

A surviving spouse or child may receive a special lump-sum death payment of \$255 if they meet certain requirements. Generally, the lump-sum is paid to the surviving spouse who was living in the same household with the worker when he or she died. If they were living apart, the surviving spouse can still receive the lump-sum if, during the month the worker died, he or she was already receiving benefits on the worker's record or became eligible for benefits upon the worker's death. The surviving spouse's eligibility would pertain to their claim for SSI, SSD, or retirement benefits.

If there's no eligible surviving spouse, the lump-sum can be paid to the worker's child (or children) if, during the month the worker died, the child was already receiving benefits on the worker's record or became eligible for benefits upon the worker's death. This would again be determined as to the eligibility of the child (or children) through application to SSA.

In terms of timing, an eligible surviving spouse or child who is not currently receiving benefits, must apply for this payment within two years of the date of death. Again, this only concerns this one-time lump-sum payment of \$255. There are other survivor benefits that mainly pertain to using the deceased work history to increase monthly benefits.

Social Security is a complex government program that most everyone ends up paying into.

Hopefully, this article helps for those who qualify for this payment. Because whether you are in need of this payment or not, you should view it as money that was already paid forward.

This is not just a hand-out.

Attorney Thomas A. Wurz

is an associate of his father Attorney Theodore J. Wurz, LLC in the law office of Attorney Richard Witt at 132 East Street. Attorney Wurz is a graduate of Avon Old Farms School in 2001, Providence College in May 2005 on the Dean's list and Juris Doctor Program at Western New England College School of Law in May 2009. He was admitted to the Connecticut Bar and U.S. Federal Court in 2010. His activities and interests are Secretary of Sports Entertainment Law Club at WNEC and is a Special Olympics Volunteer.

132 East Street, Plainville Phone 860-793-9879



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Call for exhibitors and speakers at the Fall Benefit EXPO.

The Passport to Health & Wellness Expo, to be held Sunday, October 16 from 10am to 4pm at The Bristol DoubleTree by Hilton is accepting applications. The benefit Expo is presented by the Holistic Community Professionals, will feature speakers on the half hour and a Keynote speaker at 1:00 PM with more than 75 vendors and readers, free raffles all day and a grand prize of a Hilton overnight stay with breakfast for two, as well as a free sound healing closing ceremony on the patio. **Interested exhibitors can apply online: For more information, call Shirley R Bloethe at 860-989-0033, email YourHolisticEvents@gmail.com or visit: www.yourholisticevents.com/fairs-vendorspeaker-application/**

Plainville Civil Air Patrol Join Today
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*I am on Vacation!!
Will be back in September!
Have a Safe and
Wonderful Summer!
.....Sally Miller*

**Annual MPO
Peter Lavery
Memorial Ride**

Memorial Scholarship Fund, Inc. It takes a tremendous amount of support from our community to hold this ride and a number of local businesses have generously offered their financial support and assistance. We THANK the Newington Police Department, the Newington Parks and Recreation Department and the Newington Volunteer Fire Department for all of their support and assistance! We could not hold this ride without them! We THANK Pat Whelan of the State Police Pipes and Drums and Sue Lavery Hilerio for performing at our opening ceremony! We THANK all of the motor units who come out to ride and keep all of riders safe! We THANK the many volunteers who offer their time in the days working up to the ride and on ride day to put on an amazing event!! We THANK Stew Leonard's for their incredible generosity in providing our hundreds of riders with morning donuts and our picnic lunch following the ride. We THANK all of the riders who come out for our ride, some traveling great distances to attend. Some have come each and every year and some are first time Lavery ride riders! We appreciate that you support and ride in memory of MPO Peter J. Lavery! We sincerely THANK everyone who helps or supports our ride in ways big and small! And lastly, I THANK the committee members who work for many months leading up, for all of their time and planning the many details that are involved!! Hope to see you on Sept. 18, 2022 for the 18th Annual MPO Peter Lavery Memorial Ride!!

The 18th Annual MPO Peter Lavery Memorial Ride is being held on Sunday, Sept. 18th, 2022 at Churchill Park, Newington. This ride is in memory of MPO Peter J. Lavery who was killed in the line of duty on Dec. 30, 2004 while responding to a domestic violence call. It is an event that honors the sacrifice he made, celebrates his life and love of motorcycling and keeps his memory alive. MPO Lavery was an avid motorcycle rider throughout his adult life and was proud to be selected to serve on Newington Police Department's motorcycle unit. This ride is in memory of MPO Peter J. Lavery who was killed in the line of duty on Dec. 30, 2004 while responding to a domestic violence call. It is an event that honors the sacrifice he made, celebrates his life and love of motorcycling and keeps his memory alive. Registration takes place from 8:00 - 9:45. All law enforcement supporters on all makes of motorcycles are welcome. The ride departs at 10:00 from Churchill Park is escorted by many motor officers from throughout our state. The ride is held rain or shine. The route takes the riders from Churchill Park, Newington, through Berlin, Rocky Hill, Cromwell, Middletown, Portland, Glastonbury and Wethersfield before returning to Churchill Park at about 11:15. All proceeds benefit the Peter J. Lavery

Letter to the Editor:

I am writing with a new update from The Weekly Wrap, a recap of the week in Congress and highlights of my work. Last week, the House considered legislation to ensure our communities are safer, healthier, and embody the diversity they represent. This includes the **Bipartisan Safer Communities Act** - legislation to reduce the threat of gun violence across our country; The **Keep Kids Fed Act**, legislation to ensure schools can provide meals during the academic year; **The Restoring Hope for Mental Health and Well-Being Act**, which reauthorizes several key mental health programs and The **LGBTQI+ Data Inclusion Act**, legislation to ensure individuals in the LGBTQI+ community are represented in federal survey data. At the same time, I recognize the devastating impact the Supreme Court ruling in *Dobbs v. Jackson Women's Health Organization* has had in communities across our state. Reproductive care and abortion access are essential. I will continue to fight so every person can make their personal health care decisions.

*Congresswoman 5th District
Jahana Hayes*

*To: Plainville Businesses & Professionals,
An invitation to advertise your Business or Profession in our Centerfold section of our monthly issues. Our paper is mailed FREE to over 8,900 households and businesses plus every issue is Online for double coverage.
We were unable to contact everyone for this issue, repetition is the secret to success. If you are interested in placing your business card, for \$25.00 please call 860-747-4119 or email your ad & we will invoice you send to plainvillehometown@gmail.com before August 15th for the September issue.
The paper is an all volunteer effort, which makes it impossible to cover the advertising sales full time.
We know it pays to advertise.....we need more volunteers in that department. Help us, help you, to advertise call the phone number listed above. Thank You! Sincerely, Volunteer Staff Members*

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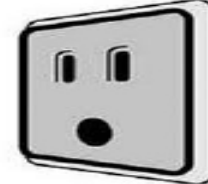
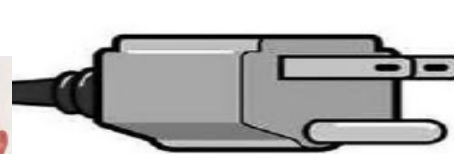
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\$12,000 In Grants Awarded To Plainville Community Fund From Main Street Community Foundation



From Veterans Day concerts to green houses for elementary schools, Main Street Community Foundation is committed to improving the quality of life in Plainville. MSCF is proud to have recently awarded seven grants through the Plainville Community Fund, totaling \$12,000, which will benefit Plainville residents in several areas of need.

Both the New Britain Museum of American Art and Imagine Nation, a Museum Early Learning Center have been awarded \$1,500 for their child outreach programs. A \$2,300 grant has been awarded to support PARC, Inc to fund their Adult Life Skills program, which focuses on developing skills for independent living for people with developmental disabilities. The Pequabuck River Watershed Association has been awarded \$1,700 for their Civil Engineering Tour for Plainville High School students enrolled in the UConn Environmental Science Early College Experience. Growing season will be extended and more learning opportunities will be available at Louis Toffolon Elementary School where a \$1,500 grant will be used

to build a cold frame/greenhouse. A \$1,500 grant will also be used by the Plainville Wind Ensemble to put on a free Veterans Day concert, and lastly a \$2,000 grant has been awarded to the Prudence Crandall Center in order to continue providing domestic violence intervention and prevention services for Plainville residents.

The Plainville Community Fund was established at Main Street Community Foundation in 2006 by a group of committed community leaders in Plainville who were interested in creating a permanent resource for charitable programs and projects that would enhance the quality of life for Plainville residents. Over the past 16 years, the Foundation has awarded grants from the Fund totaling over \$108,000.

The Fund relies on the donations of individuals, families and businesses and help meet the changing and emerging needs of Plainville residents. Contributions can be made at any time to the Plainville Community Fund by donating online at www.mainstreetfoundation.org/funds or by sending

donations to Main Street Community Foundation, P.O. Box 2702, Bristol, CT 06010.

For more information on Plainville Community Fund or Main Street Community Foundation, visit www.mainstreetfoundation.org.

The Main Street Community Foundation is dedicated to enhancing the quality of life for both present and future generations in the communities served by encouraging and promoting gift planning, prudent stewardship of assets, effective grantmaking and community leadership. A nonprofit public charity, created by private citizens, the foundation works with donors in Bristol, Burlington, Plainville, Plymouth, Southington and Wolcott who wish to build permanent charitable endowments to support their communities. Since its founding in 1995, the foundation has provided over \$23.4 million in grants and scholarships.

Plainville Community Fund
Fifteen years ago a group of community leaders in Plainville came together with a common but simple goal: to enhance the quality of life for Plainville residents.



The fund creates a permanent resource for charitable programs and projects. In 2006, the Plainville Community Fund was established at Main Street Community Foundation.

Since that time, the Fund has become a true asset of the community. MSCF has awarded 95 total grants from the Fund totaling \$106,000 to organizations working to improve the lives of Plainville residents.

The Plainville Community Fund Advisory Committee regularly assesses the needs in town, which inform the grantmaking. Grants have been made from the Plainville Community Fund to make the community stronger and to help meet the changing needs of Plainville residents. The annual Plainville PumpkinFest, which has become a signature event in town, recognized the impact of the Fund, and for several years the Fund has been the beneficiary of proceeds raised at the event.

It is due to proceeds from such an event, other fundraising initiatives and the generous donors

throughout the last 15 years that the Fund has grown to be able to meet so many needs in the community. In 2021, a total of \$12,000 in grants were awarded to eight organizations. Grants supported causes such as domestic violence prevention programs; enrichment activities for all ages and food for the food pantry. A full list of the grants awarded from Plainville Community Fund this year can be found on page 14 of this Annual Report.

2021 Plainville Community Fund Advisory Council

Deanna Gelt, Co-Chair
Robyn Poulos, Co-Chair
Carol Stauble, Secretary
Andrea Wasley, Treasurer
Helen Bergenty
Simonne Corriveau
Mary Couture
Lynn Davis
Val Dumais
Kenneth Gnazzo

Kristen Lavalley
Robert E. Lee
Lana Manafort
Kelly Perrotti
William Petit
William Petit, Jr.
Jo Rosinski
Joe Ruffini
Jim Welch
Lynn Wrobel



PHS Student Joins Internship Program



Marc Koss and the Great American Donut team in Plainville hosted Plainville High School junior Noor Abbasi in a 50-hour on-site business internship as part of the high school's Fieldwork Experience (FWE) Internship program this year. The FWE program offers an opportunity for students to explore and experience career pathways of interest while earning academic credit.

THANK YOU LOCAL BUSINESSES!

Several local businesses shared their generous support for the Plainville High School Class of 2022, through donations for the group's Class Night and Class Picnic events. Supporting businesses include: Lola's Bistro, Buffalo Wild Wings, D'Maries Pizza, West Main Pizza, Bagels Plus, Hidden Valley Mini Golf, Craft Kitchen, J. Timothy's Restaurant, Pagliacci's and Jim's Deli.



Board of Education Recognizes Retirees



From Left: Superintendent of Schools Steven LePage, Steve Busel, Donna Mousch, Suzanne Schweitzer, Nancy Cooperman, Jeff Steele, and Plainville Board of Education Chair, Lori Consalvo.

At their June 14th meeting, the Plainville Board of Education recognized the following individuals who will retire this year for their many years of service to Plainville Community Schools:

Janice Dinsmore, Special Services Office Professional

Carlene Blair, Middle School of Plainville Paraprofessional

Jeff Steele, Louis Toffolon Elementary School Custodian

Martin Brennan, Plainville High School Custodian

Karen Rudolewitz, Plainville High School Special Education Paraprofessional

Donna Mousch, Linden Street School Literacy Tutor

Josh Zalaski, Plainville High School Social Studies Teacher

Susan Van Kleef, Middle School of Plainville Science Teacher

Suzanne Schweitzer, Linden Street School, School Psychologist

Laurie Branciforte, Plainville High School Special Education Paraprofessional

Mary D'Onofrio, Plainville High School Cafeteria Manager

Cheryl Michaud, Grade 4 Teacher at Frank T. Wheeler Elementary School

Nancy Cooperman, Adult and Continuing Education Office Professional

Steven Busel, Plainville Community Schools Director of Facilities

"Adopt A Pet" Reading Program Celebrates Year End

Plainville Community Schools volunteer Reading Partners and their student matches recently gathered at each of the three Plainville elementary schools for an end-of-the-year celebration. The "Adopt A Pet" reading program has been conducted as a pen-pal style design throughout the pandemic, and was supported by generous grants from the Elizabeth H. Norton Trust Fund.



Linden Street School



Toffolon School



Wheeler School



I Pledge Allegiance to the Flag....



MIDDLE SCHOOL ROBOTICS PROGRAM HAS A STELLAR YEAR!



The Middle School of Plainville VEX Robotics Program enjoyed an exciting year of local, state and world competitions and recognitions.

Five of the Middle School's VEX Robotics Teams competed at the Connecticut State VEX IQ Championship on March 5th. Two of those teams qualified for the World event and traveled to Dallas, Texas to compete in the 2022 VEX IQ Robotics World Championship in May. The four Middle School students who competed in the World Championship, Josh Carlina, Paige Weimer, Iman Bilal, and Raman Kasabrukhou, met participants from around the world who joined them to compete at the Kay Bailey Hutchison Convention Center.

"Day two of the event is when things really got underway," explained Program Advisor and Coach Camille Westfall. "Each of the two teams participated in seven qualifying matches over the course of six hours. The MSP teams had to locate their partner teams in a sea of thousands of students from 800 teams."

The two Middle School of Plainville teams earned the highest scores of their season and learned a great deal by competing at the World Championship event this year. On the third day of the event, the teams finished their final three matches, then watched the overall finals with 20,000 fellow competitors in the convention center.

"The highlight of the event was the reveal of the new game for next season," said Raman Kasabrukhou. "We are already planning what we need to do to get back to the world event next year."

"As our team moves up to Plainville High School in the fall we are so happy to hear that Superintendent LePage approved a pilot VEX EDR program so that we can keep competing," said Josh Carlina.

Westfall was pleased with the efforts of her teams this year. "The students all worked very hard during the season, and the world event was the culmination and celebration of all the hours and dedication they put into Robotics this year. We look forward to next year and the new game, Slapshot."

The Middle School's VEX Robotics Program was also recognized by the Plainville Town Council on June 6th for their commitment to excellence and for earning the most wins historically in Connecticut for VEX Robotics. Additionally, Westfall was recognized for coaching the Robotics program for 30 years.

"I couldn't be more impressed and proud of our students and MSP VEX Program Advisor, Camille Westfall. This is truly an outstanding program, for so many reasons. Most importantly, the students involved in VEX learn how to collaborate, communicate, innovate, to be resilient in inevitable failure and defeat, and to handle adversity with grace and reflection, being mindful of how their actions impact themselves and others. said Superintendent of Schools, Steven LePage, who noted, "For these reasons, and at the request of some of our wonderful student leaders and parents, I sought Board of Education approval to expand these programs across the entire district next year.

Plainville High School Hosts "Breakfast of Champions"



The Plainville High School Physical Education Department recently hosted the second semester "Breakfast of Champions" for students who passed all four sections of the CT Fitness Exam.

"Student Rocks" Award Presented by Board of Education



In photo: Plainville High School Student Rocks Award recipients Michael Haddad and Joseph Rossi.

"To be selected by our teachers in recognition that you represent the very best of our students is quite the honor. Both of the students honored this semester embody what we hope for from all of our Blue Devils at PHS," said Plainville High School Principal, Carl Johnson.

Plainville Adult and Continuing Education

It's never too late to return to school!

Plainville Adult and Continuing Education will offer cost-free classes this summer from July 11-28. Classes will meet Mondays through Thursdays at Plainville High School, as follows:

- Adult Basic Education and GED Preparation**
Mondays through Thursdays, 10am -12pm
- English as a Second Language**
Mondays through Thursdays, 12pm-3pm.
- Free, onsite tutoring will be available**
Mondays through Thursdays from 11am-1pm.

For further information, please call Plainville Adult and Continuing Education: (860)793-3209 or visit www.plainvilleschools.org/departments/adult_ed



MSP Student Reads to Wheeler Students with Sign Language

Middle School of Plainville student Faith Posner, and her mother, Rachel Posner,

recently visited Frank T. Wheeler Elementary School to serve as guest readers for story time in Lisa Mullins and Meg Donovan's preschool classes. Faith's grandmother, Mrs. Jane Kyle-O'donnell, is an instructional assistant in Mrs. Mullins class. Faith's focus was on diversity and sign language. She read the story "Different" by Heather Avis and Sarah Mensigna to students in both English and sign language simultaneously.

WHEELER SCHOOL HOSTS FIELD DAY



Frank T. Wheeler Elementary School held their annual field day event on June 16th. Principal Andrew Batchelder shows his excitement during the "tug of war" event where for the first time ever, the Wheeler fourth graders beat the fifth graders in an unprecedented win!



Andrew P. Jusino Named to the Dean's List at the University of New Haven

WEST HAVEN, CONN. – Andrew P. Jusino of Plainville, CT, a student in the College of Arts and Sciences at the University of New Haven, has been named to the Dean's List for the Spring 2022 semester.

Andrew graduated with a Bachelor of Science degree in Legal Studies/Public Affairs in May 2022.

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Great Job, ROTARIANS!



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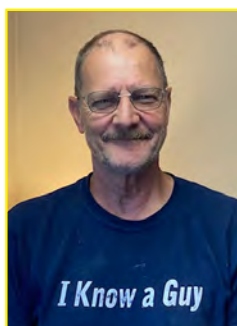
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I KNOW A GUY

By: Myke Roy



radio to name a few. I did and I am saving over \$40.00 per month. That's almost \$500.00 per year. Take that money and apply it to some bills, you can even just put it into a savings account. Either way, the money will be much better off in your pocket rather than someone else's.

3. Buy generic. In most cases the only thing that is better about the name brands is the marketing.

4. Take 5 to 10 percent of your paycheck and get it direct deposited into a savings account. At the end of the year use that money to do your Christmas shopping, that way you won't feel the need to use your credit card to purchase those gifts.

5. DIY...everything! Although, as most of you know, I make my living working on peoples' homes. That being said, this column is to help you, my readers, to save money. So, DIY everything. If you can't do it yourself maybe you can ask a friend or family member to help you.

6. Sell everything that doesn't bring you joy. Again, take that money to pay down some bills or put it into your Christmas fund.

7. Always ask for discounts. Whether it is a military, senior citizen, AAA, cash, or any other discount that may be available, you probably won't get it if you do not ask.

I hope these seven tips can help you save a few dollars. So remember, when your friends or family ask you where you are getting all of this information, just tell them..."I know a guy."

And never ever forget ... "Doing it right costs less than doing it over!"

Friend, I'm so excited to announce that we're OFFICIALLY building the border wall in Texas.

While Biden does NOTHING, we're stepping up to PROTECT our communities and to keep Texans and Americans SAFE.

The lack of action by the Biden Administration is DISGUSTING, which is why I need to ask for your help TODAY.

If you SUPPORT a secure border and the construction of the BORDER WALL, will you please RUSH A CONTRIBUTION HERE.

This is our chance to show the Biden Administration that Texans and Americans SUPPORT the construction of the border wall in the Lone Star State.

I'm excited about what we're doing in Texas to BUILD THE WALL and secure the border, but I want to know that I have your support as I do it.

DONATE TO CONFIRM YOUR SUPPORT FOR A SECURE BORDER. (\$10, \$20. or whatever you

can help us build that WALL)

*Thank you,
Governor Greg Abbott*

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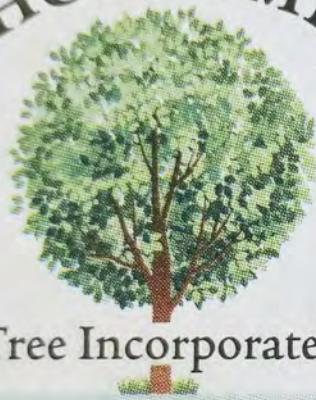
Taste Buzz COMPANY CORN

1. Husk fresh corn on the cob as needed.
2. Cut tinfoil pieces appropriate to fit.
3. Rub each cob with softened butter, sprinkle with salt and pepper.
4. Wrap each cob in the tinfoil.
5. Pile on your cookie sheet and bake at 350 for about 20 minutes until hot to your touch. Or, you can put them on the grill.

TIP: Before you wrap, insert a round wood toothpick in either end to create little handles. You can soak them in water first and it is wise to poke a hole in either end of the cob for easy insertion. An icpick works well.

Single serve for a crowd.

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Virtual Memory Café

The virtual Memory Café is a welcoming place for people with memory loss, mild cognitive impairment, and early dementia, friends and families are welcome. Memory Café offers an easy and fun way to socialize with others who have a shared experience. The virtual class will be facilitated by a Hartford HealthCare Center for Healthy Aging Dementia Specialist on the first Monday of the month, August 1, from 10:30 a.m. to 11:30 a.m., excluding holidays. **REGISTRATION REQUIRED for all Virtual Classes- Call 1.855.HHC.HERE (1.855.442.4373) or go to HartfordHealthCare.org/VirtualClasses. After you register, you'll receive an email with easy instructions on joining the virtual class.**

Hartford HealthCare Center for Healthy Aging is a not for profit member of Hartford HealthCare Senior Services. Each of the 13 resource and assessment centers are designed to enhance access to services and information related to attaining optimal quality of life for seniors and their caregivers. For more information about Hartford HealthCare Center for Healthy Aging, visit <http://hhccenterforhealthyaging.org> or call 1.877.424.4641.

Virtual Dementia Caregiver Support Group

Are you a caregiver and feeling overburdened? Are you responsible for making financial decisions, managing changes in behavior or even helping a loved one get dressed in the morning? This group is an affiliated support group of the Alzheimer's Association Connecticut Chapter. Join the class on Tuesday, August 2, from 10:00 a.m. to 11:00 a.m. Facilitated by Michelle Wyman, dementia specialist, Hartford HealthCare Center for Healthy Aging.

Virtual Class: Healthy Brain Series

The Healthy Brain Series occurs every Tuesdays: August 2, 9, 16, 23 & 30 from 10:30 a.m. to 11:30 a.m. Participants should select one series and are en-

couraged to attend all five sessions. Presented by a certified dementia specialist from Hartford HealthCare Center for Healthy Aging.

Topics include: Session 1: Challenge Your Mind Daily: Activities to Keep Your Mind Sharp; Session 2: Feeding the Brain: The Importance of Diet and Hydration; Session 3: Benefits of a Purposeful Life: Finding Meaningful Engagement as You Age; Session 4: Good Sleep and Brain Power: The Importance of Sleep and Your Brain and Session 5: The Blue Zones: Lessons for Living Longer from the People Who've Lived the Longest. **REGISTRATION REQUIRED:** After you register, you'll receive an email with easy instructions on joining the virtual class.

Call-In Support Group

Looking for a safe space? Talk to a professional about the questions and or concerns you may have regarding dementia. Every Friday from 2 p.m. to 3 p.m. starting Friday, August 5, there will be a call-in support group facilitated by Kristine Johnson, dementia specialist, Hartford HealthCare Center for Healthy Aging. Join the call at: 860.972.6338 - Meeting Room: 19623#.

Virtual Class: Exercise and Healthy Aging

Keeping the body moving is essential to healthy aging. Join the virtual class on Tuesday, August 9, from 11 a.m. to noon and learn about the benefits of daily activities to shape physiology, exercise can be used as a tool to fight disease and age-related decline, types of exercise. Presented by Michele Boisvert, exercise physiologist, Hartford HealthCare GoodLife Fitness. GoodLife Fitness, a program of Hartford HealthCare, is geared toward the older adult to build energy, strength and endurance for an active lifestyle. An exercise physiologist works one-to-one with each person to improve muscular strength, balance, cardiovascular health and self-esteem, while reducing the risk of falls and injuries. To learn more, visit <https://hhcseniorservices.org/health-wellness/goodlife-fitness>. **REGISTRATION REQUIRED:**

Virtual Class: Managing Chronic Back Pain

Guidelines from the American College of Physicians recommend that the first line of therapy for chronic back pain should be non-drug treatments.

Topics covered will include: defining pain, risk factors and causes, and ways to manage back pain with various approaches including exercise and physical therapy. Join the class on Wednesday, August 10, from 2:00 p.m. to 3:00 p.m. presented by Lisa Murawski, exercise physiologist, GoodLife Fitness.

REGISTRATION REQUIRED:

Virtual Dementia Caregiver Support Group

Do you care for someone diagnosed with dementia? A support group provides emotional, educational and social support. Join the call on the second Wednesday of the month from 6:30 p.m. to 8:00 p.m. starting on August 10. Facilitated by Patty O'Brian, CDP, dementia specialist, Hartford HealthCare Center for Healthy Aging. Sponsored by Hartford HealthCare Center for Healthy Aging and Alzheimer's Association. **REGISTRATION REQUIRED:**

Virtual Class: If It's Not Alzheimer's Disease, What Is It?

Join our interactive virtual class on Thursday, August 11, 6 p.m. to 7 p.m. to learn more about the different types of dementia, identifying different symptoms, the importance of knowing the diagnosis. Facilitated by a Hartford HealthCare Center for Healthy Aging Dementia Specialist.

REGISTRATION REQUIRED:

Virtual: Dementia Caregiver Support Group

Caregivers far and wide are welcome. Chat with those who come from the same walk of life. Join the call every third Monday, August 15, from 1:00 p.m. to 2:30 p.m. Facilitated by a Hartford HealthCare Center for Healthy Aging Dementia Specialist. Sponsored by Hartford HealthCare Center for Healthy Aging and Alzheimer's Association.

REGISTRATION REQUIRED:

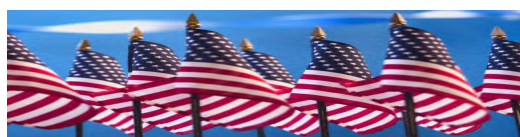
Open House at The Orchards at Southington set for August 18

The Orchards at Southington, a beautiful independent and assisted living community located at 34 Hobart Street, is hosting an open house on Thursday, August 18, from 4:00 p.m. to 8:00 p.m. Visitors will be able to learn more about how the concerns of a personal home can be put aside for the perks of a senior living community, safety precautions, and supportive services.

Registration is recommended. To reserve a time, call Antoinette Ouellette, retirement counselor at The Orchards at Southington, 860.628.5656.

Crossword Answers

E	R	C	A	N		A	B	M		R	A	C	S
D	E	H	A		M	A	B	R	S		R	E	P
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A	H		R	A	C		S	R	R	A	P		
N	I	B	A	S		C	A	I	O	N	R	A	P
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S	E	Y	A		M	E	B	E	S		L	C	A
A	A	N		D	A	R				N	O	D	A



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Life With Wanda



Getting on in years isn't what it's cracked up to be. Some of us start getting pains in parts we didn't know we had and having every intension of doing something and when you get right down to doing it you decide perhaps you'll put it off until the next day.

The other day my friend said she was going to do some ironing but couldn't find her iron so she figured she would put it off until another time. Well, the next day while looking for something else she found her iron but by then she forgot what she was going to iron, isn't that always the way. She wanted to put it someplace where she could find it just in case she remembered what she wanted to iron.

I told her to drive a nail in the wall and hang it, and hang up anything else that she wanted to remember where she might have put things she didn't use very often or she misplaces all the time.

She called me and said what a great idea. She put about twenty nails on the wall in her laundry room. She sent me a picture; she has slippers, bathrobe, a basket of pills, bags of canned goods, her pocket book and all kinds of things she misplaces.

I don't think I have enough nails to hang everything I misplace but if any of you try this put the items in alphabetical order you'll have a better chance of locating them if you remember what wall you hung them on.

P.S. I stopped by her house yesterday and noticed her glasses and a bag with her teeth; I guess those are two things she misplaces all the time.

Oh well, to each his own!

Ron Willard, Owner

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Heavenly Father...

There are some people who not only believe that their parents or loved ones are in Heaven, but believe that they can also see them. They honestly believe that their dead parents or loved ones can also help them. You've heard these people, they truly believe that their loved ones in heaven can intercede with God on their behalf to gain favors for the living. I come from a Catholic home, so I've heard this before. They sit their in the chair with the rosary, and they look at you a certain way. They say ' Oh, my dad was looking out for me.' I don't know how he got me out of that jam, but he did. 'Oh, my mom... my mom was in surgery with me. I could feel her presence in there. Yeah, yeah, yeah. Fine. Like the people who die have nothing better to do than run the heavenly branch of the Make-A-Wish Foundation. Now if people want to believe this kind of stuff, it's fine with me. Let them believe it. I don't, but I don't want to refuse anyone of their beliefs. But I have a question about this, a question that involves logic.

Let's suppose it's true. Let's allow the proposition that somehow dead loved ones in heaven can help their living children. Fine. So we've got a family living on earth, father, mother, and four kids. A good, nice family. Doing all the right things, having a good time, playing by the rules of society.

Then parents leave for a trip on a weekend and get killed in an accident, and the children survive. So now, according to this theory, these two people go to heaven and start helping their four children, helping with everything they need. Helping them with their science projects, with their SAT scores, helping them get a good school, get a nice job, get a promotion and a raise and someone to marry, and they all grow up and have children of their own. Let's say that all four of these now grown children also die at the same time, just for the sake of argument. Let's say there's an explosion at Thanksgiving dinner, and these four die, but their children survive because they were seated at the children's table.

So now according to the theory,

these four go to heaven and start helping their living children. But what happens to the original two? What happens to the grandparents? Do they just go off duty now? What do they do? Is there a retirement program up there? Is there some activities for these people? Shuffleboard, pinball, online poker. There must be something they can do. Or do they have to remain on duty indefinitely? Do they have to keep on helping their living descendants forever and ever? Is that what heaven is about? When do you get to just lie back on a cloud and take a harp lesson, you know what I mean?

Because people have been dying for a long, long time. We've had 100 billion people live on this earth. That's what the experts say. So let's say half of them died and went to heaven. That's 50 billion people up there. That's a pretty crowded place. It must get pretty busy and pretty hectic up there. God must get pretty upset with all these favors. Yeah, yeah I know. Spelling test Tuesday.

Just get out of here would you, please. Well even God can go on sensory overload. That's why he wanted one

day off a week. Christians gave him Sunday, Jewish gave him Saturday, Muslims gave him Friday. God has a 3 day weekend pass, which is what he needs.

Now just a couple of other questions about this whole theory. Suppose you die without any children. Who do you help, strangers? That would be nice. Suppose you're an adopted child. Who helps you, your biological mother? She doesn't even know where you live. Suppose you kill your parents. Would they help you? I'll guarantee you Mr. And Mrs. Menendez aren't helping those two boys. Remember folks it's all Bulls**t. That's what you have to remember as you go through life in this country.

Since this is the July/August edition, I want to wish everyone a safe and enjoyable Summer.

Food for thought...It's a sure sign of summer if the chair gets up when you do.

Food for thought... A lot of parents pack up their troubles and send them off to summer camp.

John Gasparini

Ask the Brayne...

Q. Do you know all the facts about the Middle School project?

A. *I know some, you asked me if I know ALL the FACTS. Thank you for asking me about the project a week ago, that gave me a little time get most of the Facts. Facts that I found are on page 38.*

Q. Why were schools started?

A. *People lived together in groups since the very earliest times. Each group tried to keep together and find ways that would keep the group going after its individual members were gone. In order for the group and its values to survive, it was necessary for older members to teach children all that they had learned so that they could solve the problems they would face. Young people had to be trained to carry on the customs, knowledge, and skills of the group. So the idea of "education" existed long before there were actual schools. Nobody knows when the first schools appeared. We do know that they were in existence in Egypt and perhaps China and in some other countries 5,000 to 6,000 years ago. And it was only about 100 years ago that people began to consider an education as the right of every child.*

To submit questions call 860-747-4119

E-mail: plainvillehometown@gmail.com or write to:

Hometown Connection, 27 Sherman Street, Plainville, CT 06062

Deadline for submitting questions is the 15th of the month

*Thank you for this issue questions. Please keep them coming!
"Happy 4th of July"*

INCREMENTAL ISLAM 27

Since our country is just a few months out from a critical election, let's go over some great questions to ask Muslim candidates. These questions and tips are taken from Dr. Stephen Kirby's outstanding book, Islamic Doctrine Versus the U.S. Constitution: The Dilemma for Muslim Public Officials.

First, a few general tips from Dr. Kirby:

Try to attend the event with friends, but don't sit near each other; have your questions written out ahead of time and read straight from your card; include the source – Quran or hadith chapter and verse, or the ROTT specifics – in case anyone challenges you. Be polite but push for an answer; and try to have someone record the event so you can get more mileage (in terms of educating people) by posting the video on social media. Here is one of Kirby's questions regarding our First Amendment freedoms: "Will you go on record now and state that our First Amendment right to freedom of speech gives the right to anyone in the United States to disagree with your prophet Muhammad, and will you also go on record now and state that you support and defend anyone's right to criticize or disagree with your prophet Muhammad, and that you condemn anyone who threatens death or physical harm to another person who is exercising that right?"

With our country and its freedoms hanging by a thread, we all need to get out and into the political

arenas and speak up. The overarching goal for Muslims is to turn nations Islamic, thereby growing the Islamic caliphate, and they have made a great deal of headway. Please purchase Dr. Kirby's book and share the information with others. Our world may be free for it.

Jane Bate

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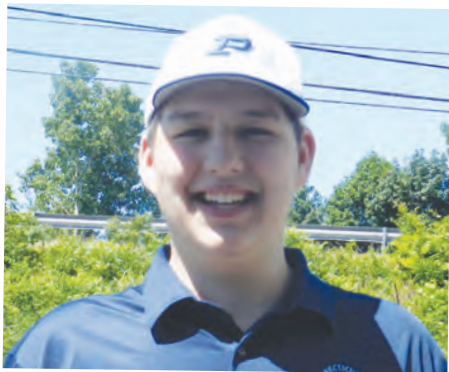
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Jake's Sport Talk



Hi! Welcome to my monthly article this month I interviewed two Plainville Softball athletes. I also included game notes from the games I attended. Hope you all enjoy my article.

April 13th 2022

Plainville Vs Northwest Catholic Plainville won 15-9

#16 Marrissa Miller SS had a walk, a ground out, a double on a error a single
#5 Audrey Pace SS had a Fly out
#2 Amanda Linnhoff C had 2 singles and 3 RBI's

#24 Karan Waldo C had 2 Ground outs
#11 Alexis Graff RF had a single and a ground out

#21 Sage Volpe RF had a fly out and a ground out
#6 Nora Couture CF had 2 singles a walk and one RBI

#15 Avery Verastro 2B had 2 ground outs

#3 Ali Ali Shover 3B had a strike out a walk and a single

#19 Sydney Frenchette 3B had 2 doubles

#9 Sami Thompson 2B had two singles and a walk

#10 Natalie Newton CF had a double and a walk

#7 Faith Emery 1B had a Walk a Pop out and a ground out

#17 Bella Grasso 1B and P had two ground outs

#14 Kali Fangiullo P and 1B had 2 doubles a strike out and 2 ground outs and 5 RBIs

#12 Grace Geddes LF had a Intentional walk and a single

#23 LF Rileigh Ruot had a single and a strike out

April 29th

Plainville Softball Vs East Catholic Plainville won 20-13

#16 Marrissa Miller SS had a walk a pop out 2 singles a infield fly and 3 RBIs

#2 Amanda Linnhoff C had 3 singles and a intentional walk and 3 RBIs

#9 Sami Thompson RF had a pop out a signed a double and a ground out and 1 RBI

#6 Nora Couture CF had a double 3 walks and single 4 RBI

#3 Ali Shover 3B had a ground out a double and 2 walks and 1 RBI

#23 Rileigh Root LF had a Walk

#7 Faith Emery 1B had 3 Walks a pop out and a strike out

#14 Kali Fangullo 2B and P was hit by 2 pitches and had 3 walks a strike out

#10 Natalie Newton LF and 3B had three singles a walk a strike out and a ground out and 2 RBI

#12 Grace Geddis P had a walk a ground out and a strike out

#15 Avery Verastro 2B had 2 strikeouts

May 18th

Plainville Softball Vs Bloomfield

#16 Marrissa Miller SS had a ground out a double and a triple and 1 RBI

#2 Amanda Linhoof C had a strikeout and a double and 1 RBI

#14 Sydney Francette 3B had a pop out
#9 Sammy Thompson RF had 3 doubles and a Home Run and 5 RBIs

#6 Nora Couture CF had two walks and a Strikeout

#17 Isabella Grasso PH had a double

#3 Ali Shover 3B and C was hit by a pitch and reached on an error and had a single and had a pop out and a RBI

#21 Sage Volpe 1B had a walk and Two strikeouts

#7 Faith Emory Pitch Hitter had a walk
#5 Audrey Pace 2B had two walks and a strike out

#23 Ryhligh Rout Pinch hitter was hit by a pitch

#18 Zeyana Thigpen LF had a walk a strike out and a ground out

#15 Avery Verastro LF had a pop out

#12 Grace Geddis P and CF had a walk a single a fly out and a ground out

Interview with Senior Caption Ali who Plays Third Base and Catcher Ali Softball Interview Questions for the Hometown Connection.

How do you feel about how the season has gone so far?

I think this season has gone phenomenal! Our team has a great connection with each other. We have really bonded together since the season started. This is our best season in years. I love my team and I'm so glad we are playing the way we are. Only way to go from here is UP!

What is your favorite thing about playing on the Plainville Softball team?
My favorite thing about playing on the softball team is being able to be with all of my teammates. They make practices and games so much fun!

How do you think the pitching rotation is going so far this season?

I think the pitching rotation is going well this year. Grace has got it going on! Along with Kali, Bella and Sydney. I know all of our pitchers are talented and work well together especially when we are in need.

How do you think the hitting in the lineup is going so far this season?

I think the lineup is great. We have one of our best hitters, Marissa Miller who always gets on base and following her is Amanda, another power hitter and it just keeps going on from there. I also think it's a great idea having Grace at the end of the lineup as she can bunt and slap so runners can advance even if she doesn't make it to first.

How do you feel about the Team's record of being 9 wins and 4 losses?

I am really proud of each and every one of us for the record we have now. Although all of those losses were tough, we could have played a lot better and pulled every single one of those to 4 wins.

What are your opinions about clinching a playoff spot to play in the CIAC Softball playoffs in June?

We are going to work our hardest to compete with the teams that we will be up against in the CIAC softball

playoffs. We haven't made it to the playoffs since I was a freshman and lost in the first round. I am confident that this year will be a completely different story!

Interview with Senior Caption Sammy Thompson who Plays Right Field Infield and Utility Sami Softball Interview Questions for the Hometown Connection.

How do you feel about how the season has gone so far?

I feel as if this season has gone as I hoped it would. The team gets along really well and we are playing just as well. The chemistry we have off and on the field is amazing and is paying off. I am so happy that we made the tournament as early as we did and are continuing to get better.

What is your favorite thing about playing on the Plainville Softball team?
My favorite thing about playing on the Plainville softball team is being able to play the sport I love with my best friends.

How do you think the pitching rotation is going so far this season?

I believe that the pitching rotation is going great so far this season. We have a good variety of girls with all different pitches and ways that they execute it.

How do you think the hitting in the lineup is going so far this season?

I think that the hitting lineup is very good and very effective. We are all good hitters and the way Coach Marcucio has lined us up is a very good lineup for the types of hitters each girl is.

How do you feel about the Team's record of being 9 wins and 4 losses?

I think we have a very good record and that it doesn't even show nearly how good we are. Our few losses could have been wins and didn't show how we truly play. Besides that, a 9 and 4 record is incredible and I am so proud for how far we have come.

What is your opinion about clinching a playoff spot to play in the CIAC Softball playoffs in June?

I believe that we will be able to make it to the playoffs and come out successful as long as we play our game and never give up. We are a very strong team and we need to know and show it on the field these next few weeks to be successful in the playoffs.

Plainville CIAC Sami Softball Interview Questions for the Hometown Connection.

How do you feel about how the season has gone so far?

I feel as if this season has gone as I hoped it would. The team gets a long really well and we are playing just as well. The chemistry we have off and on the field is amazing and is paying off. I am so happy that we made the tournament as early as we did and are continuing to get better.

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Plainville May 31st First Round Playoff game vs Notre Dame Fairfield Game notes

#16 Marrissa Miller SS had a Strike Out and Fly Out and Ground Out

#2 Amanda Linhoof C had a Pop out a Home Run and a Pop Out and a RBI

#9 Sammy Thompson RF had a ground out a strike out and a ground out

#11 Alexis Graff LF had a ground out a inside the park home run and a double and a RBI

#6 Nora Couture CF had a ground out and two doubles and a RBI

#3 Ali Shover 3B had two strikeouts and a ground out.

#7 Faith Emery 1B had two strikeouts

#14 Kali Fangullo had a ground out and a strikeout

#12 Grace Geddis had a strike out and a Single

Plainville won 3-2

Plainville moved on to the second round and lost to Woodland 15-1

Congratulations on a great season for the girls. Thank you to the two Senior captains that did an interview with me Sammy and Ali. I would also like to recognize the other Seniors Zeyana and Audrey and Sage. Thank you for all you did with the Plainville Blue Devils Softball program you will be missed. Good luck to all of you in your future endeavors.

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UNDERSTANDING THE SIGNS OF SLEEP APNEA

Sleep apnea is a serious, potentially life-threatening sleep disorder that affects approximately 22 million Americans. It owes its name to the Greek word apnea (meaning "want of breath") and refers to episodes in which a person stops breathing for short periods of time during sleep.



With each episode, the sleeper's brain briefly wakes up in order to resume breathing, resulting in extremely fragmented and poor-quality sleep. If you or your dentist suspects you suffer from sleep apnea, or if you have been diagnosed with sleep apnea, your dentist can work closely with your physician to implement and manage a prescribed therapy.

What are the major types of sleep apnea?

There are three major types of sleep apnea, all of which can severely disrupt the regular sleep cycle:

- **Obstructive sleep apnea (OSA):** As you sleep, the muscles in the walls of your throat relax to the point where the airway collapses and prevents air from flowing into your nose and mouth, but efforts to breathe continue. This is the most common type of apnea. OSA affects people of any age, but it is most frequently seen in men older than 40, especially those who are overweight or obese, according to the American Sleep Apnea Association – which reports that 80 percent of the cases of moderate and severe OSA are undiagnosed.
- **Central sleep apnea:** Breathing interruptions during sleep are caused by problems with the brain mechanisms that control breathing.
- **Complex sleep apnea:** A combination of both obstructive and central sleep apneas.

What are the symptoms of sleep apnea?

People with sleep apnea usually do not remember waking during the night. Indications of the problem may include:

- Morning headaches
- Excessive daytime sleepiness
- Irritability and impaired mental or emotional function
- Pauses in breathing or gasping during sleep
- Insomnia
- Awakening with a dry mouth or sore throat

What's the difference between snoring and sleep apnea?

Unlike mild snoring, individuals with sleep apnea stop breathing completely for short periods of time, five to 30+ instances in one hour. If your partner hears loud snoring punctuated by silences and then a snort or choking sound you resume breathing, this pattern could signal sleep apnea.

Why is sleep apnea a concern?

If left untreated, sleep apnea can lead to impaired daytime functioning, high blood pressure, heart attack or stroke. People with this potentially life-threatening disorder can be so fatigued during the day that, when driving, their performance becomes similar to that of a drunken driver.

How can my dentist help?

If your dentist suspects you suffer from sleep apnea, he or she will refer you to a physician, often a sleep medicine specialist. Diagnosis and treatment is based on your medical history, physical examination and the results of a polysomnography – an overnight sleep study, which measures heart rate and how many times breathing is interrupted during sleep.

What are the treatment options?

If you have mild OSA, your physician may recommend regular physical activity, weight loss, or limiting tobacco or alcohol intake. Dental appliances that reposition the jaw or tongue have been helpful to some with mild sleep apnea.

If you have severe sleep apnea, continuous positive airway pressure (CPAP) systems are a commonly prescribed therapy. CPAP systems deliver air through a small mask that covers the nose, and the constant pressure keeps the airway open, which prevents both snoring and episodes of apnea. For patients who have trouble tolerating CPAP systems, other treatments, including surgery, can eliminate sleep apnea symptoms.



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*God bless,
 Karen Roche, Director
 Queen of the Apostles Preparatory Academy*

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Senior Ushers (1st Sat before 1st Sun) 11a.m.
Gladys Floyds Missionary Society (2nd Sun)
Deaconess Board (3rd Sun)
Lay Council (1st & 3rd Sat) 9:30 a.m.
Christian Education (3rd Tues) 7:00 p.m.
Men's Meeting (2nd/4th Sat) 9:30 a.m.
PEP (Every Sat) 1:00-4:00 p.m.
Trustee/Steward (9:30 a.m. & 2nd Mon. of May)

Choir Practice

Senior (Sat before 1st Sun) 5:00 pm
Jubilee (Sat before 2nd/4th Sun) 5:00 pm
Mass/Youth choirs (Mon after 1st/2nd Sun) 7:00 pm

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Cell 1-203-232-2752

Email: plainvilleunited@sbcglobal.net
Website: www.plainvilleumc.org

July & August Schedule

SUNDAY SERVICES

WORSHIP TIME 10 AM

REGULAR EVENTS

Tuesday Ladies.....Tuesday, 9:30 AM
AA.....Sunday, 7 PM
Single Purpose Women's Group.....
Saturday, 9:30 AM
Boys Scouts.....Thursday, 7 PM

SPECIAL EVENTS

WORSHIP WITH HOLY COMMUNION
Sunday, July 3, 10 AM
Sunday, August 7, 10 AM

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Robert Berube, Senior Deacon
Parish/Cemetery Office

19 S. Canal Street

Office Hours: Mon.to Fri. 9 am to 4 pm
Phone 860-747-6825

Face Masks & Distancing From Others
Everyone Look for Regulations

Liturgy Schedule

Saturday 4:00 P.M.

Sunday

8:30 A.M. & 10:30 A.M.

Weekday Liturgy

Mon., Tues., Thurs., Fri. & Sat 8:00 A.M.

Devotions

Rosary-Monday-Saturday
before Morning Mass

Sacrament of the Sick

Call the office for any sick person to receive the Holy Eucharist or to be anointed.

Registration for next year's faith formation classes K - 5,

Non-Parishioners
\$100/ Max of \$170 per Family

Pre-Registrations for

Vacation Bible School Camp,

Grades 1 - 5, July 11th to 15th

\$40 per child/mass of \$80 per Family
Non-parishioners

\$50/max of \$100 per Family

Michelle at

OurLadyofMeryRelEd@gmail.com

Scripture Study Monday evenings at 6:30 pm at 19 S. Canal St., Plainville
Call 860.747.6825 for more info.

GAME NIGHT

Every Friday 5-8 PM

Drop in & play basketball, volleyball or board games in supervised and safe environment.

O.L.M. Hosting Blood Drive

Parish Center

Friday, July 29th

10 am to 2 pm

&

Friday, August 26th

10 am to 2 pm

FARMINGTON- SPIRITUALIST CHURCH OF LOVE AND LIGHT

Meets every Sunday at 10:30 a.m. at **Bridge Healing Arts Center** 304 Main Street, Farmington
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For info please contact Pastor Andrea Osborn at (860) 919-7470

ozzyunk@gmail.com

Visit our website:

wwwspiritualistloveandlight.org

also on Facebook: <https://www.facebook.com/CongregationSCLL/>

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Brad Brandon- Senior Pastor

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Pastor 1-646-522-3471

E-mail: plainvillesda@gmail.com
jacksonsg5@sbcglobal.net

Pastor Franklin Jackson
Saturday Morning

Bible School @ 9:30 a.m.

Worship Service @ 11:00 am.

FREE lunch after service

Wednesday Evening ~

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John 3:16

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Peter A. Stonis, Pastor

WEEKLY WORSHIP SCHEDULE

Nursery Care is provided for all Sunday Services
Sunday 10:00 am

Sunday School for All Ages 11:00 am

Morning Worship Service 11:00 am

Junior Church Ages 4-8 11:00 am

Evening Worship Service 6:30 pm

Bible Study & Prayer Wednesday 7:00 pm

For information about the church visit our website @cobplainville.org

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Rev. Chris Dion, Pastor

Worship: Sunday at 9:00 a.m.

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Tuesdays at 7:00 pm for Bible Study

OBITUARIES

~ Peter Procko ~



97, lifetime resident of Plainville, passed away peacefully on Tuesday, June 7, 2022 at Mulberry Gardens in Plantsville, in the arms of his loving wife. He was the devoted husband and best friend to Edith (Piers) Procko, with whom he shared 75 years of marriage- full of love, laughter, and good times.

Peter was born on February 26, 1925, one of six children and grew up in Plainville, attended local schools and graduated from Plainville High School. In high school and even years after, Peter was very athletic as he ran track, played basketball, participated on various softball teams, and enjoyed the game of golf. He continued to play golf well into his early 90's. He also enjoyed bowling and fishing. Shortly after high school, he happily married the true love of his life, Edie, and together they settled into their forever home in Plainville where they raised the sunshine of their lives, their only daughter, Catherine. Peter worked as the supervisor at the Environmental Test Lab at Allied Control, as well as within inspections at Pratt and Whitney prior to enjoying his retirement. Peter was a talented wood-worker and crafted many beautiful pieces of furniture for the family home. He was a self-sufficient, independent man, who had an intensely strong, do-it-yourself character. A devout Catholic, Peter was a longtime communicant of Our Lady of Mercy Church and attended Mass regularly with his wife and daughter by his side. Peter was a dedicated family man; he did whatever needed to support and make his family happy, especially his wife. He made sure family had everything they needed, but also modeled to never take anything for granted. He was very wise when it came to investments and finances, and was passionate about the stock market, trading's, and saving money. A true family man, with a quick wit, great sense of humor, and eyes that smiled when he did, Peter will be missed dearly as his family carries on his legacy of hard-work, dedication, and most importantly, love.

Peter is survived by his wife of 75 years, Edith (Piers) Procko; his daughter Catherine (Procko) McQueeney and her husband, Gerald; his grandchildren, Jill McQueeney and her wife, Kristin Burghardt and Laura Magisano and her husband, Jason; his great-grandchildren, Jenna Carbone and Riley Magisano; and several nieces, nephews, and extended family members. The last surviving of six, Peter was predeceased by his brothers, Joseph, Michael, John, and George Procko and his sister, Catherine Fanguillo, as well as his life-long best friend, Bob "Okie" Okenquist.

Family and friends gathered at Our Lady of Mercy Church, 94 Broad St., Plainville. A Mass of Christian Burial was celebrated Burial followed in Saint Joseph Cemetery, Plainville. Donations in memory of Peter can be made to Our Lady of Mercy Church c/o Parish Office, 19 S. Canal St., or to the Plainville Community Food Pantry, 54 S. Canal St (Plainville, CT 06062). The staff at Plainville Funeral Home, 81 Broad St., extends their gratitude to the Procko family for their trust. For more information or to leave online expressions of sympathy, please visit www.PLAINVILLE-FUNERALHOME.com

~ Ann (Roy) Reinwald ~



84, of Plainville, passed away with her family by her side on Monday, May 23, 2022. She is now reunited with the love of her life, George, who predeceased her in 2015.

Born in Hartford on July 27, 1937, she was one of three children to the late

Albert and Lillian (St. Cyr) Roy. Ann and George settled in Plainville where they shared 57 years of marriage, raised eight children and became devoted grandparents. Ann found great joy in taking each of their 11 grandchildren to experience the magic of Disney. Ann earned her nursing degree from Tunxis after raising her children, caring for others as a Registered Nurse at many area nursing homes until her retirement. She dedicated many years as a Cub Scout and Girl Scout leader teaching young adults many valuable life lessons and how to give back to their community. A musically inclined piano player, she was happiest when surrounded by her family, all who miss her kindness, quick wit and unparalleled love.

Ann is survived by her children, Thomas Reinwald, John (Laura) Reinwald, Barbara (Glenn) Mitera, Marie (Peter) Lennon, Theresa (Doug) Boains, and Diane (Michael) Hastings; her grandchildren, Racheal Reinwald, Joseph Reinwald, Kaitlyn, Adam Reinwald, Morgan Mitera (the late Brian Farley), Mitchell Mitera (Natalie), Thomas Moschini, Jr. (Shelby), Abigail Moschini (Maegan Musanti), and Jonathan, Christopher and Elizabeth Boains. She also leaves three great-grandchildren, her sister, Barbara Barrett; her brother-in-law, Rudy Reinwald; and many nieces and nephews. She was predeceased by her two sons, George Reinwald, III and Joseph Reinwald; and her brother, Peter Roy.

In lieu of flowers, Ann may be remembered with contributions to the St. Jude Children's Research Hospital, 501 St. Jude Pl, Memphis, TN 38105 or www.stjude.org.

A Mass of Christian Burial was celebrated at Our Lady of Mercy Church, 94 Broad Street, Plainville. Burial followed in Saint Joseph Cemetery, Plainville. For more information or to leave online expressions of sympathy, please visit www.PLAINVILLEFUNERALHOME.com.

An Unusual Gift To Plainville Food Pantry

Kevin Palladino, owner of Pals Power He will clean your cemetery monument and in return, you can make a donation check to the Plainville Food Pantry.

Kevin noted that we have three cemeteries in Plainville To contact him: **Phone: 860-919-8748**

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NOTICE: SAINT JOSEPH CEMETERY

No mulch is allowed in front of any cemetery markers. It is difficult to maintain the placement of the mulch when mowing the grass or during the process of cutting weeds around the stones. Please help us keep the cemetery tidy and clean.

Thank you.

~ Linda A. Zommer (Fabrizio) ~



77, of Barefoot Bay, Florida, formerly of Plainville, passed away peacefully with her daughters by her side, on Tuesday, June 7, 2022.

Born in New Britain on May 4, 1945, she was one of five children to the late Michael and Helen (Vedeski)

Zommer. Linda was a lifelong resident of Plainville, graduating from PHS in 1963, and was a retiree of UBI Credit Union, after many enjoyable years as their slightly aggressive and very effective collections manager. A member of the Plainville Campground Association where she leaves many friends, she kept her hometown close at heart while fulfilling her love for the beach and moving to Barefoot Bay three years ago. She had a passion for cooking and baking, loved a good martini, and was known for her month-long Christmas cookie and fudge making extravaganza every December. Island and beach vacations with her family and friends, along with annual winter trips to Aruba and St. Croix were highlights that she looked forward to, and her infectious silliness and carefree personality made her the most fun to be around. A devoted mother, "Bammy", sister and friend, she will be missed dearly, leaving a legacy of love, laughter and many priceless memories.

She leaves her daughters, Patricia (Fabrizio) Buehler and her husband Harold "Buddy" Buehler of Plainville; Dena (Fabrizio) Botsacos and her husband Peter of East Hampton; and her adored grandchildren, Chelsey Reed, Zachery Buehler, Griffin Botsacos and Paige Botsacos, and her great-granddaughter, Amelia Reed. She also leaves her beloved sisters and travel companions, Janet Vandrilla, her twin sister, Susan Cameron and her husband Gary, Frances Krysiak and her husband Alan and her sister-in-law Linda Zommer; along with many nieces, nephews and extended family. She was predeceased by her brother, Michael "Butch" Zommer.

In lieu of flowers, Linda may be remembered with contributions to the American Cancer Society at www.cancer.org

Family and friends gathered in celebration of Linda's life at Plainville Funeral Home, 81 Broad St, Plainville. Words of remembrance were shared at 12:00 p.m. For online expressions of sympathy, please visit www.PlainvilleFuneralHome.com

~ Robert Paul Graney ~



With heavy hearts we announce the passing of Robert Paul Graney, 78, on Wednesday, May 18, 2022, at the Hebrew Center in West Hartford. Robert was born in Manchester, New Hampshire on June 28, 1943. He was predeceased by his parents Elsie and Thomas Graney, brothers, Tom, Francis, James, and sisters,

Maureen and Kathy. He is survived by his children, Todd, Brant, Lance, Rob, Heather, Chris and Patrick, his dear sister, Margaret Arcari (Tom). He also leaves his beloved Mary Ann Blanc and her daughter, Laura, as well as many grandchildren, nieces and nephews.

Robert graduated from Plainville High School and he attended the University of Hartford. In addition to being a proud Dad, Robert was a talented clothier and business owner. He was considered by many as "the maven" when he attended shows in New York City. His window displays were creative works of art. Robert's faith ran deep and he served as a Eucharistic minister for many years.

The family would like to extend a sincere thank you to the nursing staff at the Hebrew Center for their care of Robert over the last few years. A special thank you to Laura from Hospice for her heartfelt care.

In honor of Robert's wishes there will be no calling hours. Mass was at St. Patrick's Church, 110 Main St, Farmington. Burial immediately followed at St. Joseph's Cemetery, Farmington Avenue, Plainville. In lieu of flowers, donations may be made to the American Lung Association.



OBITUARIES

~ Tylon Michael Broughton ~



loving son, father, brother and friend, passed away surrounded by his family on Wednesday June 1, 2022.

Born in Hartford on July 7, 1970, he was the son of Carletha Whitley of West Hartford and Salvatore Malgioglio (Alfredia Clyde-

Malgioglio) of California. Tylon was best known for his love for fishing, and could be found at any pond, river, stream or ocean with a pole in hand on any given day. He showed his care and concern for others as a PCA, and was man's best friend to a number of four legged companions, especially Thunder, Storm, Reign and Mello, as his affection for dogs was lifelong. Tylon was affectionately known as the "grill man" at almost every cookout that he hosted or attended, and was the life of the party with a passion for music, dancing and entertaining. Remembered as a man with a heart of gold and a fierce, unwavering love for his family and friends, he will be missed beyond measure.

In addition to his parents, he is survived by his daughter Kiya Broughton and her mother, Kim Arcari; his sisters, Armita Broughton and Lori Broughton; his two sisters Danielle and Lauren and brother Giovanni Malgioglio; his nieces and nephews, Brian, LaKeva, Kevonna, Jamal, Malachi, Jaylen, Janelle, Eddie, Sharina, Jasmine, Chelsea, Jamil, Omar, Sarah, and Amire; along with a large extended family and wide circle of friends. He was predeceased by his son, Tylon M. Broughton, Jr.

Family and friends may gathered. at Plainville Funeral Home, 81 Broad St, Plainville. Words of remembrance were shared. Foronline expressions of sympathy, please visit www.PlainvilleFuneralHome.com

~ Emogene (Judd) Ott ~



95, of Plainville, passed away peacefully on Sunday, June 12, 2022. She is now reunited with the love of her life, Albert "Abbie" Ott, who predeceased her in 2013.

Named after her two grandmothers, Emma and Jean, Emogene was born on

January 13, 1927, the daughter of the late Clarence and Virginia (Marino) Judd. A lifelong resident, she attended Broad St. School, and was a graduate of Plainville High School. It was love at first sight when she met Abbie, looking sharp in his sailor suit, as he served in the Navy during W.W.II. They settled in Plainville where they raised their two daughters, and shared 66 wonderful years of marriage. Emma worked for Marlin Rockwell, and was a friendly face at Roger's Bakery from where she retired. A member of the Plainville Senior Center, she enjoyed playing cards, playing BINGO, trips to the casino and looked forward to Saturday night set back games with her favorite partner, Richard. A devoted wife, mother, grandma and great grandma, who loved spending time with her family, she will be dearly missed.

She is survived by her daughters and sons-in-law, Nancy and Richard Sewell and Debra and Al Treichel; her grandchildren, Jason Sewell, Jamie Sewell, and Brandon Treichel; and her great-grandchildren, Tyler Sewell and Olivia and Natalia Barbosa. There are no calling hours. Funeral services in celebration of Emogene's life and burial will be held privately at the convenience of her immediate family.

~ Anthony "Tony" Cavallo ~



Sr., 71, of Plainville, passed away peacefully with family by his side on June 13, 2022 after a courageous battle with Parkinson's disease. Anthony was born in New Britain, Connecticut on June 15, 1950 to the late Americo and Teresa (Dorio) Cavallo Sr.

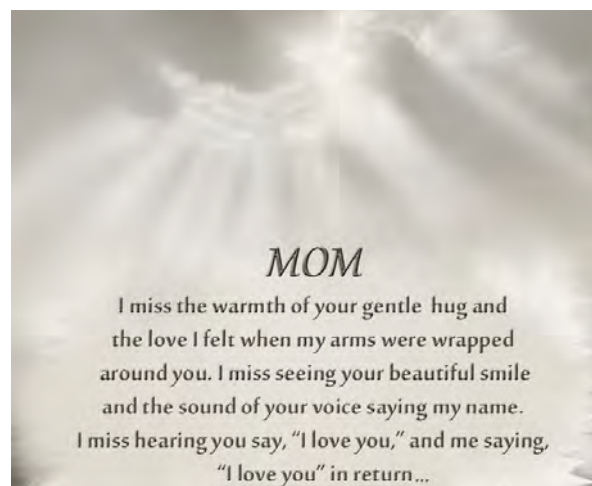
Anthony graduated from Pulaski High School in 1969 where he met his wife of 49 years, Teresa (DeFeo) Cavallo. After graduating from CCSU with his Master's Degree in Education, Tony (or Mr. Cavallo as he was known to his students) embarked on a 45-year career as an educator in the New Britain school district. Known for his passion and charm, he was a popular addition to all ten elementary schools as a teacher, assistant to the principal, and even substitute after his retirement in 2009. Throughout his career, he impacted the lives of thousands of students, earning several accolades, including Teacher of the Year for his commitment to education.

Anthony was also a devoted husband, father, and proud Poppie to his grandchildren. Whenever any of his kids or grandkids needed anything, he was the first one to help. He enjoyed watching game shows and old TV shows in his recliner, vacations with his wife, and spending time with friends and family. He was a dog lover and made sure to always have treats or table scraps for his grand puppies, Albert, Ghost, Lemmy and Storm.

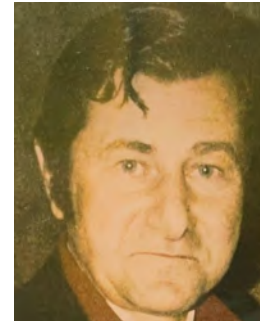
He will be greatly missed by his wife, Teresa; three children, Anthony Cavallo Jr. and wife Monique (Davis), Gina Cavallo, Amy (Cavallo) Kowynia and husband Victor; grandchildren, Antonia Cavallo, Lorenzo Cavallo, Isabella Davis, and Noah Kowynia; brother-in-law, Jack DeFeo, and several nieces and nephews. He was predeceased by his parents, two sisters, Paula Ludko (John) and Theresa Lussier (Leo), and brother, Americo Cavallo, Jr.

The family extends their sincerest gratitude to the entire staff at Newington Rapid Recovery for the compassionate care shown to Anthony during his stay. In lieu of flowers, Anthony may be remembered with contributions to the Anthony "Tony" Cavallo Memorial Scholarship, 110 Mill Street, New Britain, CT 06051, Attn: Miriam Reyes.

Funeral services in celebration of Anthony's life were held from Plainville Funeral Home, 81 Broad St, Plainville, followed by a Mass of Christian Burial at Our Lady of Mercy Church, 94 Broad Street, Plainville. Burial will be held privately at a later date. For more information or to leave online expression of sympathy, please visit www.PlainvilleFuneralHome.com



~ Angelo A. Colella ~



93, lifetime resident of Plainville, passed away peacefully on Thursday, May 26, 2022 at the Pines at Bristol. He is now reunited with his loving wife of 67 years, Barbara (Mastrianni) Colella who predeceased him in 2018.

Angelo was born on May 16, 1929 in Plainville, son

to the late Joseph James and Concetta (Barresi) Colella. It was love at first sight for Angelo when he met Barbara as a teenager. Together they settled in Plainville on Skyline Drive shortly after their marriage, where they raised their beautiful daughter, Deborah, who predeceased both her parents in 2014. He proudly served our country in the U.S. Air Force and was honorably discharged. Angelo was the owner and operator of Formalwear by Debonair in New Britain for many years alongside his wife. He had a great sense of fashion and especially loved Tuxedo's. He spent many years dedicated to his passion for clothing, but in his downtime enjoyed various sports, including the game of golf and the Buffalo Bills. True to his Italian roots, Angelo liked to cook and was a huge lover of corn on the cob. He was a talented worker in the yard, from laying pavement to building lattice and simply maintaining his lawn, and had fun in doing so. In addition, he was a lover of Scottish Terriers and sadly leaves behind his fury friend, Dempsey, who brought him much joy over the years. A man of many talents and strong-will, Angelo will be missed as his family takes comfort in knowing he has reunited with his wife and daughter.

Angelo is survived by his grandson, Rudy Colella and his girlfriend, Jennifer Roy and her children, Tyler, Logan, and Mason. He also leaves behind several nieces, nephews, and extended family members.

Family and friends gathered at the Plainville Funeral Home, 81 Broad St., Plainville. A prayer service in celebration of Angelo's life was at the funeral home. Full military honors will be rendered following the service. Burial will be held at a later date. For more information or to leave online expressions of sympathy, please visit www.PLAINVILLEFUNERALHOME.com.

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Akshay Patel, D.O.
BOARD-CERTIFIED
OTOLARYNGOLOGIST

Dr. Akshay Patel was born and raised in Rocky Hill, Connecticut.

After graduating from the top of his class at the Chicago College of Osteopathic Medicine, Dr. Patel pursued his residency training in otolaryngology-head and neck surgery and facial plastics surgery at St. Barnabas Medical Center in New Jersey, where he also served as chief resident. Shortly thereafter, he obtained fellowship training in head and neck surgical oncology and microvascular reconstructive surgery at Case Western University-University Hospitals in Cleveland, Ohio.

Dr. Patel's clinical interests include head and neck surgical oncology and reconstructive surgery, as well as program development, patient outcomes, resident teaching and reconstructive techniques. He has presented nationally and published on subjects relating to reconstructive surgery and head and neck cancer.



Kyle Chambers, M.D.
BOARD-CERTIFIED
OTOLARYNGOLOGIST

Dr. Chambers provides evidence-based surgical and medical treatment for adult and pediatric patients with sinus, ear, nose and throat conditions. Dr. Chambers received his undergraduate degree from Dartmouth College and his medical degree from the University of Washington. He completed his surgical training through Harvard Medical School. Following his surgical training, he received additional training in allergy diagnosis and treatment.

Dr. Chambers is an active member of the American Academy of Otolaryngology-Head and Neck Surgery and the American Academy of Otolaryngic Allergy. He has won awards for his teaching and research.



Carl Moeller, M.D.
BOARD-CERTIFIED
OTOLARYNGOLOGIST

Dr. Moeller is an ear, nose and throat (ENT) doctor, serving both pediatric and adult patients. Dr. Moeller treats common ENT ailments, such as acute sinus infections, allergies and ear infections, as well as more complex problems, such as sleep apnea, snoring, salivary gland tumors, thyroid tumors, chronic sinusitis and nasal polyps. He is one of the few surgeons in the Northeast to offer Inspire hypoglossal nerve stimulation to treat sleep apnea.

Dr. Moeller joined Connecticut Ear, Nose & Throat Associates in 2011 after attending Loyola University Chicago-Stritch School of Medicine and completing his residency and training in otolaryngology-head & neck surgery at Loyola University Medical Center.

Connecticut Ear, Nose & Throat Associates

Conservation Commission Donates Michaela's Four O'Clocks Flowers

The Plainville Housing Authority residents and staff planted Michaela's, Four O'Clocks flowers around the property. The plants were a generous donation from the Conservation Commission. The elderly, handicapped and disabled resident volunteers at the Plainville Housing Authority were very excited about this event.

The Conservation Commission is currently looking for additional members.

If you are interested in applying to be on the commission, please apply on the Town of Plainville website or call 860-793-0221



Charles Dalphe
Housing Authority Resident Volunteers



Ray Cormier



Photo left to right- Jayson Marinelli, Maintenance Housing Authority, Linda DeZenzo, Executive Director, Housing Authority, John Peretta, Housing Authority Resident, Jeff Sepko, Marge Burris and Randy Paz Conservation Commission *Photos by: Jennifer Dahlstrom, RSC Plainville Housing Authority*



Frank T. Wheeler Elementary School kindergarteners enjoyed an end of year celebration prior to the close of the 2021-22 school year. The group enjoyed a family picnic to celebrate their hard work this year!



Plainville Community Schools Teacher of the Year, Melanie Olmstead with her husband Scott, son Colt, Superintendent of Schools Steven LePage and Plainville Board of Education Chair, Lori Consalvo.

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OBITUARIES

~ Francis Joseph Wojcik ~



83, of Plainville, passed away on Thursday, June 23, 2022 at Countryside Manor, following a brief illness.

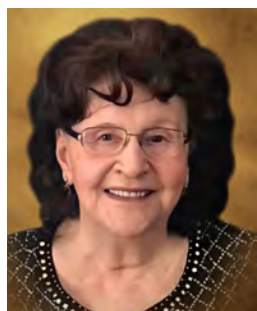
Born in Meriden on November 28, 1938, he was one of five children to the late Henry and Stella (Jacob) Wojcik. Frank proudly

served his country for four years in the US Air Force, stationed in Morón de la Frontera, Spain. He was honorably discharged in 1963, and went on to serve in the Air National Guard for five years. Frank was a cowboy at heart, who worked on cattle drives and enjoyed attending rodeos. In addition to riding his horse, "Rusty", he enjoyed watching old western TV shows and movies, or, as he would say, watching "shoot 'em ups". He rarely missed the annual Berlin and Hebron Fairs, and, a proud grandfather, he relished in spending time with his grandkids.

Frank is survived by his children, Michael of Plainville, Carmen and her husband, Tom of Berlin and David of Plainville; his grandchildren, Bryan, Daniel, Andrew, Jasmine, and Nicholas, all of Plainville; his brother, Joey of Meriden and brother-in-law Tom of S.C.; along with many nieces, nephews, and cousins. He was predeceased by his brothers, Henry and Edward, his sister Maryann and his wife, Judy.

Honoring Frank's wishes, his family will celebrate his life with private funeral services. The staff at Plainville Funeral Home extends their gratitude to the Wojcik family for their trust. For online expressions of sympathy, please visit www.PlainvilleFuneralHome.com

~ Marie Regina Tardiff ~



99, of Plainville, CT, passed away peacefully with her daughter by her side on Tuesday, May 31, 2022, at The Hospital of Central Connecticut in New Britain. She was the beloved wife of the late Joseph Lucien Tardiff with whom she shared 65 years.

Regina was born on December 9, 1922, in Saint Agatha, Maine to the late Minal Raymond and Olive (Therault) Raymond. She was a devoted homemaker, but also did work for the General Electric Company for 10 years until her retirement. Regina attended Our Lady of Mercy Church in Plainville and was a member of the choir. A woman of strong faith, she was in church almost daily, especially during Lent. In Regina's active years, she enjoyed traveling, most notably to Hawaii and Alaska to visit her family. She enjoyed sewing, crocheting and arts & crafts. She also loved to sing and dance. Regina was an excellent cook, most famous for her peanut butter fudge she would pass out on Halloween. She also credited her longevity to her love of Chocolate and Pepsi. Most of all, Regina will be remembered for her Unwavering Love and devotion to her family, her greatest legacy. Regina will be dearly missed by all who had the pleasure of knowing her.

Left to cherish Regina's memory are her two sons, Gerald Tardiff, and Roger Tardiff, two daughters, Diana Perry Uyematsu, and Ann Marie Tardiff, seventeen grandchildren, Kim Tenukas Puia, Angelique Perry Posten, Bruce Perry, Jr., Keven Perry, Christine Tardiff Boucher, Shannon Tardiff, David Tardiff, Malia Perry Hayward, Elizabeth Tardiff Boyd, Robert Tardiff Jr., James Tardiff, Kenneth Tenukas, Jason Tardiff, Jennifer Tardiff Reynolds, Kelly Tardiff, Clayton Tardiff, and Amy Tardiff, as well as a host of great grandchildren, nieces, nephews, and her beloved sister-in-law Odile Tardiff Raymond and beloved brother-in-law Elmer Ouellette. Besides her husband, Regina was preceded in death by three sons: Lucien Tardiff, Jr., Michael Tardiff, and Robert Tardiff, one daughter, Carol Tenukas, two brothers,

Tardiff continued

Richard Raymond and Arthur Raymond, three sisters, Gertrude Ouellette, Mamie Raymond, and Lizzie Raymond, her half-sister Theresa Bouchard, stepsister Jeanette Pelletier, and several cherished brothers and sister's in-law.

The family wishes to thank Regina's two caregivers for the past five years. Stella for one year of care and Beauty for four years of care. Their kindness to our Mom will never be forgotten.

The family also wishes to thank Hospice for their comfort in helping Regina pass on so peacefully.

In lieu of flowers, donations may be made to our Lady of Mercy Church in Plainville, Wounded Warrior Project or The Connecticut Humane Society.

Family and friends visited Bailey Funeral Home, 48 Broad St, Plainville. A mass of Christian Burial was held at Our Lady of Mercy Church, 94 Broad St,

~ Joseph Anthony Palumbo ~



86, loving husband, father, and grandfather, of Plainville, passed away peacefully at home on June 23, 2022 surrounded by his devoted family. He was the beloved husband to Valena (DeVoe) Palumbo and together they shared 62 blessed years of marriage, full of love, and

laughter.

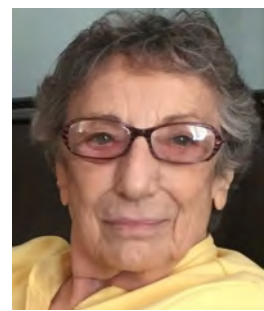
Joseph was born on October 6, 1935 in New Haven, CT son to the late Anthony and Lucy (DeCapua) Palumbo. He grew up in New Haven and from an early age learned the importance of hard work, working alongside his father at the family Economy Shoe Repair. He graduated from Goodwin Tech and following graduation he enlisted in the U.S. Army, proudly serving our country for several dedicated years of service prior to being honorably discharged. It was love at first sight for Joe when he met Valena at Valena's Beauty Salon in New Britain. He knew the first time he saw her that he was destined to be her husband. Together they settled in Plainville, raised their family and maintained a beautiful home where they shared many wonderful memories over the years. Joe was a longtime communicant of Our Lady of Mercy Church.

Joseph, affectionately known as "J.P.," began a successful career in the jewelry business with the help of his wife, owning and operating J.P. Jewelers, Palumbo Bail Bonds, Garfield Jones, and Joval Jewelers, building many lasting relationships with his clients. Aside from being a knowledgeable jeweler, Joseph also acquired his brokerage license and held onto it up until his final days. He enjoyed camping with his family in their camper. He also loved going back to Italy to visit with family, playing billiards with friends, going to the shore and fishing, and spent family time in Madison and Westbrook. Above all, Joe was a true family man. He adored his grandchildren and was proud to pass down family traditions and most importantly, love. Joe was a well-respected, honest, people-person with an infectious personality and kind heart who will be missed dearly by all who were fortunate to have known or to have met him.

In addition to his wife, Valena, Joe is survived by his children, Gary Palumbo and his wife, Amy (DePasquale) and Valerie (Palumbo) Laliberte' and her husband, Andre'; his grandchildren, Anthony Palumbo and Deanna Palumbo; his brother, Anthony "Babe" Palumbo and his wife Jan and his niece Patricia Pellerin.

Family and friends gathered at the Plainville Funeral Home, 81 Broad St., Plainville. Funeral services were on Friday, July 1 at the funeral home with a Mass of Christian burial celebrated at Our Lady of Mercy Church, 94 Broad St., Plainville. Burial with full military honors will follow in Saint Joseph Cemetery, Plainville. In memory of Joseph, donations may be made to Our Lady of Mercy Church c/o Parish Office, 19 S. Canal St., Plainville, CT 06602

~ Victoria Madia ~



97, of Plainville, died Wednesday, June 22, 2022. Vicky was born in Plainville on November 15, 1924, the daughter of Anna Maria (Parise) and Domenico Madia. She graduated from Plainville schools and worked in the payroll departments of

several local manufacturers, including the Bristol Brass Company. She was predeceased by her parents and her sister, Ann (Madia) Morelli. She is survived by her niece Joanne Gleba and husband Jeffrey; nephews Edward Morelli, John Morelli, and Stephen Morelli and his wife Margaret; grandnieces Emma Morelli, Anne Victoria (Gleba) Blake, Katherine Morelli, Elizabeth Connelly, and Jessica Morelli; and grandnephews James Hunter Harris, James Connelly IV, and Stephen Morelli.

Vicky was a dedicated aunt and loyal friend. Vicky will be greatly missed by all as a supportive and courageous woman. She had many passions in life, including travel and cooking, and she took great joy from her family's enjoyment of her delicious dishes. She lived life to the fullest and was brave and independent until the end.

The family would like to thank the staff of the Plainville Public Library for their kind support of Vicky's lifelong love of reading. In lieu of flowers, donations in her honor may be made to the Plainville Public Library, 56 E. Main Street, Plainville, CT 06062.

A funeral Mass was celebrated at 11:30 AM at Our Lady of Mercy Church, 94 Broad St., Plainville. The staff at Plainville Funeral Home, 81 Broad St., Plainville extends their gratitude to the Madia family for their trust. For more information or to leave online expressions of sympathy, please visit www.PLAINVILLEFUNERALHOME.com.

Obit continued on Page 35

To: All Civic & Religious Organization

We would like to invite everyone: to share your activities with our readers Please forward all news and pictures to:

Email: plainvillehometown@gmail.com or

Phone: 860-747-4119

Thanking you in advance! The Editor

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PLAINVILLE COMMUNITY SCHOOLS ANNOUNCES SUMMER MEALS PROGRAM

(Plainville, CT) The Plainville Community Schools Dining Services Department is once again offering a summer meals program for families this summer, according to Director of Food Services, Ashley Carl.

Breakfast is available Monday through Thursday, July 5th - August 4th from 8:45 AM - 9:15 AM each morning at Linden Street School outside in the Main Entrance / Bus Drop area and at Plainville High School from 8:15 AM - 8:45 AM each morning outside the school's Main Entrance area.

Lunch is available Monday through Thursday, July 5th - August 4th from 10:45 AM - 11:15AM at Linden Street School outside in the Main Entrance/ Bus Drop area and at Plainville High School from 11:45AM - 12:15PM, outside the school's Main Entrance area.

All children and teens 18 years of age and younger are eligible for one breakfast and one lunch per day. Meals must be consumed on site.

"I would encourage all families to take advantage of the summer meal program. Some may think that if they participate, they are taking meals away from others who are more in need, however, the opposite is true. This program helps our community and school district as a whole when everyone participates," said Carl.

Red Blooded Conservative News

The End of Free Lunches for Students?

With inflation skyrocketing, many parents have loved being able to send their kids to school knowing that school lunches were covered. It meant that a snack pack of pudding didn't have to be purchased. It meant one less loaf of bread that needed to go into the grocery cart.

For over a year, the Child Nutrition COVID-19 waivers made their way into the public school system, creating free breakfasts and lunches for all students - not just for the low-income families who would have been covered no matter what.

The free meals were relief for COVID. Now that COVID isn't the crisis that it once was, the federal waivers expired on June 30.

It's not just about COVID at this point, though. There's growing inflation. Groceries are more expensive, so packing a lunch for students becomes a financial burden. And even sending kids with \$3 or \$4 a day to buy from the school cafeteria adds up to nearly \$100 for the month - and that's gas money for most families.

This isn't just a small number of people who will be impacted. It's been estimated that 10 million students or more will be impacted.

So, what needs to happen? A congressional extension, to start.

As Bon Appetit identified, "For parents with children in public schools around the country, the waivers have been a lifeline over the past two years, particularly as inflation outpaces salary growth and continues to drive up the price of food."

Kids need to be fed - and no kid should go hungry. When a kid is malnourished, it can impact their growth, their brain development, and more. Most parents know this, which is why some are even saying that they'll skip meals for themselves just so that their kids can be fed.

This can't possibly be the solution. It means that parents have to speak up. Representatives and Senators need to hear about the concerns.

The Families First Coronavirus Response Act was what created the waivers in March 2020, under former President Trump. The waivers were issued by the U.S. Department of Agriculture.

Beyond the waivers, which were given regardless of a parent's financial status, schools were also given funds to help with food costs and cafeteria labor costs.

Diane Pratt-Heavner, a spokesperson from the School Nutrition Association has said, "We are worried hungry children could fall through the cracks."

Free lunch could be a game-changer - and every kid enrolled in public school could be guaranteed to eat two balanced meals a day. That sounds like a win for everyone. **Contact your representatives in Washington to vote for a Congressional Extension on Child Nutrition COVID 19 program in schools.**

ACTION

"If you want a thing done, get a couple of old broads to do it"

.....*Bette Davis*

I am a competent "old broad" At least Bette Davis appreciated me.

Maybe I can appreciate myself.

Wheeler's 37th Annual Golf Classic

Set for September 14, 2022 at The Country Club of Farmington. Mutual of America Financial Group Is Presenting Sponsor for Fourth Year in a Row; Longtime Supporter, People's United Bank, Returns as Platinum Dinner Sponsor

Wheeler's 37th Annual Wheeler Golf Classic, presented by Mutual of America Financial Group for the fourth consecutive year, will take place at The Country Club of Farmington.

Granger Lane Transfer Station

The Transfer Station is open 8 am to 3 pm on Saturdays only, residents must show identification. There is a fee for disposal. For more information visit Public Works web-page via plainville.com.

American Red Cross

Individuals who have fully recovered and received a verified COVID 19 diagnosis to sign up to give convalescent plasma. Visit: redcrossblood.org/plasma4covid.

Bulk Waste Pick Up

The FREE bulk pickup ended June 27th. If you need a bulk pickup, call CWPM, LLC to get a quote for the cost and arrange for a date for pickup. Phone 860-793-6721.

Gas Could Reach \$6.20 a Gallon This Summer, Analysts Warn. When Will the Price Go Down?

The start of summer driving on 4th of July will see even greater demand, according to JPMorgan, and higher prices at the pump.

Memorial Wall

The Veterans Memorial Wall is located on the main floor of the Municipal Center adjacent to the Town Clerk's Office. If you are interested in adding a veteran's name to the wall, applications are located at:

Municipal Center
Plainville Public Library
and VFW Post 574

History of The Petit Family 5k Road Race

The The Petit Family 5k Road Race began in early 2008 by two brothers, Robert and Gary Heslin, who were classmates of Dr. William A. Petit, Jr. at Plainville High School, class of 1974. Together the three of them ran cross-country and track & field. In response to Dr. Petit's request to do good things for others and to carry on the legacy of his wife and daughters, lifelong runners Robert and Gary decided that a USATF-certified 5k, point-to-point course would be the best option they could offer. There is also a 1.3mi Fitness Walk.

On behalf of the Petit Family 5k Road race, the Petit Family Foundation has awarded over \$4.5 million in grants to programs and projects all over Connecticut, as well as the American Northeast and all across the United States.

Grants include:

- Fellowship Place Family Center, Inc.**
- Klingberg Family Centers**
- Survivors of Homicide**
- Boys & Girls Center of Bristol**
- Prudence Crandall**
- Hayley Petit Injury Prevention Fellowship at Connecticut Childrens Medical Center**

All proceeds will benefit The Petit Family Foundation.

The Petit Family Foundation honors the memories of Jennifer Hawke-Petit, Hayley Elizabeth Petit, and Michaela Rose Petit by continuing the kindness, idealism and activism that defined their lives.

The Petit Family Foundation
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For more information, visit hohct.org or email: info@houseofherosct.org

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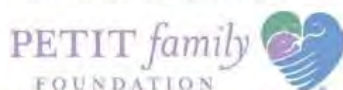


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 The Petit Family Foundation is a 501 (c) 3 Charitable Foundation



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Photos by: George Fensick

Bob's Headquarter Opening That is!! Bob Stefanowski For Governor



The Canton Office is located at 220 Albany Turnpike.

Pictured with Bob and George Logan, Candidate for Congress 5th District are the members of the Plainville Republican Town Committee. The Canton office is for the voters in Hartford County, Pictured with Bob and George is George's Mother.



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We didn't pass it on to our children in the bloodstream.
It must be fought for, protected, and handed on for them to do the same. Ronald Reagan*

Young at Heart.....Plainville Seniors

Plainville Senior Center Offers Free Program on Making Small, Yet Healthy Meals on July 19

Registered Dietitian Jessica Dorner from ShopRite of Bristol will present a free program with tips and tricks for making small yet healthy meals for one or two people on July 19 at 2 p.m. at the Plainville Senior Center, 200 East Street. From nutrition to recipes, this lecture will have it all. To register, call the Senior Center at (860)747-5728. Open to public.

Plainville Senior Center Offers New Quilting Classes

The Plainville Senior Center, 200 East Street, is now offering quilting classes from 9:30 -11:30 a.m. on Wednesdays taught by Darlene Bachand. There is a maximum of 10 students per class. Supply lists will be provided upon registration and samples of the projects will be displayed in the Senior Center Showcase. Current classes open for Senior Center members only are:

• *Fabulous Mug Rug Class*

On July 6 and July 13, the Senior Center will offer the "Your Fabulous Mug Rug" class. It costs \$4.00. This two-week class is for someone with an intermediate skill level. This fused/machine appliqued mug rug is perfect for gift-giving or to keep for yourself. Sign-up is now underway.

• *Quilter's Stitch 'N Time Class*

The Senior Center will also offer a "Quilter's Stitch 'N Time" class on July 20. All skill levels are welcome. This class costs \$2.00. This is the perfect time for participants to work on, start or finish their projects. Sign-up begins July 6.

• *Quilt as You Go Table Runner Class*

On July 27, August 3 and August 10, the Senior Center will offer a "Quilt as You Go Table Runner" class. This class costs \$6.00 and is for intermediate level quilters.

This great project is totally quilted as participants sew. Sign-up begins July 6.

• *Pocket Pillow Class*

This Pocket Pillow Class, which costs just \$2.00, will be offered on August 31. All skill levels are welcome. Add a storybook to this easy project to make a great children's gift. Sign-up begins July 6.

Second Booster Clinic Offered at Plainville Senior Center

Both Moderna and Pfizer vaccines are available. Participants must've had their first booster shot before Feb. 20 to receive their second shot at this clinic. People can also receive their other shots (1st, 2nd and 1st booster). Call the Senior Center at (860)747-5728 to register.

Caregiving Connections Group Meets on July 12 at the Plainville Senior Center

Caregivers are invited to join the Caregiving Connections Group on Tuesday, July 12, at 10 a.m. at the Plainville Senior Center, 200 East Street. Participants offer support to each other on their journeys and share their challenges and frustrations of 24/7 caregiving, especially in such trying times. Call the Senior Center at (860)747-5728 to register. Open to the public.

Plainville Senior Center Book Buds Group Meets on July 15

On Friday, July 15, the Plainville Senior Center, 200 East Street, will offer "Book Buds," a free monthly book club run by Kathleen Marsan. The club is for Plainville Senior Center members only. July's book is "A Deadly Wandering" by Matt Richtel. Sign-up begins July 6. The book is available at the library. Call the Senior Center at (860)747-5728 to register.

Plainville Senior Center Offers Free Program on Making Small, Yet Healthy Meals on July 19

On July 19 at 2 p.m. at the Plainville Senior Center, Registered Dietitian Jessica Dorner from ShopRite

of Bristol will present a free program with tips and tricks for making small yet healthy meals for one or two people. From nutrition to recipes, this lecture will have it all. To register, call the Senior Center at (860)747-5728.

Memory Café Program Meets July 21 at the Plainville Senior Center

The Plainville Senior Center, 200 East Street, offers a free Memory Café program on Thursday, July 21, at 2:30 p.m. This monthly program is open to the public. Memory Cafés are safe and supportive social gatherings for people with changes in their memory along with their care partners. Participants are invited to relax and socialize with others experiencing similar life challenges. This program is funded in part by Title III of the Older Americans Act through the North Central Area Agency on Aging, Inc. & the CT State Unit on Aging.

Veterans' Social Hour Meets on July 26 at Plainville Senior Center

The Plainville Senior Center, 200 East Street, hosts free monthly informational and support meetings for all Veterans over 60 years old and their spouses. The next meeting is scheduled for Tuesday, July 26, at 10 a.m. Sherri Vogt, Veteran's Liaison for Hartford Healthcare at Home, conducts the program each month. Call the Senior Center at (860)747-5728 to register.

Plainville Senior Center Hosts Free 'Decoding Diabetes' Program on August 11

The Plainville Senior Center, 200 East Street, will present a free program, "Decoding Diabetes," at 10 a.m. on Thursday, August 11. Registered Dietician Jessica Dorner from ShopRite of Bristol will discuss how diabetes develops affects the body and how to eat for optimal diabetes control. She will also share recipes and tips for easy diabetes management. To register, call the Senior Center at (860)747-5728. Open to the public.

Plainville Senior Center's "2022 Tag Sale & Jewelry Sale" Set for August 17 & 18

The Plainville Senior Center, 200 East Street, will be holding their "2022 Tag Sale and Jewelry Sale" on Wednesday, August 17, and Thursday, August 18, from 10 a.m. to 2 p.m. Early Birds are welcome on August 17 from 9 a.m. to 10 a.m. with a \$1.00 entry fee. All proceeds will benefit Dial-A-Ride. The Senior Center will start accepting tag sale items and jewelry on Monday, August 8. The Senior Center does not have room to store items before that date so no donated items will be accepted before August 8. The Senior Center cannot accept furniture, clothes, purses, shoes and appliances. Volunteers are needed to help sort, set up, sell and clean up after the sale.

Volunteers with trucks are needed especially on Thursday, August 18, and Friday, August 19, to help the Senior Center donate any left-over items to another organization. To volunteer, call the Senior Center at (860)747-5728.

Senior Center hosts Monthly Caregiving Connections Program

The Plainville Senior Center, 200 East Street, will host its monthly Caregiving Connections program on Tuesdays. This free program provides caregivers with much needed support and a chance to share their challenges and frustrations with each other. These meetings help participants relieve stress, restore energy, prevent exhaustion and isolation and also offers valuable resources. Registration is required. Call the Senior Center at (860)747-5728 to register.

Stephanie Soucy, Senior Center Social Worker, is available to assist with concerns about food stamps, caregiving, financial assistance, Medicare, assistance at home and more. No question is too small. Call (860)747- 5728.

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OBITUARIES

~ R. Scott DeVoe ~



56, of Plainville, passed away unexpectedly at his home on Sunday, June 26, 2022. He was the husband of Sherry (Riley) DeVoe, with whom he shared the past 34 years.

Born in Southington on July 15, 1965, he was the son of Robert DeVoe of Holland, MA and the late Lita (Nadeau) DeVoe. Raised and educated in Plainville, he was a graduate of Plainville High School, and furthered his education at Bryant University where he was a member of the TKE Fraternity. A talented builder and owner/operator of DeVoe Builders, Scott took great pride in creating and renovating countless beautiful homes throughout the state. A devoted husband, father and delighted grandfather as of two weeks ago, his greatest joy was being surrounded by his children and extended family, and making memories at their lake home at Hamilton Reservoir. Remembered for his hard work ethics, sassy sarcasm and love for his family, he will be missed dearly.

In addition to his wife Sherry and his father, Robert, he leaves his daughters, Kelsey Butler, her husband, James and their newborn son, James Butler, III of Holland, MA; and Ally DeVoe Cornelius and her husband Janco of Boston, MA; his son, Matt DeVoe and his partner, Jenna Tetreau of Boston, MA; his brother, Mike DeVoe, his wife Kris and their children, Ava and Willa of Medfield, MA; his in-laws, Ernie and Cathy Riley of Ludlow, VT and Diane and Arn Orschel of Bristol; his brothers and sisters-in-law, Steve, Lisa, Stacy, and Scott Riley and Arnie and Eric Orschel; his nieces and nephews, Andrew, Katie and Cassie Riley and Ayden and Aleah Orschel; along with many aunts, uncles, cousins, friends and business associates.

In lieu of flowers, Scott may be remembered with contributions to the Shriners Hospitals for Children at <http://www.shrinerschildren.org>

Family and friends gathered in celebration of Scott's life at Plainville Funeral Home, 81 Broad St Plainville. Words of remembrance were shared. For online expressions of sympathy, please visit www.PlainvilleFuneralHome.com

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	<p>Allstate Insurance Company 92 East Street Plainville, CT 06062 PH: 860-747-6829/ 860-621-018 FAX: 860-793-9299 CELL: 860-919-5010</p> <p>darrenprozzo@allstate.com</p>

**2022 Republican Team
GOP Candidates for Office in CT
STATEWIDE CANDIDATES**

Candidates for Governor &

Lieutenant Governor:

Bob Stefanowski & Laura Devlin

Candidate for Attorney General:

Jessica Kordas

Candidate for State Treasurer:

Harry Aror

Candidate for State Comptroller:

Mary Fay

Candidates for U.S. Senate:

(Primary Day: August 9th)

Themis Klarides

Leora Levy

Peter Lumaj

Candidates for Secretary of the State:

(Primary Day: August 9th)

Dominic Rapini

Brock Weber

Terrie Wood

CONGRESSIONAL CANDIDATES

Fifth Congressional District:

George Logan

STATE SENATE CANDIDATES

District 31: Henri Martin

Connecticut Republican Party

Info Email: info@ct.gop

Press Email: press@ct.gop

Phone: (860) 426 1920

Letter to the Editor



Kindness abounds when in the presence of Francis Cooley. A smile, a laugh, a warm greeting has been my experience at meetings and events. Francis has a love of history and a wealth of knowledge in American History specifically. Francis can paint a picture of our Constitution beautifully. His passion for education has allowed countless students, colleagues, and friends to appreciate more fully the importance of American History as it applies to the future. Lately, he has worked as a substitute teacher at Kelly Educational and as a proctor at Summit Education. Moreover, Francis holds a Master of Secondary Education & Teaching from the University of Hartford. He has instructed at Learning Services, Inc., and Newbury College. While at Hebrew High School of New England he taught US History I and II, American Government,

and AP European History. It is also known that he holds a Bachelor of History from the University of Colorado and a Master of History from the University of Maine. In addition, Francis was the Dean at Paier College of Art. Francis enjoys photography and capturing the moments of nature. He splendidly photographs area trails, scenery, and landscapes. Francis takes the time to "smell the roses". To say that Francis enjoys music is an understatement. The Eagles and the Grateful Dead are among some of his favorite bands. Most importantly, Francis enjoys all types of outdoor concerts in the parks. Besides music, Francis appreciates the American game of Baseball. He is rumored to root for the Red Sox and the Chicago Cubs. Francis has been involved in the community as a member of the Plainville RTC, the Board of Trustees for the Plainville Library and a recent member of the Board of Directors for the American Clock and Watch Museum. In all his travels, Francis has made Plainville his home. I am fortunate to have Francis on our team and I look forward to seeing him win the Connecticut House of Representative District #22 seat this November.

Cassandra Clark

Republican Primary Tuesday, August 9th

Candidates for U.S. Senate

Themis Klarides

Leora Levy

Peter Lumaj

Candidates for Secretary of the State

Dominic Rapini

Brock Weber

Terri Wood

Voting will be at All Four (4) Polling locations Toffolon School, Wheeler School, Linden Street School and Our Lady of Mercy Parish Center

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JULY & AUGUST 2022

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THIS CERTIFICATE ENTITLES BEARER TO RECEIVE

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*Not valid with any other offer, special or discount. Limit one discount per table or check. Excludes Alcohol, Tax, Tip, Retail Purchases or Catering. Valid July 1-31, 2022 to August 1-31, 2022 Dine In or Take out only. Please present the certificate with your order to receive the discount.

The restaurant will be instructed to cross their name off the list upon use.

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DRAWING WILL BE HELD in September

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- Don Bigote
- Stavro's Pizza
- Hop Haus
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- Pagliacci's Restaurant
- Pappa Pizza
- Sliders Sports Bar
- West Main Pizza
- Zen Bar
- Yummi Sushi
- Shawarma Shack

Taste of Plainville Gift Certificates

**Slider's Sports Bar
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Hop Haus

Blue Plate Tavern

Dairy Queen

Main St. Diner

Uncle Bob's Ham & Egger

Stavro's Pizza

Craft Kitchen

Papa Pizza

Shawarma Shack

West Main Pizza

Yummi Sushi

J. Timothy's

To Purchase "Taste of Plainville" Tickets Visit the Following Locations:

BLUE PLATE TAVERN

180 Woodford Ave.

CRAFT KITCHEN

400 New Britain Ave.

DAIRY QUEEN

81 East Street

D'MARIE'S PIZZA

17 Whiting Street

STOVROS PIZZA

962 Pine Street

GNAZZO'S FOOD CENTER

Courtesy Desk

It's not too late to purchase your Tickets for your 10% discount! Months of July & August
The members of the Plainville Community Fund, The PRTC and Plainville Restaurants
Wish to Thank Everyone For Your Support!

~ Plainville Historical Society ~

www.plainvillehistoricalsociety.com

e-mail: plvhistorical@gmail.com

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860-747-6577

The annual meeting of the Plainville Historical Society was held at the Historic Center on June 4, 2022, as scheduled. Yearend reports were presented and the election of officers for a two year term was held.

PRESIDENT:

GERTRUDE LaCOMBE

VICE PRESIDENT:

JANICE EISENHAUER

RECORDING SECRETARY:

ROSEMARY MORANTE

TREASURER:

JOHANNA PETIT CHAPMAN

CORRESPONDING SECRETARY:

SUSAN MARINELLI

President Gertrude LaCombe acknowledged her continuing Committee Chairs:

PLAINVILLE AFRICAN-AMERICAN

HISTORIAN: GAIL WILLIAMS

MEMBERSHIP: RACHEL ST. ONGE

Two Members-at-Large were appointed to the Executive Board:

SAL SANTACROSE and ROSE STANLEY

This occasion is a time for the expression of thanks and earnest best wishes for the future. Let us welcome our new officers and chairmen and honor their service to the community. We are banded together in friendship and mutual self-esteem, to faithfully and actively pursue our mission to preserve Plainville's past for the future.

SUMMER HOURS

During July the Historic Center will be mostly dark. Contact us by e-mail plvhistorical@gmail.com to make an appointment to come in. We will return to our regular Monday and Wednesday morning hours, 10a.m. to 1 p.m. in August. Holidays are excepted. MEMBERSHIP MONTH

MEMBERSHIP MONTH

Rachel St. Onge, Membership Chair is preparing the yearly canvas of all members as summer ends. You can mail this Membership form or drop it in the letter drop in the front door at the Historic Center.

The Freedom Tree

Colonial Connecticut was the only colony that possessed a Charter issued by the King of England granting the people self-government. As long as they had it, freedom was assured.

But in 1687, nearly a century before the great rebellion, King James II decided it was a good idea to dissolve Connecticut and split it between New York and Massachusetts, achieving dominion over all the colonies. So he dispatched a regiment to Hartford to seize the charter and return it to him.

A meeting of the regiment and the colonists was arranged during the evening at Butler's Taverne in Hartford to hand it over. There was quite a crowd. The bar was busy and as darkness fell, there began a noisy scuffle, when suddenly the candles in the room simultaneously were extinguished and the room went dark. When the candles were relighted, the Charter had disappeared.

Swiftly, the Charter had been handed off to Joseph Wadsworth, who rode his horse through the night to the 350 year old oak tree in Hartford, where he hid the charter in a natural cavity. Connecticut's sovereignty was saved and the people of Connecticut continued to govern themselves.

Forever the great Charter Oak became a symbol of freedom in the Connecticut colony. It stood tall on July 4, 1776 when the United States of America was born in Philadelphia, and a few years later when the adoption of the U.S. Constitution secured the continued self-government for all of the people of all of the states. We will have freedom as long as we have it and demand that it be honored.

During the 1850s the great Charter Oak was struck down in a storm, but it left ample acorns to continue its message courage and freedom.

Plainville planted its first authentic Charter Oak seedling in 1902, when it was given to us at the Constitutional Convention held that year. It was planted in the schoolyard of the Broad St. School, near the old canal. If it is still there, it is unmarked. We were presented with another sapling on July 26, 1976 on the occasion of our country's 200th anniversary. This one was planted on the grounds of the new Municipal Center and protected while it thrived there. The Plainville Historical Society placed a proper plaque to identify it in 2003.

Charter Oak Plaque 19 Years Ago



President, Ruth Hummel presents a proper plaque to be placed near our Charter Oak tree on the municipal grounds, to Ed Blanchette, Supervisor of the Building and Grounds Department. August 13, 2003

AMERICA'S BIRTHDAY

The founding fathers envisioned generations of Americans celebrating July 4 in grand style, even suggesting fireworks. Over the years, customs have changed. In my father's childhood, on the farm, food consisted of freshly made clam chowder and hand-churned ice cream, strawberry of course, picked that morning.

In all the trappings of Independence Day, take a moment to reflect on the magic of America. Happy Birthday!

LUSTRON METAL HOMES

We have someone researching Lustron Metal Homes here in Plainville. Is there one on Betsy Rd.? If you own one, or know of one, please contact us by e-mail. Your help would be so appreciated.

JULY 6, 1944 THE HARTFORD CIRCUS FIRE

PLAINVILLE

HISTORICAL

SOCIETY

WELCOMES

NEW MEMBERS

THROUGH-OUT

THE YEAR.



PLAINVILLE HISTORIC CENTER
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PLAINVILLE, CT 06062

Help Keep History Alive!
Join and Support the Plainville Historical Society

Become part of the efforts to preserve and promote local history for generations to come. This can happen by being an active member and volunteer for the Plainville Historical Society or by being a supporting member who helps sustain both the center and our programs. Please see the form below.

Name: _____
Address: _____
Town, State, and Zipcode: _____
Telephone: _____
Email: _____

Check one: Individual (\$15) Family (\$25) Contributor (\$50) Benefactor (\$100 plus)

Please write check to the Plainville Historical Society and bring or mail form and check (or cash payment) to the Plainville Historic Center at 29 Pierce Street. Thank you very much!

If there is a particular area of interest for which you would like to volunteer, please let us know below:

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"Thanking you in advance!"

Middle School of Plainville

Cost of the Project is Estimated at \$58 Million 723 Thousand 517 Dollars

1. Did the Town receive reimbursement for the Wheeler School project if not are the taxpayers paying on the full cost of the project with the Bond? How many years is the Bond for?

Answer: To date, Plainville has filed all required paperwork with the State for Wheeler School's reimbursement. The reimbursement of the \$24 million project has not occurred.

2. What is a Bond?

Answer:
Issuing new debt: This is used for voter approval to issue bonding to fund for capital projects. This is done by form of property taxes which repay debt. School bonds are considered to be a form of a promissory note.

3. Does the Town have any Bonds that we are paying for at this time? If we are, how many and how much?

Answer:
The Town has a number of outstanding

bonds for various projects including High School Improvements, Linden School Improvements, Wheeler School Improvements, Fire Trucks and Road Paving.

5. What is the anticipated reimbursement rate for the project:

Answer:
A rate of 65.71% reimbursement is assumed. This rate drops to 60.45% if space waivers are not approved by the State.

7. When was the project and the cost presented to the Town Council?

Answer:
The Council was first presented the proposal at the June 4th, 2022 meeting.

8. Is the \$58,723,517 Dollars the final final cost of the rehab or do we have to add the interest for the Bond?

Answer:
Interest is accrued on the outstanding debt which the town is obligated to pay.

9. Does the plan include a multi gender bathroom?

Answer:
At June 4th Town Council meeting, the presenters did note a multi gender bathroom is included in the plan.

10. Does the school currently have a security entrance?

Answer:
The Middle School has an entrance that locks when students are in the school. To gain entry to the school, a visitor must use an intercom to communicate with the office personnel. The office personnel determines if entry is allowed. The plan outlines a vestibule entrance similar to other school structures.

11. Just what type of improvements were included? Please list them?

See MSP Deferred Capital Projects

12. Does this list contain all improvements proposed?

Answer:
No, various other items such as removal of existing interior finishes, wall assemblies, ceiling plumbing fixtures for Lower Level Tenant (Oak Hill School).

Also removal of flooring in classrooms, labs, and corridors. Removal of existing carpet tile, removal of partitions between classrooms, removal of interior casework, removal of suspended ceilings and removal of existing terrazzo flooring and concrete slab.

Also included selective removal of existing resilient flooring in classrooms, labs, corridors, removal of existing interior lab casework, removal of sinks and gas plumbing, removal of suspended ceilings in science labs.

NOTE: According to Plainville Schools Facilities Director there are no known hazardous materials in the building.

MSP-Deferred Capital Projects

MSP CIP Projects	2018	2022
Upgrade Fire Annunciation System		
Remove UST	\$25,000	\$35,000
Refinish both gym floors	\$75,000	\$125,000
Fume hood replacement	\$50,000	\$136,000
Replace all student lockers	\$120,000	\$164,000
Re-key building to match District Standard and upgrade hardware	\$60,000	\$75,000
Replace all carpeting	\$175,000	\$250,000
Create a Secure Entrance from outside to the Office	\$130,000	\$175,000
Update Auditorium House Lighting Controls	\$13,000	\$0
Middle School Cooling Tower	\$90,000	\$120,000
Middle School Boilers		
Upgrade/Replace Chillers at MSP	\$450,000	\$850,000
Install Automatic Isolation Valves for Chillers	\$15,000	\$25,000
Additional HVAC Upgrades (Limited)	\$935,000	\$1,500,000
Update Roof Top Air Handlers	\$770,000	\$1,200,000
Re-Roof MSP (Flat Roof Only)	\$1,872,000	\$3,075,000
Resurface parking lots and roadway	\$800,000	\$975,000
Replace Emergency Generator	\$75,000	\$300,000
Upgrade Main Gym Bleachers for Accessibility	\$35,000	\$110,000
Total Deferred Capital Projects	\$5,690,000	\$9,115,000

Rising interest rates shackles government

Commentary | Henry Olsen

Inflation is hurting every American's household budget. Because of poor investment choices by the federal government, it is likely to hurt the nation's budget, too.

A recent analysis from The Post estimates that the Federal Reserve's interest rate hikes, meant to counteract inflation, have already raised rates on the basket of federal government bonds by 1.9 percentage points. The federal government will have to "roll over" nearly \$7 trillion in publicly held debt between March of this year and March 2023, which will have to be refinanced with new debt. That means the government will pay at least \$128 billion more in interest payments over that year than it did last year.

I say "at least" because most observers expect the Fed to increase interest rates substantially over the remainder of the year. Market experts expect the Fed's target interest rate to reach 3.75% by year's end, more than double the current rate. If those predictions are correct — and market analysts typically underestimate the degree to which the Fed raises rates — that means many of those rolled over bonds will offer even higher yields than the analysis above expects. It's not unrea-

sonable to expect federal interest rate payments to rise by another \$100 billion to \$200 billion, given the severity of the inflation we are facing.

One might wonder why the federal government is facing this massive increase in payments. Interest rates have been incredibly low for most of the past decade. The rate on the 30-year bond, for example, hovered around 3% between mid-2011 and the onset of the pandemic, while the rate on the 10-year bond stuck near 2%. But the government's money managers failed to fully take advantage of those low rates, even as the feds ran trillion-dollar deficits year after year. Instead, they leaned heavily on shorter-term bonds.

This fiscal malpractice was aptly foreseen by the Manhattan Institute's Brian Riedl, who issued a report in December arguing that the affordability of the massive federal debt rested on the questionable assumption that interest rates would remain at record lows far into the future. But many of the factors that kept interest rates down — such as the global sav-

ings glut and sluggish productivity — are unlikely to continue. The Federal Reserve Bank's staunch anti-inflation policy will also contribute to interest rate hikes.

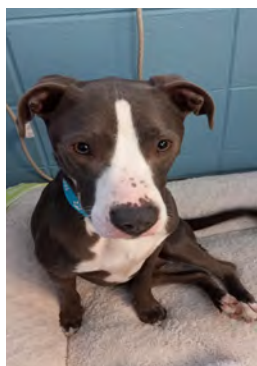
The Treasury Department should have foreseen this looming crisis, too, and should have protected the government from interest rate risk. It did not.

Congress should do two things in response: First, it should hold hearings to closely examine how the Treasury finances the government's debt and then use its findings to craft legal requirements that effectively mandate lower-rate, longer-term instruments as much as possible to finance our massive debt. The second thing will be much more difficult: reduce the annual deficit quickly.

Rising interest rates mean the federal government's spending-spree is over. How Congress responds will determine whether we remain the world's strongest economy or sink into debt-financed shackles.

Henry Olsen is a senior fellow at the Ethics and Public Policy Center

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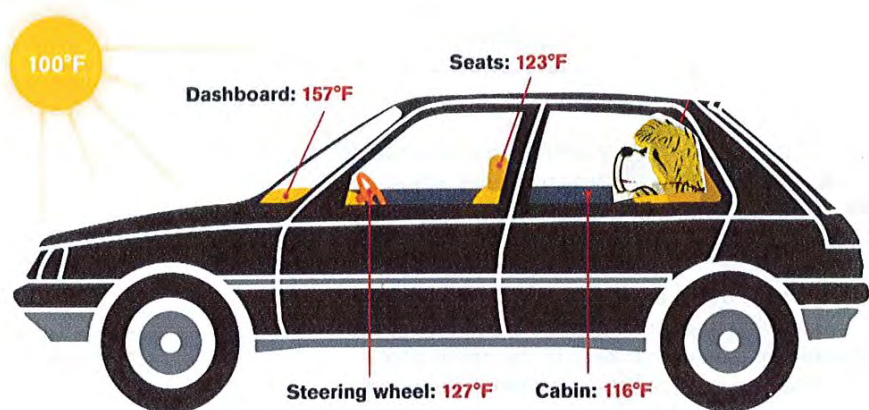
THE PRINCESS NEWS

Our Princess breezed through her corrective hip surgery and is doing great on her early exercise rehab program. She sends her love to all who graciously made her Cinderella dream possible. Soon, completely recovered, she will be ready to begin her new life. Her friends are, right now, searching for that magical slipper that fits her paw. Maybe you have it. Contact Donna at the Plainville Animal Control desk at 860 747-1616 for further information.

DID YOU KNOW?

Did you know that you can adopt an animal from the Plainville pound on Granger Lane? When you choose to consider our animals, you can rest assured that it has had its shots up-to-date and has been neutered. While in our care, all pets are monitored for temperament, habits, and interactions with people and other animals. We will answer your questions honestly and share whatever history on the pet is available. It is our goal to achieve happy homes for all.

Did you know that our animals are affordable? There is sometimes a minimal fee, often none.



PLAINVILLE PAWS

Founded by Donna Weinhofer, PPAWS provides special funding for Plainville's needy, displaced animals, without delay.. PPAWS (Plainville Partners of the Animal Welfare Society), a 501(c3) charity, appreciates all types of donations. Checks should be made out to Plainville PAWS and can be mailed to Plainville Animal Control, 19 Neal Ct., Plainville, CT 06062. We also can use donations of pet food, treats, kitty litter, even toys. We are especially in need right now of essentials for cats.

Plainville PAWS enjoys the support of the Plainville Police Department employees.

Your donations will be welcomed at the Plainville Police Department front desk. Thanking you in advance for your kind donations.

PLAINVILLE

PET CEMETERY CREATED

To honor your beloved pets, the Plainville Cemetery Association has created a Pet Cemetery at the West Cemetery at 180 North Washington Street. Located in a wooded area behind the office.

For information, call Plainville Cemetery Association at (860)747-2314.

Share with us some pictures of your pets and their thoughts about you, your family, and life in general!!

Email to: plainvillehometown@gmail.com

For Information About Rabies

Department of Agriculture

Animal Control Division

860-713-2506

www.ct.gov/dph



Pet Page

From The Desk of Animal Control:

HOT DOG! IT'S SUMMER

Do you love it? All of it-- family time. Summer food, outdoor fun, woodland strolls, the warm sunshine, the beach and the sparkling patriotic holidays. That's what we need to talk about. In the exciting hub-bub of summertime, don't forget the safety and comfort of your furry family members. They depend on your good judgement.

Walks are fun, but be aware that pavement, especially black, is hot in the sun and can burn tender paws. Rule of thumb is to touch it with your palm before you expect your animal to walk on it. Early morning is best, if you walk on the road. Be careful when walking your dog on trails especially near running water. Not all dogs are good swimmers and need to have their feet touch the bottom. It is not fun to "jump in the river" to rescue your dog.

Keep your pets away from the hot grill. It's not a good idea to offer treats from it or even in this area, giving your pet the impression that this is a safe place. It is not.

Be mindful of intrusive outside noises. Your dog's hearing is much keener than yours and many are terrified of loud noises like fireworks or thunder. If you have a high anxiety cat or dog, try a "thunder shirt" available in pet stores. Reviews of this product have been mostly positive. It cradles your pet and can provide a calming sense of security in a stressful situation. You could also try a weighted blanket, loosely wrapped.

Most important of all, is to NEVER, leave your pet in the car while you just dash in for something at the store or attend to some quick errand. The heat rises in the car much faster than you can imagine-- sun or shade-- and you never know for sure how long you will be gone. Your dog, in her fur coat, will reach a desperate situation long before you return. Your animals are best served to remain in your cool home, even if they beg to go.

It is also important to note here that although it is not against the law to leave your pet in the car unattended, if a situation should develop while you are gone that puts your pet in danger, you can be charged with cruelty to animals, resulting in a court appearance and some legal expense--definitely not on your summer fun list.

Enjoy your summer. We will be here to help. 860 747-1616.

DOG DAYS



The Egyptians watched the night sky for the appearance of Sirius, the dog star constellation. Every year, they noted, it heralded the flooding of the Nile River—the preamble to their crucial growing season.

In the early part of the last century, between mid-July and late August the farmers (in my family) spoke of "dog

days" -- when it was hot and sultry and harvest time was anticipated. They cited the presence of Sirius in the night sky, saying that it came close to our solar system, making it extra bright.

Actually, Sirius can be best seen in Plainville-- I am advised by the professionals-- in the springtime. But, we can, just for fun, celebrate "dog days" in a traditional fashion as we suffer the apex of summer, and draw near to the return to school.

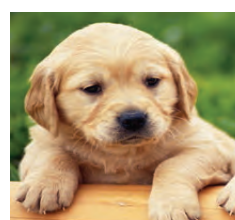
.....Janice

Researched with the kind help of the planetarium staff at the Children's Museum in West Hartford. If you are interested in the animal stars—Eartha the Bear is in the night sky this summer— definitely do consider attending a planetarium presentation.

* Passes are available free of charge in the children's room of the Plainville Public Library, courtesy of the Friends of the Library. You can sign up to borrow them on line. Purchase tickets on line at TheChildrensMuseumCT.org The summer schedule will began June 27.

GENGRAS PLANETARIUM

950 Trout Brook Drive
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860-231-2824



*My name is: Rusty
Happy
July 4th!!*

18th Annual Memorial Ride MPO PETER J. LAVERY

September 18, 2022



Rain or Shine

Rain or Shine

Proceeds Benefit the **PETER J. LAVERY SCHOLARSHIP FUND, INC.**

Police Escorted Motorcycle Ride.
All law enforcement supporters on all makes of bikes are welcome.
\$20.00 donation per bike requested.

SUPPORTED BY:



Registration from 8:00 AM – 9:45 AM; ride departs at 10:00 AM from Churchill Park, 1991 Main Street, Newington, Connecticut. Ride concludes at Churchill Park at approximately 11:15 AM.

Lunch is provided by Stew Leonard's with music by Shark Entertainment.

For more information please visit www.peterlavery.org or like us on Facebook.

Main Street Community Foundation recently awarded

7 Plainville students scholarships totaling \$31,947 to continue their education.



Photo of the awarding of the Radcliff Plainville High School Fund that was taken at our annual Scholarship Reception last week. The Radcliff Plainville High School Fund was established by Don Radcliff, and is only available to male graduating seniors at Plainville High School; pictured are two of Don's children, Jeanne Radcliff and Frank Radcliff, and all four recipients (the scholarship is renewable for up to four years): Kyle Badorek, Matthew Badorek, Andrew Michalek and Jason Demmons.

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